

Understanding Trauma and Substance Abuse: Implications for Practice

Program Description

This program is designed to introduce practitioners to the concepts and implementation of trauma, trauma informed care, and the links between trauma and substance abuse. Research and clinical evidence documents a significant overlap between trauma and substance abuse. The training will provide information about the co-occurrence of trauma and substance use as well as offer an overview of screenings, assessments, and treatment models to address this population. The training will be interactive and will incorporate documentary components and case studies to provide opportunities for practicing and processing of the material. Materials and resources will be provided as toolkits for service implementation.

Program Objectives

Upon completion of this program, participants should be able to:

- Discuss the prevalence and impact of trauma and substance use in the behavioral health population;
- Explain the common screenings and assessments and the basic skills for implementation;
- Describe evidence-based treatment models to address trauma and substance use;
- Develop the ability to critically examine case studies that provide implications for practice.

Target Audience

This workshop will be beneficial to mental health and substance abuse professionals, including psychologists, social workers, marriage and family therapists, licensed professional counselors and substance abuse counselors.

Agenda

9:00am	Setting the Stage: Trauma and Substance Use
10:30am	Break
10:45am	Screenings and Assessment: An Overview
12:00pm	Lunch
1:00pm	An Introduction to Treatment Models to Address Trauma and Substance Use
2:45pm	Break
3:00pm	Documentary Case Study (Healing Neen)
4:00pm	Case Studies and Wrap-Up
4:30pm	Adjourn

Contact Hours

6.0 hours

Faculty

Kelly Graves, Ph.D., is a licensed clinical psychologist in the state of North Carolina. After serving as a tenured Associate Professor for a combined almost 16 years at UNCG and North Carolina A&T, Dr. Graves decided to pursue her passion of bridging research and practice by hanging up her

academia hat and founding Kellin, PLLC and its non-profit partner the Kellin Foundation. Since that time, the Kellin Foundation has been named a partner with the National Child Traumatic Stress Network (NCTSN) for its expertise in community-based trauma recovery for children and families, which is the second site in the state of North Carolina behind Duke University. Dr. Graves is a consultant with the United States Department of Justice and has been invited to the White House under the Obama Administration to participate in think tank efforts around building community resiliency. She is also a training consultant with the UNC-CH School of Social Work's AHEC Training Partnership. She has successfully implemented dozens of large-scale grants totaling over \$10 million dollars focused on community change and is an accomplished scholar with dozens of peer-reviewed publications, books, and book chapters. She developed the Greensboro Child Response Initiative, which is nationally recognized model by the US Department of Justice for best practices in responding to children exposed to violence. Her awards include the American Psychological Association Division 56 Trauma award, the Triad Business Journal Top 40 Leaders Under 40 awards, named as a Top Psychologist award with the International Association of Health Care Professionals, and several others. In her free time, she loves to spend time with her family and friends, cheering on her favorite sports teams, and reading.