

Recognizing Students Affected by Trauma and Best Approaches When Interacting with Students in Crisis

Program Description

This interactive workshop is designed to introduce the concepts and implementation of trauma informed care to students in crisis. The workshop will focus on trauma informed approaches in school settings to include an understanding of trauma and an awareness of the impact and effects on children in the classroom. Participants will gain an understanding of the purpose in thinking about trauma in different ways and altering approaches and strategies to provide opportunities for children to rebuild a sense of control, empowerment, and mastery in their environment to create successful learning. Participants will leave the workshop with a deeper awareness of the prevalence and impact of trauma as well as practical strategies for how to continually move toward being more trauma informed.

Program Objectives

As a result of this workshop the participant will be able to:

- 1) Discuss the prevalence and impact of trauma among children, including how trauma impacts the learning process.
- 2) List the core components of trauma informed care.
- 3) Identify tools and strategies for implementation of trauma informed care within school settings.
- 4) Explain the best approaches to dealing with students in crisis.

Agenda

9:00 AM	Welcome and Introductions
9:15	Demystifying Trauma: Prevalence and Impact
10:30	Break
10:45	Trauma Informed Care: Realizing, Recognizing, and Responding
11:15	Applying Trauma Informed Care in School Settings
12:15	Working with Students in Crisis
1:00	Q & A
1:15 PM	Adjourn

Target Audience

School based support staff - School social workers, nurse, psychologists, and counselors.

Contact Hours

3.5 hours

Faculty

Kelly Graves, Ph.D., is a licensed clinical psychologist in the state of North Carolina. After serving as a tenured Associate Professor for a combined almost 16 years at UNCG and North Carolina A&T, Dr. Graves decided to pursue her passion of bridging research and practice by hanging up her academia hat and founding Kellin, PLLC and its non-profit partner the Kellin Foundation. Since that time, the Kellin Foundation has been named a partner with the National Child Traumatic Stress Network (NCTSN) for its

expertise in community-based trauma recovery for children and families, which is the second site in the state of North Carolina behind Duke University. Dr. Graves is a consultant with the United States Department of Justice and has been invited to the White House under the Obama Administration to participate in think tank efforts around building community resiliency. She is also a training consultant with the UNC-CH School of Social Work's AHEC Training Partnership. She has successfully implemented dozens of large-scale grants totaling over \$10 million dollars focused on community change and is an accomplished scholar with dozens of peer-reviewed publications, books, and book chapters. She developed the Greensboro Child Response Initiative, which is nationally recognized as a model by the US Department of Justice for best practices in responding to children exposed to violence. Her awards include the American Psychological Association Division 56 Trauma award, the Triad Business Journal Top 40 Leaders Under 40 award, named as a Top Psychologist award with the International Association of Health Care Professionals, and several others. In her free time, she loves to spend time with her family and friends, cheering on her favorite sports teams, and reading.