

Dr. Laurie Emmer-Martin, LCSW, DSW

ljemmer@unc.edu

CERTIFICATION & LICENSURE:

Licensed Independent Clinical Social Worker, Washington DC

Licensed Clinical Social Worker, Virginia

Licensed Clinical Social Worker, Florida

Licensed Clinical Social Worker-Clinical, Maryland

Licensed Clinical Social Worker, North Carolina

Certified Employee Assistance Professional (CEAP), Employee Assistance Certification Commission

Certification Clinical Hypnotherapist American Society for Clinical Hypnosis

Certified Clinical Trauma Professional (CCTP)- Evergreen Certifications

Certified Taming Anxiety Practitioner (CTAP)- Taming Anxiety Carolyn Daitch Ph.D.

EDUCATION:

University of Tennessee

Doctor of Social Work, 2023

Barry University

Master of Social Work, September 1996

University of South Florida

Bachelor of Arts and Sciences, Sociology-May 1991

PROFESSIONAL EXPERIENCE:

University of North Carolina, Chapel Hill

Clinical Assistant Professor, School of Social Work

August 2023 to present

Develop curriculum, instruct graduate school classes, advise students and serve as a committee representative.

Private Practice and Consulting at Laurie Emmer-Martin, LICSW, CEAP- Washington, DC

Clinical Social Worker and Consultant

June 2010 to present

Provide individual, group, and family therapy; clinical supervision; presentations; management consultations; executive and personal coaching; and critical incident stress debriefings.

American Broadcasting Company (ABC): Washington Bureau, Cigna- Washington, DC

EAP Counselor

July 2022 to August 2023

Provide short-term counseling, management consultations, health and wellness presentations, and crisis support to employees regarding workplace functioning and behavioral wellness issues.

George Mason University – Fairfax, Virginia

Adjunct Professor, Department of Social Work

August 2016 to 2023

Instructed bachelor and graduate-level classes in person and online courses and assisted with developing the course curriculum.

National Public Radio (NPR), Cigna- Washington, DC

EAP Counselor

August 2018 to August 2019

Delivered short-term counseling, management consultations, health and wellness presentations, and crisis support to NPR employees for workplace functioning and behavioral wellness.

Washington Gas, Empathia - Springfield, Virginia

EAP Counselor, Temporary Position

March 2013 to July 2013

Delivered management consultations, health and wellness presentations, and counseling regarding workplace functioning, stress management, family issues, grief and loss, and other psychosocial issues.

Federal Occupational Health, Magellan Health Care – Washington, DC

EAP Consultant, Counselor

January 2009 to May 2010

Provided management consultations, health and wellness presentations, and counseling to Federal employees at the National Gallery of Art, United States Department of Agriculture, and other government agencies on issues related to improving workplace functioning, stress management, family issues, depression, grief and loss, anxiety, and other psychosocial or life cycle issues.

American Psychiatric Association – Arlington, Virginia

Manager, Health Insurance and Managed Care

March 2006 to December 2008

Generated reports and position statements on critical managed care and pharmacy benefit management issues; facilitated the development of a website for the APA Presidential task force to increase psychiatric services in underserved areas; served as a liaison to the health the insurance industry and the APA committee on managed care.

National Association of Social Workers – Washington, DC

Senior Policy Associate, Adolescent Health

November 2002 to March 2006

Managed Federal project, Partnership in Program Planning for Adolescent Health (PIPPAH); professional and policy development related to adolescent health, poverty, social work workforce, school social work, and social justice; wrote grants, media campaign content, position statements and newsletters; presented at national and state conferences and collaborated with other Federal organizations.

Psychiatric Institute of Washington – Washington, DC

Psychiatric Social Worker

January 2001 to November 2002, full time, November 2002 to 2007, PRN

Conducted psychosocial assessments; provided individual, family, and group therapy with children, adolescents, and adults, and participated in treatment planning.

Columbia Hospital for Women – Washington, DC

Social Worker Teen Center/Ambulatory Care Center

August 2000 to January 2001, full-time January 2001-April 2001, PRN

Provided assessments, individual, family, and group therapy for pregnant teenagers and high risk adults.

West Broward YMCA - Davie, Florida

Program Coordinator Alternative to Suspension Program/Therapist

August 1999 to June 2000

Coordinated program; supervised graduate interns and provided individual, group, and family therapy.

Henderson Mental Health Center- Fort Lauderdale, Florida

Youth Therapist and Case Manager

September 1997 to August 1999

Provided individual and family therapy with children and adolescents; Completed psychosocial evaluations: aided with residential placement and completed court evaluations for children and adolescents in the child welfare system.

Archways Behavioral Health Care – Fort Lauderdale, Florida

Case Manager

June 1997 to August 1997

Community referral, counseling, advocacy, treatment planning, and crisis intervention for adults diagnosed with mood and psychotic disorders.

The Starting Place – Hollywood, Florida

Admissions Counselor

February 1997 to April 1997

Provided substance abuse counseling and completed mental status exams, legal dispositions and diagnostic assessments for adolescents and adults

Jewish Vocational Services – North Miami, Florida

Supported Employment Coordinator

Spring 1994-Spring 1995

Completed monthly reports; supervised staff and provided job development and group co-facilitation for developmentally disabled adults.

Counselor, Meals on Wheels

Fall 1991-Summer 1992

Completed needs assessments and coordinated resources for homebound adults.

