

Barbara Beene Smith
Curriculum Vitae

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Education

May 1993 University of North Carolina Chapel Hill, NC
School of Social Work
MSW Concentration: Mental Health

May 1984 Vassar College Poughkeepsie, NY
BA Major: English

Employment History

July 2016 – present Durham, NC
Consultant/Trainer with a focus on serious mental illness, social determinants of health, implementation coaching, and social work practice

Clients include:

Lisbon Institute for Global Mental Health, Lisbon, Portugal August 2022- present

Center for the Advancement of Critical Time Intervention, Silberman School of Social Work at Hunter College, NYC <https://www.criticaltime.org/>

Center for Social Innovation, Needham MA <https://c4innovates.com/>

Substance Abuse and Mental Health Services Administration, Bethesda, MD

Duke University, Durham, NC

Rutgers University, New Brunswick, NJ

Saks Institute, School of Law, University of Southern California

Plymouth State University, Plymouth, NH

Southern Regional AHEC, Fayetteville, NC

Eastern AHEC, Greenville, NC

April 2022 – present
Psychotherapist in private practice

October 2021 – March 2022
INclude – The Mental Health Initiative <https://www.mentalhealthgps.org/>
Deputy Director

- Developed operations and policy for virtual mental health navigation service
- Developed training plan for navigators
- Developed strategic relationships with community partners
- Assisted with development of business plan to sustain organizational growth

February 2017 – September 2021
Southern Regional Area Health Education Center Fayetteville, NC
Director, Mental Health

Project Coordinator, NC Evidence Based Practices Center

- Project Coordinator for Crisis Navigation Project
- Developed implementation strategy and key partnerships to promote use of psychiatric advance directives in collaboration with Duke research team and community partners in Mecklenburg, Durham, Wake and Cumberland counties
- Designed and delivered blended learning for PAD facilitation
- Recruited community members to serve as PAD champions
- Developed and provided training and consultation to mental health professionals and other community members on use of PADs
- Developed and delivered training on evidence-based practices, including family psychoeducation, critical time intervention, compassion fatigue and other topics related to improving quality of care for persons with serious mental illness

July 2012 – June 2016

UNC School of Social Work

Chapel Hill, NC

Clinical Assistant Professor

UNC Department of Psychiatry

Adjunct Assistant Professor

- Served as Project Director for Critical Time Intervention: Local Pilot and Statewide Championing 7/1/12-6/30/15
- Developed strategic relationships with behavioral health managed care organizations, county government, state agencies, and mental health and housing providers
- Promoted dissemination of Critical Time Intervention (CTI) statewide
- Developed and maintained online learning community for CTI teams in NC
- Developed and delivered training programs on CTI
- Provided technical assistance to NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services on dissemination of CTI and Group Home Employee Skills Training (GHEST)
- Served as Co-Chair, Orange County 100K Homes Task Force
- Developed local pilot of CTI in Orange and Chatham counties
- Successfully championed CTI for adoption into state mental health service array
- Provided stewardship for grant funds received from Kate B. Reynolds Charitable Trust
- Provided oversight and clinical supervision to CTI Team
- Served as liaison to Center for Advancement of CTI and Dan Herman, PhD in statewide expansion of CTI
- Provided program development support to Outreach and Support Intervention Services (OASIS), a specialty early psychosis program in the Department of Psychiatry (2012-2013)
- Taught foundation and advanced practice courses in the social work curriculum
- Developed new online course: Psychosocial Treatment of Psychotic Disorders

July 1995 – June 2012

UNC Department of Psychiatry

Chapel Hill, NC

Clinical Assistant Professor (2009-2012)

Director, Outpatient Services, Schizophrenia Treatment and Evaluation Program (1995-2009)
Co-Director, UNC Center for Excellence in Community Mental Health (12/2008-3/2012)
Clinical Director, UNC Critical Access Behavioral Healthcare Agency (10/2010-3/2012)

- Provided clinical oversight to specialty outpatient treatment programs at the Schizophrenia Treatment and Evaluation Program (STEP) and OASIS (an early psychosis treatment program)
- Developed strategic relationships with state and local partners
- Developed clinical and administrative policy and procedures for clinical programs
- Oversaw training program for graduate students from social work, rehabilitation psychology and counseling, psychology and nursing
- Established and maintained collaborative relationships within the UNC community, the broader mental health community, and state and local government
- Supervised social work staff and graduate students
- Provided psychosocial assessment, individual and group psychotherapy, case management, family consultation and psychoeducation
- Taught psychiatry residents
- Wrote grant proposals and secured grants from private foundations and state government
- Developed new programs, including a model program for early psychosis, Outreach and Support Intervention Services (OASIS)
- Recruited, hired and supervised staff
- Represented social workers on the psychiatry leadership management team

