Cross System Quagmire: Protecting Black Girls and Young Women

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- Recognize and understand the *legacy* of *oppression* and *trauma*, as well as the *resilience* and *strengths* of Black/African American girls and young women
- Translational research as a mirror for innovative practice
- Describe practical approaches to build collaborations and partnerships with organizations who serve system-involved Black girls and young women

Overview



The *legacy* of *oppression* and *trauma* and the *resilience* and *strengths* of Black/African American girls and young women



- Criminality behavior, i.e., violence that could be considered a risk factor or part of a strategy by some youth to sustain resilience;² links between criminality, school experiences and coping³
- Adultification a term used in this report to refer to the perception of Black girls as less innocent and more adult-like than white girls of the same age^{4,29}
- Protective (risk) factors factors that modify or ameliorate the effects of risk⁵
- Health equity value underlying a commitment to reduce and ultimately eliminate health disparities⁶
- Community-based participatory research stakeholders/community members become active participants in many phases of the research²⁰
- Crime desistance phenomena of giving up crime⁷
- Healing/healing centered engagement holistic involving culture, spirituality, civic action and collective healing; healing centered approach views trauma not simply as an individual isolated experience, but rather highlights the ways that trauma and healing are experienced collectively^{8,34}
- Youth punishment system-involved youth or young adults involved with youth punishment system, i.e., police contact, court, detention, jail, prison or corrections³²

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Definitions



- Historical trauma²⁸
 - Enslavement and Black girls and women²⁸

Adultification²⁹

Post Traumatic Slave Syndrome²⁸

Background

And ain't I a woman? I have borne thirteen children, and seen most all sold off to slavery and when I cried out with my mother's grief none but Jesus heard me! And ain't I a woman?

Instanten Note

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Sojourner Truth

- Black youth are overrepresented in the youth punishment system (YPS). In North Carolina:³³
 - 40% of the referrals in schools are to the YPS for minor, nonviolent offenses
 - 9.2 out of every 10,000 Black students were arrested compared to only 1.6 white students
- Black/African American girls are:9,10
 - The fastest growing group involved with YPS
 - Often bear the burden of undiagnosed or misdiagnosed mental health problems like trauma, etc.



- Need to establish correlates of *health and mental health disparities* for *Black/African American girls* who are both understudied and underserved.¹⁰
- Investigations of salient strengths and protective (not just risk) factors are critical to culturally tailoring targeted prevention and intervention strategies. ¹⁰

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Translational research as a mirror for innovative practice³⁴

Criminal Justice & Behavior Journal

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THE INFLUENCE OF FAMILIAL AND PEER SOCIAL SUPPORT ON POST-TRAUMATIC STRESS DISORDER AMONG BLACK GIRLS IN JUVENILE CORRECTIONAL FACILITIES

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Study Aim and Hypotheses

- Aim: Explore and establish correlates of individual, peer, and family constructs and their relationship to posttraumatic stress disorder – PTSD symptoms across a single sample of Black girls with histories of juvenile justice involvement in Atlanta, GA.
 - Hypothesis 1: Future orientation, self-esteem, and caregiver social supports would be associated with lower PTSD symptoms.
 - Hypothesis 2: Higher levels of negative peer norms and abuse history would correlate with greater PTSD symptoms.



Sample, Measures and Analysis





Sample and Procedures¹⁰

- Indicated sample of Black girls aged $12-17 (N = 188)^{10}$
- Data obtained from the Imara parent study with girls in detention in Atlanta, GA¹¹
- Questions about were administered with computer assisted interviewing (ACASI) technology¹⁰⁻¹¹
- This study is a secondary analysis of exempt data, so no further IRB approval was required.

Construct	Sample Item	Reliability			
PTSD symptoms (DV)	Modified self-report version of the 17-item PTSD Symptom Scale Self-Report (PSS-SR). ^{10,12-13}	α = .94			
*History of Abuse (IV)	Cumulative childhood abuse that is specific to abuse and does not include other forms (e.g., neglect) of victimization.	α = .66			
*Caregiver Support (IV)	10 items used in prior research (α = .858) ¹⁵ Response categories ranged from 1 (never) to 5 (always), where higher scores indicated more caregiver support.	α = .86			
*Negative Peer Norms (IV)	17-item scale ¹⁶ ; Responses summed into a final scale (range = $0-51$) and higher scores indicated more support from deviant peers.	α = .92			
Future orientation (IV)	Modified 10-item scale ^{14,17} with items derived from Coopersmith's Self-Esteem Inventory. ¹⁸	α = .95			
*Self-Esteem (IV)	10 items of the Rosenberg Self-Esteem Scale15 (α = .843). ¹⁹	α = .90			

