

Millicent N. Robinson, PhD, MSW, MPH

Curriculum Vitae

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EDUCATION

Postdoctoral Research Associate, 2022-2024

Carolina Postdoctoral Program for Faculty Diversity
University of North Carolina at Chapel Hill School of Social Work.

PhD, Community Health Sciences, *Sociology Minor*, June 2022.

Jonathan and Karin Fielding School of Public Health, University of California, Los Angeles.

Dissertation: "Won't Kill Me, Won't Kill Me. Throw the Hammer Down and We'll Be Free": How John Henryism Shapes Mental and Physical Health among African American and Caribbean Black Women

Committee: Courtney S. Thomas Tobin, PhD (Chair), Hiram Beltrán-Sánchez, PhD, Anne Pebley, PhD, Aliza Luft, PhD, Cheryl L. Woods-Giscombé, PhD, RN, PMHNP-BC, FAAN, and Christy L. Erving, PhD

MPH, Maternal and Child Health, December 2017.

Gillings School of Global Public Health, University of North Carolina at Chapel Hill.

Thesis: "Strategies for Engaging and Fostering a Culture of Health for Maternal and Child Health Providers"

MSW, Community Management and Policy Practice, December 2017.

University of North Carolina at Chapel Hill School of Social Work.

Thesis: "Evaluation of EverFi Online Sexual Assault Prevention Haven Training"

BA, Psychology (with distinction), 2015.

Minors: African, African American & Diaspora Studies; Spanish for the Medical Professions
University of North Carolina at Chapel Hill.

RESEARCH INTERESTS

Mental & Physical Health	Complementary and Alternative Medicine	John Henryism
Black Women	Superwoman Schema	Chronic Stress
Culturally-Relevant Coping	Allostatic Load	Ethnicity

PEER-REVIEWED PUBLICATIONS

1. **Robinson, M.N.** (2022). "Pushing Past Limits: How Efficacious is High-Effort Coping for Self-Rated Health among African American and Caribbean Black Women?" *International Journal of Environmental Research and Public Health-Special Issue*. 19(20):13460.
2. **Robinson, M.N.** Erving, C.L., & Thomas Tobin, C.S. (2022). "Are Distressed Black Women Also Depressed? Implications for a Mental Health Paradox." *Journal of Racial and Ethnic Health Disparities*. (Pre-print)
3. Thomas Tobin, C. S., Huynh, J., Farmer, H.R., Cross R.I., Barve, A., **Robinson, M.N.**, Leslie, E.P., & Thorpe, R. (2022). "Perceived Neighborhood Racial Composition and Depressive Symptoms among Black Americans across Adulthood: Evaluating the Role of Psychosocial Risks and Resources." *Journal of Aging and Health*, 0(0).

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4. Skrine Jeffers, K., Walton, Q. L., **Robinson, M. N.**, & Thomas Tobin, C. S. (2021). Lifetime major discrimination experiences moderate the impact of depressive symptoms on chronic conditions among Black Americans. *Healthcare*. 9(1528):1–13.
5. **Robinson, M.N.**, & Thomas Tobin, C.S. (2021). “Is John Henryism a Health Risk or Resource? Exploring the Role of Culturally Relevant Coping for Physical and Mental Health among Black Americans.” *Journal of Health and Social Behavior*. 62(2):136-151.
6. Thomas Tobin, C. S., **Robinson, M. N.**, & Stanifer, K. (2019). Does marriage matter? Racial differences in allostatic load among women. *Preventive Medicine Reports*. 15(100948):1-6.
7. Woods-Giscombé, C. L., **Robinson, M.N.**, Carthron, D. & Devane-Johnson, S. & Corbie-Smith, G. (2016). Superwoman Schema, stigma, spirituality, and (culturally) sensitive providers: Factors influencing mental health service utilization in African American women. *Journal of Best Practices in Health Professions Diversity: Research, Education, and Policy*. 9(1): 1124-1144.