1993 – 1995 John Umstead Hospital Butner, NC

Social Worker III, Adult Admissions Unit, Schizophrenia Team

- Psychosocial assessment of inpatients on a 150-bed acute inpatient unit
- Provided crisis intervention, psychotherapy, and psychoeducation
- Planned discharges

1993 Durham County Mental Health Center Durham, NC

Social Worker III, Adult Services (Temporary Position)

- Provided social work services to persons with severe mental illness who resided in domiciliary care facilities

1992 – 1993 Veteran's Affairs Medical Center Durham, NC

Social Work Intern, Psychiatry

- Provided social work services to patients in 27-bed, acute inpatient unit
- Co-led weekly substance abuse group

1992 – 1993 School of Social Work, UNC Chapel Hill, NC

Research Assistant

- Performed library research and wrote literature reviews on dual diagnosis and cognitive rehabilitation of schizophrenia
- Edited grant proposals

1991 – 1992 OPC Mental Health Center Chapel Hill, NC

Social Work Intern

- Trained volunteers for crisis telephone line

- Provided telephone crisis counseling
- Worked as generalist in clubhouse program, Club Nova

1990 – 1991 Georgetown University School of Medicine Washington, DC
Student Services Coordinator, Office of Student Services and Admissions

- Coordinated student services
- Researched, wrote, edited and designed informational materials

1987 – 1989 Redefinition Alexandria, VA
Editorial Researcher

- Developed outlines for Time-Life book series on gardening
- Wrote scripts for writers and illustrators

1985 – 1987 Congressional Information Service Bethesda, MD
Review Editor and Indexer

- Edited indexes to microfiche collections of government documents
- Trained and evaluated employees
- Wrote abstracts and indexed government documents

Licensure

Licensed Clinical Social Worker (LCSW) awarded 1/1/96, renewed 6/23
 License no. C002620

Professional Societies

National Association of Social Workers
 International Early Psychosis Association
 International Association for Youth Mental Health
 International Initiative for Mental Health Leadership

Volunteer Involvement

Board Vice President, Club Nova Community, 2010-2019
 Board Member, Community Empowerment Fund, 2013-2022
 Member, Behavioral Health Work Group, NC Hospital Association 2015-2018
 Board Member, National Alliance on Mental Illness-Orange County 2007-2013
 Member, Committee on Students, UNC School of Social Work 2012-2016
 Member, IRB, UNC School of Social Work 2012-2015
 Member, Direct Practice Committee, UNC School of Social Work 2015-2016

Special Honors & Awards

Bryan Public Service Award, Carolina Center for Public Service 2015
Chapel Hill Hometown Hero, WCHL 3/31/15
Faculty Excellence in Public Engagement, UNC School of Social Work 2014
Social Worker of the Year, NASW-NC 2012
Mental Health Professional of the Year, NAMI-Wake 2010
Community Partnership Award, Caramore Community 1999

Grants Funded

Principal Investigator, Critical Time Intervention: Pilot and Statewide
 Championing, funded by Kate B. Reynolds Charitable Trust, 6/12-5/14 \$567,276.
 Co-Principal Investigator: Gary Cuddeback, MPH, PhD.

Principal Investigator, Center for Excellence in Community Mental Health, funded by The Duke Endowment, 11/08-10/11 \$921,607. Co-Principal Investigator: John Gilmore, MD.

STEP Clinic Expansion, Mental Health Trust Fund, NC Division of Mental Health, Substance Abuse Services, and Developmental Disabilities, 3/08 \$100,000.

Strowd-Roses, *Brushes with Life*, 2010. \$10,000.

Co-Principal Investigator, OASIS, UNC Early Psychosis Program, funded by The Duke Endowment, 1/08-12/08 \$106,000 Principle Investigator: Diana Perkins, MD

Public Service Grant, \$5,000, *Carolina Center for Public Service*, 1999

Contracts

Educational Specialist, Critical Time Intervention, funded by NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services, 1/15-6/16 \$44,329 Principal Investigator: Kim Strom-Gottfried, PhD

Educational Specialist, Group Home Employees Skills Training (GHEST), funded by NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services, 1/15-6/16 \$33,842 Principal Investigator: Kim Strom-Gottfried, PhD

Teaching

Classroom teaching to graduate students at the UNC School of Social Work.

