

Suicide in Adults and Children: Prevention, Intervention and Aftermath

Program Description

Many of the adults and children with whom we work suffer from illnesses that put them at risk of suicide. This workshop will address the biological, environmental, and cognitive factors related to depression and suicide in adults and children. It will focus on the latest research related to risk assessment, prevention efforts and their effectiveness and clinical/legal standards of care. We will consider the impact of attempted and completed suicides on families, communities and clinicians and provide guidelines for responding to these situations.

Learning Objectives

Upon completion of this workshop, participants should be able to describe:

1. Describe how depression manifests differently from youth to adulthood.
2. Explain how depression differs from grief or unhappiness.
3. Discuss the influence of suicide on the family, community, and caregivers.
4. Identify the causal factors in suicide and the appropriate treatment modalities for each.
5. Describe prevention efforts and their levels of effectiveness.
6. Access resources and make recommendations for families and agencies.

Target Audience

Mental health clinicians, substance abuse counselors, health and human service professionals interested in this topic.

Contact Hours

Up to 6 hours

Program Agenda

9:00 a.m.	How symptoms differ in adults and youth
10:00 a.m.	Rationale for intervening
11:00 a.m.	Break
11:15 a.m.	Causal Factors in Depression and Suicide
12:15 p.m.	Lunch
1:30 p.m.	Suicide Risk Assessment
2:30 p.m.	Prevention / Intervention / Treatment
3:30 p.m.	Break
3:45 p.m.	Aftermath
4:45 p.m.	Adjourn

Faculty

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Jodi Flick, MSSW, LCSW, ACSW, has an MSSW from the University of Tennessee-Knoxville and has earned an LCSW and ACSW. Prior to becoming a Clinical Associate Professor with the UNC-CH School of Social Work, she provided direct services in out-patient and in-patient mental health, in emergency poverty relief services, in crisis intervention with the police department and in medical social work, with 40 years clinical social work experience. She is a member of the N.C. Youth Suicide Prevention Task Force and the Triangle Coalition for Suicide Prevention, and she facilitates a local Survivors of Suicide Support Group. She has been actively involved in volunteer work and community organization around social justice and service issues. In addition, Ms. Flick has considerable experience teaching at conferences, colleges and local organizations and is a dynamic trainer who engages participants in the learning process.