

AHEC-SSW Faculty Information Sheet

Name: Sarah E (Betsy) Bledsoe, PhD, MSW, MPhil

Position/Title: Associate Professor

Work Address: UNC-CH, School of Social Work
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Education/Degrees:

- B.A. – Psychology, University of Tennessee, Knoxville, TN
- MSW – University of Pittsburgh, Pittsburgh, PA
- M.Phil. – Columbia University, New York, NY
- Ph.D. – Columbia University, New York, NY

Selected Academic Experience:

Selected Teaching Experience

Fall 2006-Present: Instructor, Assistant Professor (2007), Associate Professor (2013), School of Social Work, University of North Carolina, Chapel Hill, NC

- Course: Brief Treatment
- Course: Child and Adolescent Mental Health: Theory and Practice
- Course: Qualitative Research Methods
- Course: Differential Diagnosis
- Course: Human Development in Context I: Infancy to Adolescence
- Course: Systematic Review and Meta-Analysis
- Course: India Study Abroad
- Course: Interpersonal Psychotherapy
- Course: Adult Health and Mental Health
- Course: Family and Individual Development (HBSE)

Specialization/Research Areas:

Adult and adolescent mental health, evidence based practice, interpersonal psychotherapy for depression, structured diagnostic assessment of psychiatric disorders, engagement and retention of minority and low-income clients, trauma, mood and anxiety disorders, mental health during pregnancy and in the postpartum, mental health in primary care settings, mental health care disparities.

Available for presentations on the following:

- Interpersonal Psychotherapy
- Interpersonal Psychotherapy for Depression during Pregnancy
- Evidence Based Practice for Social Workers/Social Service Providers
- Culturally Relevant Engagement Interviewing
- DSM 5 Diagnosis
- Mood Disorders
- Anxiety Disorders
- Depression During Pregnancy and in the Postpartum
- Social Determinants of Health
- Family Based Approaches to Trauma
- Common Elements for Working with Children who have Survived Trauma