Social work role in trauma education, research and practice grows
Message from Jack Richman

A
s we prepare to welcome another outstanding pool of new students into our classrooms this year, I can’t help but think about the exciting future of our profession and the role that we play in serving our communities, educating new social workers and pursuing innovative solutions that improve the overall well-being of individuals, families, and organizations.

At the same time, I am also struck by the many changes happening across our country and how tragic events, especially those involving gun violence, impact children, families, and communities. Now more than ever, we need social workers to help with both healing and with finding effective evidence-based solutions. In fact, as this latest issue of Contact shows, our field has an ever-expanding need for practitioners who can skillfully respond to and treat the complex grief that those impacted by trauma often face.

I’m proud of the work my colleagues are doing to prepare students for these challenges and look forward to working alongside them more in the coming years. As many of you know by now, after 14 years as your dean, I have decided to step down and return to the classroom. In fact, by the printing of this edition of our magazine, I will have resumed my teaching, research and service activities and continuing to mentor students and junior faculty members.

Finally, I want to thank the faculty, staff, members of my administration, the School’s amazing Board of Advisors, led by Louise Coggins, and our Alumni Council, led by Ebon Freeman-James for their continuous and steadfast dedication and support of both me, personally, and the School.

couples and families to interact successfully with their ecological environment.

Serving in this post has meant a great deal to me because together, we have accomplished so much. When I was named to this position in 2002, my key goals were to acquire top-tier faculty members, promote more high-quality research and multiply the school’s endowment to attract the best MSW and Ph.D. students. Together, we have accomplished all of that – propelling our school to one of the Top-5 public schools of social work in the country.

I am also proud to announce that our new leader will be someone with strong ties to our School. The University Board of Trustees has approved the appointment of Gary Bowen, MSW ’76, Ph.D., to the position of dean, effective Sept. 1. Gary has been a part of our UNC School of Social Work family since 1985 and holds the Kenan Distinguished Professorship. I have had the privilege of working closely with him on several very successful externally funded research projects and as a co-PI and colleague for more than 30 years. I am confident he has the vision and skills to elevate the school to the next level in terms of social work education and scholarship.

As many of you know, Gary co-directs the School Success Profile project, an assessment tool used to design support services for middle and high school students. The tool helps to determine the strength of connections students have with neighbors, their school, their family and peer groups and determines services and support needed to increase the probability of the students’ success at school. The assessment tool has been used with more than 100,000 students in nearly 1,500 schools around the nation and has been translated into five languages for use in other countries.

Over the course of his career, Gary has also worked extensively with all branches of the U.S. military across a range of mental health and social services issues. He consults regularly with military policymakers, researchers and practitioners. His work includes a 1999 landmark study on community life in the U.S. Air Force, which examined how formal and informal support plays a role in achieving work and family balance. He was co-editor of a book published in 2015 that focused on how military families across a range of countries deal with war, balancing mission demands with family demands and the role support services play in helping families succeed.

Further, he is active in many professional organizations, including as a Fellow in the National Council on Family Relations; he has also served as the organization’s president. He is a Fellow in the Society for Social Work and Research and recently was identified as one of 40 “high impact” social work scholars in a study published in the journal Research on Social Work Practice.

Over the years, he has been recognized for his teaching and mentorship, including as a six-time recipient of the “Dean’s Recognition of Teaching Excellence Award.”

I remain confident that Gary will take our School to new heights, helping us to further build on its strengths, while serving the University, the state and the world. I look forward to continuing to be a part of those efforts by resuming my teaching, research and service activities and continuing to mentor students and junior faculty members.

Finally, I want to thank the faculty, staff, members of my administration, the School’s amazing Board of Advisors, led by Louise Coggins, and our Alumni Council, led by Ebon Freeman-James for their continuous and steadfast dedication and support of both me, personally, and the School.
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Social work role in trauma education, research and practice grows

By Susan White

Historically, social work has always involved work with people who have experienced various forms of trauma. Early on, the profession focused largely on issues of chronic abuse and neglect, sexual assault or domestic violence. Over the years, as more military service members returned home from war, social work programs strengthened their curriculums and training to give practitioners, nonprofit agencies and others the needed tools to assist individuals with combat-related trauma.

Flash forward to today and social workers are now among a growing group of emergency responders often called in to help communities cope with widespread tragic events, including hurricanes, tornadoes, flooding and other natural disasters, not to mention the once unthinkable—mass shootings and terrorism.

