

Audrina Jones Bunton, LCMHCS, PhD

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Education

- **Colorado Theological Seminary**, The Villages, FL: PhD., *Clinical Pastoral Counseling* (06/2023)
- **Liberty University**, Lynchburg, VA: M.A., *Professional Counseling* (08/2010)
- **Master's International University of Divinity**, Evansville, IN: M.A., *Biblical Counseling* (06/2004)
- **University of North Carolina**, Chapel Hill, NC: B.A., *Sociology* (12/1999)
- **Durham Technical Community College**, Durham, NC: A.A., *College Transfer* (05/1996)
- **Fayetteville Technical Community College**, Fayetteville, NC: A.A.S., *Computer Programming* (12/1986)

Other Training/Certificates

- Licensed Clinical Mental Health Counselor Supervisor (License #: S8741)
- Licensed Clinical Mental Health Counselor (License #: 8741)
- Licensed Clinical Pastoral Counselor Advanced Certification (N.C.C.A., #11657) (6/2023)
- Temperament Therapy Certification (#11657) (01/2023)
- Licensed Clinical Pastoral Counselor (N.C.C.A., #11657) (11/2022)
- Certified Temperament Counselor (07/2022)
- Rostered: Trauma-Focused Cognitive Behavioral Therapy (TFCBT)

Professional Experience

University of North Carolina at Chapel Hill, Chapel Hill, NC (March 2001 – Present)

Licensed Clinical Mental Health Counselor / Project Director/IRB Regulatory Coordinator

(November 2017-Present)

- Lead study-related Cognitive Behavioral Therapy groups in UNC clinical settings
- Study Manager of 4-multi-site (PCORI-sponsored) study.
- Primary liaison to principal investigator, other investigators, Clinicians, sub-site project managers, and prime site (RTI) to coordinate overall project.
- Oversee site recruitment, data collection, timelines, reports, and overall coordination of pragmatic trial.
- Submit study information and coordinate compliance with IRB and HIPPA policies.

Project Director (November 2015-September 2019)

- Administrative Manager of a 2-multi-site (Centers for Disease Control sponsored) study.
- Primary liaison to the study Planning Team, principal investigator, and research team
- Trained, mentored, and supervised research associates and collaborating site Community Health Workers
- Organized and systematized patient recruitment process to increase recruitment goals.
- Oversaw proposal development to seek future funding.
- Collaborated with budget managers and contractors to streamline project budget and expenditures.
- Collaborated with Co-Investigators, Statisticians, Analysts, and Clinicians at study sites.
- Designed and oversaw development of recruitment materials and questionnaires.
- Submitted study information and coordinated compliance with IRB and HIPPA policies.

Project Manager (September 2011-August 2017)

- Managed project-related activities and staffing needs for a 3-multi-site American Cancer Society sponsored study.
- Trained, mentored, and supervised research associates and nurses onsite and at collaborating sites.
- Collaborated with principal investigator and research team in project planning and implementation.
- Recruited patients and physicians for study.
- Administered face-to-face baseline patient interviews.
- Organized and systematized patient recruitment process to increase recruitment goals.
- Oversaw proposal development to seek future funding.
- Collaborated with budget managers and contractors to streamline project budget and expenditures.
- Maintained excellent working relationships with Co-Investigators, Statisticians, Programmers, Physicians, Analysts, and Clinicians at primary and collaborating sites.
- Oversaw development of recruitment materials and questionnaires
- Coordinated compliance with IRB and HIPPA policies.
- Extracted data for study results and analysis.
- Wrote and summarized progress reports for continued research activities.

Project Manager (July 2006 – May 2010)

- Managed project-related activities and staffing needs for a 4-multi-site ACS-sponsored study
- Supervised, trained, and mentored patient interviewers onsite and at collaborating sites.
- Recruited patients and physicians for study.
- Conducted face-to-face patient interviews.
- Systematized patient recruitment process to increase recruitment goal.
- Coached and motivated research interviewers through consistent communication
- Collaborated with principal investigator and research team in project planning and implementation.
- Coordinated and managed data entry and data collection
- Oversaw proposal development to seek future funding.
- Collaborated with budget managers and contractors to streamline project budget and expenditures.
- Created and drafted recruitment materials
- Maintained excellent working relationships with patients, researchers, and clinicians at all sites.
- Managed development of questionnaires assuring compliance with IRB and HIPPA policies
- Developed progress reports for continued research activities.

