

# **Health Disparities Among Older Adults**

## **Program Description**

This program will cover the topic of Health Disparities in Older Adults. Participants will gain an understanding of various health disparities and why older adults are particularly susceptible to the effects of such health disparities. The presenter will share the latest research in health disparity prevalence and trends. In addition, the workshop will cover how health professionals' awareness of health disparities can help reduce them and support care recipients.

This program will further explore the impact of intersecting identities as they impact older adults. Special emphasis will be spent talking about how COVID has impact this population.

## **Learning Objectives**

Upon completion of this workshop, participants should be able to:

1. Explain what a health disparity is.
2. Examine ways they have seen health disparities at play in their work.
3. Distinguish between what a health disparity is and what they are not.
4. Identify way in which they can reduce health disparities for Older Adults.
5. Analyze ways in which the structures in their organization promote health disparities and identify stereotypes that impede patient care.
6. Discuss how they may be a part of changing those structures to create change.

## **Target Audience**

Health and Human Service Professionals who work with Older Adults and their caregivers.

## **Contact Hours**

2.0 credit hours

## **Program Agenda**

9 AM to 10:00 AM	Health Disparities and the Impact on Older Adults Latest Research on Health Disparities Reducing Health Disparities/Supporting Care Recipients
10:00 AM to 10:15 PM	Break
10:15 AM to 11:00 AM	Intersecting Identities and Older Adults Impact of COVID-19

## **Faculty**

**Annamae T. Giles, MSW**, is a Clinical Assistant Professor at UNC-Chapel Hill, School of Social Work, and has been with the school since 2014. She received her MSW from the University of Kentucky and a BA in psychology from Northern Kentucky University. She has spent her career in both macro and direct practice in the areas of healthcare, end of life, substance use prevention, and aging. Annamae has taught classes on adult development,

social welfare policy, and field education. Annamae has received the Dean's teaching award twice. She regularly leads talks in the community on practical aging topics. Currently Annamae works as a project coordinator in the Cares program at the school of Social Work, Cares works to facilitate systems change with and for adults of all ages.