

DENISE (“DEE”) YOOKONG WILLIAMS, MSW, LCSW, CFLE

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Pronouns: They/Them

AREAS OF INTEREST

BIPOC and LGBTQ+ populations | Adolescent and young adult mental health | Suicide prevention and postvention | Depression | Intersectionality | Art-based interventions | School social work | School mental health policy | Mental health service systems | Mental health equity

EDUCATION

University of North Carolina at Chapel Hill (UNC-CH), Chapel Hill, NC Expected 2025
Doctor of Philosophy in Social Work

University of Maryland School of Social Work, Baltimore, MD 2015
Master of Social Work in Clinical Mental Health; 4.13 GPA
The Trauma Education Connections Initiative

Towson University, Towson, MD 2012
Bachelor of Science in Family & Human Services; Art Minor; 3.93 GPA

Payap University, Chiang Mai, Thailand Summer 2011
Education Abroad Network

AWARDS & HONORS

Still I Run Mental Health Ambassador Champion (2023)
Point Foundation Opportunity Grant Recipient (2022)
The American Association of Suicidology Paul G. Quinnett Lived Experience Writing Contest
3rd Place Winner (2021)
Maryland State Senatorial Scholarship Recipient (2013 - 2015)
Maryland State Delegate Scholarship Recipient (2013)
Towson University Graduated with Summa Cum Laude Honors (2012)
Towson University Dean’s List Recipient (2008 - 2012)
Towson University Human Services & Community Development Academic Excellence Award
(2012)
Nonprofit Leadership Alliance Service Award (2012)
Nonprofit Leadership Alliance Excellence Award (2011)
Next Generation Nonprofit Leaders Program Scholar (2011)
Nonprofit Leadership Alliance Career Development Award (2010)
Asian & Pacific Islander American Scholar (2008)
T.A. Barron Prize for Heroes Writing Competition 1st Place Winner (2008)
Maryland Distinguished Art Scholar Honorable Mention (2008)
Howard County Maryland Art Department Senior Showcase Speaker & Presenter (2008)

RESEARCH EXPERIENCE

Transformational Visual Intervention for Exposure With Suicide (Transformational-VIEWS)

Role: Co-Principal Investigator

UNC-CH School of Social Work (SSW), Chapel Hill, NC

2023 - Present

Co-Principal Investigator: Dr. William J. Hall

Leading a pilot mixed-methods research study from design, implementation, and evaluation of preliminary efficacy; created an arts-based intervention for sexual and/or gender minority youth of color who were exposed to suicide and/or experienced a suicide loss in their lives; a community-based suicide prevention arts exhibit will follow to augment the intersectional, lived experiences of queer youth of color who have experienced suicide exposure; co-created the integrated conceptual model, Queer Prevention of Youth Suicidality Model (Queer-PRYSM) to focus on intersectional and multiply marginalized identities (e.g., racial/ethnic identity, gender identity, sexual orientation) as related to mental health outcomes (e.g., depression, suicide risk)

Mental Health First Aid Training Experiences and Outcomes at UNC-CH

Role: Co-Principal Investigator, UNC-CH SSW, Chapel Hill, NC

2022 - Present

Co-Principal Investigator: Dr. Paul Lanier

Creating and leading a qualitative research study to understand the experiences and viewpoints of individuals who have been trained in MHFA at UNC-CH to assess program outcomes; creating and implementing a method for program evaluation for the campus and community-wide Mental Health First Aid training for suicide prevention and mental health crises; analyzing data for improvements; engaging in community tabling events to recruit student and faculty trainees

Charting Trajectories of Sexual Identity Development and Mental Health Disparities Among Sexual Minority Youth

Role: Research Assistant, UNC-CH SSW, Chapel Hill, NC

2021 - Present

Principal Investigator: Dr. William J. Hall

Analyzing data, interpreting results, and writing manuscripts based on a R21 grant from NIH on stress, internalized stigma, and mental health among LGBTQ+ adults; assisting in the development of recruitment materials, designing of data collection methods, and collection of quantitative and qualitative data for a R01 grant from NIH on sexual identity development and mental health trajectories for LGBTQ+ youth

Promoting Community Conversations about Research to End Suicide (PC CARES)

