

# **The Art of Promoting Culturally Sensitive and Responsive Practices in Clinical Supervision**

## **Program Description**

The vast majority of clinical supervisors have long learned skills that may inspire cultural competence in supervisees. In order to foster personal and professional growth, in both supervisor and supervisee, the infusion of culturally sensitive and responsive practices and intentional activities into clinical supervision is an integral next step. Culturally sensitive and responsive supervision practices are not solely aimed at teaching knowledge or skills. By providing supervisees and supervisors with opportunities to reflect on one's own cultural identity, attitudes, and experiences in the context of clinical supervision, understanding, sensitivity and awareness will be deepened. This training focuses on assisting clinical supervisors to be more culturally sensitive, responsive, and self-aware through experiential activities, active discussion, and participation.

## **Program Objectives**

Upon completion of this program, participants will be able to:

1. Explain the importance of cultural context being integrated into various aspects of clinical supervision;
2. Discuss ways to initiate conversations with supervisees about one's cultural self with increased confidence;
3. List practical exercises to assist clinical supervisees in reflecting on their own cultural identity;
4. Outline a supervision contract that underscores the importance of and the process for cultural identity development in the supervision process.

## **Target Audience**

This program will be beneficial for Clinical Supervisors with some supervisory experience.

## **Contact Hours**

3.0 contact hours

## **Program Agenda**

10 AM	Welcome, Objections and Introductions Working definitions and examples Activity #1- Broaching the Topic of Culture in Clinical Supervision Activity #2: Concept of Power and Privilege
11 30 AM	Break
11:45 AM	Activity #3: Social Identity and Positionality Activity #4: Differences in the context of Clinical Supervision Problem-Based learning, Case presentation and Conceptualization Cultural Iceberg and Suitcase Supervision vignette; application of skills

Considerations for Professional Disclosure Statements  
Wrap Up, Q&A  
Adjourn

1:15 PM

**Faculty**

**Donna B. Newberne** is a Licensed Clinical Mental Health Counselor Supervisor (LCMHCS) at the Center for Child and Family Health (CCFH) in Durham, NC. She has over 17 years of clinical experience working with traumatized children and families and 12 years of experience providing clinical supervision. Donna provides direct clinical services in an outpatient trauma specialty clinic and serves as the Mental Health Clinic Director at the Center for Child and Family Health. She is a Master Trainer for Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) and a Clinical Faculty member with the North Carolina Treatment Program (NC CTP). Her passions include working with adolescents to assist them in learning more effective ways of coping, problem-solving and communicating, advancing the art and science of clinical supervision and inspiring future generations of mental health professionals through teaching and training opportunities.