

FREE ONLINE SOCIAL WORK TRAININGS

NAME	LINK	DESCRIPTION	ADDITIONAL INFORMATION
Psychological First Aid (PFA)	https://www.nctsn.org/resources/psychological-first-aid-pfa-online	An evidence-informed modular approach to help children, adolescents, adults, and families in the immediate aftermath of disaster and terrorism. PFA is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping.	This is free – Students have to create a login/account to complete the training. Clinical and Macro Diversity
Suicide Prevention Resource Center	https://training.sprc.org/ create an account (free)	Improve your knowledge and skills in suicide prevention with SPRC’s self-paced online courses. They are designed for clinicians and other service providers, educators, health professionals, public officials, and members of community-based coalitions who develop and implement suicide prevention programs and policies. This online training is geared toward macro and micro practice of suicide prevention.	Clinical Practice Macro Practice Diversity
MD Behavioral Health	https://mdbehavioralhealth.com/about	An online training site hosted by the Department of Psychiatry at the University of Maryland School of Medicine. Developed in partnership with the Maryland Department of Health and Mental Hygiene, Mental Hygiene Administration, the site provides training to individuals interested in supporting the behavioral health of youth and their families.	Clinical Practice
Mindfulness Based Stress	https://palousemindfulness.com/	A free 8-week course on mindfulness based stress reduction therapy.	Clinical Practice

Reduction Therapy			
SBIRT Training	https://psattcelearn.org/courses/4hr_sbirt/	Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders and those at risk of developing these disorders.	Clinical Practice Diversity
Center for Advanced Studies in Child Welfare	https://cascw.umn.edu/portfolio_category/online-modules/	CASCW's online modules are self-directed learning opportunities for child welfare professionals, foster parents, advocates, and others interested in the topics. They were developed in order to present the child welfare practice-relevant findings of research undertaken by faculty and staff at the School of Social Work as well as partners across the University. The modules consist of narrated PowerPoint presentations with a variety of media attached (e.g. watching videos, reading documents, etc.). All modules are accessible for free. Post-tests are available upon request.	Please contact us at CASCW@umn.edu with any questions or problems. Clinical Practice Macro Practice Diversity
Dulwich Centre	https://dulwichcentre.com.au/courses/what-is-narrative-practice-a-free-course/	This Narrative Therapy course is a gateway to free papers, videos and extracts to enjoy at your own pace. Across 9 'lessons' or 'chapters' we have brought together papers, videos, images, interviews and questions. This course is freely available to anyone, although we think it might be particularly relevant for those interested in counselling/psychology/community work/social work. Included are materials that are relevant for those working in therapeutic and/or community work contexts.	Clinical Practice Macro Practice Diversity

Motivational Interviewing	https://www.integration.samhsa.gov/clinical-practice/motivational-interviewing	Motivational Interviewing is a clinical approach that helps people with mental health and substance use disorders and other chronic conditions such as diabetes, cardiovascular conditions, and asthma make positive behavioral changes to support better health. The approach upholds four principles— expressing empathy and avoiding arguing, developing discrepancy, rolling with resistance, and supporting self-efficacy (client’s belief they can successfully make a change).	Clinical Practice
Cognitive Processing Therapy	https://cpt.musc.edu/	This site has a particular focus on the treatment of military and combat-related PTSD, although the principles and methods described work well for any type of traumatic event that results in PTSD. This course was developed to complement other methods of clinical learning, such as reading a book or manual or attending a workshop or training course. However, unlike most workshops and manuals, this site includes specific, step-by-step instructions for each component of therapy, printable sample scripts for introducing concepts and techniques to clients, and flash video demonstrations of the therapy procedures conducted by expert clinicians. The web site is also developed so that you can proceed at your own pace and use the learning experiences when it is convenient for you.	Clinical Practice Diversity Military
CEUfast Nursing	https://ceufast.com	Includes multiple trainings related to mental health, behavioral health, and health care practice. Geared toward Nurses; yet, relevant for Social Work. These trainings need to be registered for online, but are free. Each training ends with a quiz and a certificate.	Clinical Practice

