

AHEC-SSW Training Partnership Consultant Information Sheet

Name: Rachel Anna Galanter, MPH

Position/Title: Technical Assistance and Consultation Lead

Work Address: 2020 Chapel Hill Rd #23
Durham, NC 27707

Work Phone: 919-688-7101

Email Address: rachelgalanter@gmail.com

Fax Number: 919-688-7102

Education/Degrees: BA Summa Cum Laude, Psychology, Columbia College, Columbia University, New York
(Dean's List, Phi Beta Kappa)
Completion of Barnard Teacher Certification Program

Master of Public Health, Maternal and Child Health, School of Public Health, University of North Carolina Chapel Hill
(Delta Theta Omega honor society)

Professional Certifications:

Qualified Professional Parenting Educator by the North Carolina Parenting Education Network
Certified Provider, Coach, and Trainer by National SafeCare Training and Resource Center
Certified Attachment Bio-Behavioral Catch-Up Parent Coach
Certified Anger Management Specialist I by the National Anger Management Association
Certified Community Resiliency Model Teacher by the Trauma Resource Institute
Certified Motivational Interviewing Trainer by the Motivational Interviewing Network of Trainers
Certified Triple P Level II Brief Primary Care and Seminar Provider

Academic Experience:

Task Supervisor/Field Instructor (2003-present, 17 students so far). Originally a task supervisor, given honorary social worker status to serve as a field instructor. Guest lecturer in multiple classes including Behavioral Interventions and Social Work Practice with Individuals, Families, and Groups

Brief Summary of Work Experience:

2016-2021 Executive Director, Exchange Family Center

Specialization/Research Areas:

Engagement and Retention
Coaching
Implementation of Evidence Based Parenting Interventions

AHEC-SSW Training Partnership Consultant Information Sheet

Cultural Competence

Working with LGBTQ families

Working with Latino families

Toxic Stress and Brain Development; young children and trauma

Two generations of trauma

Layering practices to support high quality interventions

Recent Presentations (able to develop additional workshops upon request)

- The Impact of Toxic Stress on Health and Your Role in
- Engaged, but I just met you
- The Impact of Family Structure (Through the Lens of Culture and Sexual Orientation)
- Engaging LGBTQ youth and families—how do you show you're an ally
- Lessons from the Coached: The Impact of Different Coaching Methods
- Engaging Families: Getting Families to Want to Work with You
- Prevention Basics
- Motivational Interviewing