MANUSCRIPTS IN SUBMISSION

1. James, K.F., Smith, B., **Robinson, M.N.**, Thomas Tobin, C.S., Bulles, K., & Barkin, J. “Factors Associated with Postpartum Functioning in Black Women.” (Under Review)

MANUSCRIPTS IN-PREPARATION

1. **Robinson, M.N.**, “Similar Endorsement, Different Structure: Exploring the Social Distribution of John Henryism among African American and Caribbean Black Women.”
2. **Robinson, M.N.**, “Examining the John Henryism Hypothesis (JHH) for Mental Health Among African American and Caribbean Black Women”
3. Frazier, T., Woods-Giscombé, C.L., **Robinson, M.N.** “Associations Between John Henryism Active Coping and the Mental and Physical Health of African American Women: A Scoping Review.”
4. Thomas Tobin, C. S., Gutierrez, A., Volpe, V. V., Floyd James, K., Israel Cross, R., **Robinson, M.N.**, Hargrove, T.W., & Thorpe, R. J. J. “Life Course Determinants of Racial Identity: Implications for Healthy Aging among Black Americans.”
5. Thomas Tobin, Courtney S., **Robinson, M.N.**, Hargrove, T., & Erving, C.L. “The Intersectionality of Stress Exposure.”
6. Thomas Tobin, Courtney S., Wong, M.J., **Robinson, M.N.**, & Bedel, L.E.M. “Lifetime Adversity and Mental Health Among African Americans: Exploring the Roles of Socioeconomic Status and Stress Exposure”

BOOK CHAPTERS IN-PREPARATION

1. Black, A., **Robinson, M.N.**, Castro-Reyes, P., Richmond, A., & Shore, N. “Community Conversations about Culturally Responsive Health Research for African American communities.”

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GRANTS, HONORS & AWARDS

2021-2021	Summer Mentorship Research Fellowship, <i>UCLA Fielding School of Public Health</i> . Amount: \$6,000
2020-2020	Graduate Summer Research Program Award, <i>UCLA Fielding School of Public Health</i> . Amount: \$6,000
2018-Present	Eugene V. Cota-Robles Fellowship Recipient, University of California, Los Angeles. Amount: \$25,000 annual stipend and tuition/fees for academic year
2018-2018	UCLA Competitive Edge Summer Bridge Program, University of California, Los Angeles. Amount: \$6,000
2016-2017	Leadership in Public Health Social Work Education Fellowship Scholar, University of North Carolina at Chapel Hill. Amount: \$10,000
2016-2017	Kathleen Price Bryan Fund Scholarship, University of North Carolina at Chapel Hill, School of Social Work. Amount: \$7,000
2015-2016	Dean's Research Award, University of North Carolina at Chapel Hill, School of Social Work. Amount: \$6,500
2014-2015	Frances L. Phillips Travel Scholarship, University of North Carolina at Chapel Hill. Amount: \$8,000
2013-2015	Ronald E. McNair Post-Baccalaureate Achievement Program Scholar, University of North Carolina at Chapel Hill, Carolina Higher Education Opportunity Programs. Amount: \$5,000

SELECT PRESENTATIONS

Robinson, Millicent N., Erving Christy L., & Thomas Tobin, Courtney S. (Accepted 2022)- "Are Distressed Black Women Also Depressed? Implications for a Mental Health Paradox". 2022 American Sociological Annual Conference.

Robinson, Millicent N., Erving Christy L., & Thomas Tobin, Courtney S. (Accepted 2022)- "Are Distressed Black Women Also Depressed? Implications for a Mental Health Paradox". 17th International Conference on Social Stress Research.

Robinson, Millicent N. (2021). "Exploring the Role of John Henryism for Physical and Mental Health Among Black Americans". 2021 American Sociological Association Annual Conference.

