

## **Leveraging Cultural Identity in the Context of Clinical Supervision**

### **Program Description**

Cultural identity is a complex and multifaceted construct. This lecture will explore multicultural identity and ways that context creates inherent power dynamics. The clinical alliance includes actual and perceived power that while present, are frequently left unaddressed. This lecture will encourage us to deepen our therapeutic work by considering specific elements of identity affecting clients, supervisees, and ourselves.

### **Learning Objectives**

Upon completion of this workshop, participants should be able to:

- Present a model of multicultural supervision.
- Explore the relevance of Intersectionality to understanding real or perceived power differentials.
- Define at least 5 facets of cultural identity relevant to the clinical environment.
- Identify at least 2 barriers and 2 strengths that influence cultural sensitivity.

### **Target Audience**

This program is designed for healthcare professionals, social workers, substance use disorder treatment professionals, psychologists, and counselors. Other interested mental health professionals are welcome.

### **Contact Hours**

6.0 hours

### **Program Agenda**

*6 hours*

9:00am-10:30am	Perspectives regarding culture and clinical supervision
10:30am-10:45am	Break
10:45am—12:15pm	Clinicians, supervisors, and power
12:15pm-1:15pm	Lunch Break
1:15pm-2:45pm	Theorizing identity and cross-cultural relationship building
2:45pm-3:00pm	Break
3:00pm-4:30pm	Intersectional praxis/ Final Discussion/ Q&A
4:30pm	Adjournment

### **Faculty**

Dr. Carmen Crosby (she/her/hers) is a respected thought leader in the areas of diversity, inclusion, and trauma-specific, ethical practice. Drawing from her training as a therapist, clinical supervisor and researcher, her contributions to the field of trauma and violence highlight the importance of social equity and reflexive praxis. Her translational research connects the dots between intersectionality and cultural inclusion, current trends in evidence-based research and her desire to support individuals and organizations toward superior performance. Dr. Crosby approaches these difficult topics through curiosity, skill and a self-effacing manner that is both practical and engaging.

Dr. Crosby received her MSW from University of Michigan where she focused on Interpersonal Practice with Children, Youth, Families and Society. She received her PhD from the University of North Carolina-Chapel Hill where she focused on the development, application, and evaluation of prevention research. Dr. Crosby is a trainer and independent consultant based in North Carolina.