

Ellen Pallme

MSW, LCSW, LCAS, CCS

828-771-6084

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EDUCATION

UNC-Chapel Hill – *Master of Social Work*

2009

UNC-Chapel Hill - *B.A., Psychology*

2006

CERTIFICATIONS and MEMBERSHIPS

- Clinical Social Work, North Carolina, 2011 - Current (C007341)
- Clinical Addiction Specialist, North Carolina, 2010 - Current (1669)
- Certified Clinical Supervisor, North Carolina, 2015 - Current (12969)
- Certificate in Substance Abuse Studies - 2009 (UNC-CH SSW)
- EMDR Basic Training, Part 1, and Part 2 – 2011
- Advanced Right Use of Power Instructure-2021
- Motivational Interviewing Network of Trainers - 2015
- National Association of Social Workers - 2009
- International Association of Trauma Professionals- 2019
- Registered Yoga Teacher- 2018

EXPERIENCE

Ellen Pallme, LCSW Therapist *01/01/2022 to present*

Mountain Counseling Associates, LLC Therapist *4/11/2022 to present*

The Willows at Red Oak Recovery, Fletcher, NC – *Primary Therapist*

08/2021- 9/2022

- Conduct assessments
- Individual and group therapy
- Provide in service training for Motivational Interviewing

Cooper Riis, Mill Spring, NC –*Primary Therapist*

04/2019- 08/2021

- Conduct assessments and individual and group therapy sessions.

Carolina Outreach, Durham, NC - *Clinical Supervisor for Substance Abuse Programming*

08/2014 – 04/2019

- Maintained a small caseload.
- Supervised teams of 15-20 clinicians seeking licensure. Supported their work by sharing personal knowledge of the differences between each service and the criteria for obtaining those services.
- Conducted training programs in ethics, trauma, substance abuse, cognitive behavior therapy, and the ASAM criteria in North Carolina.

Carolina Outreach, Durham, NC - *Intensive In-Home Lead Supervisor*

06/2009 - 08/2014

- Provided substance abuse counseling and assessments.
- Delivered outpatient therapy for at-risk children, adolescents, and families.

Train For Change, Nationwide - *Independent Contractor*

08/2018 - Present

- Provided ASAM criteria training across all U.S. states

UNC SSW/AHEC – *Independent Contract*

08/2012- 2019

Behavior Healthcare Resource Program - *Program Assistant for Substance Abuse Certification Program 01/2008 - 05/2009*

- Maintained databases of students and practitioners.
- Organized training sessions.
- Increased the number of participants by providing support and information about the LCAS certification process.

Social Work Intern – *UNC Horizons, Carrboro*

08/2008 - 05/2009

- Co-facilitated process groups
- Provided individual therapy

Social Work Intern – *Orange County Rape Crisis Center, Chapel Hill, NC*

08/2007 - 05/2008

- Provided brief individual therapy for sexual violence survivors