

## AHEC-SSW Directory – Trainer Information Sheet

**Faculty Name:** M. Avery Cook, MSW, LCSW

**Position/Title:** Associate and Clinical Director/ Clinical Social Worker, Counseling and Psychological Services, UNC-Chapel Hill

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### Education/Degrees:

- Master of Social Work, Clinical Concentration - Mental Health  
University of North Carolina at Chapel Hill
- Bachelor of Arts: English, with a Concentration in Education  
Davidson College

### Professional Certifications

- Licensed Clinical Social Worker in North Carolina
- Clinical Supervision Certification, NASW-NC

### Academic Experience

- Field Instructor, UNC School of Social Work, 2006-Present

### Brief Summary of Work Experience:

- Director, Counseling and Psychological Services, UNC-CH.  
Oversee the delivery of departmental services and outreach, including triage, brief and group therapy, medication management, the multicultural health program, outreach, integrative health, referral coordination, and academic interventions
- Associate and Clinical Director, Counseling and Psychological Services, UNC-CH. Responsible for monitoring clinical caseloads and client flow for providers and trainees on staff. Providing clinical consultation for providers and trainees on staff as needed.
- Clinical Social Worker at Counseling and Wellness Services, UNC-CH. Provides individual therapy and assessment. Utilizes CBT, DBT and psychotherapeutic interventions in a brief therapy model. Provides crisis intervention as needed. Supervises interns and provisionally licensed staff working towards licensure.

- Child, adolescent and family therapist at OPC engaging in both brief and longer term therapy. Also collaborated with local middle schools to provide primary prevention services and interventions with students.
- Clinical Case Manager at OPC working with children, adolescents and families.

**Specialization Areas:**

- Gender Identity and Gender Expression, with a special focus on the needs of transgender individuals.
- Gay, Lesbian and Bisexual identity development. Work with LGB client and issues related to homophobia and heterosexism.
- Brief psychotherapy, anxiety, depression and crisis intervention with adolescents and adults.
- Crisis work and crisis intervention

**Willingness to present on following subjects:**

- Cultural competence and effective work with LGB individuals as well as transgender specific needs.
- Substance use and abuse in the LGBT community
- Supporting LGBTQ survivors of sexual assault
- Crisis management and crisis intervention.
- Talking Trans: Gender Identity and Gender Expression, Implications for Clinical Work. This presentation will go over the differences in gender identity and gender expression that clients may often present with. Basic terminology and resources will be reviewed as well as case examples to look at ways to create a more open and welcoming environment to help meet the needs of these clients.