Family Caregiver Alliance (FCA)	https://www.caregiver.org/fca-webinars	The mission of Family Caregiver Alliance (FCA) is to improve the quality of life for family caregivers and the people who receive their care. For over 40 years, FCA has provided services to family caregivers of adults with physical and cognitive impairments, such as Parkinson's, stroke, Alzheimer's and other types of dementia. There are professional Webinars listed on their learning center for social workers and other professionals.	Clinical Practice Diversity
Crisis and Trauma Resource Institute	https://us.ctrinstitute.com/resources/	Offers several different types (webinars, full trainings, manuals) of trainings and resources on multiple topics related to crisis and trauma.	Clinical Practice Macro Practice
Child Welfare Information Gateway	https://www.childwelfare.gov/learningcenter/	Child Welfare Information Gateway promotes the safety, permanency, and well-being of children, youth, and families by connecting child welfare, adoption, and related professionals as well as the public to information, resources, and tools covering topics on child welfare, child abuse and neglect, out-of-home care, adoption, and more.	Clinical Practice Macro Practice Policy/legislative Trainings Diversity
Mental Health Webinars	https://www.socialwork.career/2012/08/free-webinars-for-mental-health-professionals.html	Social Work Career offers resources (i.e. webinars) for both current students and experienced mental health professionals covering a wide range of topics.	Clinical Practice
Neurobiology; EMDR	https://emdrprofessionaltraining.com/free-neurobiology-course/#	Free Neurobiology of the brain and EMDR course.	Clinical Practice (Advanced)

Acceptance and Commitment Training (ACT)	https://emedia.rmit.edu.au/communication/index.htm	6 ACT conversations developed by RMIT University Counseling Service. This resource consists of an audio e-learning program comprised of six sessions between 15-50 minutes duration and including a conversational mini-lecture and several practice exercises.	Clinical Practice
Parent Child Interaction Therapy (PCIT) Web Course	https://pcitwebcourse.pcit.ucdavis.edu/login/index.php	Developed by UC Davis PCIT Training Center, this resource provides a 10-hour, 11-module web course that gives fundamental information about providing PCIT. It gives trainees' a solid foundation and partially fulfills requirements to be a certified PCIT therapist.	Clinical Practice
Diversity Training: Engaging Confidently with Other Cultures	https://www.hrdqu.com/webinars/diversity-engaging-confidently-with-other-cultures/	Awareness of our own cultural identities and experiences is the first step to becoming more effective cross-culturally. <i>The Cross Cultural Adaptability Inventory™</i> workshop is a powerful experience and diversity training tool that helps participants identify their personal areas of cross-cultural competency and provides examples of ways to improve them. Join expert and co-author Dr. Judith Meyers, as she teaches the four competencies that are critical to cross-cultural adaptability. Dr. Meyers will also examine how to use them as a springboard to self-awareness and cross-cultural success. This webinar is based on the HRDQ product, <i>The Cross-Cultural Adaptability Inventory</i> , a best-selling diversity training tool that was developed in direct response to needs expressed by cross-cultural trainers and teachers for a well-constructed and easily obtainable self-assessment training instrument on cross-cultural adaptability.	<p>Participants Will Learn:</p> <ul style="list-style-type: none"> · How to define culture and one's cultural identity · The four competencies associated with cross-cultural effectiveness · Methods to assess cross-cultural competence · A common vocabulary that allows for self-improvement, continued growth and perspective-taking in cross-cultural situations <p>Clinical, Macro</p>

Mindfulness, Healing, and Transformation	https://catalog.pesi.com/sq/bh_001068_kabat_zinn_web-11032?utm_source=website&utm_medium=banner&utm_campaign=FreeK-Z	Jon Kabat- Zinn is one of the greats in mindfulness-based therapy.	Clinical Practice
National Resource Center on Domestic Violence	https://nrcdv.org/videos	NRCDV provides a wide range of online webinars. All of our webinars are all recorded and made available for free through our YouTube channel . In addition, NRCDV Radio podcasts are converted into videos for those that wish to experience the broadcasts in a different format.	Direct Practice Macro Practice, Policy work
National Resource Center on Domestic Violence	https://wscadv.remote-learner.net/	Lists Free Clinical and Macro courses (including nonprofit management) courses related to domestic violence work in the United States.	Clinical Practice Macro Practice, Policy work
Immigrant and Refugee Mental Health	https://irmhp-psmir.camhx.ca/courses	A free course on immigrant and refugee mental health offered by Canada's Centre for Addiction and Mental Health. It provides an overview of immigrant and refugee populations, as well as subgroups particularly at risk, and how their context and cultures influence mental health. There are two specific "streams" that are tailored to social service providers and health providers, respectively. The description says social workers can benefit from both streams. It's accredited by both the Royal College of Physicians and Surgeons of Canada, and the College of Family Physicians of Canada.	Clinical Practice Macro Practice, Policy work Diversity

