CURRICULUM VITA

August 22, 2023

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EDUCATION

MSW, University of Kentucky, May 1996

B.A. Psychology, Minor Speech Communication, *Northern Kentucky University*, May 1993.

PROFESSIONAL EXPERIENCE

UNC Chapel Hill School of Social Work

Program Coordinator Cares June 2023-present

Clinical Assistant Professor July 2021-May 2023

Clinical Instructor July 2014 – June 2021

• **Cares** – July 2021-June 2022 (half time), July 2022-present (full time) Program coordination and operations for Cares program. Provide Project Coordination for the Building Capacity for HCBS through Collective Impact funded project from Money Follows the Person, Southeast ADA NC Affiliate project, Dementia Capable NC, and other projects at Cares. Participated in project activities that include, creation of an RFA, organization of steering committee, engagement of stakeholders, implementation of funding criteria, management of sub awardees on contracting process, writing, and coordinating training. Also worked with Cares team on various other funded projects providing meeting facilitation, coordination, curriculum development, and implementation of technology tools for projects. Conduct operational functions such that include assisting with writing budgets, scopes of work, and contracts, meeting with OSP, SSW budget officers, and potential funders, and utilize technical tools like Airtable, Miro, Jamboard, PowerPoint, Coggle, and Microsoft Office Suite. Executed recruitment and planning of MSW student experience in Cares.

• **3-year Winston Salem MSW Program**, July 2014 – June 2022 (half time) Teach MSW courses in various content areas. Supervise 100 + MSW Student field interns. Meet with students to identify learning goals, potential field placing agency; meet with field placing agency staff, identify MSW field instructor (and task supervisor, if applicable), and provide clarification regarding field placement requirements. Maintain contact with field instructor, student, and task supervisor to develop appropriate learning agreement, monitor progress and address problems/concerns. Meet with field instructor and student to review and approve performance evaluation. Teach field seminar, participate in field education events (Orientation, Field Appreciation Day, and student Field Education orientations), assist in identification, recruitment and development of field practicum opportunities and field instructors for students, assist with orientations, information sessions and other events for the Winston-Salem program. Create content and manage social media updates for the program.

Other work experience:

Social Worker (clinical), Memory Counseling Program, (contract) – Spring 2020

Assisted in facilitating support group for caregivers of individuals with dementia.

Social Worker, Trellis Supportive Care, (PRN)- Summer 2019

Provided Social Work services to patients in both in home and acute hospice setting. Completed assessments and made appropriate interventions.

Elder Care Choices Program Coordinator, Senior Services Inc. - 2011- July 2017 PRN- Special Projects July 2017-June 2018

Represented and marketed the Elder Care Choices benefits to HR contacts, benefits administrators, and service users. Coordinated outreach for employee benefit program. Planned educational events for HR professionals, employees, and the community at large. Developed and presented training on caregiving for adults. Created and maintained web-based training for the agency. Represented Elder Care Choices at Benefit and Health Fairs. Provided information, assistance, referral, and consultation services for employee benefit program that assists caregivers and provides services to 20 employers (20,000 employees). Updated provider databases: developed educational materials and presented seminars on various caregiving topics. Communicated by phone, email, and in-person with various entities in the social services and medical systems. Maintained a database of community resources in Forsyth and contiguous counties. Researched community resources and made referrals in all areas of the United States depending on client needs. Fielded Senior Services Helpline calls and assisted to update the in-house directory and community resources directory annually. Updated department policies and procedures. Supervise two MSW interns and coordinate Elder Care Choices program volunteers.

Home Stay Coordinator, Wake Forest University, Benjamin Franklin Transatlantic Fellows Summer Institute, - 2013-2018

BFTF is a funded program at Wake Forest University, initiated and funded by the U.S. Department of State. Worked closely with project director and staff to select US fellows. Recruited families in the Triad to host 53 European and US high school

students for 10 days in the summer. Fellows experienced American culture up-close during home stays. Used social media and networking to recruit host families, assess their fitness to host. Created and conducted orientation training to educate host families about the process. Engaged fellows, matched them with potential host families, coordinated the stays, and provided problem solving and intervention as needed. Conducted program evaluation. Recruited and supervised a home stay assistant for two summers that assisted with home stay program coordination.

Home Stay Director, Wake Forest University, Leadership, Social Justice, and Citizenship in the United States, July 2017

Created home stay program, recruited, and trained families and students, and completed program evaluation for funded Wake Forest University summer program for 12 Chilean college students from La Universidad Diego Portales. Worked closely with program director on design and evaluation of this first-time program.

Bereavement Coordinator, PRN, Trellis Supportive Care - 2005-2007

Managed follow-up bereavement correspondence, including referrals for community resources and grief counseling services. Covered all cases for Hospice's Community Support Program for 12 weeks.

Program Coordinator for Community Partnership for End-of-Life Care, Hospice & Palliative CareCenter (Trellis Supportive Care) – Part-Time 2002-2004

Coordinated programming for the Community Partnership for End-of-Life Care. Networked with community agencies and engaged stakeholders on end-of-life care coalition, completed and taught aspects of the Advanced Care Planning Facilitators course, assisted individuals with and led workshops on advanced care planning and the "Isn't It Time We Talk" intervention at senior lunches and CCRC's in Winston-Salem and surrounding areas. Helped create programs and initiatives to improve end of life care in Triad communities.

Social Worker, Hospice & Palliative CareCenter (Trellis Supportive Care), - 1999-2002

Performed social work services for the Kate B. Reynolds (KBR) inpatient Hospice facility and home care clients. Completed psychosocial assessments, participated in discharge planning, and educated patients and families about community resources, Hospice resources, and Medicare guidelines. Supervise BSW intern.

