

# **Creatively Engaging Children and Adolescents in Groups**

## **Program Description**

Engaging children and adolescents in groups can be challenging. This program will focus on techniques and tools that can be used creatively to engage this population. From drumming groups to mindfulness-based exercises to experiential activities, this program will review different methods that can make groups more exciting for leaders and participants. Participants will leave with a new “bag of tricks” to liven up their work.

## **Learning Objectives**

Upon completion of this workshop, participants should be able to:

1. Explain the importance of utilizing different methods to engage children and adolescents in group work;
2. Describe various methods to engaging children and adolescents in groups;
3. Examine the necessary tools to implement the taught methods of engagement;
4. Demonstrate the ability to actively engage children and adolescents;
5. Discuss and share other effective ways to engage our clients.

## **Target Audience**

This program is intended for professionals working directly with children and adolescents.

## **Contact Hours**

2.0 hours

## **Program Agenda**

Intro – 5 minutes

Example Groups – 30 minutes

Break – 15 minutes

Example Activities – 45 minutes

Tricks and Tips - 10 minutes

Discussion – 15 minutes

## **Faculty**

**Rob Schooley, MSW, LCSW**, graduated with a Master of Social Work from the University of Illinois at Urbana-Champaign in 2004. He currently serves as a Behavior Specialist for the Chatham County Schools where he provides direct services to children and adolescents displaying academic, social and/or emotional difficulties. In addition to conducting functional behavior assessments and developing behavior intervention plans, Rob utilizes cognitive-behavioral techniques as well as mindfulness-based interventions to address the needs of the population he serves. Rob is a certified trainer for Nonviolent Crisis Intervention, a Field Instructor for the University of North Carolina at Chapel Hill School of Social Work, and a Faculty Advisor for the Boston University School of Social Work.