

# **Responding to Family Violence: Evidence-Based Approaches for Practice**

## **Program Description**

Family violence is likely one of the most common, and yet challenging, issues that clinicians encounter. Mental health and substance abuse issues highly co-occur with trauma-related experiences and interpersonal violence histories. Regardless of the setting in which they work, clinicians must have a working knowledge of the foundations of trauma and interpersonal violence and tools to effectively assess and treat individuals. Additionally, competency in differential diagnosis, evidence-based models of treatment, and applying treatment in a trauma-informed, culturally competent framework is needed. This program will provide information and tools to understand, assess, and treat problems related to family violence from a trauma-informed perspective.

## **Program Objectives**

Upon completion of this program, participants should be able to:

- Define trauma, trauma-informed care, and the various forms of interpersonal violence;
- Explain the impact of trauma from a cognitive, neurobiological/physiological, clinical, and ecological perspective;
- Discuss trauma and its comorbid conditions and disorders;
- List several trauma assessments that can guide treatment;
- Outline how to develop a comprehensive safety plan;
- Name the most current evidence-based practices in trauma for treating adults, adolescents, children and families.

## **Agenda**

9:00 am	Module A: Foundations of Trauma and Family Violence
10:30 am	Break
10:45 am	Module B: Guiding Principles of Assessment and Overview of Tools
12:00 pm	Lunch
1:00pm	Module C: Conjoint Treatment: When is it Appropriate?
2:45 pm	Break
3:00 pm	Module D: Treatment Approaches to Family Violence
4:30 pm	Adjourn

## **Target Audience**

This workshop will be beneficial to mental health and substance abuse professionals, including psychologists, social workers, marriage and family therapists, licensed professional counselors and substance abuse counselors.

## **Credit Hours**

6.0 hours

## **Faculty**

**Kelly Graves, Ph.D.**, is a licensed clinical psychologist in the state of North Carolina. After serving as a tenured Associate Professor for a combined almost 16 years at UNCG and North Carolina A&T,

Dr. Graves decided to pursue her passion of bridging research and practice by hanging up her academia hat and founding Kellin, PLLC and its non-profit partner the Kellin Foundation. Since that time, the Kellin Foundation has been named a partner with the National Child Traumatic Stress Network (NCTSN) for its expertise in community-based trauma recovery for children and families, which is the second site in the state of North Carolina behind Duke University. Dr. Graves is a consultant with the United States Department of Justice and has been invited to the White House under the Obama Administration to participate in think tank efforts around building community resiliency. She is also a training consultant with the UNC-CH School of Social Work's AHEC Training Partnership. She has successfully implemented dozens of large-scale grants totaling over \$10 million dollars focused on community change and is an accomplished scholar with dozens of peer-reviewed publications, books, and book chapters. She developed the Greensboro Child Response Initiative, which is nationally recognized model by the US Department of Justice for best practices in responding to children exposed to violence. Her awards include the American Psychological Association Division 56 Trauma award, the Triad Business Journal Top 40 Leaders Under 40 awards, named as a Top Psychologist award with the International Association of Health Care Professionals, and several others. In her free time, she loves to spend time with her family and friends, cheering on her favorite sports teams, and reading.