Social Worker II, WFUBMC - 1998-1999

Provided discharge planning and acute inpatient social work on Neurosurgery service. Worked with a social worker and nurse clinician to start the Brain Tumor

Support Group at Cancer Services in Winston-Salem and continued working with them for 4 years.

Case Manager, Cardinal Hill Rehabilitation Hospital, Lexington, KY - 1996-1998

Participated as member of an Interdisciplinary Team to work with patients and families rehabilitating from stroke. Completed psychosocial assessments, explained benefits, educated patients and families about stroke and discharge planning. Eased patient transitions to home by making appropriate community referrals and providing follow-up phone support. Facilitated a stroke support group and worked on a committee to bring a chapter of the National Stroke Association to Kentucky.

Social Work Intern (paid), VAMC Lexington, KY - 1996

Worked in Ambulatory Care Clinic and conducted Advanced Care Planning clinics. Participated in psychosocial interviewing for Agency Orange Protocol exams. Made appropriate referrals to community resources and VA programs.

Child and Adult Care Food Program Coordinator, Child Care Council, Lexington, KY - 1994-1996

Coordinated CACFP for in-home childcare providers in a 17 county region in central Kentucky. Admitted providers to program, educated about services, monitored providers for regulation of the program and trained providers to them bring back into compliance. Generated reports and monitored agency compliance for funding. Taught classes at Child Care Council that in-home providers needed to maintain their certification. Workshop topics included nutrition and child development.

Child and Adult Care Food Program Specialist, 4C's, Cincinnati, OH - 1993-1994

Coordinated CACFP for in-home childcare providers. Admitted providers to the program, educated about services, monitored providers for regulation of the program and trained providers to bring them back into compliance.

HONORS

April 2018 - Dean's Teaching Award April 2019 - Dean's Teaching Award April 2020 - Dean's Teaching Award April 2021 - Dean's Teaching Award

PUBLISHED PAPER

Proctor, R.F., Douglas (Giles), A.T., Garera-Izquierdo, T., & Wartman, S.L. (1994). Approach, avoidance, and apprehension: Talking with high CA students about getting help. <u>Communication Education, 43</u>(4), 312-321.

TEACHING RECORD

UNC School of Social Work,

- SOWO 500 Human Development in Context I: Childhood (Fall 2020)
- SOWO 505 Human Development in Context II: Adulthood (yearly 2014-2022)
- SOWO 523 Generalist Field Seminar (yearly 2014-2022)
- SOWO 524 Generalist Field Seminar II (yearly 2014-2022)
- SOWO 530 Foundations of Social Welfare & Social Work (yearly 2018-2022)
- SOWO 520/21 Generalist Field Faculty (yearly 2014-2022)
- SOWO 820/21 Specialization Field Faculty (yearly 2014-2022)

Community and Corporate Client Workshops- presented multiple times/locations both live and Webinar Format

"Health Disparities among Older Adults" Wake AHEC, Charlotte AHEC April 2023

"Community Resources, What are they, and Where to Find Them" Teens in the House volunteer training camp at SECU Family House

"ECC 101: What is Elder Care Choices?"

"Top Ten Things You Can Do Now to Prepare to Be a Caregiver"

"Housing Options for the Elderly: What are they? How much do they cost? And Who is going to pay for it?"

"Medicare Basics"

"Advanced Directives"

Guest lecturer at WFU Health Communication Class, Spring 2014, Fall 2015, Fall 2018, Summer 2022 Barcelona

"Older and Wiser: Living Well, Aging Well" – Lifelong Learning at Wake Forest University July 10-August 14, 2017

"Creating your Caregiver Toolbox" webinar for Elder Care Choices June 2018

Guest lecturer at Wake Forest University class on Aging and Identity, Fall 2012 & Spring 2013

Speaker at Time Out Conference for Social Workers. Piedmont Triad Regional Council Area Agency on Aging: "What is Your Superpower", October 29, 2015

GRANTS

Project Manager, "Prevention Buffet: An Internet Prevention Resource for Middle Schools" (R41 DA026246-01), National Institutes of Health, February 1, 2009 - January 30, 2010

Worked as an independent contractor with Tanglewood Research, Inc. providing project management for grant funded Phase I research involving middle school teachers and substance abuse prevention specialists.

Project Manager, "Building Teacher Mastery Via an Internet Training System" (R42 DA14732), National Institute on Drug Abuse, May 10, 2004-April 30, 2006

Worked as an independent contractor with Tanglewood Research, Inc. providing project management for grant funded Phase 2 research project involving middle school teachers and substance abuse prevention specialists.

TRAINING AND CERTIFICATION

CITI training: November 2022

Certificate in Innovation and Critical Thinking; Duke Continuing Studies: October 2022

ADA Foundations Course: September 30, 2022

Leading a Collective Impact Initiative Workshop; Tamarack Institute: September 2021

UNC LGBTQ Center

Standard Safe Zone Training January 13,2021 Bisexuality Safe Zone Training March 25, 2021 Transgender and Nonbinary April 1, 2021 Queer Safe Zone Training April 6, 2021 Intersex Safe Zone Training April 22, 2021

Racial Equity Institute 2-day workshop September 2015

Senior Health Insurance Information Program Certification: 2011 North Carolina Department of Insurance

Advanced Care Planning Facilitator: 2005 Hospice and Palliative CareCenter

COMMUNITY SERVICE

CARF Reaccreditation Client Rights and Confidentiality Committee SPARC 2020-2021

- Faith in Action Advisory Committee (Secretary) The Shepherd's Center WS 2021 Present
- Wake Forest University/Salem College Wesley (2021-2022)- Board member
- Wellness Committee UNC School of Social Work (2020-present)
- MSW Admissions Committee 2021- Present