With each new challenge, social workers have embraced their evolving roles, said Lisa Zerden, a clinical associate professor and associate dean for academic affairs at UNC’s School of Social Work. In fact, the profession has had to adapt, especially as practitioners and researchers learned more about how trauma impacts individuals and families, including in a much broader context than once thought, she said.

“We now have this understanding that trauma is at the root of a lot of social problems in our society,” Zerden said. “Today, with the emphasis on evidence-informed and evidence-based practices, we’re really starting to understand that trauma can be a predictor of mental health outcomes, on substance use rates and on chronic disease. As a profession, we understand that there is an intersection between trauma and some of the social problems we are called in to address as a professional social worker. We can’t treat those things until we actually get to some of the roots of the problem.”

The knowledgebase around trauma has grown tremendously over the last 20 years due to the Adverse Childhood Experiences (ACE) study, one of the largest scientific research studies of its kind involving more than 17,000 mostly middle-income Americans. Conducted by the Centers for Disease Control and Kaiser Permanente, the study examined the relationship between traumas that occur before the age of 18 and the long-term impact on adult physical and mental health.

According to the study, exposure in childhood to physical abuse; emotional abuse; sexual abuse; an alcohol and/or drug abuser in the household; an incarcerated household member; physical or emotional neglect; or a family member who is mentally ill, institutionalized or suicidal can increase the risk for various physical, mental and behavioral problems later in life. These problems may include teen pregnancy, alcoholism and drug abuse, depression, heart and liver disease, sexually transmitted diseases, intimate partner violence, suicide attempts and unintended pregnancies.

School of Social Work Clinical Assistant Professor Marilyn Ghezzi is well aware of these consequences. Prior to 2008, she worked full-time as a practicing clinical social worker in public mental health, where she treated adults who experienced multiple complex traumas and as a result, faced a multitude of challenges.

“These were people who had
witnessed domestic violence, parental loss, or who had been moved around from foster home to foster home," explained Ghezzi, who has taught courses on violence and trauma. “So the kinds of things we were seeing were what you would see with post-traumatic stress disorder, such as hypervigilance, a general fear of the world and an avoidance of things that remind them of their trauma. They also had problems with relationships and difficulty trusting other people. You could even see somatic complaints like chronic migraines or chronic pain and gastrointestinal problems. It’s really a pretty bad mix of symptoms that people can have as a result of childhood trauma.”

This greater understanding of how trauma hurts children in particular has helped to strengthen trauma-informed child welfare practice as a whole, said Lane Cooke, program coordinator for the Jordan Institute’s Family and Children’s Resource Program (FCRP). Over the years, FCRP has assisted in these strengthening efforts, in part, by developing training courses to enhance the skills of child welfare professionals. Many of these free classes, which have been developed and offered through a contract with the N.C. Division of Social Services, focus on the effects of trauma, especially on children’s behavior.

“We think it’s really important that child welfare workers know what to teach parents and foster parents about how to manage children’s behavior when they’ve been traumatized and of course, most children in foster care have been,” Cooke said.

Recently, FCRP began offering two new courses for child welfare workers and for supervisors and managers that focus on vicarious trauma, also called secondary traumatic stress (STS)—a topic social work leaders agree often gets ignored in such a high-risk profession.

“We train over 5,000 child welfare staff every year, and we hear them talk about secondary traumatic stress, and we know that it’s an issue that they struggle with,” Cooke said. “Agencies don’t always recognize when workers and supervisors are suffering. Our courses teach child welfare supervisors and workers what to look for, as well as practical strategies for preventing and responding to their own traumatic stress.”

At the academic level, the value of trauma-informed and evidenced-based trauma treatment has amplified within social work programs over the last several years, in part, because of increasing attention around gun violence, including after mass shootings in schools and police-involved shootings. Although such attention raises general awareness about the impact of violence, Professor Michael Lambert worries about children and families from marginalized communities who are already disproportionately exposed to trauma and violence daily.

The Council on Social Work Education’s 2012 report, “Advanced Social Work Practice in Trauma,” echoed similar concerns, noting that “the combined impact of disproportionate exposure to current trauma and experiences of historical trauma, marginalization, racism, and oppression shape the perceptions of the children and families, cultural groups, and the broader systems they live in to trauma exposure and intervention efforts.”

“Some people live in neighborhoods where shootings are constant,” explained Lambert, a practicing clinician who teaches on evidenced-based interventions and direct practice with individuals and families and whose research and expertise include trauma and violence prevention. “Some individuals can’t go out in their front yard or backyard or allow their children to do that because of the violence in the area. So that’s been there. It’s not new.”

All of these experiences can negatively affect a child’s ability to succeed in the classroom and school behavior, Lambert added.

