

The Family Dynamics of Addiction: Impact on the Children

Program Description

Twenty percent of children in the United States live with someone with a substance use issue. Yet, those children are often misunderstood and often dismissed as resilient. This presentation will take a deeper dive into exploring the impact of parental substance use on children. More specifically, this presentation will outline what the research presents around outcomes and the social, emotional, and physiological risk to children as well as protective factors that can minimize those risks. Finally, a discussion around strategies in which professionals can further minimize the risks will wrap up the presentation.

Learning Objectives

Upon completion of this workshop, participants should be able to:

1. Analyze the statistics of parental substance use and children impacted.
2. List the social, emotional, and physiological risks of children with parental substance use.
3. Outline protective factors for children with parental substance use.
4. Implement strategies and interventions to aid in clinical treatment of children with parental substance use.

Target Audience

Social workers, psychologists, licensed professional counselors, substance use professionals, educators, school personnel, mental health professionals, clinicians, health and human service practitioners, parents of adolescents, teachers, and other health care professionals.

Contact Hours

3.0 contact hours

Sample Program Agenda

9 AM - 10:30 AM	Statistics, Risks, and Protective Factors
10:30 AM - 10:45 AM	Break
10:45 AM - 12:15 PM	Activity and Strategies/Interventions discussion.
12:15 PM	Adjourn

Faculty

Katie Salmons, LCSW, LCAS, CCS, is the owner of her private practice KS Empowers, PLLC, where she primarily works with teenagers and young adults navigating various things including neurodivergence, LGBTQIA+ needs, trauma, anxiety, depression, substance use, technology use, self-harm, and other needs. She is trained in EMDR. Prior to Katie being in private practice, Katie worked in the residential treatment world, where she helped children and teenagers gain safety and skills to return home. Thus, Katie is also a contracted employee with Elevate Family Services as a coach that helps students and families return home from residential settings or prevents children and families from needing them. Katie has a passion for helping all kinds of people, including

teaching, and presenting. Katie has presented at various conferences across the United States and enjoys being with you all today!