Robinson, Millicent N. & Thomas Tobin, Courtney S. (November 2019). Bringing Forward John Henryism as a Culturally-Relevant Form of Coping. Oral presentation at American Public Health Association's Annual Meeting & Expo, Philadelphia, PA.

Richmond, Alan, Shore, Nancy, Yang, Maiyia, Batres, Rodolfo, Issacs, Mei-Ling, Pergament, Shannon, Culhane-Pera, **Robinson, Millicent N.**, Black, Adina, & Castro-Reyes, Paige. (November 2019). Patient Engagement: Enhancing Culturally Appropriate Research (ECAR). Oral presentation at American Public Health Association's Annual Meeting & Expo, Philadelphia, PA.

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Robinson, Millicent N., Jackson, Melvin, & Richmond, Alan. (July 2019). "Dismantling Structural Inequalities through Authentic Partnerships". *Dismantling Structural Inequalities: Infusing the Arts in Our Work*.

Robinson, Millicent N., Richmond, Alan, Jackson, Melvin, &. (November 2018). "Dismantling Structural Inequalities through Authentic Partnerships". American Public Health Association Annual Meeting. Community Based Health Caucus.

Robinson, Millicent N. & Koenig, Mary. (March 2018). "Designing Equitable Public Health Social Work Programs". Classroom to Community Organization.

Robinson, Millicent N. (March 2017). "Superwoman Schema, Stigma, Spirituality, and Culturally Sensitive Providers: Factors Influencing African American Women's Use of Mental Health Services". UNC Inaugural Women of Worth Initiative Conference.

INVITED TALKS

Robinson, Millicent N. (2021). "Exploring the Role of John Henryism for Physical and Mental Health Among Black Americans". Social and Personality Psychology Brownbag. Texas A&M University at College Station.

RESEARCH AND PROFESSIONAL TRAINING

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| 2021-2021 | Michigan Center for Urban African American Aging Research (MCUAAAR) and Program for Research on Black Americans (PRBA) Summer Mentoring Workshop for Advanced Doctoral Students, University of Michigan. |
| 2017-2017 | Minority Training Program for Cancer Control Research (MTPCCR), University of California, Los Angeles. |
| 2013-2015 | Ronald E. McNair Post-Baccalaureate Achievement Program, University of North Carolina at Chapel Hill, Carolina Higher Education Opportunity Programs. |

RESEARCH EXPERIENCE

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| 2021-2022 | Graduate Student Research Assistant, <i>UCLA Fielding School of Public Health, UCLA Center for Health Policy Research</i> , Faculty: Dr. Courtney S. Thomas Tobin.
Key Project: LA County Department of Public Health African American Infant and Maternal Mortality (AAIMM) Prevention Initiative Evaluation
Key Responsibilities: Collaborated to develop surveys and questionnaires. Conducted key informant interviews. |
| 2019-2019 | Graduate Student Research Assistant, <i>UCLA Fielding School of Public Health</i> , Faculty: Dr. Courtney S. Thomas Tobin.
<i>Key Project: Racial Self-Awareness Framework of Race-Based Stress, Coping, and Health</i>
Key Responsibilities: Conducted literature searches, outlined and drafted manuscripts, read, analyzed, and coded transcripts for a qualitative project examining racial self-awareness and its implications for Black Americans. |
| 2015-2016 | Research Assistant, <i>University of North Carolina at Chapel Hill School of Social Work, Behavioral Healthcare Resource Program</i> .
Key Responsibilities: Completed data entry and analysis for Independent Peer Review, Mental Health First Aid, and Cultural Humility, for reports to the Division of MH/DD/SAS. Researched material for production of instructional multimedia for use in culturally |

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sensitive professional trainings.

2011-2015 Research Assistant, *University of North Carolina at Chapel Hill, Classroom Memory Study*.
Key Responsibilities: Transcribed conversations which were later interpreted and used to assess the basis of cognitive development in children. Filed documents, replicated DVDs, completed data entry, and folder coded various assessments and activities used within the study.