United Cerebral Palsy – Miami, Florida

Supported Employment Consultant

Fall 1993-Spring 1994

Developed jobs and provided case management for adults with disabilities.

B'nai Brith Youth Organization – Metro Washington DC

Youth Director,

Fall 1992-Summer 1993

Coordinated programs; served as a liaison to the board of directions and supervised volunteers.

GRADUATE INTERNSHIPS:

Sunset School – Fort Lauderdale, Florida

Social Work Intern, Summer 1996

Individual, group, and family therapy with children and adolescents

Family Central – North Lauderdale, Florida

Social Work Intern, Summer 1995

Individual and family therapy and parenting group facilitator with pregnant teenagers.

COURSE INSTRUCTION HISTORY

- Fall 2016, Spring 2017, Fall 2017, Spring 2018 SOCW - 200 Introduction to Social Work
- Spring 2017, Fall 2017, SOCW 375 - Human Behavior and the Family
- Fall 2017, SOCW 670 -Social Work Program Planning, Communication and Technology
- Spring 2018 SOCW 652 - Influencing Social Policy
- Fall 2018 SOCW 357 -Methods Social Work Intervention I
- Spring 2020 SOCW 362 - Methods SW Intervention II
- Spring 2021 SOCW 362 - Methods SW Intervention II
- Spring 2021 SOCW 674 - Psychopathology
- Summer 2021 SOCW 644 - Community Practice Across the Life Course
- Fall 2021 SOCW 660 - Foundations of Direct Practice
- Spring 2022 SOCW 362 -Methods SW Intervention II Lab
- Spring 2021, 2022 SOCW 674 - Psychopathology
- Fall 2023, SOWO -767 Differential Diagnosis
- Fall 2023, SOWO 540 - Social Work with Individuals, Groups and Families
- Fall 2023, SOWO 500 - Human Development in Context I: Infancy to Adolescence

PUBLICATIONS

- Emmer, L. (2004). Schools and Gangs. *National Association of Social Workers*
- Smith, M. & Emmer, L. (2003). Adolescents and Club Drugs. *National Association of Social Workers*
- Emmer, L. (2003). The High Price of Health Care for Families Living in Poverty. *Intersections in Practice, National Association of Social Workers*, pg. 14-16.
- Emmer, L. (2003). The Social Worker as Part of an Interdisciplinary Team: Positive Effects of Collaboration on Adolescent Health. *National Association of Social Workers (3), 1*
- Emmer, L. (2003). Practice Update: The Impact of Poverty on Adolescent Health. *National Association of Social Workers (3), 2*
- Emmer, L. (2004). Fact Sheet: Helping Teens Build Healthy Intimate Relationships. *National Association of Social Workers*
- Emmer, L. (2004). Fact Sheet: Adolescent development. *National Association of Social Workers*
- Emmer, L. (2005). Youth Suicide: Prevention and Intervention or School Social Workers. *National Association of Social Workers*

PRESENTATIONS

- Coping with Stress: Stress Management Techniques
- Hypnosis an Introduction for EAP Counselors
- Violence Prevention in the Workplace
- Depression in the Workplace
- Mindfulness Practice
- Coping with Stressors in Uncertain Times
- Multigenerational Workforce
- Parenting Workshop
- Work/Life Balance
- Role of the EAP Affiliate
- Managed Care and Behavioral Health Programs
- CBT Interventions in the Workplace
- Managing Under Pressure: Making Decisions and Communicating
- Relaxation Skills in the Workplace
- Dealing with Adolescent Anger
- Bullying in Schools
- Promoting Positive Youth Environments
- Promoting Positive Environments for Youth in Poverty
- Youth Drinking Patterns and Alcohol Advertising
- Social Workers and Lawyers as Partners to Protect Youth
- Adolescent Development and the Media, Implications for Social Workers
- Sleep Hygiene

CAMPAIGNS, MEMBERSHIPS COMMITTEES, & PROJECTS

- Committee Member, Admissions Committee UNC
- Committee Member, Direct Practice UNC
- Co-chairman, National Bullying Campaign: Mental Health Implementation Working Group
- Committee Member, National Foster Care Campaign
- Treasurer, Potomac Employee Assistance Professional Association
- Presentation Committee Chairman, DC Employee Assistance Professionals Association
- Member, National Association of Social Workers

- Member, Employee Assistance Professional Association
- Member, American Society for Clinical Hypnosis (ASH)
- Mentor, “Early Career Social Workers”, Greater Washington Society of Clinical Social Workers
- Member, American Society of Clinical Hypnosis

ADDITIONAL EDUCATION AND TRAINING

- Erickson Hypnosis at NLP Center
- Acceptance and Commitment Therapy (ACT) for Anxiety
- Cognitive Processing Therapy (CPT) training
- American Society of Clinical Hypnosis Workshop
- Beck Institute for Cognitive Behavioral Therapy
- Schema Focused Therapy
- Adult Psychotherapy Training Course
- Grief and Loss Workshop
- Eating Disorders Workshop
- Relaxation Therapy Training
- Crisis Intervention and Response Training
- Grants Writing Workshop
- Leadership Training
- Motivational Interviewing Training
- Emotional Intelligence Training
- Treating Obsessive-Compulsive Disorder
- Taming the Anxiety Toolbox Certification Course
- Trauma Treatment Certification Course

References Available Upon Request