Role: Co-Investigator, School of Social Work, University of Michigan

2020 - 2021

Principal Investigator: Dr. Lisa Wexler

Worked closely with Dr. Wexler to collaborate in formulating, planning, and implementing systematic research on suicide prevention and postvention in the school setting; together, we co-authored a manuscript to disseminate and provide valuable research data to support a R01 funded

research project by NIH on community suicide prevention and postvention best practices (i.e., PC CARES), by promoting community conversations about research to end Native Youth suicide in Rural Alaska

Health Disparities in African-Americans

Role: Volunteer Research Assistant, Family Studies Department, Towson University
2010 - 2012

Principal Investigator: Dr. Sharon Jones-Eversley

Analyzed data and conducted research on racial/ethnic minority groups in the nonprofit leadership sector; conducted a review on health disparities and comorbidities affecting African American individuals and families to present at the Nonprofit Leadership and Management Institute conference in January 2011; supported Dr. Jones-Eversley's work in social epidemiology and community capacity-building in particular with Black individuals and families

PUBLICATIONS

Peer-Reviewed Journal Articles

Williams, D. Y., Hall, W. J., Dawes, H. C., Rizo, C. F., Goldbach, J. T. (2022). An integrated conceptual model to understand suicidality among queer youth to inform suicide prevention. *Societies*, 12(6), 170. <https://doi.org/10.3390/soc12060170>

Dawes, H. C., **Williams, D. Y.**, Klein, L. B., Hirst, L. E., Forte, A. B., Gibbs, D. J., & Hall, W. J. (in press). Experiences of queer people of color in mental health services and substance use treatment services: A systematic review. *Journal of the Society for Social Work and Research*. <https://doi.org/10.1086/721454>

Williams, D. Y., Wexler, L., & Mueller, A. (2022). Suicide postvention in schools: What evidence support our current national recommendations? *School Social Work Journal*, 46(2), 23-69.

Manuscripts Under Review

Hall, W. J., Dawes, H. C., Hannay, J. W., **Williams, D. Y.**, Frey, J. J., Srivastava, A., Chapman, M. V., Chen, D., Ramon, M. E., & Payne, B. K. (revise & resubmit). Development and initial validation of the Implicit Internalized Sexual Orientation Stigma Affect Misattribution Procedure (Internal-SOS-AMP).

Lippold, M. A., Hall, W. J., **Williams, D. Y.**, Jenkins, M., Dawes, H. C., & Mills-Koonce, R. (under review). The relationships between parenting and mental health and substance use outcomes among queer children and adolescents: A systematic review and meta-analysis.

Manuscripts in Preparation

Williams, D. Y., Hall, W. J., Dawes, H. C., Srivastava, A., Radtke, S. R., Bouchard, D., & Chen, W. (in preparation). The relationship between internalized stigma and depression and

suicide risk among queer youth in the United States: A systematic review and meta-analysis.

Dawes, H. C., Eden, T., Hall, W. J., Srivastava, A., **Williams, D. Y.**, & Matthews, D. (in preparation). Which types of social support matter for Black sexual minority men coping with internalized homophobia? Findings from a mediation analysis.

Radtke, S. R., Wretman, C. J., Rizo, C. F., Franchino-Olsen, H., **Williams, D. Y.**, Chen W. T., & Macy, R. J. (in preparation). A systematic review of conceptualizations and operationalizations of youth polyvictimization.

Ware, O. D., & **Williams, D. Y.** (in preparation). Minors receiving community mental health center treatment in the United States 2017 – 2019 and co-occurring high-risk substance use: Implications for psychotherapeutic training and practice.

Williams, D. Y., Hall, W. J., Chapman, M. V., Payne, B. K., Chen, D., Dawes, H. C., & Hannay, J. W. (in preparation). How do intersecting identities among LGBTQ adults relate to implicit internalized stigma? Findings from a national study examining intersections of age, gender, sexual orientation, and race/ethnicity.

