

Nellie Galindo, MSW, MSPH

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Experience

Accessible Sexual Health, LLC

- Founder/CEO, January 2022 - Present
 - As the founder and CEO of Accessible Sexual Health, I established my own consulting business with the mission of improving access to sexual health education for all people with disabilities. I provide consultation, training, and speaking engagements for disability services providers, healthcare providers, and individuals/families.*

Relias, LLC

- Senior Product Marketing Manager, April 2021 – Present
 - *I own the strategic positioning and messaging of all health and human services (HHS) products, including go-to-market sales enablement of new products. I works cross-functionally with multiple departments to ensure consistency of marketing language and to maintain a collaborative and creative environment.*
- Content Marketing Manager, April 2020 – April 2021
 - *I was responsible for the creation, development, and management of all marketing assets and collateral for the health and human services (HHS) market audience.*
- Product Manager, June 2018 – February 2019
 - *I assisted in the development and maintenance of e-learning courses and job knowledge assessments products for community health centers and youth- and family-serving organizations.*
- IDD Content Writer, August 2016 – June 2018
 - *I served as a subject matter expert in the areas of intellectual and developmental disabilities (IDD) and direct support professionals to create e-learning courses for IDD services providers.*

Youth LEAD NC

- Board Member, April 2019 – October 2022
 - *Serves as one of the founding board members; I assisted in the development of a non-profit serving transition-aged youth with disabilities across North*

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Carolina, including strategic mission and vision development, implementing new programs, and overseeing the financial resources of the organization.

RHA Health Services, LLC

- Learning and Development Manager, March 2019 – April 2020
 - *I was responsible for all company learning and development initiatives across 4 states, including new employee orientation and annual learning compliance management, for a mental health and IDD services provider. I supervised learning and development specialists responsible for carrying out training activities and monitoring training program compliance.*

North Carolina Department of Health and Human Services

- Disability and Health Specialist, April 2016 – June 2016
 - *I carried out CDC grant targets and activities by assisting with the development and facilitation of training materials for professionals in public health settings, regarding health equity for individuals with disabilities.*
- Student Intern, May 2013 – September 2013
 - *I collaborated with community partners and stakeholders in activities to promote accessibility for persons with disabilities to farmer's markets, recreational activities, women's health programs, and other areas of healthy living.*

Alliance of Disability Advocates, Center for Independent Living

- Youth Program Coordinator, October 2014 – April 2016
 - *I coordinated, evaluated, and managed the program activities for transition-aged youth with disabilities, including disability advocacy programs, leadership programs, and healthy relationships and sexual health programs. I supervised youth peer mentors and independent living specialists responsible for carrying out program activities.*
- Youth Independent Living Specialist, January 2014 – October 2016
 - *I provided independent living supports for transition-aged youth with disabilities, including self-advocacy skills, individual and person-centered goal setting, and healthy relationships training.*

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Education

University of North Carolina at Chapel Hill, 2013

- Master of Social Work
 - *Concentration: Community, Management, and Policy Practice*
- Master of Science in Public Health
 - *Concentration: Maternal and Child Health*

Northern Arizona University, 2009

- Bachelors of Science
 - *Major: Psychology*
 - *Minor: Community Health Education*

Certifications and Memberships

American Association of Sexuality Educators, Counselors, and Therapists – Professional Member, 2022 to present

National Association of Social Workers, Member, 2022 to present

Product Marketing Alliance Core Certification, obtained 2021

Pragmatic Marketing Certified (Foundation, Focus, Price), obtained 2018

Our Whole Lives (O.W.L.) Facilitator, Elementary Curriculum, obtained 2019

Our Whole Lives (O.W.L.) Facilitator, Middle and High School Curriculum, obtained 2016

Publications

- *Author*, Relias.com Blog, <https://www.relias.com/author/nellie-galindo-msw-msph>

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- *Circles of Sexuality: Creating Inclusive, Comprehensive Sex Education for Autistic Students*, Autism Spectrum News, September 29, 2022, <https://www.autismspectrumnews.org/circles-of-sexuality-creating-inclusive-comprehensive-sex-education-for-autistic-students/>
- *The Intersection of Trauma and Minority Stress in the LGBTQ Community*, Social Work Today, July 2, 2020, https://www.socialworktoday.com/archive/exc_070220.shtml
- *Creating a Trauma-Informed System of Care [e-book]*, Relias.com, <https://www.relias.com/resource/creating-a-trauma-informed-system-of-care>
- *Zero Tolerance: A Training Curriculum for Direct Care Providers to Identify, Report, and Prevent Abuse Against Persons with Intellectual/Developmental Disabilities*, Masters Paper, UNC Gillings School of Global Public Health, November 15, 2013

Presentations

- *Increasing Access to Sexual and Reproductive Healthcare for People with Disabilities*, NASW West Virginia Spring 2023 Conference, May 5, 2023
- *Social Location: Improving Diversity, Equity and Inclusion Practices Through Self-exploration*, 2023 National Council for Mental Wellbeing Annual Conference, May 2, 2023
- *Preventing Abuse and Promoting Healthy Relationships*, Spina Bifida Resource Network Empowered Conversations 2022, November 23, 2022
- *Increasing Access to Sexual and Reproductive Healthcare for People with Disabilities*, NASW North Carolina Fall 2022 Conference, November 14, 2022
- *Prioritizing DEI and Staff Growth for CCBHC Success*, Impact Nation – Relias User Conference, November 10, 2022
- *Results from the 2022 Crisis Prevention and Intervention Training Survey*, Impact Nation – Relias User Conference, November 10, 2022
- *Accessible Healthcare: Removing Barriers for People with Disabilities*, Impact Nation – Relias User Conference, November 9, 2022
- *Sexuality and Disability 101*, Healwell Healthcare and Intimacy Virtual Symposium, September 24, 2022
- *Increasing Access to Sexual Health Education for People with Disabilities*, NASW South Carolina Chapter Lunch and Learn, June 16, 2022
- *Training Direct Support Professionals, Supervisors, and Organizational Leaders on Diversity, Equity, and Inclusion*, 2022 ANCOR Annual Conference, April 12 2022

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- *Let's START Talking about Sex*, NC START Central Lunchbox Training, April 22, 2022
- *Using a Trauma-Informed Approach in Crisis Intervention*, The Arc of the US Webinar, March 30, 2022
- *Introduction to Trauma-Informed Care for IDD*, The Arc of the US Webinar, February 8, 2022
- *Putting the "D" in DEI: Disability Inclusion in Your DEI Efforts*, Impact Nation – Relias User Conference, September 22, 2021
- *How FQHCs Can Address Racial Disparities in Healthcare*, Impact Nation – Relias User Conference, September 16, 2020
- *Social Determinants of Health and COVID-19*, Impact Nation – Relias User Conference, September 15, 2020
- *Prioritizing Diversity, Equity, and Inclusion in Behavioral Health*, Relias Webinar, August 25, 2021
- *Taking Care of DSPs: 6 Strategies for Promoting Resilience*, Relias Webinar, May 5, 2021
- *Trauma-Informed Care 101: The Basics of Trauma and the TIC Framework*, Relias Webinar, September 11, 2020