*Measures created in the larger study to assess participants' demographic and behavioral factors.¹⁴⁻¹⁵



Analytical Plan

- Girls reported moderate abuse histories reported a decrease in PTSD.
- Bivariate correlation analyses were conducted to examine the associations between all study variables: PTSD symptoms (DV), history of abuse, caregiver support, negative peer norms, selfesteem, future orientation (IV), and age (Covariate).
- Multiple regression analysis conducted, and all independent variables were entered simultaneously into the model to determine their relationship to the dependent variable PTSD symptoms, controlling for the effects of age.
- The regression model was conducted with the total score of PTSD symptoms as the outcome variable associated with the independent variables.

Results and Conclusions 16

Girls reported moderate abuse histories reported a decrease in PTSD.

- Girls who reported *lower levels of caregiver support* reported *a decrease in PTSD.*
- Girls who reported positive, higher levels of negative peer norms reported a slight increase in PTSD.
- Girls with <u>protective factors</u> reported higher levels of self-esteem and future orientation had lower levels of PTSD.

Results and Conclusion

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Table 1. Descriptive Statistics $(N = 188)$					
Variable	Mean	SD	Range		
PTSD symptomology	31.45	13.47	17-68		
History of abuse	0.40	1.10	0.1-3.0		
Caregiver support	30.00	5.73	13-40		
Negative peer norms	31.02	8.35	6-40		
Self -esteem	3.16	0.53	1-5		
Future orientation	17.42	9.82	0-51		
Age	15.32	1.05	12-17		

Girls with protective factors: higher levels of self-esteem and future orientation had lower levels of PTSD.

Discussion

- Future orientation and self-esteem, but not caregiver social support were associated with lower PTSD symptoms, so H1 was partially supported by our findings.
- Our study findings also reflect the need to examine structural and systemic factors like racism, poverty, violence, system-involvement as well as other protective factors like racial identity and personal agency to unpack inequality and build supports that foster healing and growth.
- Higher levels of negative peer norms but not abuse history were associated with greater PTSD symptoms, so H2 was also partially supported by our findings.

Limitations

- Limitations of a secondary dataset.
- PTSD was not a clinical measure as it was selfreported.
- What is the possible role of racism and discrimination, adverse childhood experiences (ACEs) or other system involvement?
- We examined direct relationships but there could be interrelated and mediating pathways accounting for PTSD among this population.

Limitations

Future research should:

- Consider healing approaches to address trauma, stress and PTSD and highlight girls' strengths
- Focus on intergenerational trauma
- Use critical theories like Critical Race Theory and Intersectionality
- Utilize mixed methods approaches

Strengths

- Black girls involved with the youth punishment system are both understudied and underserved
- Practical significance of findings for individuals that work with Black girls or women involved with the youth punishment system
- Findings contribute to understanding about the needs of Black girls with PTSD and the need to heal relationships with their parents/caregivers

Conclusions

- Build and enhance parent/caregiver/family functioning that is associated with their responses to girls' trauma, abuse and PTSD.
- Bolster positive internal self images and hope given the protective effects of self-esteem and future orientation.
- Clinical services that address untreated trauma and promote healing and well-being can moderate and reduce the effects of trauma and PTSD are needed to increase crime desistance.

ICRC-S Injury Control Research Center for Suicide Prevention

Building a Partnership for Research with Juvenile Justice-Involved Youth

By: Camille R. Quinn, PhD, AM, LCSW

Wednesday, June 14, 2017

Why Is a Partnership Between Researchers and Practitioners So Important?

Developing a partnership between researchers and practitioners is vital for many reasons. Practitioners can help to identify research needs and may have the best knowledge of the research participants.



Describe practical approaches to build collaborations and partnerships with organizations who serve system-involved Black girls and women



ce of the Offo ic Defender COLUMBUS ANDREW J. GINTHER, MAYOR

Collaborations and Partnerships

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SB256 PASSES

Dr. Camille Quinn provided written testimony in support of SB256

SB256 heads to the Governor's desk for signature

The bill provides timelines for board review of parole eligibility for juvenile offenders serving extended (life) prison sentences, per request from the Ohio Public Defenders Office.