Edited Book Chapters

Hall, W. J., **Williams, D. Y.**, Dawes, H. C., Adams, L. B., & Merino, Y. M. (2022). Implicit attitudes and implicit bias in mental health. In H. S. Friedman, C. N. Markey, & W. Lu (Eds.), *Encyclopedia of mental health* (3rd ed.). Elsevier. <https://doi.org/10.1016/B978-0-323-91497-0.00171-5>

PRESENTATIONS

Peer-Reviewed Research Presentations

Lippold, M., Hall, W. J., **Williams, D. Y.**, Jenkins, M., Dawes, H. C., Mills-Koonce, R., & Gouchoe-Hanas, K. (2023, January). *The relationships between parenting and mental health and substance use outcomes among queer children and adolescents: A systematic review*. Poster presented at the annual meeting of the Society for Social Work and Research, Phoenix, AZ.

Jones-Eversley, S., **Williams, D. Y.**, & Fennell, A. (2011, January). *Promotion of nonprofit opportunities to underrepresented groups*. Oral presentation at the Nonprofit Leadership and Management Institute conference, Orlando, Florida.

Community Presentations

Williams, D. Y., LaFountain, S. E., Salapata, C., & Matthews, J. (2021, January). *Building emotional resilience during a pandemic: Self-care strategies presented by the Social*

Emotional Learning Team. Presented virtually to the faculty of Winfield Elementary, Baltimore, MD.

Salapata, C., Matthews, J., LaFountain, S. E., & **Williams, D. Y.** (2020, September). *Self-care during the COVID-19 pandemic*. Presented virtually to the faculty of Winfield Elementary, Baltimore, MD.

Salapata, C., Matthews, J., & **Williams, D. Y.** (2020, August). *Social emotional learning in the virtual setting*. Presented virtually to the faculty of Winfield Elementary, Baltimore, MD.

Williams, D. Y., Salapata, C., & Matthews, J. (2020, January). *Mindfulness for parents and children*. Presented to the families and students of Winfield Elementary during family engagement night, Baltimore, MD.

Williams, D. Y. (2019, October). *Introduction to the incredible 5-point scale: Social-emotional regulation in the classroom*. Presented to educators at Winfield Elementary, Baltimore, MD.

Williams, D. Y., & Matthews, J. (2019, August). *Positive behavior interventions and supports*. Presented at the faculty pre-service orientation for Winfield Elementary staff, Baltimore, MD.

Williams, D. Y., & LaFountain, S. E. (2019, March). *Self-care strategies to prevent burn-out*. Presented to the faculty of Winfield Elementary, Baltimore, MD.

Invited Presentations

Hall, W., Srivastava, A., **Williams, D. Y.**, Baruah, D., & Dawes, H. C. (2023, April). *Advancing equity and transforming mental health and substance use disorder systems through social work advocacy, research, and workforce development*. Invited panelist to present and discuss research on LGBTQIA+-related behavioral health issues at the annual UNC-CH Social Work Legacy Speakers Series, Chapel Hill, NC.

Williams, D. Y. (2022, May). *Career panel of helping professionals*. Invited virtual panelist to discuss professional experiences and a social work career with undergraduate Psychology students, Towson, MD.

Williams, D. Y. (2022, April). *Lived experience writing competition: Stories of recovery and renewal workshop and interactive presentations*. Virtually shared my 3rd-place winning essay at the 55th Annual American Association of Suicidology Conference taking place in Chicago, IL.

Williams, D. Y. (2021, December). *Implicit internalized stigma in sexual minority populations*. Virtual research presentation at UNC-CH's Global Social Development Innovation's Brown Bag Lunch Series, Chapel Hill, NC.

Williams, D. Y. (2017, March). *Towson University Family Studies Panel of Professionals*. Invited return panelist to discuss professional experience and human services careers with undergraduate Family Studies senior students, Towson, MD.

Williams, D. Y. (2016, April). *Towson University Family Studies Panel of Professionals*. Invited panelist to discuss professional experience and human services careers with undergraduate Family Studies senior students, Towson, MD.

