

# Becca Edwards-Powell

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## EDUCATION

- Master in Social Work**, University of North Carolina at Charlotte **2008**
- Capstone: *Framing Sexual Violence: A Cultural Context*
- B. A. in Communication Studies**, University of North Carolina at Chapel Hill **2003**
- Area of Concentration: Interpersonal and Organizational Communication

## LICENSURE

North Carolina Social Work Certification and Licensure Board  
**Licensed Clinical Social Worker # C006864** **July 2010-present**

## CERTIFICATIONS

- Certified TF-CBT Therapist (National TF-CBT Therapist Certification Program) **2015**
- Nationally Certified DBT Clinician (DBT Linehan Board of Certification) **2015**

## EXPERIENCE

### **TRIANGLE AREA PSYCHOLOGY CLINIC (2018-present)**

#### Psychotherapist

- Provide psychotherapy for individuals with various disorders including mood and disorders, personality disorders and trauma-related symptoms
- Utilize evidenced-based practices including Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Theory (CBT), Prolonged Exposure (PE), Cognitive Processing Therapy (CPT), and Trauma-focused-Cognitive Behavioral Therapy (TF-CBT)
- Facilitate Dialectical Behavioral Therapy multi-family and adult groups
- Engage in weekly consultation team meeting, providing and receiving clinical feedback
- Conduct clinical assessments and create case conceptualization and treatment plan

### **COGNITIVE PSYCHIATRY (2018, Part-time)**

#### Psychotherapist

- Provided psychotherapy for individuals utilizing evidenced based practices
- Conducted clinical assessments and intakes for the clinic
- Developed treatment plans and established therapeutic goals collaboratively with the patient and treating psychiatrist

### **CAROLINA OUTREACH, LLC. (2008-2018)**

#### Director of Staff Development and Training

**2015-2018**

- Participated in Executive Team Leadership including the development of new initiatives, integration of financial and clinical performance, and quality assurance responsibilities
- Directed, monitored, and reported on outcome measures for all clinical services
- Provided direct clinical services, including EBPs of DBT and CPT to outpatient clients
- Directed implementation and monitoring of evidence based practices (EBPs)

**Training Director and DBT Program Manager 2013-2015**

- Developed an annual training plan and implemented agency training policies
- Provided individual clinical supervision and case consultation to staff
- Coordinated DBT services, consultation teams, and facilitated staff development
- Provided individual and group therapy to clients in the DBT program

**Adult Services Supervisor 2011-2013**

- Facilitated on-going learning opportunities for adult services staff
- Provided individual and group therapy to clients in the DBT program, as well as trauma based services for outpatient therapy clients
- Provided individual clinical supervision and case consultation

**Community Support Team Lead and Intern Program Coordinator 2010-2011**

- Provided individual and family therapy for adults, adolescents and their families
- Worked to implement behavioral, rehabilitative and crisis interventions
- Provided individual and group supervision to graduate-level interns

**Intensive In-home Specialist/Outpatient Therapist 2008-2009 (FT), 2009-2010 (PT)**

- Implemented behavioral interventions and psycho-educational activities
- Conducted individual and family therapy
- Developed and implemented Person-Centered Plans

**NC AREA HEALTH EDUCATION CENTERS PROGRAM (2015-present)****Consultant/Speaker**

- Provide 3-6 hour presentations and consultation on selected topics to regional AHECs:
- Treating trauma in children and adolescents
- Working with emotionally vulnerable and dysregulated clients (DBT focus)
- Managing behavior in 2-12 year olds in a developmentally appropriate way

**ORANGE COUNTY RAPE CRISIS CENTER (2000-2010)****Client Services Director 2009-2010**

- Trained and supervised staff providing crisis response to survivors of sexual violence
- Provided clinical services including individual therapy and assessments
- Coordinated and facilitated support groups for survivors of sexual violence
- Facilitated trainings to improve cultural competency and address issues of oppression

**MSW Student Intern 2007-2008**

- Provided short- & long-term therapy for sexual violence survivors
- Facilitated workshop series for male and female survivors of sexual violence

**Volunteer Companion 2000-2006**

- Provided crisis intervention and advocacy for victims of sexual assault

**FAMILY VIOLENCE PREVENTION CENTER****Support Group Facilitator 2007-2008**

- Facilitated weekly women's support group for domestic violence
- Conducted mental health assessment for potential support group members

- Supervised volunteer co-facilitators of support group