

Rebecca Joy Brunson-Nsubuga

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Licensures and Certifications:

Licensed Marriage and Family Therapist (LMFT)	October 2010
-AAMFT Approved Supervisor	February 2017
Licensed Clinical Addictions Specialist (LCAS)	April 2012
-Certified Clinical Supervisor (CCS)	April 2017
Internationally Certified Advanced Alcohol & Drug Counselor (ICAADC)	May 2012

Education:

Appalachian State University
Master of Arts: Marriage and Family Therapy (COAMFTE accredited) Boone, NC
August 2009

- Certificate: Addictions Counseling
- Graduated *Summa Cum Laude*

Francis Marion University
Bachelor of Science: Psychology Major/ Business Minor Florence, SC
May 2006

- Graduated *Cum Laude* with University Honors
- Honors Thesis: *Preferred parenting styles among college students*

Executive Leadership Coaching
• Completed Leadership Versatility Index-LVI 360
• Completed Hogan Derailer Assessments
• Completed Oxford Leadership Academy
Durham, NC
December 2018-present

Work Experience:

RI International ~ A DBA of Recovery Innovations, Inc.

Cumberland Recovery Response Center (Formerly The Roxie Center) Fayetteville, NC
Recovery Services Administrator II-Site Director May 2019-present

- Successfully responded to RFP process for Fayetteville crisis facility and obtained contract.
- Implemented marketing efforts to rebrand crisis center for Fayetteville Community
- Collaborated with Quality and Compliance, architect, as well as CFO to determine renovation plan for facility.
- Successfully reviewed and negotiated contracts and lease agreement.
- Developed startup plan for facility including startup funding needed.
- Crisis Facility with 10 chair observation unit and 16 bed facility-based crisis unit to open 1st quarter of 2020.

Durham Recovery Response Center (Formerly Durham Center Access) Durham, NC
Recovery Services Administrator II- Site Director November 2015-present

- Executed the Durham Recovery Response Center for RI International on January 1, 2016.
- Director for 16-bed facility-based crisis and 10-Chair Observation Unit specializing in mental health stabilization and non-hospital medical detoxification services for voluntary and involuntary individuals.

- Developed and implemented daily operations and processes including referrals, admissions, discharges, incidents, grievances, and daily treatment schedules.
- Initiated weekly treatment team meeting with interdisciplinary team members in order to coordinate client treatment and provide stabilization services as well as connect clients to aftercare
- Monitored scheduling for 120+ staff members as well as work responsibilities, work expectations, productivity, and adherence to agency policies and procedures.
- Trained all staff on crisis management, documentation, ethics, professionalism, and agency policy and procedure.
- Provided supervision for provisionally licensed and licensed clinical staff.
- Structured and facilitated staff meetings for all clinical and recovery staff, developed trainings plans for clinical and recovery staff, and supported training for all staff.
- Completed Risk Analysis in order to develop creative processes and procedures for maintaining high standard levels for client satisfaction reports, internal and external audit scores/reporting, and capacity management percentages. Successfully met all goals for 2016 and 2017 including diversion numbers, capacity and admissions numbers, and safety ratings.
- Active member of the Durham Crisis Collaborative, Durham Crisis Intervention Leadership Team, and Durham Stepping Up Initiative, Durham LEAD initiative, Homeless Initiative, and Substance Use Collaborative. Started Internship initiative with two local universities.
- Steered Renovation project to completely renovate 80% of the building (27,000 sq. ft.) in order to increase safety and therapeutic aspects of building while remaining completely operational.
- Lead RI International's company-wide objective to develop policies, procedures, and trainings as well as develop services related to substance use/medication assisted treatment in all target markets in five states.
- Contracted for two additional behavioral health services with Durham Community and in current negotiations to start three additional behavioral health services.
- Collaborated with multiple State Behavioral Health Leaders through RI International's consulting arm to provide guidance and feedback to facilities using the CrisisNow model for crisis services.
- A robust understanding of Joint Commission Accreditation and Standards for facility, staff knowledge, and client care.

