

Becoming a Neuro-Affirming Clinical Supervisor

Program Description

Thankfully, advances in medicine and neuroscience have increased our understanding of how the human brain works. Thus, we have come to know that all brains function in diverse ways. Clinical supervisors and mental health professionals alike, must grow in our knowledge of neurodiversity and neuro-affirming clinical practices to assist those we serve in meeting their goals. In this program, participants will be exposed to current neuro-affirming terminology, assessments aimed at determining one's competence in being a neuro-affirming practitioner, and practical strategies to guide supervisees in providing neuro-affirming care.

Program Objectives

Upon completion of this program, participants will be able to:

1. Name at least one strategy to incorporate into clinical supervision to affirm neuro-divergent supervisees;
2. Discuss current neuro-affirming terminology;
3. Identify strategies to assess a supervisees neuro-affirming competence and develop a plan to attain measurable goals in this area.

Target Audience

This program will be beneficial for Clinical Supervisors currently with some supervisory experience.

Contact Hours

3.0 contact hours

Program Agenda

10:00- 10:15 AM	Welcome/Intro/Orientation- Review of Objectives
10:15 – 10:00 AM	Connection Activity and Reflections
10:30 – 11:00 AM	Terminology and Systemic Barriers for Neuro-divergent Humans
11:00 - 11:30 AM	Strengths of Neuro-divergent Humans
11:30 - 11:45 AM	Break
11:45 - 12:30 PM	Practical Strategies and Creating Space
12:30 - 1:00 PM	Creating a Supervision Plan that is Affirming
1:00 - 1:15 PM	Questions and Answer- Wrap-up

Faculty

Donna B. Newberne is a Licensed Clinical Mental Health Counselor Supervisor (LCMHCS) at the Center for Child and Family Health (CCFH) in Durham, NC. She has over 17 years of clinical experience working with traumatized children and families and 12 years of experience providing clinical supervision. Donna provides direct clinical services in an outpatient trauma specialty clinic and serves as the Mental Health Clinic Director at the Center for Child and Family Health. She is a Master Trainer for Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) and a Clinical Faculty member with the North Carolina

Treatment Program (NC CTP). Her passions include working with adolescents to assist them in learning more effective ways of coping, problem-solving and communicating, advancing the art and science of clinical supervision and inspiring future generations of mental health professionals through teaching and training opportunities.