

Tips, Tricks and Techniques – Behavior Management Strategies

Program Description

Developing a behavior plan takes more than just an “if-then” contingency statement. Even a thoroughly designed plan can fail without additional supports. This program focuses on components intended to support a behavior plan. These supports can include visual supports, social stories, and other methods to reinforce the already existent behavior plan.

Learning Objectives

Upon completion of this workshop, participants should be able to:

1. Explain the importance of including supports to a current behavior plan;
2. Describe what supports are available to support an existing behavior plan;
3. Examine the ways the supports are beneficial;
4. Demonstrate what types of supports are most beneficial for their population;
5. Discuss the pros and cons of including additional supports.

Target Audience

This program is intended for mental health professionals working with children, adolescents and/or families.

Contact Hours

2.0 hours

Program Agenda

Intro – 5 minutes

Basics – 10 minutes

Visual Supports – 15 minutes

Feedback – 15 minutes

Tangible Tokens – 15 minutes

Break – 15 minutes

Emotional Regulation – 15 minutes

Social Stories – 15 minutes

Discussion – 15 minutes

Faculty

Rob Schooley, MSW, LCSW, graduated with a Master of Social Work from the University of Illinois at Urbana-Champaign in 2004. He currently serves as a Behavior Specialist for the Chatham County Schools where he provides direct services to children and adolescents displaying academic, social and/or emotional difficulties. In addition to conducting functional behavior assessments and developing behavior intervention plans, Rob utilizes cognitive-behavioral techniques as well as mindfulness-based interventions to address the needs of the population he serves. Rob is a certified trainer for Nonviolent Crisis Intervention, a Field Instructor for the University of North Carolina at Chapel Hill School of Social Work, and a Faculty Advisor for the Boston University School of Social Work.