

The Active Practice of Clinical Supervision

Program Description

Clinical Supervision has a unique role in the counseling field, and can have varying approaches influenced by location, job duties, discipline, client demographic, organizational structure, and workplace culture. It is the obligation of the associate level supervisee to obtain clinical supervision, typically without any real knowledge of what supervision actually entails. In this course, we explore several issues related to the practice of supervision, as well as best practices for specific scenarios and settings.

This course provides an opportunity for advanced supervisors to practice concepts derived from both the Developmental Model and Psychodynamic Model of supervision. Other topics are relevant from my 20 years of field experience and from David Powell's, *Clinical Supervision in Alcohol and Drug Abuse Counseling* (2004).

Learning Objectives

- 1) Describe methods for managing a supervisory alliance including barriers that may be present.
- 2) Explain the role of middle management as a "Clinical Supervisor."
- 3) Outline aspects of clinically sound supervisory practice
- 4) List the various stages of supervisees development derived from the Integrated Developmental Model of Supervision
- 5) Discuss concepts of the Psychodynamic Model of Supervision
- 6) Practice both summative and formative evaluation of supervisees.

Target Audience

This course is designed for intermediate to advanced level clinical supervisors actively working with practitioners who hold licensure or associate licensure within their state's substance abuse board and may possess dual licensure in mental health and substance abuse.

Contact Hours

4.0 contact hours

Sample Program Agenda

9 AM - 10:30 AM	Managing a Supervisory Alliance/Barriers; Role of Middle Management as a Clinical Supervisor
10:30 AM - 10:45 PM	Break
10:45 AM - 12:15 PM	Clinically Sound Supervisory Practice; Stages of Supervisee Development Using the Integrated Developmental Model of Supervision
12:15 PM - 12:30 PM	Break
12:30 PM -1:30 PM	Concepts of the Psychodynamic Model of Supervision; Summative and formative evaluation of supervisees
1:30 PM	Adjourn

Faculty

Brandon Robinson is originally from Detroit, MI, has been living in NC since 2003, and now has a wife and two daughters. Brandon has been engaged in the industry of substance use disorders since 2001 and began practicing professionally after gaining clinical licensure in 2005. Brandon is a Licensed Clinical Addiction Specialist, Licensed Clinical Mental Health Counselor, and Certified Clinical Supervisor. Currently, he owns a private practice in Raleigh, which entails providing clinical supervision, conducting highly structured clinical interventions for families struggling to get their loved one into treatment, and sees clients out of this location who suffer from substance use disorder and other co-occurring conditions. Most notably, between 2012 and 2019 Brandon was the clinical director for Wake County Drug Treatment Court, where Brandon helped integrate policies on harm reduction approaches into the criminal justice system. Overall, Brandon is a reasonable and laid-back person, other than his delusional belief that each year he feels the Detroit Tigers baseball team will make it to the World Series.