CBT for Anxiety and OCD	https://www.pesi.com/blog/details/1081/fre-e-ce-seminar-cbt-for-anxiety-and-ocd	Elizabeth DuPont Spender, LCSW-C & Kimberly Morrow, LCSW – online seminar for CBT.	Clinical Practice
Brain Injury Association of North Carolina	http://www.biancteam.net/cdetail.asp?courseid=bianc5	Substance use and traumatic brain injury - This training course features information related to the complex topic of alcohol and other drug use after brain injury. It is intended for anyone working with people with traumatic brain injury and co-occurring substance use.	Clinical Practice (Advanced)
Mental Health Studies - Suicide, Violent Behavior, and Substance Abuse	https://alison.com/course/mental-health-studies-suicide-violent-behavior-and-substance-abuse-revised	Mental health and well-being has become an increasingly important concern of healthcare systems around the world. Self-harm and debilitating mental health problems are increasing, and 1 in 3 people know somebody suffering from mental health issues. This course, which focuses on the activities, actions, and habits that might be endangering one's health and welfare, aims to give you the tools to help others.	Clinical Practice Diversity
Center for Disease Control and Prevention, Injury Prevention and Control: Division of Violence Prevention	https://vetoviolence.cdc.gov/apps/main/tools-and-trainings	Strengthen Your Prevention Toolkit--Dive deeper into topics about violence prevention programs and practice, such as how to address risks shared by different forms of violence or how to effectively build partnerships. Each tool and training will equip you with a unique set of skills that can bolster your work to stop violence before it starts.	Macro and policy work, prevention
Center for Disease Control and Prevention,	https://www.cdc.gov/publichealth101/	The Public Health 101 Series provides an introduction to public health and covers the sciences essential to public health practice. The fundamental scientific components span topics in epidemiology, public health informatics	Macro practice Public Health

Public Health 101 Series		and surveillance, health economics, public health laboratory science, and related fields.	
Center for Financial Social Work	https://financialsocialwork.com/resources	NC nonprofit group—website features free resources focused on direct practice work to increase financial literacy—includes upcoming webinars and e-books and videos	Direct practice work
Community Development Project— Research for Organizing: A Toolkit for Participatory Action Research from the Community Development Project	http://www.researchfororganizing.org/index.php?page=webinar-series	This toolkit is designed for organizations and individuals that want to use participatory action research (PAR) to support their work towards social justice. In this toolkit you will find case studies, workshops, worksheets and templates that you can download and tailor to meet your needs. Also includes free webinar series	Macro practice Participatory Action Research
Darkness to Light Stewards of Children Online Training	https://www.d2l.org/education/stewards-of-children/online/	\$10 Sexual Abuse Prevention Online Training	Direct Practice
ESRI Academy (through UNC Library System)— Getting Started with GIS Web Course	https://www.esri.com/training/catalog/57630434851d31e02a43ef28/getting-started-with-gis/	Free online training--GIS helps people visualize and create information that can be used to make decisions and solve problems. Get an introduction to the basic components of a GIS. Learn fundamental concepts that underlie the use of a GIS with hands-on experience with maps and geographic data.	Macro Practice Geographic Information System Mapping

Human Rights Campaign—All Children, All Families Webinar Series	https://www.hrc.org/resources/all-children-all-families-webinars	HRC's All Children – All Families, a project of the Human Rights Campaign Foundation, promotes LGBTQ inclusive policies and affirming practices among child welfare agencies and formally recognizes those agencies that are leading the field with innovative approaches to inclusion. This is a multi-part webinar series that covers best practices in both direct and macro settings.	Direct Practice—child welfare Macro Practice—policy and administration Diversity
National Implementation Research Network (NIRN)	https://nirn.fpg.unc.edu/resources/2019-summer-institute-implementation-science-materials	Includes recorded presentations and handouts from the 2019 Summer Institute on Implementation Science at the UNC SSW, with a focus on equity work.	Macro Implementation Science
NC Area Health Education Centers	https://www.aheconnect.com/opioided/default.asp	Opioid Education for Community Health Workers Online Series	Clinical Integrated Behavioral Health
Prevent Child Abuse NC	https://www.preventchildabuse.org/online-trainings/	Free online trainings include “What is Prevention?” and “Recognizing and Responding to Suspicions of Child Maltreatment.”	Direct Practice
National Association of Social Workers—Social Work Online CE Institute	https://naswinstitute.inreachce.com/	For NASW members only, there are a multitude of free trainings. To identify the those of no cost, use the sort functions on the left side of the page—you can adjust the cost to \$0 and then search by topic.	Macro Direct Practice/Clinical
National Neighborhood Indicators Project	https://www.neighborhoodindicators.org/get-involved/webinars	The National Neighborhood Indicators Partnership (NNIP) is a collaborative effort by the Urban Institute and local partners to further the development and use of neighborhood information systems in local	Macro Policy, Community Engagement

