

Increasing Social Emotional Competence of Children

Program Description

The kind of person we want our children to be, is not born but developed. A child's experience in school, and later in college, in the workplace and in their family, is shaped by the development or lack of development of their social and emotional skills.

Children do not develop in silos; they need a person and/or community to help them develop these fundamental skills. This workshop will provide specific examples on how anybody can help develop and increase social and emotional competences of children at home, at school and in the community.

Learning Objectives

Upon completion of this workshop, participants should be able to:

1. Explain the definition of social and emotional competencies in children.
2. Discuss how the brain can support or hinder the development of such competencies.
3. Identify and practice five behavioral strategies to promote the development of social and emotional skills at home, at school and in the community.
4. Identify resources that support the social emotional competence of children.

Target Audience

This workshop is intended for any educators, counselor, early childhood personnel, social workers, camp counselor, and/or any adult invested in the life of a child.

Contact Hours

3.0 credit hours

Program Agenda

9:00 AM - 9:15 AM	Explain the definition of social and emotional competencies on children.
9:15 AM – 10:00 AM	Explain how the brain can support or hinder the development of such competencies.
10:00 AM – 11:30 AM	Behavioral strategies that promote the development of social and emotional skills: theory and practice.
11:30 AM - 12:00 AM	Resources that support the social emotional competence of children.

Faculty

Sofia Moyano-Kleckner is an educator born and raised in Lima-Peru. She worked in private and public universities teaching undergraduate courses before she migrated to the USA. She obtained a scholarship to advance her studies in the University of Cincinnati, where she majored in Health Promotion and in Community Counseling.

Ms. Moyano-Kleckner has more than 25 years of combined experience working in education, program management and mental health in Ohio and North Carolina. She is a Licensed Professional Clinical Counselor in Ohio and a Licensed Clinical Mental Health Counselor in North Carolina. In her clinical practice, she has specialized in Early Childhood Mental Health and Trauma. She is also a parent facilitator of the Incredible Years Program and The Circle of Security. Currently, she works for The Center for Child and Family Health as a Trauma Therapist.