Social Research Associate/ Project Manager (March 2001 – July 2006)

- Managed evidence-based health research projects
- Coordinated project-related activities and staffing needs for multiple research projects.
- Conducted face-to-face interviews with patients diagnosed with HIV/AIDS
- Supervised, trained, and mentored patient interviewers onsite and at collaborating sites.
- Collaborated with principal investigators in planning, implementing, and evaluating activities.
- Coordinated and managed data collection and data entry of 4 participating medical practices
- Traveled to sites to maintain relationships with participating practices.
- Partnered with principal investigator on proposal development to seek future funding.
- Collaborated with budget managers and contractors regarding project budget and expenditures.
- Oversaw data coding, data management, development of survey and focus group instruments.
- Collaborated with Data Programmers in analyzing data and summarizing study findings.
- Facilitated and coordinated workshops and training.
- Maintained project related databases.
- Wrote and summarized progress reports to funding agencies.
- Designed and maintained project web site (www.connect.unc.edu)
- Developed presentations and print media for workshops, project dissemination, and marketing.

Audrina Jones Bunton, PLLC, Durham, NC

Private Practitioner, Outpatient Therapist/Workshop Facilitator (October 2017- Present)

- Provides mental health services to children, adolescents and adults in an outpatient setting to include diagnostic assessments, individual and family counseling.
- Serve a diverse population with diagnoses including Depression, Anxiety, Posttraumatic Stress Disorder, and Oppositional Defiant Disorder
- Provides Christian Counseling
- Participates in roundtable discussions including topics surrounding youth issues, mental health topics, Christian principles, etc.
- Conducts customized retreats for youth groups, churches, and various organizations.
- Develops and conducts continuing education workshops on topics such as: Trauma-Focused Cognitive Behavioral Therapy; depression, anxiety, and Cognitive Behavioral Therapy to diverse audiences in the non-profit, educational, and business sectors.

Licensed Clinical Mental Health Counselor Supervisor (December 2019- Present)

- Provides clinical supervision to LCMHCAs.

Securing Resources for Consumers, Inc., Durham, NC

Contract Outpatient/School Based Therapist (September 2017 – September 2020)

- Provided therapeutic mental health interventions to support children, adolescents, and adults social, emotional, and behavioral functioning in the home and in the community.
- Provided mental health services to children and adolescents in-the school environment, and in an outpatient setting to include individual counseling, diagnostic assessments, and family counseling.

Family Preservation Services, Durham, NC: Outpatient Therapist (*January 2010– September 2017*)

Outpatient In-Home/Co-Located School Based Therapist (May 2015 – June 2017)

- Provided mental health services to children and adolescents in-the school environment, and in an outpatient setting to include individual counseling, diagnostic assessments, and family counseling.
- Provided therapeutic mental health interventions to support clients' improvement in social, emotional, and behavioral functioning in the home and in the community.
- Served a diverse population with diagnoses including Major Depressive Disorder, Bipolar Disorder, Panic Disorder, Posttraumatic Stress Disorder, and Oppositional Defiant Disorder
- Composed, reviewed, and approved client case notes to ensure effective treatment planning.
- Developed and implemented Person Centered Plans to include crisis plans.
- Prepared required client packet documentation (i.e., assessments, treatment plans, etc.)
- Attended court or education related meetings in support of client.
- Collaborated with interdisciplinary treatment team to assess client's therapeutic needs.
- Guided client's course of treatment by ensuring collaboration of necessary stakeholders.
- Assisted with identifying natural support systems and enlisting support for clients.
- As a Task Supervisor, Teach and guide MSW student-interns with selecting appropriate learning activities, and identify and design learning assignments appropriate for each student.

Community Support Team Lead /Intensive In-Home Lead (July 2011-November 2015)

- Provided mental health services to adults, children, and adolescents in-home and in an outpatient setting to include individual counseling, diagnostic assessments, and family counseling.
- Supervised, trained, and mentored Case Managers on Intensive-In-Home team.
- Supervised, trained, and mentored Case Managers on Community Support Team

Turning Point Family CARE, Durham, NC

Qualified Professional/Outpatient Therapist (Intern) (December 2009 – August 2010)

- Served a diverse population of children/adolescents with diagnoses including Oppositional Defiant Disorder, Conduct Disorder, Attention-Deficit/Hyperactivity Disorder, PTSD
- Implemented Person Centered Plans for client improvement of behavioral coping skills.
- Implemented strength-based preventive and therapeutic interventions.
- Co-facilitated weekly girls' adolescent Dialectical Behavioral Therapy group.
- Conducted face-to-face evaluations through comprehensive clinical assessments.
- Composed service notes reflecting accurate interventions and client progress.
- Educated clients in behavior management to enhance functioning in educational setting.

