

Title: *Motivational Interviewing III – More Practice & Feedback*

Prerequisite: Introduction to Motivational Interviewing

Continuing Education: 6.0 hours

Description

Motivational Interviewing, like all clinical models, is learned through the process of *deliberate practice* which includes learning new material, applying the material, and receiving expert feedback. *Motivational Interviewing III* continues this process with a light refresher followed by a deeper dive into a host of concepts and techniques coupled with immediate feedback and discussion. Expect a lighthearted atmosphere offering an opportunity to *improve*, not *prove*, your MI skills. Specific course material may vary depending on the needs of the participants.

Learning methods include:

- Interaction and discussion
- Written exercises
- Nominal didactic presentation
- Small group exercises with coaching and feedback

Learning Objectives

1. Enhance counseling skills when working with client ambivalence.
2. Identify and practice moving a client through the Four Processes of MI.
3. Be more comfortable and confident using motivational interviewing techniques.

Target Audience: Helping professionals who support clients making life changes.

Sample Agenda: 7.5 hours = 6.0 continuing education hours

Begin Time	End Time	Description
0900	1030	Part 1
1030	1045	<i>Break - 15 minutes</i>
1045	1200	Part 2
1200	1300	<i>Break – Lunch – 60 minutes</i>
1300	1430	Part 3
1430	1445	<i>Break- 15 minutes</i>
1445	1630	Part 4

Faculty Bio

Michael McGuire is employed by the University of North Carolina at Chapel Hill School of Social Work as both a Clinical Assistant Professor and the Director of the *Substance Use and Addiction Specialty* program and provides private training and consultation. He is a licensed Clinical Social Worker, Marriage and Family Therapist, and Clinical Addictions Specialist, and is a credentialed supervisor. His areas of expertise include: adolescent and family development, problematic substance use, experiential learning, military families, motivational interviewing, Feedback Informed Treatment, clinical supervision, implementation science, ethics, and workforce development. Michael is the author of three unwritten books and hopes to have a fourth book not written soon. He was recently voted the most interesting and humble man in the world.