		policymaking and community building. Webinar Series includes multiple topics related to macro practice.	
Center for Family and Community Engagement, NCSU	https://www.cface.org/projects/professionaltraining/ondemand.php	The Center for Family and Community Engagement offers on-demand trainings that are self-paced and available anytime. Topics include working with children and families and the child welfare system.	Direct Practice/Clinical Child Welfare
UNC School of Social Work, Field Education Program	https://ssw.unc.edu/swevents/online/field-edu	Free on-demand training that covers key issues to consider when preparing to work with trans student interns including opportunities to explore potential agency stumbling blocks, personal awareness activities, and specific tools for supporting trans social work student interns.	Macro Direct Practice
Westfield State University, Interdisciplinary Behavioral Health Collaboration (IBHC) Project	http://www.westfield.ma.edu/interdisciplinary-behavioral-health-collaboration/modules	Eight one-hour virtual training modules on topics pertinent to integrated behavioral healthcare.	Clinical Practice Integrated Behavioral Health
US DHHS, Improving Cultural Competency for Behavioral Health Professionals	https://thinkculturalhealth.hhs.gov/education/behavioral-health?gclid=CjwKCAjwmKLzBRBeEiwACCVihrCTf-z-ciTbHQqhHxk7U-ZQYs taiL7OAZOF8mw5X9Yy950CAymbhoC368QAvD BwE	Cultural and linguistic competency is recognized as an important strategy for improving the quality of care provided to clients from diverse backgrounds. The goal of this e-learning program is to help behavioral health professionals increase their cultural and linguistic competency. The program includes 4 courses	Clinical Practice Behavioral Health

Behavioral Health Springboard	https://bhs.unc.edu/clinicians/dashboard#tabs-0-bottom-2	On demand, online trainings related to multiple clinical topics including TBI, Fetal Alcohol Spectrum Disorders, and Children with IDD.	Clinical Practice
Wiley Education Network	https://www.wiley.com/network/instructor-s-students/student-center	Online trainings on a variety of topics related to student academic success (test-taking, stress reduction, etc.)	SW Student Academic Success
American Society on Aging	https://www.asaging.org/web-seminars	Free webinar series on a variety of direct practice-focused topics related to clinical skills in working with older adults.	Direct Practice Older Adults
National Association of State Mental Health Program Directors	https://www.nasmhpd.org/content/meetings-and-webinars	Recorded and upcoming webinars and online trainings on a variety of direct practice and macro topics related to behavioral health services.	Direct Practice Macro Behavioral Health
National Child Traumatic Stress Network Training Center	http://learn.nctsn.org/	As part of the National Child Traumatic Stress Network (NCTSN), the Learning Center for Child and Adolescent Trauma offers Free Online Education with: <ul style="list-style-type: none"> • 300+ FREE CE certificates • 50+ speakers • 200+ online webinars focused on child and adolescent mental health, treatment models 	Direct Practice Macro Children and Families
Early Childhood Technical Assistance Center	https://ectacenter.org/wamodules/foundations.asp	Online training focused on early intervention and preschool special education service systems	Direct Practice Children and Families
CSWE Learning Academy: Policy Practice Certificate Course	https://learningacademy.cswe.org/products/policy-practice-certificate-	This engaging, on-demand course uses animation and video to help social work students and educators advance their understanding of critical social justice issues and key elements of effective advocacy practice.	Macro Policy Practice

