

Rachel Galanter

EDUCATION, CREDENTIALS, and AWARDS:

Qualified Professional Parenting Educator by the North Carolina Parenting Education Network
Certified Provider, Coach, and Trainer by National SafeCare Training and Resource Center
Certified Attachment Bio-Behavioral Catch-Up Parent Coach
Certified Anger Management Specialist I by the National Anger Management Association
Certified Community Resiliency Model Teacher by the Trauma Resource Institute
Certified Motivational Interviewing Trainer by the Motivational Interviewing Network of Trainers
Certified Triple P Level II Brief Primary Care and Seminar Provider
Donna Stone Award Winner 2013
Unity Fellow 2019
Ian Axford (New Zealand) Fellow in Public Policy 2020

Master of Public Health, Maternal and Child Health, August 1997
School of Public Health, University of North Carolina, Chapel Hill, NC
Merit Assistantship in the Department of Maternal and Child Health 1996-97
Delta Theta Omega honor society

Bachelor of Arts summa cum laude, Psychology, February 1991
Columbia College, Columbia University, New York, NY
Columbia College Dean's List, Psychology Honors Program, Phi Beta Kappa
Completion Barnard Teacher Certification Program

WORK EXPERIENCE:

Technical Assistance and Consultation Lead

El Futuro, Durham, NC

May 2021-current

- Develop, grow and maintain the provision of a culturally responsive, trauma informed, high quality/high impact consultation and technical assistance program to support the efforts of the agency to expand statewide service capacity by providing hands-on support to identified stakeholders to increase their abilities to provide high quality mental health care for Latine communities
- Create and maintain positive relationships with all partner organizations and community stakeholders.
- Directly provide consultation, technical assistance, training in English and Spanish to administrators, clinicians, and community supports to expand access to mental health for Latine community members
- Train and support others to provide consultation, technical assistance, training to service agencies working to improve engagement of Latine community members

Executive Director

Exchange Family Center, Durham, NC

August 2015-June 2021

- Ensure agency presence and involvement in key community initiatives such as Early Childhood Action Planning, Durham's Adverse Childhood Events (ACES) Resilience Taskforce, Durham's Integrated Domestic Violence Response System, Healthy Durham 2020, and NC Pathways to Grade Level Reading project.
- Serve as primary center spokesperson and develop community capacity to buffer children from toxic stress, promote resilience, and support the adoption of nurturing responses by teachers, parents and other adults whom children rely on

- Provide workshops, training and coaching to develop the capacities of professionals to engage parents, support behavior change, communicate cross culturally, and be an ally of LGBTQ families, Latine families, and other families facing inequity.
- Create a trauma-informed resilience enhancing environment supporting racial equity and communication.
- Supervise program managers and executive staff—including being available to provide support and feedback on program issues as needed, determine work plans and perform performance evaluations.
- Partner with board leadership; develop and implement a strategic plan; serve ex officio as a member of the Board and its committees; collaborate with Board to identify and recruit prospective members.
- Develop a management team to create uniformity across programs and ensure that agency programmatic decisions are coherent with agency values and strategic plan.
- Serve as liaison to local Exchange Clubs, NC District Foundation and National Exchange Association, local service clubs, and collaboratives.
- Raise the visibility of the organization through the development and implementation of communications geared to specific constituencies as well as the general public including newsletters, a blog, annual reports, and social media posting.
- Expand local revenue generation and fundraising activities to support operations and expansion.
- Identify appropriate grants: initiate, oversee and complete grant writing process with input from program managers as needed.
- Prepare annual organizational budget for approval by the Board and oversee the disbursement of funds; establish and monitor procedures and policies regarding all fiscal activities.
- Manage the human resources of the organization according to authorized personnel policies and procedures that fully conform to current laws and regulations effectively.

Family Support Specialist and Program Manager,

Exchange Family Center, Durham, NC

November 2000-2015

- Interview, train, monitor, evaluate, and supervise staff, interns, and volunteers.
- Select intervention models and insure model fidelity using implementation best practices.
- Write grants and solicit donations.
- Develop program budgets, review financials, and prepare invoices.
- Organize data and prepare monthly, quarterly and annual reports for various funders. Utilize data to insure quality of intervention.
- Serve as a liaison to other programs and agencies in the community serving overstressed families, including providing workshops to parents served by other agencies on language development, self esteem, positive discipline, and anger management.
- Support agency's community awareness efforts on positive parenting and the prevention of child abuse and neglect, including developing materials, soliciting donors, sending press releases, and speaking with the press.
- Present at local, state, and national conferences.
- Work directly with families providing in-home services (in English and Spanish) from a strengths-based approach utilizing multiple models including Language is the Key, Parent Child Interaction Therapy, SafeCare, and Attachment Bio-Behavioral Catch Up.
- Utilize Motivational Interviewing, anger management, and biofeedback to help families prepare for addressing parenting issues.
- Provide training and coaching to professionals to increase community capacity.
- Served as Credentialing Committee Chair for NC Parent Education Network 2011-2013, revising the credential applications to better reflect best practices.

Interim Religious School Lead Teacher, Junior Junior Congregation Leader, Gan Shabbat teacher, Ruach Shabbat Coordinator, B'Mitzvah Tutoring Lead

Beth El Synagogue, Durham, NC

August 2001-present

- For the 2005-2006 academic year provided supervision and support to the religious school teachers while the school searched for a new principal. Provided suggestions and feedback for behavior management
- Plan and lead services for children age 3-7 for Shabbat & holidays. Teach classes and support peer tutoring to develop language skills and cultural knowledge through practice, songs, and games.