Research Triangle Institute, Center for International Development, Research Triangle Park, NC

Program Area Assistant/Information Systems Specialist (January 1992 - February 2001)

- Managed a \$5 million-dollar project.
- Oversaw collection of data for 430 incoming proposals throughout the state of North Carolina
- Designed graphs and reports for project presentations
- Managed project funding database
- Coordinated training sessions for international visitors from various countries.
- Editor of CID's bi-monthly newsletter: responsible for writing, designing, editing
- Edited proposals, technical and project reports
- Conducted literature searches and analyzed data to provide information to technical staff.
- Designed websites
- Maintained liaison with long- and short-term field staff domestically and internationally.

Related Experience

The Peaceful Place, Inc. [501(c)(3) non-profit organization], Durham, NC

Founder/CEO (October 2004 – Present)

- Conduct annual youth retreats and customized retreats for youth groups and various organizations.
- Conduct group counseling with youth, using therapeutic interventions.
- Speak to diverse audiences in the non-profit, educational, and business sectors.

www.Purposefully-Living.com, Durham, NC

Administrator & Editor (2002 – Present)

- Compose and provide inspirational articles for Purposefully Living E-zine newsletter.

Come As You Are Evangelistic Center, Aberdeen, NC

Christian Counselor/Youth Director (January 1994 – Present)

- Provide individual, family, and marriage counseling.
- Provide one-on-one counseling to guide and support 50+ youth with diagnoses including, Attention-Deficit/Hyperactivity Disorder and Depression
- Coordinate and facilitate youth activities, retreats, and programming.

Come As You Are Evangelistic Center, Aberdeen, NC,

Sunday School Teacher (1994 – Present)

- Prepare and implement lesson plans for adolescents and adults.

Audrina Jones Bunton, LLC, Durham, NC

Speaker/Workshop Facilitator (1993 – 2017)

- Speaks to diverse audiences in the non-profit, educational, and business sectors.
- Participates in roundtable discussions including topics surrounding youth issues, mental health topics, Christian principles, etc.
- Coordinates and leads workshops.
- Conducts customized retreats for youth groups, churches, and various organizations.
- Develops and presents AHEC continuing education workshops on topics such as: Trauma-Focused Cognitive Behavioral Therapy; depression, anxiety, Cognitive Behavioral Therapy

Carolina Wildcats Boys Basketball, Durham, NC, *Team Coordinator (Volunteer)* (2000-2003)

Pregnancy Support Services, Durham, NC, *Crisis Counselor* (January 1997 – December 2000)

American Heart Association, Chapel Hill, NC: *Administrative Assistant* (November 1988 - May 1991)

Burroughs Wellcome/Olsten Temporary Svc., Research Triangle Park, NC: *Data Entry Clerk* (August-November 1988)

Citizen News Record, Aberdeen, NC: *Typesetter/Ad Layout* (October 1987 - June 1988)

Presentations/Workshop Facilitation

- Bunton, Audrina Jones, “*Where the Healing Begins: Trauma-Focused Cognitive Behavior Therapy with Children and Adolescents.*” Eastern AHEC, Coastal Carolina Neuropsychiatric Center (CCNC). Nov. 4, 2022.
- Bunton, Audrina Jones, “*A Walk in My Shoes: Brief and Effective Cognitive Behavioral Strategies to Promote Effective Change.*” Charlotte AHEC (via Zoom). June 12, 2020.
- Bunton, Audrina Jones, “*Peace of Mind: Mental Health Disorders- Symptoms, Signs, and Interventions.*” Southern Regional AHEC (Pinehurst, NC). 18th Annual School Nurse Conference: Behavioral Assessment, January 21, 2020.
- Bunton, Audrina Jones, “*Unveiling the Mask: Cognitive Processing Therapy.*” Charlotte AHEC (Charlotte, NC). November 15, 2019
- Bunton, Audrina Jones, “*Unveiling the Mask: Cognitive Processing Therapy.*” South East AHEC (Wilmington, NC). October 25, 2019
- Bunton, Audrina Jones, “*Children & Anxiety: Signs, Symptoms, and Strategies.*” Wake AHEC (Raleigh, NC). May 20, 2019
- Bunton, Audrina Jones, “*Unveiling the Mask: Cognitive Processing Therapy.*” North West AHEC. Wake Forest School of Medicine (Winston-Salem, NC). April 30, 2019
- Bunton, Audrina Jones, “*Unveiling the Mask: Cognitive Processing Therapy.*” Wake AHEC (Raleigh, NC). April 26, 2019
- Bunton, Audrina Jones, Flick, Jodi, and Dixon, Beth: Guest Panelist: North Carolina Court Judges - Mental Health Care, School of Government, Chapel Hill, NC. April 1, 2019
- Bunton, Audrina Jones, “*Children & Anxiety: Signs, Symptoms, and Strategies.*” South Regional AHEC, Teen Summit (Fayetteville, NC). February 15, 2019
- Bunton, Audrina Jones, “*Children & Anxiety: Signs, Symptoms, and Strategies.*” Wake AHEC, Wake County Human Services (Raleigh, NC). January 18, 2019

