

Behavioral Interventions to Address Problematic Behaviors

Program Description

The importance of a well-defined positive behavior plan to address problematic behaviors is frequently overlooked. This program will begin with the examination of behavior through a Functional Behavior Assessment. The program will then focus on the critical components of an effective plan.

Participants will leave with the ability to identify target behaviors appropriate for behavior plans and develop a plan around that behavior. Time allotted for content discussion.

Learning Objectives

Upon completion of this workshop, participants should be able to:

1. Explain the importance of well-defined positive behavior plan;
2. Describe the components of an effective positive behavior plan;
3. Examine behavior through the development of a Functional Behavior Assessment;
4. Demonstrate the ability to develop a strong behavior plan;
5. Discuss the potential weaknesses in implementing a behavior plan.

Target Audience

This program is intended for mental health professionals working with children, adolescents and/or families.

Contact Hours

2.0 hours

Program Agenda

Intro – 5 minutes

Functional Behavior Assessment – 20 minutes

Critical Components of a Positive Behavior – 45 minutes

Break 15 minutes

Troubleshooting Behavior Plans – 20 minutes

Discussion – 15 minutes

Faculty

Rob Schooley, MSW, LCSW, graduated with a Master of Social Work from the University of Illinois at Urbana-Champaign in 2004. He currently serves as a Behavior Specialist for the Chatham County Schools where he provides direct services to children and adolescents displaying academic, social and/or emotional difficulties. In addition to conducting functional behavior assessments and developing behavior intervention plans, Rob utilizes cognitive-behavioral techniques as well as mindfulness-based interventions to address the needs of the population he serves. Rob is a certified trainer for Nonviolent Crisis Intervention, a Field Instructor for the University of North Carolina at Chapel Hill School of Social Work, and a Faculty Advisor for the Boston University School of Social Work.

