

Early Intervention in Psychotic Disorders: Promise and Challenge

Program Description

This presentation will provide an overview of the development of early intervention teams for the treatment of psychotic disorders in North Carolina, including historical and policy context.

Program Objectives

Upon completion of this program, participants should be able to:

- Describe the rationale and evidence base for early intervention in psychosis.
- Explain the development of the coordinated specialty care model and national efforts at dissemination.
- List challenges to broad implementation of the model.
- Outline future directions in clinical care, research, and policy.

Target Audience

This workshop will be beneficial to social workers, counselors, mental health care providers, case managers, human service workers, and anyone who is interested in the topic.

Contact Hours

1.5 contact hours

Program Description

Available upon request

Bebe Smith, MSW, LCSW is a consultant and clinical social worker in private practice. She is a former director of continuing professional development and coordinator of the NC Evidence Based Practices Center at Southern Regional AHEC. She worked for 21 years at the University of North Carolina at Chapel Hill in the Department of Psychiatry and the School of Social Work. She has taught mental health professionals from multiple disciplines in clinical and academic settings. Her clinical work has focused on providing evidence-based treatment and services to persons who live with schizophrenia and other severe mental illnesses. She helped develop OASIS, the first early psychosis program in North Carolina, at UNC in 2005, and was a founder of the UNC Center for Excellence in Community Mental Health in 2008. She also led a pilot of Critical Time Intervention (CTI) from 2012-2015. CTI was adopted for statewide expansion in 2014. She is a trainer in Family Psychoeducation and Critical Time Intervention. She was the NASW-NC Social Worker of the Year in 2012 and won the Bryan Public Service Award from the Carolina Center for Public Service in 2015.