- Bunton, Audrina Jones, “*A Walk in My Shoes: Trauma-Focused Cognitive Behavior Therapy with Children and Adolescents.*” UNC School of Social Work Clinical Lecture Series (Chapel Hill, NC). January 14, 2019
- Bunton, Audrina Jones, “*Children & Anxiety: Signs, Symptoms, and Strategies.*” Eastern AHEC, Marine Corps Air Station (Cherry Point, NC). July 20, 2018.
- Bunton, Audrina Jones, “*Where the Healing Begins: Trauma-Focused Cognitive Behavior Therapy with Children and Adolescents.*” Wake AHEC, McKimmon Conference Center (Raleigh, NC). May 2018
- Bunton, Audrina Jones, “*A Walk in My Shoes: Brief and Effective Cognitive Behavioral Strategies to Promote Effective Change.*” Charlotte Area Health Education Center (Charlotte, NC). October 2017
- Bunton, Audrina Jones, “*A Walk in My Shoes: Brief and Effective Cognitive Behavioral Strategies to Promote Effective Change.*” Eastern Area Health Education Center (New Bern, NC). August 24, 2017
- Bunton, Audrina Jones, “*A Walk in My Shoes: Brief and Effective Cognitive Behavioral Strategies to Promote Effective Change.*” Southern Regional AHEC (Fayetteville, NC). August 17, 2017
- Bunton, Audrina Jones, “*Children & Anxiety: Signs, Symptoms, and Strategies.*” Wake Forest University, Winston-Salem, NC. July 2017.
- Bunton, Audrina Jones, “*Children & Anxiety: Signs, Symptoms, and Strategies.*” Charlotte Area Health Education Center, Charlotte, NC. May 2017.
- Bunton, Audrina Jones, “*Children & Anxiety: Signs, Symptoms, and Strategies.*” Eastern Area Health Education Center, Greenville, NC. May 2017.
- Bunton, Audrina Jones, “*Where the Healing Begins: Trauma-Focused Cognitive Behavior Therapy with Children and Adolescents.*” Southern Regional AHEC (Fayetteville, NC). September 2016
- Bunton, Audrina Jones, “*Children & Anxiety: Signs, Symptoms, and Strategies.*” Wake AHEC, Raleigh Convention Center, NC. July 2016
- Bunton, Audrina Jones, “*Where the Healing Begins: Trauma-Focused Cognitive Behavior Therapy with Children and Adolescents.*” Charlotte AHEC. April 2016
- Bunton, Audrina Jones, “*Where the Healing Begins: Trauma-Focused Cognitive Behavior Therapy with Children and Adolescents.*” Cumberland County DSS. February 2016.
- Bunton, Audrina Jones, “*A Walk in My Shoes: Brief and Effective Cognitive Behavioral Strategies to Promote Effective Change.*” Charlotte AHEC. 2015
- Bunton Audrina, “*Cognitive Behavioral Therapy: School-Based Interventions.*” Durham Public School Based Psychologist Training. Durham Public Schools Faculty Training Center. 2015.
- Bunton A. *Groomed for Greatness.* North Carolina Future Business Leaders of America State Leadership Conference, Greensboro, NC; 2008.
- Bunton A. Community Research Advocate Facilitation. Durham, NC; 2005.
- Bunton A., Blakeney N, Enga, Z., Corbie-Smith G, “*Increasing Recruitment of Minorities in Clinical Research.*” Hawthorn Suites, Durham, NC; 2005.
- Blakeney N, Bunton A., “*Project CONNECT: The Bridge to Healthy Communities Through Research.*” North Carolina-Louisiana Prostate Cancer Project workshop, Chapel Hill, NC; 2005.
- Bunton A., Blakeney N. “*Increasing Recruitment of Minorities in Clinical Research.*” Lineberger Comprehensive Cancer Center, Chapel Hill, NC; 2004.
- Corbie-Smith G, Blakeney N, Bunton A., “*Project CONNECT: The Bridge to Healthy Communities Through Research.*” Office of Minority Health & Health Disparities, Raleigh, NC; 2004.

