

Accessible Reproductive Healthcare: Removing Barriers for Individuals with Disabilities

Program Description

Historically, individuals with disabilities have routinely been denied the right to bodily autonomy, to express their sexuality, and to access education about their bodies and sexual health. While federal laws are in existence to promote access to sexual health education and services, many disabled individuals still face barriers to obtaining this sometimes lifesaving information. This presentation will discuss how social workers can begin to remove these barriers and help promote access to sexual and reproductive healthcare and health education for individuals with disabilities.

Learning Objectives

1. Describe how individuals with disabilities have historically been denied their sexual and reproductive rights.
2. List topics that should be considered when seeking or building a sexual or reproductive health education program for people with disabilities.
3. Explain ways to help individuals with disabilities access reproductive healthcare and sexual health education.

Target Audience

This program is for providers across the spectrum of healthcare (physicians, nurses, social workers, mental health counselors, etc.), and healthcare providers who work within or adjacent to reproductive healthcare services.

Contact Hours

2.0 contact hours

Program Agenda

9:15 AM to 9:30 AM	Introductions
9:30 AM to 10:15 AM	History of reproductive rights of disabled Americans
10:15 AM to 10:30 AM	Break
10:30 AM to 11:15 AM	Removing barriers and increasing access
11:15 AM to 11:30 AM	Q&A
11:30 AM	Adjourn

Faculty

Nellie Galindo, MSW, MSPH is the Founder and CEO of Accessible Sexual Health LLC, providing education, resources, and consultation to advance access to comprehensive sexual health education for people with disabilities. She has been teaching comprehensive sex education since 2007 and has been involved in the disability rights movement since 2014. Nellie identifies as an individual with a mental health disorder and is deeply committed to reducing stigmas surrounding mental health, sexuality, and the reproductive and sexual rights of disabled people. She received her master's degrees from the University of North Carolina at Chapel Hill.