RESEARCH SUPPORT & GRANTS

Transformational Visual Intervention for Exposure With Suicide (Transformational-VIEWS)

Role: Co-Principal Investigator

Co-Principal Investigator: Dr. William J. Hall

Funder: Junior Faculty Development Award

2022 – 2023

\$10,000

Program Evaluation for Mental Health First Aid Training at UNC-CH

Role: Doctoral Student Investigator

Principal Investigator: Dr. Paul Lanier

Funder: Triad Foundation & Behavioral Health Springboard

2022 – 2024

Charting Trajectories of Sexual Identity Development and Mental Health Disparities Among Sexual Minority Youth

Role: Doctoral Student Investigator

Principal Investigator: Dr. William J. Hall

Funder: National Institutes of Health (R01MD015109)

2021 – 2025

\$1,522,404

TEACHING EXPERIENCE

Instructor & Facilitator

Williams, D. Y. (Spring 2022). *Peacebuilder education series: Trauma, resilience, & self-care workshop*. Presented to the Duke-UNC Rotary Peace Center Scholars at UNC Global, Chapel Hill, NC.

Williams, D. Y. (Fall 2020, Spring 2021). *An exploration of implicit bias, ourselves, and our schools*. Led a series of short, consecutive trainings and discussions around implicit bias (with a focus on racial and ethnic biases) virtually to the faculty of Winfield Elementary, Baltimore, MD.

LaFountain, S. E., Salapata, C., **Williams, D. Y.**, & Matthews, J. (Fall 2020). *Let's get it done: Executive function support during remote learning*. Presented virtually to the faculty of Winfield Elementary, Baltimore, MD.

Salapata, C., Matthews, J., LaFountain, S. E., & **Williams, D. Y.** (Fall 2020). *The Collaborative for Academic, Social, and Emotional Learning (CASEL) competencies*. Presented virtually to the faculty of Winfield Elementary, Baltimore, MD.

Williams, D. Y., & LaFountain, S. E. (Fall 2019). *The brain architecture game: Trauma and early childhood development*. Presented to the faculty of Winfield Elementary, Baltimore, MD.

Williams, D. Y. (Summer 2019). *Trauma-informed practices for school staff*. Presented at the faculty pre-service orientation for teachers and staff at Winfield Elementary staff, Baltimore, MD.

Williams, D. Y. (Spring 2014). *Basic counseling, motivational interviewing, and stages of change strategies*. Presented to volunteers at Notre Dame Mission Volunteers AmeriCorps staff meeting, Baltimore, MD.

Guest Lecturer

Williams, D. Y. (Spring 2023). *Health and well-being at the intersections of racial identity, sexual orientation, and gender identity*. Lecture presented in PSYC 504: Health Psychology to undergraduate Psychology students at UNC-CH, Chapel Hill, NC.

Williams, D. Y., & Radtke, S. R., & (Fall 2022). *Trauma, interpersonal violence, and treatment: Working with youth, families, and adults*. Lecture presented in SOWO 855: Treatment of Trauma and Violence to Master of Social Work graduate students at the SSW at UNC-CH, Chapel Hill, NC.

Williams, D. Y. (Fall 2022). *Social-emotional learning and trauma-informed care*. Lecture presented in SOWO 500: Human Development in Infancy to Adolescence to Master of Social Work graduate students at the SSW at UNC-CH, Chapel Hill, NC.

Williams, D. Y. (Fall 2022). *Suicidality among queer youth*. Lecture presented virtually in PSYC 500: Developmental Psychopathology to undergraduate Psychology students at UNC-CH, Chapel Hill, NC.

Williams, D. Y. (Fall 2021). *Trauma-informed practice: A brief overview of clinical interventions*. Lecture presented virtually in SOWO 855: Treatment of Trauma and Violence to Master of Social Work graduate students at UNC-CH, Chapel Hill, NC.

PROFESSIONAL EXPERIENCE

Freelance Artist & Contractual Art Instructor, Baltimore, MD & Chapel Hill, NC

2010 - Present

Website: dyookong.weebly.com

Creating various artworks to raise awareness and/or funds for various social justice causes and Baltimore City and North Carolinian community-based nonprofits; tabling and networking at various venues and community events; painting community murals and other commission-based artworks; providing art instruction for individuals and groups across all ages; personal and collective art sale fundraiser beneficiaries have included the following: The Baltimore Transgender Alliance, Creative Alliance, The National Center for Children and Families, The American Foundation for Suicide Prevention, Baltimore Abortion Fund, the North Carolina Abortion Fund, Baltimore Racial Justice Action, and mutual aid funds for queer BIPOC