Henderson Recovery Response Center

*Recovery Services Administrator II-Site Director
Clinical Director*

Henderson, NC

June 2015-December 2015
November 2013-June 2015

- Director for 10-bed facility-based crisis agency specializing in mental health stabilization and non-hospital medical detoxification services for voluntary and involuntary individuals
- Monitored daily operations and processes including referrals, admissions, discharges, incidents, grievances, and daily treatment schedules.
- Initiated weekly treatment team meeting with interdisciplinary team members in order to coordinate client treatment and provide stabilization services as well as connect clients to aftercare
- Monitored scheduling for 35-40 staff members as well as work responsibilities, work expectations, and adherence to agency policies and procedures
- Developed and facilitated staff meetings and trainings for all disciplines including registered nurses, peer support specialists, and qualified professionals to enhance clinical skills and treatment.
- Developed creative processes and procedures for maintaining high standard levels for client satisfaction reports, internal and external audit scores/reporting, and capacity management percentages (Increased capacity standards by 20%).
- Developed positive relationship with LME (local management entity) as well as referring and aftercare agencies
- Active member of the Five County Provider Council and Five County Stepping Up Initiative

Relatively Speaking Therapeutic Center

Private Practice Owner

Holly Springs, NC

June 2015-present

- Maintained positive therapeutic relationship with caseload of 10-12 clients by providing comprehensive assessments as well as couples, family, and individual therapy.

- Focused on treatment for depressive disorders, anxiety disorders, mood disorders, substance use disorders, and adjustment disorders for referrals from military (Tricare), EAP (employment assistant program), private insurance (MHN, BCBS), and self-referral.
- Promoted therapeutic change through Emotion-Focused therapy, Structural family therapy, Solution-Focused Therapy, Brief Strategic Therapy, and Bowenian family therapy
- Providing Supervision for marriage and family therapy students and licensure candidates as well as candidates for certified substance abuse counselor (CSAC) and licensed clinical addiction specialists (LCAS)
- Conducting Trainings on Crisis Prevention, Addictions Treatment, and Family Systems.
- Contracted with Wake AHEC to provide trainings and presentations on Couples Therapy, Family Therapy, and Crisis Intervention Team webinars

Systemic Health Resources, Inc

Private Practice Contractor

Raleigh, NC

January 2013-December 2015

- Maintained positive therapeutic relationship with caseload of 10-15 clients by providing comprehensive assessments as well as couples, family, and individual therapy.
- Focused on treatment for depressive disorders, anxiety disorders, mood disorders, and adjustment disorders for referrals from military (Tricare), EAP (employment assistant program), private insurance (MHN, BCBS), and self-referral.
- Promoted therapeutic change through Emotion-Focused therapy, Structural family therapy, Solution-Focused Therapy, and Bowenian family therapy
- Providing Supervision for marriage and family therapy students and licensure candidates as well as candidates for certified substance abuse counselor (CASC) and licensed clinical addiction specialists (LCAS)
- Conducting Trainings on Crisis Prevention, Addictions Treatment, and Family Systems.

Southlight Healthcare, Inc

Counselor II

Raleigh, NC

March 2011-November 2013

- Maintain positive therapeutic relationship with a caseload of 50-65 clients by providing comprehensive assessments as well as individual, couples, family, and group therapy
- Enhanced the substance abuse program and agency by assessing for need of clients and meeting that need by starting appropriate couples and family therapy services
- Completed appropriate documentation for client treatment including person centered plans (PCPs), comprehensive clinical assessments (CCAs), authorizations (ITRs, ORFs), NC-Topps, and clinical notes
- Developed, implemented, and evaluated pregnancy and post-partum outpatient program for women with substance use disorders utilizing medication assisted treatment including group therapy, individual therapy, family therapy and community involvement (WakeMed, UNC, local churches, Le Leche League).
- Facilitated substance abuse intensive outpatient group (SAIOP), family therapy group, recovery group, parenting class and orientation group
- Participated in weekly treatment team meeting with interdisciplinary team members in order to coordinate client treatment and provide comprehensive holistic care including primary care, psychiatry, spiritual services, and medication assisted treatment
- Enhanced leadership skill set by developing and leading the SAIOP Team, supervising interns, and training new counselor employees

Daymark Recovery Services

Human Service Clinician

Buies Creek, NC

October 2009-March 2011

- Provided clinical evaluations and assessments including gathering background information, presenting treatment recommendations and diagnoses, and coordinating appropriate services with clients and their families including adults and children.
- Provided emergency services including preventative crisis plans, safety plans, and substance abuse and/or mental health inpatient placements
- Maintained therapeutic relationships with a caseload of individuals-children and adults, couples, and families by providing individual, family, and group therapy
- Trained in Dialectical Behavioral Therapy (DBT) and Motivational Interviewing (MI)

- Promoted therapeutic change through Emotion-Focused therapy, Structural family therapy, Narrative family therapy, and Bowenian family therapy