Brief Approaches to Treatment, Fall 2012

Social Work Practice with Individuals, Families, and Groups, Fall 2013, Fall 2014

Human Behavior in the Social Environment, Infancy to Adolescence, Fall 2013

Independent Study on Psychosocial Treatment of Psychotic Disorders, Spring 2014

Psychosocial Treatment of Psychotic Disorders (online course), Spring 2015, Fall 2016

Field Instructor, UNC School of Social Work 1995- 2015

Critical Time Intervention Field Unit with 2 foundation and 1 concentration students, 2013-2014; 1 foundation and 2 concentration students 2014-2015

Lectures to graduate students and psychiatry residents on working people with severe mental illness; guest speaker in classroom settings on schizophrenia, mental health policy, and advocacy; clinical supervision of non-medical interns in fields of social work, rehabilitation counseling psychology and nursing; consultation with psychiatry residents and attending psychiatrists regarding psychosocial treatment and mental health and social policy; production of written materials used in outpatient clinics; oversight of continuing education programs developed by UNC CECMH faculty and staff and delivered through the NC Area Health Education Centers; trainer in Critical Time Intervention and Family Psychoeducation.

Peer Reviewed Publications

Caraco, C., Smith, B. B., & Ward, R. (2023). Psychiatric Advance Directives: A Call for Humanization. *Psychiatric Services*, 74(4), 331-331.
<https://doi.org/10.1176/appi.ps.23074007>

Smith, B.B. (2003) First person account: medicines are not enough. *Schizophrenia Bulletin*, 29(1), 139-142.
<https://academic.oup.com/schizophreniabulletin/article/29/1/139/1899326>

Uzenoff, S.R., Penn, D.L., Graham, K.A., Saade, S., Smith, B.B. and Perkins, D.O. (2012) Evaluation of a multi-element treatment center for early psychosis in the United States. *Social Psychiatry and Psychiatric Epidemiology*, 47(10), 1607-1615.

<https://www.ncbi.nlm.nih.gov/pubmed/22278376>

Other Publications

Smith, B. (2017, December 13). Managed care failed, now rebuild NC's mental health system. *The News and Observer*. Retrieved from www.newsobserver.com.
<http://www.newsobserver.com/opinion/op-ed/article189644714.html>

Smith, B. (2015, July 4). Recognition, then reconciliation: Clearly seeing history of race, family in the South. *The News and Observer*. Retrieved from www.newsobserver.com.
<http://www.newsobserver.com/opinion/op-ed/article26057236.html>

Smith, B. (2014, October 21). Money, mental health care, Medicaid and what works for NC. *The News and Observer*. Retrieved from www.newsobserver.com.
<http://www.newsobserver.com/opinion/op-ed/article10102766.html>

Smith, B. (2013, August 18). Putting the person at the center of care. *The News and Observer*. Retrieved from www.newsobserver.com.

Smith, B. (2013, October 4). Homeless dying on the streets. *Chapel Hill News*. Retrieved from www.chapelhillnews.com.

Smith, B. (2013, January 1). Early intervention in youth mental health. North Carolina Health News. Retrieved from www.northcarolinahealthnews.org.

A Family Guide to Severe Mental Illness, (2000) Editor (Manual produced as part of public service grant)

Working with Families: A Guide for Mental Health Professionals, (2000) Editor (Manual produced as part of public service grant)

Substance Abuse and Mental Health Services Administration: *A Practical Guide to Psychiatric Advance Directives*. Rockville, MD: Center for Mental Health Services. Substance Abuse and Mental Health Services Administration, 2019.
https://www.samhsa.gov/sites/default/files/a_practical_guide_to_psychiatric_advance_directives.pdf

Training

Psychiatric Advance Directives, NC Legal Aid Task Force Training, 11/3/17, NAMI NC Fall Conference, 10/13/17, Mecklenburg County 5/4/17

Psychiatric Advance Directives: How to Facilitate, Part 1 and 2 (blended learning – online and face to face) Southern Regional AHEC, 2017-2021 multiple cohorts

Psychiatric Advance Directives Facilitation: Train the Trainer, Southern Regional AHEC Charlotte NC 1/10/19, Vidant Health System (online) 3/26/21

Ethics in a Changing Behavioral Health Environment, Southern Regional AHEC 4/7/20

Social Determinants of Health: Practical Strategies for Assessment and Response, 4-week webinar series, Southern Regional AHEC May 2021

Social Determinants of Health: Now is the Time, Southern Regional AHEC, webinar 6/3/21

Schizophrenia: A Life Course Perspective, Alliance Behavioral Health, Durham NC 6/27/17; Eastern AHEC, Greenville NC 2/18; Southern Regional AHEC, Fayetteville NC 4/10/18; Charlotte AHEC 4/26/19

Essentials of Family Engagement, Southern Regional AHEC, Fayetteville, NC 12/5/17.