TEACHING EXPERIENCE

Winter 2022 **Co-Instructor**, Texas A&M University at College Station
Course Title: Psychological Determinants of Health Disparities (PSYC 445)
Undergraduate Course
Key responsibilities: Prepared and led interactive lectures twice per week. Graded student assignments and provided feedback.

Winter 2021 **Teaching Assistant**, *UCLA Fielding School of Public Health*,
Faculty: Dr. Jennifer Wagman
Course Title: Foundations of Public Health (PH 200B)
Graduate Course, MPH students
Key responsibilities: Served as TA for Community Health Sciences (CHS) portion of course. Held weekly office hours (1 hour), attended preparation meetings with section faculty, co-managed virtual sessions via Zoom, including: monitoring and recording attendance, monitoring chat messages, answering student questions, facilitating breakout rooms, uploading class recordings to the course website, check course email, and collaboratively developing exam questions, grading assignments, and exams for approximately 120 students.

Fall 2020 **Teaching Assistant**, *UCLA Fielding School of Public Health*,
Faculty: Dr. Hiram Beltrán-Sánchez
Course Title: Foundations of Public Health (PH 200A)
Graduate Course, MPH students
Key responsibilities: Served as TA for Community Health Sciences (CHS) portion of course. Held weekly office hours (1 hour), attended preparation meetings with section faculty, co-managed virtual sessions via Zoom, which included: monitoring and recording attendance, monitoring chat messages, answering student questions, facilitating breakout rooms, uploading class recordings to the course website, checking course email, and collaboratively developing exam questions, grading assignments, and exams for approximately 120 students.

Fall 2019 **Teaching Assistant**, *UCLA Fielding School of Public Health*,
Faculty: Dr. Gilbert C. Gee
Course Title: Foundations of Community Health Sciences (CHS 210)
Graduate Course, MPH students
Key responsibilities: Led a weekly discussion section for one hour, held weekly office hours (1 hour), collaboratively developed exam questions, graded assignments, and exams.

PROFESSIONAL EXPERIENCE

2020-2021 Center Coordinator, *Center for the Study of Racism, Social Justice & Health*.

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2018-2019	Mentee, <i>UCLA Fielding School of Public Health, Fielding School of Public Health Alumni Mentorship Program.</i>
2018-2018	Intern Supervisor, <i>Community-Campus Partnerships for Health.</i>
2017-2018	Programs Assistant, <i>Community-Campus Partnerships for Health.</i>
2017-2017	Public Health Social Work Practicum Student, <i>UNC Center for Health Equity Research (RWJF Clinical Scholars Program); UNC Chapel Hill.</i>
2017-2017	Public Health Social Work Practicum Student, <i>Community-Campus Partnerships for Health.</i>
2016-2017	Program Assistant for Health Equity, <i>UNC Office of Student Wellness; UNC Chapel Hill.</i>
2016-2016	Graduate Assistant, <i>UNC Center for Student Success and Academic Counseling; UNC Chapel Hill.</i>
2015-2016	Social Work Practicum Student, <i>Compass Center for Women and Families; Chapel Hill, NC.</i>

CONSULTANCY EXPERIENCE

2018-Present	<p>Programs Consultant, Community-Campus Partnerships for Health. <i>Key Project(s):</i> Introduction to Structural Racism Intensive; Manuscript Development; Intern Co-Supervision (2021)</p> <ul style="list-style-type: none">• Standardized materials (i.e., presentation outline for modules and PowerPoint slide decks).• Established a general timeline for project management of future intensives, including schedules for each task and delegated task leaders.• Updated workbook and resource guide.• Developed outline for 2 manuscripts and led first drafts.• Provided co-management of organizational interns when needed. <p><i>Key Project:</i> Introduction to Structural Racism Intensive (2020)</p> <ul style="list-style-type: none">• Established a working 4-month timeline that delineated necessary tasks for the transformation of an in-person intensive to a virtual platform.• Created a task delegation document for the project team, including due dates and materials.• Drafted a schedule of events for multi-day virtual intensive.• Contributed feedback to curriculum development of multi-day intensive.• Developed participant workbook and 40-page participant resource guide.• Crafted a 10-question pre-assessment evaluation to be completed by participants of the intensive. <p><i>Key Project:</i> Dismantling Structural Inequalities Intensive (2019)</p> <ul style="list-style-type: none">• Collaborated with the co-host organization to coordinate administrative and content details.<ul style="list-style-type: none">○ Developed participant workbook○ Created participant resource guide
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- Crafted and organized agenda for two-day intensive
- Co-planned and co-facilitated workshop focused on how arts-based authentic partnerships can be used to dismantle structural inequalities