Ghezzi and Lambert’s professional backgrounds and that of many of their colleagues ensure that students across the UNC social work program are learning from faculty with vast skills and competencies in trauma. Over the years, the School’s curriculum has incorporated more trauma content as well, including within first-year foundational courses, where all MSW students learn how to identify the signs of trauma, how to screen for it and what specific evidenced-based interventions, such as cognitive behavior therapy, can be used for treatment. Elective courses that examine the impact of trauma more closely are also offered, including those addressing substance use and behavioral health issues, and work with immigrant and refugee populations. In addition, some students may receive realistic trauma training as part of their required field work, especially

Exposure in childhood to physical abuse; emotional abuse; sexual abuse; an alcohol and/or drug abuser in the household; an incarcerated household member; physical or emotional neglect; or a family member who is mentally ill, institutionalized or suicidal can increase the risk for various physical, mental and behavioral problems later in life. These problems may include teen pregnancy, alcoholism and drug abuse, depression, heart and liver disease, sexually transmitted diseases, intimate partner violence, suicide attempts and unintended pregnancies.

— Adverse Childhood Experiences (ACE) study
if they are placed within agencies that serve clients who have experienced trauma.

Ultimately, no matter what professional area social work students pursue, they all need to be trauma-informed because trauma work is not a specialty, said School of Social Work Clinical Instructor Amy Levine.

“Everyone working in social work practice, whether on an individual direct practice level or a community or systems level, is likely already working with or will be working with clients, communities, or co-workers who have experienced adverse events in their lives that have negatively impacted them in some way,” said Levine, who spent 15 years working in direct practice with children and families. “I also think that as the field of trauma-informed care evolves, we will continue to evolve with it. The ability to adequately assess for and treat trauma is the responsibility of all social workers not just for those in mental health or those working in child welfare.”

Most recently, the need for more trauma-trained social workers has intensified within public and private agencies that work closely with newly resettled refugees in North Carolina. About 2,400 new immigrants, including from the Sudan, Iraq, and Myanmar, have arrived in the state each year since 2013.

Research has shown that recently resettled refugees experience higher rates of mental health disorders than the general U.S. population. More specifically, half of all refugees have mental health concerns, including post-traumatic stress disorder, complex grief, generalized anxiety, depression, and chronic insomnia, said Josh Hinson, a School of Social Work clinical assistant professor and director of the Graduate Certificate Program in Global Transmigration.

Most resettlement agencies help refugees find employment and housing but lack the resources to offer mental health care, despite the fact that many of their clients have suffered from torture, sexual violence, detention, displacement, and life in overcrowded camps, Hinson said.

“They feel uncertainty about the future and they also experience significant stress when they are acculturating to life in a new country...all of which contributes to the high prevalence rates of post-traumatic stress disorder and depression for refugees in this country,” said Hinson, who teaches a class that focuses on refugee and immigrant survivors of torture and trauma.

Three years ago, Hinson launched the School’s Refugee Mental Health and Wellness Initiative to help address this unmet mental health need. As project director, he and a team of social work students are helping to provide mental health screenings and treatment (including cognitive behavior therapy and motivational interviewing) to refugees in Durham, Orange and Wake counties. The team, which began contracting with the state Department of Health and Human Services in 2015, also trains agencies that are working closely with resettled immigrants.

Because the project is research-based, Hinson ultimately hopes to learn more about refugee needs and what treatments are most effective for improving their mental health. Such work essentially involves building a system of care that currently doesn’t exist but one that is necessary to help some of the state’s most vulnerable people, he said.

The challenge with understanding trauma as a researcher is that the same event can impact some people severely and result in complex life-long problems, while others show few signs of being affected and bounce back quickly, said Professor Rebecca Macy, the L. Richardson Preyer Distinguished Chair for Strengthening Families.

“For us as researchers, we’re starting to think not only about the clinical implications but also more about resilience and promoting well-being,” said Macy, who focuses on gender-based violence. “There are ways that people are incredibly resilient and so understanding that adds a lot to this whole area, too. Reducing depression is a good goal, but you orient yourself a little differently when the goal is to have people who have experienced trauma to have the best possible well-being. So how do we think about that? How do we understand well-being in the face of trauma so we can enhance that?”

Macy’s recently completed study, which examined the coping effects of yoga on mental health, embraces this research question (See, “Can yoga help those experiencing depression, anxiety, or PTSD?”. Nevertheless, she said more evidence-based research is still needed to help survivors of domestic violence and sexual assault deal with trauma and heal from it.

“There’s growing evidence but really finding key interventions that are robust that work across problems and communities—we’re not there yet,” Macy said.