Collaboration with the Office of the Ohio Public Defender resulted in my expert testimony that contributed to the passage of SB256! Social work advocacy in ACTION!!
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WHAT WILL WE LEAVE BEHIND?

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- Dean Ramona Denby-Brinson & the UNC Chapel Hill School of Social Work and community
- BIPOC girls and women
- Practitioners, advocates, allies, students and scholars committed to this work
- Imara study participants
- Co-authors: Donte Boyd, B.K. Elizabeth Kim, Sujeeta E. Menon, Patricia Logan-Greene, Esosa Asemota, Ralph DiClemente, Dexter Voisin
- Ohio collaborators and partners

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Resources

- 1. Celebrating Strengths of Black Girls: Youth Development. <u>https://csd.wustl.edu/items/celebrating-strengths-of-black-girls-an-intersectionality-approach/</u>
- 2. Black Girls Breaking Silence on School Push-Out

https://www.youtube.com/watch?v=y0AmxZMgpQ&ab_channel=GirlsforGenderEquityNYC

- 3. Black Girls Matter: Pushed Out, Overpoliced, and Underprotected. <u>https://www.atlanticphilanthropies.org/wp-</u> <u>content/uploads/2015/09/BlackGirlsMatter_Report.pdf</u>
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 Gendered racism of the Women's suffrage movement^{30,31}

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- Role of Black women
- Oppression



Results and Conclusion

Variables	В	β	SE	p value
PTSD symptomology				
History of abuse	8.28	0.22	2.70	.003**
Caregiver support	- 4.39	-0.17	1.75	.013*
Negative peer norms	0.31	0.23	0.10	.001***
Self-esteem	-0.38	-0.16	0.18	.031*
Future orientation	-0.30	-0.18	0.12	.012*
Age	-0.75	-0.06	0.86	.38
Girls reported abuse historic a decrease in	es reporte			2

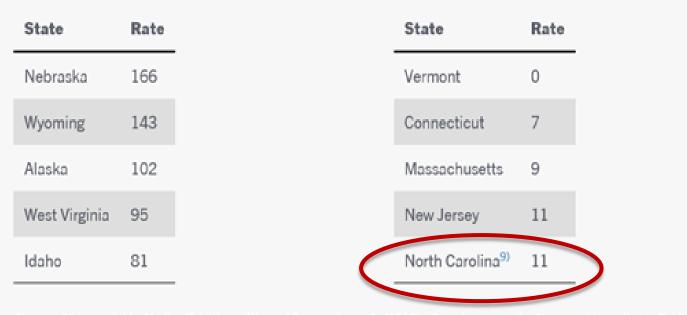
Results and Conclusion

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Future orientation	-0.30	-0.18	0.12	.012*
Δσe	-0.75	-0.06	0.86	.38
Girls who repor	ted			
lower levels of				
caregiver suppo	ort			2
reported a decrease in				2
PTSD.				

Results and Conclusion

Table 3. Multiple Regression A Variables	B	β	SE	p value
PTSD symptomology				•
History of abuse	8.28	0.22	2.70	.003**
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Δσe	-0.75	-0.06	0.86	.38
Girls who repor	ted			
positive, higher	levels			
of negative pee				_
reported a sligh			30	
increase in PTS				

Highest and Lowest State Rates of Confinement for Girls (per 100,000), 2017⁸⁾ Highest Incarceration Rates



Source: Sickmund, M., Sladky, T.J., Kang, W., and Puzzanchera, C. (2017) "Easy Access to the Census of Juveniles in Residential Placement." Online. Available: http://www.ojjdp.gov/ojstatbb/ezacjrp/.

PTSD symptoms (DV)

- Modified self-report version of the 17-item PTSD Symptom Scale Self-Report (PSS-SR)^{10,12-13}
- Describe the frequency and severity of problems (0 = not at all or only one time to 4 = 5 or more times per week/almost always; range = 17–68)
- Cronbach's alpha for the scale is .94.
 - *"Having bad dreams or nightmares about the trauma"*
 - "Reliving the trauma, acting or feeling as if it was happening again"

*History of Abuse (IV)

- Cumulative childhood abuse that is specific to abuse and does not include other forms (e.g., neglect) of victimization
- 3-point scale (range = 0.1–3.0) with higher scores indicating more abuse
- Response category was 1 (yes) or 0 (no). Responses were summed to a
- Cronbach's alpha for this scale was .66
 - "Have you ever been emotionally abused?"
 - "Have you ever been physically abused?"
 - "Has anyone ever forced you to have vaginal sex when you didn't want to?"