School Social Worker, Baltimore County Public Schools, Baltimore, MD

2018 - 2021

Worked in Title I schools with youth in general education and special education areas; supervised an undergraduate social work intern and collaborated with other mental health individuals as a Signs of Suicide (SOS) Ambassador; co-led the Social Emotional Learning (SEL) and Threat Management Teams; utilized crisis intervention skills and threat assessment for self-harm and harm to others; provided referrals and resources for families in the community; organized and led multiple mentoring programs for youth based off a multi-tiered system of supports framework and ongoing needs assessments; trained school staff on trauma-informed care, mindfulness practices, and equity issues affecting youth; presented equity material and led groups using Courageous Conversations protocols to facilitate critical discussions on ways to implement racial equity in our schools and address systemic issues and individual racial biases

School- & Community-Based Therapist, Catholic Charities, Dundalk, MD

2016 - 2018

Engaged in individual and family therapy across the lifespan, including crisis intervention; worked specifically with low-income individuals and families with Medicaid; specialized in trauma treatment and monitored client progress with monthly evidence-based scales including the Columbia Suicide Severity Rating Scale, SCARED Brief Assessment, UCLA Adolescent PTSD Index, and the Pediatric Symptom Checklist-17; assisted suicidal youth and families with safety planning; collaborated with teachers, school social workers, psychiatrists, and other staff for wholistic treatment

Private Practice Therapist, Positive Changes Counseling Center, Towson, MD

2016 - 2017

Specialized in family and individual counseling; diagnosed for mental health issues; treatment planned; safety planned and specialized in treating individuals with trauma, major depressive disorder and suicidal ideation or self-injurious behaviors; collaborated with school and medical outsider providers as-needed

Treatment Foster Care Family Life Educator, The Children's Guild, Baltimore, MD

2015 - 2016

Provided crisis support and clinical case management for youth with severe mental health diagnoses within child welfare treatment foster care; supervised, trained, and supported an

average of 10 foster parents using trauma-informed care; engaged in threat assessment and emergency response for youth

Residential Counselor, Mosaic Community Services, Cockeysville, MD

2013 - 2015

Worked with transitional age youth 17-21 years at an independent living program; led group and individual sessions on coping and independent living skills; assisted with medication; crisis response

Graduate Social Work Intern, Catholic Charities, Baltimore, MD

2014 - 2015

Administered individual, family and group therapy, risk assessments and safety planning with a focus and specialization in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children; partnered with a community organization to bring an LGBTQ+ training session to the school for staff and students to proactively address bullying and other behaviors for the at-risk population; threat and crisis management

Art Instructor, Columbia Art Center, Columbia, MD

Summer 2014

Taught classes of 10-25 students aged 5-14 in various art modalities during summer camp; created age-appropriate art lessons; set up galleries; engaged in crisis intervention and behavioral management

Graduate Social Work Intern, Baltimore City Public Schools, Baltimore, MD

2013 - 2014

Facilitated individual and group therapy and engaged in crisis intervention and home visits; created a crisis intervention pamphlet for staff and families for psychoeducational purposes

AmeriCorps VISTA, Boys Hope Girls Hope, Baltimore, MD

2012 - 2013

Developed programs and interventions to address and monitor educational needs of youth; recruited and managed volunteers and community-based partnerships for relationship-building

Undergraduate Family & Human Services Intern, St. Vincent's Villa, Timonium, MD

2011 - 2012

Co-led therapeutic group sessions in the resident treatment center milieu; lesson planned for children with special needs; created therapeutic art interventions for youth with varying skillsets

SERVICE & COMMUNITY ENGAGEMENT

Service to the Profession

Ad Hoc Reviewer, Various Locations

2023 - Present

Serving as a reviewer for peer-reviewed journals including *School Mental Health*

University Service

Member, UNC-CH's Suicide Prevention Institute

2023 - Present

Providing clinical social work expertise and working with a multi-disciplinary team under Dr. Patrick Sullivan and the UNC School of Medicine's Department of Psychiatry to focus on three main components of suicide prevention: causation and neurobiology; implementation of clinical prevention; and outreach, community engagement, and dissemination

Doctoral Student Peer Mentor, UNC-CH SSW Doctoral Program, Chapel Hill, NC

Fall 2022 - Present

Providing advice regarding program and doctoral student career through informal supportive counseling

