

AHEC-SSW Training Partnership Consultant Information Sheet

Name: Ellen Pallme

Position/Title: Primary Therapist

Work Address: 110 Williams St., Hendersonville, NC 28972

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Education/Degrees:

BA- Psychology UNC Chapel Hill

Master of Social Work UNC Chapel Hill

Professional Certifications:

Certified Clinical Supervisor and MINT

Licensed Clinical Social Worker

Licensed Clinical Addictions Specialist

Academic Experience:

National trainer for Train for Change

Brief Summary of Work Experience:

- Substance Use Disorder Supervisor and Trainer
- Private tutor and homeschooling consultant
- Crisis Counselor with the Orange County Rape Crisis Center.
- Internship at the Orange County Rape Crisis Center
- Internship at Horizons
- Assistant Director for the Substance Abuse Certificate Program at UNC
- Intensive In-Home Lead supervisor

Specialization/Research Areas:

- Specializing in trauma: TF-CBT, EMDR, CPT
- Substance Abuse: Seven Challenges, Seeking Safety, CGA- Certified Gain Administrator, Motivational Interviewing

Available for presentations on the following:

- Refresher of Basic Motivational Interviewing Skills
- Introduction to Motivational Interviewing
- Ethical Considerations in Clinical Supervision: Understanding the Power Differential
- Polyvagal Theory Applied