	course#product tab overview	An understanding of policy is key to being an effective social worker and advancing social justice causes. Miguel Ferguson, Founder of <i>OfCourse!</i> , and Rick Hoefler, Professor at the University of Texas at Arlington, draw on decades of experience in educating for social policy and advocacy. They highlight the necessity of social work engagement in the policy arena and the knowledge and skills required for effective advocacy.	
CSWE Learning Academy: Recovery to Practice Series	https://learningacademy.cswe.org/recovery-to-practice-series	This series of three online interactive courses has been designed to introduce social workers to the recovery model. CSWE has been awarded a subcontract from SAMHSA to develop, implement, and evaluate mental health recovery-oriented training materials for social work educators and practitioners.	Direct Practice/Clinical
Social Thinking	https://www.socialthinking.com/eLearning/categories/FreeWebinars	Free webinar series on the concepts of social thinking, including applications for clinical social work practice	Direct Practice/Clinical
NAADAC, The Association for Addiction Professions	http://www.naadac.org/webinars	NAADAC is happy to offer free addiction-specific education through its Free Webinar Series. The 2020 Free Webinar Series releases two live webinars per month, which are then captured and made available for future viewing in NAADAC's Free On-Demand Webinar Library.	Clinical Substance Use and Addictions Treatment
National Center on Domestic Violence, Trauma, and Mental Health	http://www.nationalcenterdvtraumamh.org/trainingta/webinars-seminars/	Multiple webinar series exploring topics related to IPV, trauma, substance use, and mental health	Clinical IPV, Substance Use, Trauma

Addiction Technology Transfer Center Network	https://www3.thedatabank.com/dpg/423/mglist.asp?formid=meetb	This website offers over 40 free online trainings related to clinical and macro practice, with topics covering: <ul style="list-style-type: none"> • Introduction to Grant Writing • Motivational Interviewing • SBIRT for Behavioral Health Professionals • Clinical Substance Use Treatment and IPV • Substance Use and Addictions Treatment for Women 	Clinical Substance Use Treatment Macro—grant writing
Cognitive Behavioral Interventions for Trauma in Schools	https://cbitsprogram.org/	Free, online training on The Cognitive Behavioral Intervention for Trauma in Schools (CBITS) program, a school-based, group and individual intervention. The model is designed to reduce symptoms of post-traumatic stress disorder (PTSD), depression, and behavioral problems, and to improve functioning, grades and attendance, peer and parent support, and coping skills	Clinical Practice School Based Mental Health
VHA Train	https://www.train.org/vha/search?type=course	VHA TRAIN is a gateway into the TRAIN Learning Network , the most comprehensive catalog of public health training opportunities. TRAIN is a free service for learners from the Public Health Foundation. Trainings include <ul style="list-style-type: none"> • Clinical practice to treat a variety of mental health issues • Military and veteran’s issues • Medications • LGBTQ issues • Disaster mental health for children • Health equity and racial justice 	Clinical Practice Services to Veterans
SOAR Works Webinars, SAMHSA	https://soarworks.prairies.com/topics/webinars	Multiple webinars on the SSI/SSDI Outreach, Access, and Recovery (SOAR) program, a national program designed to increase access to the disability income benefit	Direct Practice

		programs administered by the Social Security Administration (SSA) for eligible adults and children who are experiencing or at risk of homelessness and have a serious mental illness, medical impairment, and/or a co-occurring substance use disorder.	Homelessness, Mental Health/Substance Use Disorders
Starbridge	https://www.starbridgeinc.org/resources/webinar-recordings	Starbridge is an organization that partners with people who have disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, and healthy living; and to transform communities to include everyone. They produce a free webinar series on a number of topics related to advocacy around disability rights and schools.	Direct Practice Intellectual and Developmental Disabilities School Social Work
National Hispanic and Latino Mental Health Technology Transfer Center Network	https://register.gotowebinar.com/register/4930744907295266317	Webinar: Stress Management During Quarantine for Mental Health Providers Serving Latino Clients	Direct Practice Diversity Latinx Communities
National Council of Juvenile and Family Court Judges	https://events-na5.adobeconnect.com/content/connect/1/932236412/en/events/catalog.html#currentSearchTag=1175058246	During April 2020 and the observance of National Child Abuse Prevention Month, the National Council of Juvenile and Family Court Judges (NCJFCJ) will host a webinar series to highlight the publication of a special edition of the Juvenile and Family Court Journal reflecting on the 20th anniversary of Effective Intervention in Domestic Violence & Child Maltreatment Cases: Guidelines for Policy and Practice Initiative , its successes and its missed opportunities.	Direct Practice IPV Child Welfare