Invited Student Panelist, UNC-CH SSW Doctoral Program, Chapel Hill, NC

Fall 2022 - Present

Attended several in-person and virtual social work doctoral student panels to discuss personal experiences and answer questions regarding the doctoral program for both prospective and incoming students

Student Representative, UNC-CH SSW Doctoral Program Committee, Chapel Hill, NC

2021 - 2022

Attended meetings; collaborated with faculty; advocated for needs of doctoral students

Vice President, University of Maryland LGBTQAI+ Union, Baltimore, MD

2013 - 2015

Co-facilitated group meetings and conducted community outreach and advocacy for LGBTQ+ individuals and organizations, including a community panel on issues within the transgender population to spread awareness; organized with other student organizations (the Anti-Oppression Work Group) to demand, petition and advocate for a racial justice course to be created and mandated for all MSW students, to explore social work and systemic racism and oppression; this course was added later to the school's curriculum as a foundational course for their MSW program (SOWK 610 – Structural Oppression and Its Implications for Social Work Practice)

Vice President, Nonprofit Leadership Alliance, Towson, MD

2009 - 2012

Served in previous years as secretary, vice president and as a member of the public relations committee; marketed and organized campus-wide events including a nongovernmental organization and guest speaker to address international human trafficking and sex work

Community & Civic Service

Co-Captain & Organizer, Durham Queer Runners, Durham, NC

2022 - Present

Co-founded the running group Durham Queer Runners; organized and worked with a small group of like-minded community members to form an inclusive, affirming running group and

safe space intentionally centering and valuing the needs and experiences of queer, transgender people of color who identify as runners of all ages and skill levels in the Durham and Durham-adjacent areas to address the lack of diversity-centered running groups

Still I Run Mental Health Champion, Still I Run, Grand Rapids, MI

2021 - Present

Selected to serve as a 2021 SIR Ambassador to combat mental health stigma by raising mental health awareness through running, interviews, fundraisers (over \$700 in one month), blogs, and social media posts for one full year; selected to serve as a 2023 SIR Champion for mental health advocacy; my written pieces center around the need for representation, racial justice, and my lived experiences as a multiply minoritized BIPOC queer person as related to racism and other issues, and mental illness, to spread awareness and amplify Black, Brown and queer experiences to further combat mental health stigmas within our particular communities

Fundraiser & Activist, American Foundation for Suicide Prevention, New York, NY

2010 - 2021

Engaged in personal fundraisers over many years' time span, totaling in over \$3,500 for the organization through community organizing efforts and running; promoted suicide prevention efforts through events and resource sharing

Fundraiser & Activist, Baltimore Racial Justice Action, Baltimore, MD

2020 - 2021

Raised over \$600 by selling artwork to support this organization and its mission to work against racism and other forms of institutional oppression; participated in demonstrations and rallies with other organizations to protest police brutality against Black and Brown communities, with activist groups including Queers for Black Lives Matter, Baltimore Asian Resistance in Solidarity (BARS), and Baltimore BLOC

Fundraiser, Moveable Feast, Baltimore, MD

Spring 2018

Co-fundraised over \$25,000 for the Moveable Feast nonprofit event "Ride for the Feast"; built community partnerships and sourced donations; planned, organized, marketed, and implemented 4 separate, large-scale community fundraising events (queer karaoke, a bike race, a local artisan market, and a glow-in-the-dark dance party); biked over 135 miles in two days for Moveable Feast with teams

Volunteer, Students Helping Honduras, Towson, MD

2011 - 2012

Fundraised over \$3,500 individually by selling artwork and volunteering for tabling events to build a bilingual in rural Honduras; worked as a group to raise over \$50,000 in three months through vigorous fundraising; traveled to Honduras and helped to physically construct the school

Mentor, U.S. Dream Academy, Baltimore, MD

2010 - 2011

Worked with youth with a family history of incarceration and mentored a student for one year; created a resource brochure for families to meet various needs; presented educational opportunities to youth

Human Rights Volunteer, Free Burma Rangers, Chiang Mai, Thailand
Summer 2011

Assisted in transcribing documents and filing evidence on human rights violations in Myanmar