Key Project: Structural Inequalities Intensive (2018)

- Contacted speakers, assisted with securing location, recruitment, secured bus transportation, developed registration form, monitored registration, completed honorarium forms, facilitated email correspondence with participants.
- Co-planned and co-facilitated a workshop focused on how authentic partnerships.

2017-2017

Program Development and Proposal Consultant, Centre for Studies in Rural Development Institute of Social Work & Research (Ahmednagar, India)

Key Project: Adolescent Program for Gender Equity (grant proposal)

PROFESSIONAL AFFILIATIONS

Affiliate, California Center for Population Research

Affiliate, Center for the Study of Racism, Social Justice & Health

Member, Interdisciplinary Association for Population Health Science

Member, Community-Campus Partnerships for Health

Member, Society for Social Work Research

PROFESSIONAL SERVICE

2021-Present	Peer review journal reviewer; <i>Child Development, Journal of Education.</i>
2021-Present	Founding Member; Doctoral Student Committee; <i>UCLA Fielding School of Public Health, Department of Community Health Sciences.</i>
2021-Present	Alumni Panelist; McNair Scholars Program Networking Hour; <i>UCLA Fielding School of Public Health.</i>
2021-Present	Alumni Panelist; Minority Training Program in Cancer Control Research (MTPCCR); <i>UCLA Fielding School of Public Health.</i>
2019-2020	Chair; 2020 UCLA Minority Health Conference, Center for the Study of Racism, Social Justice, & Health; <i>UCLA Fielding School of Public Health.</i>
2019-2019	Co-Facilitator, Excel Skills Workshop; <i>UCLA Fielding School of Public Health, Department of Community Health Sciences.</i>
2019-2019	Doctoral Student Representative; <i>UCLA Fielding School of Public Health, Department of Community Health Sciences.</i>
2019-2019	Planning Committee Member, <i>UCLA Minority Health Conference.</i>
2019-Present	Panelist, Admitted Students Day <i>UCLA Fielding School of Public Health, Department of Community Health Sciences.</i>
2018-Present	Mentor, PILOT Mentorship Program; <i>UCLA.</i>
2017-2018	Selection Committee, Black Communities: A Conference for Collaboration; <i>UNC Chapel Hill.</i>

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2016-2017	Student Leadership Advisory Committee, Office of the Vice Chancellor; <i>UNC Chapel Hill</i> .
2013-2017	College Preparation Coach; <i>UNC Upward Bound</i> .
2013-2017	Pre-College Mentor; <i>UNC Upward Bound</i> .
2016-2017	Student Ambassador; <i>UNC School of Social Work</i> .
2016-2017	Tri-Chair, Black Student Caucus; <i>UNC School of Social Work</i> .
2016-2016	Co-Chair, Speaker's Committee; 37 th Annual UNC Minority Health Conference; <i>UNC Chapel Hill</i> .
2015-2017	Graduate Panelist; <i>UNC McNair Scholar Program</i> .

SKILLS

5+ years of research experience, CITI certified, Proficiency in SPSS, Stata, Excel, and EpiInfo 7.1, Experience in program proposal, development, and evaluation, Experience in report development, Intermediate proficiency in Spanish

References Available Upon Request.