Working with Families of Persons with SPMI, Broughton Hospital, Morganton, NC 4/8/97; Wake County MHC 9/9/97; Alamance County MHC 3/5/97; UNC PGYII Lecture 1/26/01, 1/25/02

Schizophrenia, Social Work Intern Lecture Series 9/2/99; Rehabilitation Psychology and Counseling class lecture 2/27/01

Working with People with Psychotic Disorders, IFC Community Shelter, 2/28/01; Women's Center, Chapel Hill, NC 7/16/01

Entitlements for Persons with Psychiatric Disabilities, PGY III lecture, spring 2001

Workshops for Family Members of Persons with SPMI, Family Counseling Center, Hillsborough NC, 5/13/00; Chatham Counseling Center, Pittsboro NC, 8/5/00; Person Counseling Center, Roxboro NC 9/16/00, Northside Clinic, Chapel Hill NC 8/19/00

Collaborating with Families, OPC Mental Health Center, 7/16/01

Family Psychoeducation: An Evidence-Based Treatment for SPMI, SRAHEC, Asheville NC 6/17/04, Rocky Mount NC 6/24/04, Greensboro NC 7/13/04, Raleigh NC 7/21/04, Cary NC 5/8/06; Winston-Salem 11/29/07-11/30/07; Durham VAMC Psychosocial Rehabilitation Program

Psychosocial Treatment of Schizophrenia, UNC School of Social Work Clinical Lecture Series, 1/23/06; OPC LME 11/14/07

Social Work Practice with Persons with Severe and Persistent Mental Illness, Charlotte AHEC 10/24/08

Schizophrenia and Relevant Clinical Approaches, Fayetteville, SRAHEC 1/27/10; Asheville, MAHEC 2/10/10

Clinical Case Management, STEP Symposium, 3/27/10, Chapel Hill, NC

Clinical Case Management for Persons with Severe and Persistent Mental Illness, Eastern AHEC, Greenville, NC 1/13/11

The Family Experience of Severe Mental Illness, with documentary filmmaker Delaney Ruston, MD, Clinical Update Conference, Pinehurst NC 2/16/11

Mental Illness and Being Human, Faith Connections Conference, Chapel Hill, NC 3/8/13; St. Michael's Catholic Church, Cary NC 4/13/16

Critical Time Intervention in North Carolina, VAMC Psychiatric Rehabilitation and Recovery Conference, Durham, NC 10/8/13; NC AHEC Clinical Update Conference, Raleigh NC 2/20/14; Northwest AHEC Clinical Lecture Series, Winston-Salem, NC 3/19/13; NC DMHDDSAS Crisis Solutions Initiative 3/31/13; Charlotte AHEC 3/13/15; High Point Regional Behavioral Health Center, High Point, NC 8/20/15

Critical Time Intervention: Context and Community, CTI Expansion Kick-Off Event with NC Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, McKimmon Center, NC State University, Raleigh NC 5/20/15

Critical Time Intervention: Overview, Palm Beach County, FL 8/9/17.

Critical Time Intervention, 2-day workshop, Fort Lauderdale, FL 12/15-12/16/16; Fort Worth, TX 3/28-3/29/17; Plymouth, NH 11/15-11/16/17; AIDS Alabama, Birmingham, AL 10/4-10/5/18; Charlotte, NC 11/14/19-11/15/19

Critical Time Intervention: Clinical Supervision, Plymouth State University, Plymouth, NH, 12/8/21, 12/22/21, 1/5/22, 4/3/24

Critical Time Intervention: Train the Trainer, Palm Beach County, FL 8/10-8/11/17, Concord, NH 11/15-11/16/17; Silberman School of Social Work, NYC 11/15-11/16/18; The Salvation Army, Toronto 4/29-4/30/19; online with Carolyn Hanesworth, PhD 11/23 and 3/24

Psychosocial Treatment of Psychotic Disorders, workshop, Eastern AHEC, 3/13/14

Listen with Compassion/Speak with Vulnerability: How Stories Create Community and Build a Pathway to Healing with filmmaker Dawn K. Dreyer, NAMI NC Conference 10/23/15; UNC School of Social Work, Chapel Hill, NC 11/30/15; Art Therapy Institute, Carrboro NC, 2/3/16; UNC School of Social Work 2/24-2/25/17