

**Title:** *Motivational Interviewing II - Practice & Feedback*

**Prerequisite:** Introduction to Motivational Interviewing

**Continuing Education:** 6.0 hours

### **Description**

This 1-day intensive workshop is designed for practitioners who have completed an introductory course to Motivational Interviewing and who have practiced MI in an applied setting. Participants will be guided through a series of exercises designed to improve their MI clinical skills and confidence using this evidence-based model. Expect a fun, engaging environment to refresh and sharpen your MI skills. Specific course material may vary depending on the needs of the participants.

Learning methods include:

- Interaction and discussion
- Written exercises
- Nominal didactic presentation
- Small group exercises with coaching and feedback

### **Learning Objectives**

1. Enhance counseling skills when working with client ambivalence.
2. Identify and practice moving a client through the Four Processes of MI.
3. Be more comfortable and confident using motivational interviewing techniques.

**Target Audience:** Helping professionals who support clients making life changes.

**Sample Agenda:** 7.5 hours = 6.0 continuing education hours

Begin Time	End Time	Description
0900	1030	Part 1
1030	1045	<i>Break - 15 minutes</i>
1045	1200	Part 2
1200	1300	<i>Break – Lunch – 60 minutes</i>
1300	1430	Part 3
1430	1445	<i>Break- 15 minutes</i>
1445	1630	Part 4

### **Faculty Bio**

Michael McGuire is employed by the University of North Carolina at Chapel Hill School of Social Work as both a Clinical Assistant Professor and the Director of the *Substance Use and Addiction Specialty* program and provides private training and consultation. He is a licensed Clinical Social Worker, Marriage and Family Therapist, and Clinical Addictions Specialist, and is a credentialed supervisor. His areas of expertise include: adolescent and family development, problematic substance use, experiential learning, military families, motivational interviewing, Feedback Informed Treatment, clinical supervision, implementation science, ethics, and workforce development. Michael is the author of three unwritten books and hopes to have a fourth book not written soon. He was recently voted the most interesting and humble man in the world.