Publications/Websites

- Samuel-Hodge CD, Gizlice Z, Allgood SD, **Bunton AJ**, Erskine A, Leeman J, Cykert S. *A hybrid implementation-effectiveness study of a community health worker-delivered intervention to reduce cardiovascular disease risk in a rural, underserved Non-Hispanic Black population: the CHANGE Study.* Am J Health Promot 2022. <https://doi.org/10.1177/08901171221078272>
- Samuel-Hodge, C. D., Gizlice, Z., Allgood, S. D., **Bunton, A. J.**, Erskine, A., Leeman, J., & Cykert, S. (2020). *Strengthening community-clinical linkages to reduce cardiovascular disease risk in rural NC: feasibility phase of the CHANGE study.* BMC Public Health, 20(1). doi: 10.1186/s12889-020-8223-x
- Dalton, A. F., **Bunton, A. J.**, Cykert, S., Corbie-Smith, G., Dilworth-Anderson, P., Mcguire, F. R., Edwards, L. J. (2013). *Patient Characteristics Associated with Favorable Perceptions of Patient–Provider Communication in Early-Stage Lung Cancer Treatment.* Journal of Health Communication, 19(5), 532–544. doi: 10.1080/10810730.2013.821550.
- Corbie-Smith, G., Goldmon, M., Isler, M. R., Washington, C., Ammerman, A. A., Green, M. M., & **Bunton, A.** (2010). *Partnerships in Health Disparities Research and the Roles of Pastors of Black Churches: Potential*

Conflict, Synergy, and Expectations. Journal of the National Medical Association, 102(9), 823–831. doi: 10.1016/s0027-9684(15)30680-5

- Cykert, S., Dilworth-Anderson, P., Monroe, M. H., Walker, P., McGuire, F. R., Corbie-Smith, G., Lloyd, L. J., **Bunton, A. J.**, *Factors Associated with Decisions to Undergo Surgery Among Patients with Newly Diagnosed Early-Stage Lung Cancer*. JAMA. 2010; 303(23), 2368-2376.
- Sheridan S, Golin CE, **Bunton A**, Lykes J, Schwartz B, McCormack L, Driscoll D, Harris RP. *Shared decision making for prostate cancer screening: the results of a combined analysis of two practice-based randomized controlled trials*. BMC Medical Informatics and Decision Making 2012; 12:130.
- Cykert S, Walker P, Monroe M. McGuire F, Freeman C, **Bunton A**. *Racial differences in lung cancer surgery: poor numeracy skills represent a modifiable factor for decisions against care*. (Presented at the national meeting of the Society of General Internal Medicine, Pittsburg, 2008). Abstract in JGIM 2008; 23(Suppl 2): 388.
- McTigue, KM, Harris R, Hemphill, B, Lux, L, Sutton, S, **Bunton, AJ**, Lohr KN. *Screening, and Interventions for Obesity in Adults: Summary of the Evidence for the U.S. Preventive Services Task Force*. Ann Intern Med. 2003;139:933-49.
- McTigue KM, Harris R, Hemphill B, Lux L, Sutton S, **Bunton AJ**, Lohr KN. *Screening, and treatment for obesity in adults: a systematic review for the US Preventive Services Task Force, 2003*. (Available at AHRQ website at: www.ahrq.gov/clinic/serfiles.htm).
- Harris R, Lohr KN, Beck R, Fink K, Godley P, **Bunton A**. *Screening for prostate cancer: a systematic review of the evidence*. Rockville, MD, Agency for Healthcare Research and Quality. December 2002. (Available at AHRQ website at: www.ahrq.gov/clinic/serfiles.htm)

Professional Affiliations and Honors

Licensed Professional Counselors Association of North Carolina
National Christian Counselors Association, Professional Clinical Member (07/2022)
North Carolina Counseling Association
American Association of Christian Counselors
International Association of Biblical Counselors Certification
Competent Toastmaster, Toastmasters International, (voted 4-Time “Best Speaker”)
Research Triangle Institute “Thanks You Award” (For Exceptional Performance)
National Dean's List (1996, 1997, 2004)