

COVID-19 Strategies

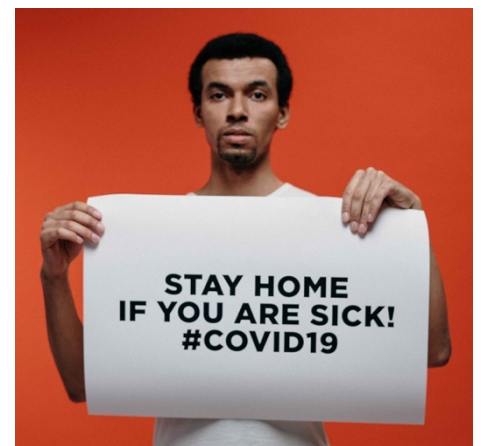
Symptom Checking Includes:

- Do you have new muscle aches not related to another medical condition or another specific activity (e.g. *due to physical exercise*)? If so, take temperature.
- Do you feel like you may have a temperature of greater than 100.0°F? If so, take temperature.
- Do you have sore throat not related to another medical condition (e.g. allergies)?
- Do you have a new or worsening cough that is not related to another medical condition?
- Do you have shortness of breath that is not attributable to another medical condition?
- Do you have recent (*less than 5 days*) loss of smell and taste?
- Do you have *new* onset of vomiting or diarrhea not related to another medical condition?



Steps to Take in Case of an Exposure or Illness Include:

- Stay home if:
 - a. Sick (*especially if with fever greater or equal to 100.0°F or a cough or shortness of breath, or URI symptoms or GI symptoms*).
 - b. Have been tested for COVID-19 and are awaiting results or are positive.
 - c. Have been in close contact (*i.e., household contact*) with anyone being tested for COVID-19.
- If it is a medical emergency, go to the emergency room or call 911.
- Immediately notify field instructor/task supervisor.
- Notify UNC Campus Health (*if eligible*) or your personal physician or community health care provider if you are being tested for COVID-19, have a recommendation to get tested, or have questions regarding your health.





Training Requirements Include:

- [Hand washing and hand hygiene](#)
- [COVID 19 training](#)
- [Personal Protective Equipment \(PPE\) Donning and Doffing](#)

Public Health Practices in Field Education Include:

- Always wear a face mask (wearing a face shield without a mask is not sufficient), maintain physical distancing when possible and perform hand hygiene regularly.
- Following UNC-CH, Health Care Universal Precautions for when a client is unable to wear a mask [Universal Precautions Eye Protections](#) (wearing a mask **AND** shield).
- Students are also expected to protect their health during curricular and extra-curricular interactions and follow recommended guidelines to diminish contagion.
- Regarding travel, students must meet all University and relevant health system requirements. Further, if they have spent time in a factory, prison, group home, health care site, and/or congregate living facility **that has been designated as having an outbreak of COVID-19** (i.e., two recent cases of laboratory-confirmed COVID-19 attributed to the facility) in the past 14 days, they must be assessed and cleared by Campus Health (if eligible) or by a personal physician or community health care provider prior to returning to their assigned field placement setting.



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