

# **Gender Identity, Gender Expression, and Transgender Communities**

## **Program Description**

This presentation provides a focused attention to gender identity and gender expression. Specific topics include current research about transgender communities, identity development, legal issues, inclusive language, resources, and strategies for being an ally to people of diverse gender identities and gender expressions. The facilitator utilizes experiential activities, dyad activities, and small and large group discussion.

## **Program Objectives**

Upon completion of this program, participants should be able to:

- Introduce & discuss key concepts and basic terms gender identity and gender expression
- Raise awareness about effects of heterosexism and gender binary on lives of people of marginalized gender identities and gender expressions
- Explain the intersecting identities and effects of systems of power on people with multiple marginalized identities
- List resources and strategies for cultural competency with people of all gender identities and gender expressions

## **Target Audience**

Appropriate for people who have some basic knowledge about LGBTQ, Two Spirit, and Same Gender Loving individuals/communities (i.e., knowledge of terms such as queer, heterosexism, coming out).

## **Contact Hours**

4.0 contact hours

## **Sample Agenda**

8:30 AM	Registration
9:00	Welcome and Introductions Agenda overview/group agreements Personal learning outcomes
9:30	Terminology Identity Development
10:30	Break
10:45	Current Research & Legal Topics Gender Affirmation Processes/Transition Guidelines & Standards of Care
12:30 PM	Strategies for Being an Ally Resources
1:30PM	Adjourn

## **Faculty**

**Dr. Terri Phoenix** is the Director of the LGBTQ Center at UNC-Chapel Hill. T is an alumnus of East Carolina University (BA), UNC-Greensboro (MS), and University of Georgia (PhD). Terri has served on the Executive Board for the Consortium of Higher Education Resource Professionals and the NC ACLU Transgender Advisory Board. Dr. Phoenix has experience working with youth in various settings including therapeutic group homes, detention centers, psychiatric hospitals, high schools, universities, and non-profit organizations. T has given numerous invited and peer-reviewed presentations on cultural competency and inclusive practices at local, regional, and national conferences. Dr. Phoenix lives in Durham, NC and is an avid hiker, kayaker, and motorcyclist.

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