

## **Co-occurring Disorders: The Chicken or the Egg**

### **Program Description**

This program will explore the challenges and solutions when working with people who have co-existing conditions affecting their level of functioning. For many decades, the stigma of substance abuse disorders and treatment have interfered with treated the whole individual, and the same could be said for substance abuse professionals who treat those with mental health conditions. This program addresses the importance of dual diagnosis integrated treatment approaches in the world of evidenced based practices.

### **Learning Objectives**

Upon completion of this workshop, participants should be able to:

1. Identify similarities between MH and SA;
2. Detect and treat Post Acute Withdrawal Syndrome;
3. Screening for co-occurring disorders;
4. Assessment and Diagnosis considerations for people with multiple disorders;
5. Treatment Planning goals and objectives;
6. Become familiar with the “Integrated Treatment” approach;
7. Determination of successful treatment principles.

### **Target Audience**

This program is designed for all level of human service professionals working with either primary mental health or primary substance abuse populations, considering that symptoms related to both occur simultaneously.

### **Contact Hours**

3 – 4 hours

### **Program Agenda**

9:00 am – 10:30 am

- Similarities between MH and SA problems
- “Post-Acute Withdrawal Syndrome”
- DSM 5 considerations
- Screening
- Assessment and Diagnosis

10:30 am – 10:45 am

BREAK

10:45 am – 12:15 pm

- Treatment Planning
- “Integrated Treatment” approach
- Successful Treatment Principles

OR

9:00 am – 11:00 am

- Defining Addiction and new trends in the field
- Similarities between MH and SA problems
- “Post-Acute Withdrawal Syndrome”

11:15 am – 1:15 pm

- Screening
- Assessment and Diagnosis
- “Integrated Treatment” approach
- Successful Treatment Principles

### **Faculty**

**Brandon Robinson, LCAS, LPC, CCS**, has over 15 years of experience as a Licensed Professional Counselor, Licensed Clinical Addiction Specialist, and Certified Clinical Supervisor. Mr. Robinson has served as a clinical director for a number of different outpatient addiction treatment programs. Most notably, Mr. Robinson provided clinical oversight of Wake County’s nationally accredited Drug Court program for 8 years. He currently owns a private practice and provides clinical supervision for a program in Raleigh that treats males 18-30 years old with primary addiction disorders. Mr. Robinson has worked in other settings including substance abuse and mental health inpatient care for adolescents and adults, in home outpatient care for families and children, and residential services for youth with history of sexual offenses.