

## **AHEC-SSW Training Partnership Consultant Information Sheet**

**Name:** Tab Ballis

**Position/Title:**

Manager/Clinician, Insight Wellness Services  
Trainer/Consultant, Family Tree Productions

**Work Address:**

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**Education/Degrees:**

Bachelor of Psychology, North Carolina State University (1984)  
Master of Social Work, University of North Carolina (1990)

**Professional Certifications:**

Licensed Clinical Social Worker  
Licensed Clinical Addictions Specialist  
Certified Clinical Supervisor

**Academic Experience:**

Adjunct Faculty, University of North Carolina Wilmington School of Social Work (2008 – present)  
Online Instructor, University of North Carolina Wilmington, College of Health and Human Services (2020 – present)

**Brief Summary of Work Experience:**

Tab has managed and practiced at Insight Wellness Services in Wilmington, NC since 1995, serving as a board member and delegate for the National Association of Social Workers, North Carolina Chapter. Making creative approaches in human service more accessible and actionable, Tab utilizes university instruction, online continuing education, workshop presentation, consultation, clinical supervision, course-design and media-production to greatest effect in communicating best practice to professionals.

**Research Areas:**

GATE Model brief assessment tool for risk of addiction

**Available for presentations on the following topics:**

- Addiction
- Codependency
- Family Systems
- LGBTQ+
- Disaster Response
- Human Sexuality
- Clinical Supervision
- Media Production
- Creativity