Children's Program Coordinator,

IFC Project Homestart, Chapel Hill, NC

July 1998-December 2000

- Developed and implemented a program for parents and children who reside in transitional housing program; led educational and recreational activities for children and families
- Recruited, trained, and supervised volunteer children and family activity leaders
- Facilitated parenting workshops; provided support, transportation, referrals, parenting information, and material goods to mothers.

Children's Advocate,

New Beginnings, Seattle, WA

January 1995-January 1996

- Coordinated children's services in domestic violence program
- Designed and led staff, volunteer, and community trainings
- Supported, counseled, and advocated for children and youth exposed to domestic violence
- Provided support, referrals, parenting information, and material goods to mothers.

Youth Crisis Intervention Case Manager

Seattle Counseling Service for Sexual Minorities, Seattle, WA

January 1993-March 1995

- Counseled children and youth; made referrals and provided advocacy for appropriate services
- Assessed mental health needs and provided appropriate support
- Facilitated support groups
- Provided training and consultation to volunteers, service providers, and youth at a drop-in center
- Designed outreach materials; did community outreach to inform youth of services available
- Participated in youth center interagency steering committee to develop policies and address grievances.

Counselor,

Catherine Booth House, Seattle, WA

1991-1993

- Answered crisis calls; screened potential residents; made referrals
- Counseled residents (domestic violence focus); helped residents set goals and evaluate progress
- Mediated resident conflicts
- Compiled statistics and wrote monthly statistical report.

Head Teacher,

Green Tree Child Care, Seattle, WA

1991

- Planned, prepared, and implemented developmentally appropriate curriculum for children ages 2-3.

VOLUNTEER EXPERIENCE:

Beth El Synagogue, Durham, NC

May 2010-Current

Racial Justice Task Force Member; served as Executive Committee Member (Vice President, President, Past President): lay leader for 400 family religious community; sat on search committees for rabbi, executive director, and youth and education director; oversaw creation of strategic budget and implementation of strategic plan.

Durham Public Schools, Durham, NC September 1998-2012
Volunteer: provided one-on-one or small group support to English as a Second Language students or their parents; made phone calls or help interpret to facilitate communication between school staff and parents; hosted summer play dates to welcome new students and create community.

Teen AIDS Hotline, Chapel Hill, NC August 1996-April 2002
Mentor: provided training and support to youth answering the hotline.

Seattle Rape Relief, Seattle, WA. July 1991-January 1996
Advocate/Counselor: answered crisis calls. Provided medical and legal advocacy

SAMPLE OF RECENT PROFESSIONAL PRESENTATIONS:

Cultural Humility, Cultural Competence and Addressing Racism in Training Spaces
Motivational Interviewing Network of Trainers Forum, Chicago, 2022

The Impact of Toxic Stress on Health and Your Role in Resilience at the 2019 School of Nursing Association of NC Educational Meeting and for Northwest Area Health Education Center

Engaged, but I just met you (Mary McKay, Touchpoints and Motivational Interviewing) at the 2017 NC Infant Mental Health conference and the 2017 Prevent Child Abuse Learning and Leadership Summit

The Impact of Family Structure (Through the Lens of Culture and Sexual Orientation) at the 2016 NC Headstart Association Conference and for the WAGES staff at their in-service training conference in Wilmington, 2014

Engaging LGBTQ youth and families—how do you show you're an ally at the 2017 NC One Community in Recovery conference.

Lessons from the Coached: The Impact of Different Coaching Methods for the Motivational Interviewing Network of Trainers Forum in Atlanta, 2014

Engaging Families: Getting Families to Want to Work with You in multiple settings, including at the 2007 National Smart Start Conference and at the 2008 North Carolina Prevent Child Abuse Conference and the 2012 North Carolina HeadStart Association conference.

Prevention Basics: Developed for Prevent Child Abuse North Carolina as a one day training (presented twice in 2009) and adapted and recorded a section as a webinar

Motivational Interviewing: Presented Introduction at the 2013 and 2014 National Birth to Three Institutes, the 2013, 2014, 2017 National Smart Start Conferences, at the 2013 National Head Start Association Parent Engagement Institute, and in 2013-2014 for all North Carolina Communities in Schools site coordinators. Facilitated Motivational Interviewing Skill Building sessions followed by monthly coaching for Prevent Child Abuse North Carolina, Durham's Communities in Schools, Chapel Hill Training and Outreach Program, North Carolina's Partnership for Children, and the National SafeCare Training and Research Center, Durham's Early Headstart, El Futuro, and Durham's Child Development Service Agency, ITTI Project.

PUBLICATIONS:

Child and Family Behavior Therapy: Effectiveness of Parent-Child Interaction Therapy Delivered to At-Risk Families in the Home Setting (34 October 2012), pp.177-196 by Rachel Galanter, Shannon Self-Brown, Jessica R. Valente, Shannon Dorsey, Daniel J Whitaker, Michelle Bertuglia-Haley, and Metta Prieto

Journal of Child and Family Studies: Utilizing Benchmarking to Study the Effectiveness of Parent-Child Interaction Therapy Implemented in a Community Setting (25 February 2012), pp. 1-9 by Shannon Self-Brown, Jessica R. Valente, Robert C. Wild, Daniel Whitaker, Rachel Galanter, Shannon Dorsey, and Jenelle Stanley

Motivational Interviewing Resources for Trainers from the Motivational Interviewing Network of Trainers: Health & Safety Quiz (July 2020), pp. 97-98 by Rachel Galanter

Ian Axford Fellowship Wrap Around a Little More <https://www.fulbright.org.nz/wp-content/uploads/2021/12/Wrap-Around-a-Little-More-Opportunities-for-New-Zealand-social-sector-agencies-to-address-early-need-regarding-child-wellbeing.pdf>