Marketing Volunteer, The Center for Remarkable Women, Baltimore, MD
Spring 2011

Created a social marketing plan for the new non-profit and developed a strategic logic model to align operations, goals, and outcomes for social media and community partnership building

MEDIA COVERAGE

Williams, D. Y. (2021, November). A letter to my beloved running community & White allies. *Still I Run Blog*. <https://www.stillirun.org/2021/11/29/a-letter-to-my-beloved-running-community-white-allies/>

Williams, D. Y. (2021, November). The survivors of suicide: A story of transformational resilience [Published 3rd place winning essay for the Paul G. Quinnett Lived Experience Writing Competition 2021]. *American Association of Suicidology*. <https://suicidology.org/paul-g-quinnett-lived-experience-writing-competition-winners/>

Heimerman, C. (Host). 2021, September 28. Denise Williams (No. 38) [Audio podcast episode]. In *40,000 Steps*. Apple Podcasts. <https://podcasts.apple.com/us/podcast/episode-38-denise-williams/id1542830062?i=1000536865658>

Williams, D. Y. (2021, June). Pride month: History & allyship for the 2SLGBTQAI+ community. *Still I Run Blog*. <https://www.stillirun.org/2021/06/13/pride-month-history-allyship-for-the-2slgbtqai-community/>

Smith, J. (2021, June). Five runners share how medication plays a role in their mental health toolkit: It's time to break down barriers and reduce the stigma around medication, because you're not alone. *Runner's World*. <https://www.runnersworld.com/health-injuries/a36394548/runners-removing-the-stigma-around-antidepressants/>

Wolff, S. (2021, April). 2021 Still I Run ambassador spotlight: Denise Williams. *Still I Run Blog*. <https://www.stillirun.org/2021/04/21/2021-still-i-run-ambassador-spotlight-denise-williams/>

Williams, D. Y. (2021, April). Running & the brain: The neuroscience of running. *Still I Run Blog*. <https://www.stillirun.org/2021/04/14/running-the-brain-the-neuroscience-of-running/>

Rodenburg, M. (2021, March). For this Baltimore runner, mental health is like running a

marathon: Marathoner Denise Williams has had running come and go in her life, but now sees outdoor recreation as essential to her continued self-care. *Women's Running*.
<https://www.womensrunning.com/culture/people/denise-williams-runs-for-mental-health-awareness/>

CERTIFICATIONS & LICENSURES

Licensed Clinical Social Worker
North Carolina Social Work Certification and Licensure Board

Certified Family Life Educator
National Council on Family Relations

Certified Nonprofit Professional
Nonprofit Leadership Alliance

PROFESSIONAL MEMBERSHIPS

The American Association of Suicidology
Council on Social Work Education
The Society for Social Work & Research

ADDITIONAL RESEARCH TRAINING

Introduction to Qualitative Data Analysis Spring 2023
NC TraCS (Translational and Clinical Sciences) Institute at UNC-CH

Introduction to Focus Groups Spring 2023
NC TraCS (Translational and Clinical Sciences) Institute at UNC-CH

Academic Publishing 101 Fall 2022
Odum Institute for Research in Social Science at UNC-CH

Integrated Mixed Methods: Bridging Qualitative and Quantitative Methods Spring 2022
Odum Institute for Research in Social Science at UNC-CH

Equity Consideration for Scholars: Taking a Critical Approach to Research Spring 2022
Odum Institute for Research in Social Science at UNC-CH

How to be an Antiracist Researcher Spring 2022
National Consortium for Data Science & Renaissance Computing Institute

Conceptualizing Antiracist Research Spring 2022
INSPIRED Lab Training Series at UNC-CH SSW

Measurement in Research: Using an Antiracism Framework Spring 2022

INSPIRED Lab Training Series at UNC-CH SSW

Tips for Effective Data Visualization

FalThl

2021

The Biostatistics, Epidemiology, and Research Design (BERD) Group at Duke & UNC

The Roles of Social Media & Crowdsourcing in Survey Research

Fall 2021

Odum Institute for Research in Social Science at UNC-CH

Human Subjects Research Basic Course

Fall 2021

The Albert Einstein College of Medicine-Montefiore Medical Center