*Caregiver Support (IV)

- 10 items used in prior research (α = .858)¹⁵
- Response categories ranged from 1 (never) to 5 (always), where higher scores indicated more caregiver support.
- Three items were negatively scored, so they were reversed scored.
- Cronbach's alpha for this scale was .86.
- Participants responded to items such
 - as:
- *"I can count on my primary caregiver when I need to get something off my chest"*

*Negative Peer Norms (IV)

- 17-item scale¹⁶
- Response categories for each question ranged from 0 to 3 (0 = none of them, 1 = some of them, 2 = most of them, 3 = all of them)
- Responses summed into a final scale (range = 0–51) and higher scores indicated more support from deviant peers.
- Cronbach's alpha for this scale was .92.
 - Participants responded to questions like
 - "How many of your friends engage in the following behaviors: skipping school, stealing, using drugs or alcohol, & hitting people?"

*This measure was created in the larger study to assess participants' demographic and behavioral factors.¹⁴⁻¹⁵

Future orientation (IV)

- Modified 10-item scale^{14,17}
- with items derived from Coopersmith's Self-Esteem Inventory¹⁸
- Response categories ranged from 1 (very low) to 4 (really high), where higher scores indicated higher future orientation (range = 6–40).
- Cronbach's alpha for this scale was .95.
- Participants responded to items such as:
 - "You will graduate from high school"
 - "You will be respected in your community."

*Self-Esteem (IV)

- 10 items of the Rosenberg Self-Esteem Scale¹⁵ (α = .843).¹⁹
- Response categories ranging from 1 (strongly disagree) to 4 (strongly agree), where higher scores indicated greater self-esteem (range = 13–40).
- Cronbach's alpha for this scale was .90.
 - Examples of items were:
 - "I feel that I have a number of good qualities"
 - "I feel that I am a failure"

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*This measure was created in the larger study to assess participants' demographic and behavioral factors.14

Practical Approaches

- Search for and identify "common ground"²⁷
- Identify and capitalize on the assets already present
- Create exercises to identify ways that clients self soothe
- Broaden your network of colleagues to develop relevant approaches
- Embrace the client's authentic response
 - Resistance is often how Black women and girls demonstrate personal agency²⁶

medium.com

The Future of **Healing: Shifting** From Trauma Informed Care to **Healing Centered** Engagement

Practical Approaches

Healing Centered-Engagement²⁵

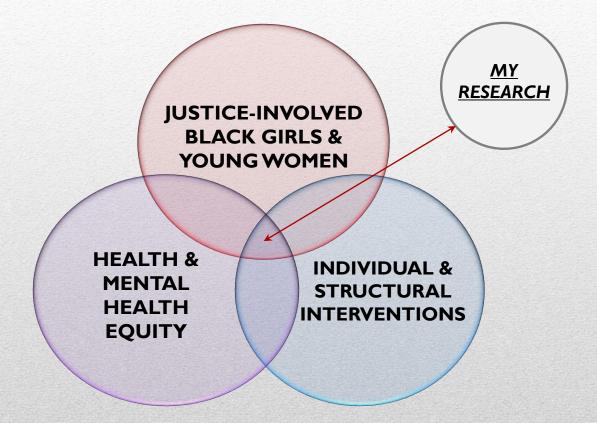
- Holistic shift in how we view trauma, its causes and its intervention
- Involving culture, spirituality, civic action, collective healing
- Develop your story and share it with your clients
- Learn about racism, historical and collective trauma, sexism, privilege, and interrogate your own life experiences
 - Your BEST you is your best TOOL

Use theories and frameworks you like to address sensitive or controversial topics²⁶

Critical race and Mixed Critical Multiracial theories to have dialogues about race, racism or racial identity



Interdisciplinary Research Agenda



Social Work Practice Experience











Interdisciplinary Research Training





Urban Youth Trauma Center Institute for Juvenile Research University of Illinois at Chicago







Black Girls Breaking Silence on School Push-Out 50