

AHEC-SSW Training Partnership Consultant Information Sheet

Name: Katie Salmons

Position/Title: Owner of Private Practice at KS Empowers, PLLC. and Student/Family Coach with Elevate Family Services

Work Phone: (828) 375-7957

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Education/Degrees:

- 2018 - Master of Social Work from UNC-CH (with completion of Substance Use Program, School Social Work certification, and PrimeCare program).
- 2013 - BS in Psychology and Minor in Health and Physical Education from Western Carolina University

Professional Certifications:

- Licensed Clinical Social Worker (LCSW)
- Licensed Clinical Addiction Specialist (LCAS)
- Certified Clinical Supervisor (CCS)

Academic Experience:

- Presented at both regional and national NATSAP (National Association of Therapeutic Schools and Programs) Conferences
- Presented at Small Boarding School Association National Conference
- Provide continuing education to clinician, mentors, parents, and students at Asheville Academy

Brief Summary of Work Experience (what are you doing now):

I currently am the owner of my private practice called KS Empowers, PLLC, where I primarily works with teenagers and young adults navigating various things including neurodivergence, LGBTQIA+ needs, trauma, anxiety, depression, substance use, technology use, self-harm, and other needs. I am trained in EMDR. I also supervise LCASA and LCSWA therapists. Prior to being in private practice, I worked in the residential treatment world, where I helped children and teenagers gain safety and skills to return home. Thus, I am also a contracted employee with Elevate Family Services as a coach that helps students and families return home from residential settings or prevents children and families from needing them.

Specialization/Research Areas:

- Adolescent mental health and substance use/process addiction.

Available for presentations on the following topics:

- Adolescent Technology: Culture, Addiction or Both?
- The Family Dynamics of Addiction: Impact on the Children