New River Behavioral Healthcare

1-year Clinical Internship

Jefferson, NC
August 2008 – August 2009

- Maintained therapeutic relationships with a caseload of 10-30 diverse clients: children, families, individuals, and couples with a range diagnosis through intensive in home and agency settings
- Co-facilitated an Adolescent Dialectic Behavioral Therapy (DBT) group, Psychosocial Rehabilitation group (PSR), Family Substance Abuse (SA) Intensive Outpatient (IOP) group, Educational SA group, and General SA IOP group
- Completed documentation including treatment plans, assessments, and progress notes for each client
- Promoted therapeutic change through Structural family therapy, Narrative family therapy, and Bowenian family therapy

Leadership and Involvement:

ITSDA Family Life Association

Spring 2013-present

- Leadership Committee Member

American Association for Marriage and Family Therapy (AAMFT)

- Student Member Fall 2007-2009
- Pre-Clinical Fellow Fall 2009-Fall 2013
- Clinical Fellow Fall 2013-present
- Family Team Committee Member Fall 2017-present
 - Chair for North Carolina Winter 2018-present
 - Engagement Program Leadership Network Winter 2017-present

North Carolina Association for Marriage and Family Therapy (NCAMFT)

Fall 2007-present

- Clinical Member
- Professional Practice Board Chair Winter 2017-present
 - Professional Association Council (PAC) Member Winter 2017- present
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Psi Chi National Honor Society for Psychology

Spring 2004 - present

Appalachian State University:

Student Association for Marriage and Family Therapy (SAMFT)

Fall 2007- August 2009

- Served as SAMFT vice-president Fall 2008 - Spring 2009
- Developed and hosted the “Working with Families” workshop for 80 professionals, students, and professors

Francis Marion University:

Psi Chi National Honor Society for Psychology

Spring 2004 - Spring 2006

- Served as Psi Chi vice-president Fall 2005- Spring 2006

Presentations/Trainings Facilitated:

The Founder: Franchising McDonald’s and Recovery (2018) ~ Co-Presenter, National Council Conference (NATCON)
 Substance Use in the Family System (2018) ~ Presenter, Wake AHEC
 Couples Therapy 101 (2017) ~ Presenter, Wake AHEC
 Family Therapy 101 (2017) ~ Presenter, Wake AHEC
 Crisis Intervention Team (CIT) and the Mental Health System (2017) ~ Presenter, Wake AHEC
 Crisis Services, Vicarious Traumatization, and Compassion Fatigue (2017) ~ Presenter, Pfeiffer University
 Charge for Marriage and Family Therapy Kappa Delta Honor Society Inductees (2017) ~ Guest Speaker, Pfeiffer University
 CrisisTech360 (2017) ~ Co-Presenter, National Council Conference (NATCON)

Women, Mental Health, and Substance Use: A Special Population (2016) ~ Co-Presenter, Addiction Professionals Conference
Crisis Prevention and Techniques Training (2015) ~ Presenter, Community Collaborative Group, Cardinal Innovations
Awareness Marketing Campaign: Interviews, Film, Print Campaign (2015) ~ Participant, Cardinal Innovations-MCO
Crisis and Addiction (2015) ~ Panelist, Pfeiffer University
Sexercise Provides More than Physical Fitness (2014) ~ Couple's Expert, WNCN News Story
Break Free from Unhealthy Thinking (2013) ~ Co-Presenter, ITSDA Family Life Association
Family Forum: Addiction in the Family (2013) ~ Panelist, ITSDA Family Life Association
Pre-Marital forum: The Importance of Selecting a Suitable Partner (2013) ~ Panelist, ITSDA Family Life Association
Marriage and Family Therapy: Identity and Ethical Issues (2013) ~ Presenter, Pfeiffer University
Child and Adolescent Sexual Development (2009) ~ Presenter, Appalachian State University
Unique Divorce Experiences by African American Women (2008) ~ Presenter, Appalachian State University
Alcohol and Drug Abuse in Family Therapy (2008) ~ Presenter, Appalachian State University
Women: The Meaning of Dependence (2008) ~ Presenter, Appalachian State University
Narrative, Structural, and Bowenian Family Therapies (2008) ~ Presenter, Appalachian State University

Certifications:

Wellness Recovery Action Plan (WRAP) ~ Approved Facilitator
Crisis Prevention Institute (CPI), Nonviolent Crisis Intervention (NCI) ~ Approved Trainer

References Available Upon Request