

Current Cultural Concerns with Latino Clients

Program Description

This workshop will help participants develop culturally competent practice with Latino clients and their families. Participants will learn aspects of Latino culture that impact engagement in services and how to navigate cultural barriers. Participants will discuss cultural beliefs and practices, acculturation, and examine their own practice with this population.

Learning Objectives

Upon completion of this workshop, participants should be able to:

1. Describe the diversity of core cultural beliefs and practices that impact Latino clients.;
2. Explain different levels of acculturation existing in a family unit and how to tailor their practice to account for this;
3. Develop culturally competent engagement practices for their work.
4. Describe how this culture views and engages in services differently than other cultures;
5. Develop protocols and strategies for their agencies that fit the need for culturally competent practice with this group.

Target Audience

This program will be highly appropriate for all mental health, healthcare and public health professionals who work with Hispanic/Latino children, youth, and families. This includes psychologists, social workers, nurses, educators, and all interested others.

Contact Hours

3.0 hours

Program Agenda

9:00 – 10:00 AM	Definitions and Key Features of the Latino Population in NC <ul style="list-style-type: none">• Common Cultural Beliefs and Practices affecting client work• Cultural Considerations and Diversity within Latino Populations
10:00 - 10:15	Break
10:15 - 11:15	Acculturation and Engagement with Latino Families
11:15 - 11:30	Break
11:30 - 12:30	Practice Setting Considerations and Application <ul style="list-style-type: none">• Diverse Practice Settings and Diverse Needs• Developing Appropriate Agency Protocols and Practices
12:30 PM	Evaluation and Adjournment

Faculty

Sarah Cengel, MSW, LCSW is a bilingual clinical social worker with many years of experience working with young children and their families. Through her focus on work in Spanish with Latino parents, Ms. Cengel has developed expertise in the clinical concerns unique to Latino clients. Ms. Cengel's areas of focus in clinical work include fostering parent-child relationships in early childhood, improving developmental outcomes for young children, and helping parents with stressors such as domestic violence, mental health concerns, and economic difficulty that can negatively impact young children. She has been a field instructor with the UNC School of Social Work for nine years and is a training consultant with the School's AHEC Training Partnership.