

Intentional Inclusion of LGBTIQ+ Communities in Mental Health Settings

Program Description

This workshop will provide information, recommendations, and resources necessary to provide intentionally inclusive services to LGBTIQ+ identified folks and their families. The facilitator will use a combination of dyad activities, small group discussion, large group discussion, and multimedia presentation to address each of the program objectives.

Program Objectives

Upon completion of this program, participants should be able to:

- Explain key concepts and basic terms such as sexual orientation, gender identity, and gender expression.
- Describe the effects of societal stigmatization on LGBTIQ+ communities.
- Demonstrate an understanding of LGBTIQ+ identities, intersections with other salient identities, and relevant developmental issues.
- Discuss strategies to support clients.
- List resources for working with LGBTIQ+ folks and their families
- Explain strategies for advocating for clients by educating treatment team members and client families.

Target Audience

Counselors, therapists, social workers who have little to no knowledge base about or experience working with LGBTIQ+, Two Spirit, and Same Gender Loving individuals/communities. This workshop can also be tailored to meet the needs of people who want more advanced training and information on working with people who identify in various places along the gender continuum.

Contact Hours

4.0 hours

Sample Agenda

9AM - 10:30 AM	Welcome and Introduction of ourselves & agenda Group agreements Key Concepts & Terminology
10:30 AM - 10:45 AM	Break
10:45 AM – 12:15 PM	Identity Development & Effects of Marginalization Intersecting Identities and Multiple Marginalization Same gender &/or transgender parents/guardians
12:15 PM - 12:30 PM	Break
12:30 PM - 1:30 PM	Transition and Gender Affirming Care
1:30 PM	Adjourn

Faculty

Dr. Terri Phoenix is the Director of the LGBTQ Center at UNC-Chapel Hill. T is an alumnus of East Carolina University (BA), UNC-Greensboro (MS), and University of Georgia (PhD). Terri has served on the Executive Board for the Consortium of Higher Education Resource Professionals and the NC ACLU Transgender Advisory Board. Dr. Phoenix has experience working with youth in various settings including therapeutic group homes, detention centers, psychiatric hospitals, high schools, universities, and non-profit organizations. T has given numerous invited and peer-reviewed presentations on cultural competency and inclusive practices at local, regional, and national conferences. Dr. Phoenix lives in Durham, NC and is an avid hiker, kayaker, and motorcyclist.