Although much more is known about trauma today than 10 years ago, some service systems still are not as trauma sensitive as they could be, Macy added.

However, many more public and private agencies are incorporating social workers into their professional staff, including within hospitals, primary care clinics, schools and prisons. Such efforts put social workers, who have the ability to successfully work across disciplines, in the best position to guide further understanding of trauma and to help broadly educate its impact, Levine said.

“My hope is that social workers can continue to take the lead on educating others about what trauma looks like and what we should be doing to effectively assess for it,” she said. “I’m also hopeful that research will continue to illuminate evidence to better inform us about how to prevent trauma and effectively address the impact of trauma on the people and communities we work with.”
Can yoga help those experiencing depression, anxiety or PTSD?

By Susan White

Across the country, health and human service providers have shown a growing interest in using yoga as an option for treating people who experience mental health problems, such as depression, anxiety and post traumatic stress disorder (PTSD), due to exposure to various forms of trauma. But a recent study from the UNC School of Social Work found that while there are some promising benefits to using yoga, including to enhance other treatments, there isn't yet enough evidence to support the practice as a standalone solution for improving mental health and well-being.

Distinguished Professor Rebecca Macy, who headed up the study, said she began to think more seriously about the coping effects of yoga a few years ago while taking yoga classes. Like many enthusiasts of the practice, including social workers, Macy said she found the meditative features of yoga helpful with managing stress. But would clients struggling with mental health issues or the effects of trauma also experience similar benefits?

“As a researcher who works with violence and trauma survivors, I was just very intrigued by the idea of yoga as an intervention,” said Macy, who recently co-authored an article on the topic for the journal, Trauma, Violence & Abuse. “So much of what I was seeing and hearing about were people showing up at domestic violence shelters, mental health centers, substance abuse treatment centers, veterans’ programs, and rape crisis centers, and many were receiving recommendations to take yoga. In some of these places, social workers are offering yoga themselves. But I really wanted to know if yoga is something we should be suggesting to people who have post-traumatic stress disorder, or depression, or anxiety or various traumas. What does the evidence really say?”

For their study, Macy and her colleagues (Elizabeth Jones, MSW ’14, with Durham’s Center for Child and Family Health; Laurie Graham, a Ph.D. student at the School; and Leslie Roach, a certified yoga instructor and massage therapist with UNC Health Care at Meadowmont Wellness Center) analyzed 13 literature reviews to conduct a meta-review of 185 articles published between 2000 and 2013. Overall, the researchers found that “yoga holds potential promise for helping improve anxiety, depression, PTSD, and/or the psychological consequences of trauma at least in the short term.”

The study also suggested that clinicians and service providers consider recommending yoga as an intervention in addition to other “evidence-based and well-established treatments,” including psychotherapy and medication.

However, because most of the current studies analyzed lacked appropriate documentation on the types of yoga used, how the practices were delivered, as well as inconsistent evaluation and insufficient follow-up with individual participants, the co-authors agreed that more rigorous research is needed to build up the evidence base for yoga as a primary treatment model.

“Even though I do think yoga is, in general, incredibly beneficial, I also think there needs to be a whole lot more education about how to use yoga specifically to treat survivors of trauma in order to be the most effective and helpful,” Roach said. “So as a standalone treatment right now, it’s just not viable. However, I think with more education, more research, and more experienced instructors, it will be. The body holds a wealth of information and once we learn to work with it in conjunction with our breath, a lot of healing can take place.”

Macy and Roach are considering several possible future studies, including one that would examine the use of yoga within a rape crisis center or domestic violence shelter. However, because yoga is a holistic practice, researchers must be careful not to “undermine yoga’s approach,” Macy added.

“One of our recommendations was that researchers and yoga instructors partner together so that we use holistic methods in future research,” Macy said. “We need to ask ourselves if we’re taking these Western research methods and trying too hard to fit a round peg in a square hole. As a researcher, I don’t want to undo the potential benefits of yoga by making the practice unnecessarily standard and systematic.”

Although their study did not produce solid proof about the benefits of yoga for treating the effects of trauma, Macy also cautioned against abandoning a practice that many individuals may still find helpful.

“Obviously, talk to your doctor and make sure you’re not doing something you shouldn’t, but if yoga feels good, especially for someone who is a survivor of trauma, they should do it,” she said. “Ultimately, we want this study’s findings to inform future research of yoga for trauma so that we can help the field move forward.”
School receives $1 million gift to support students, faculty and innovation

By Scott Ragland, UNC Development Office; and Susan White

The School of Social Work at the University of North Carolina at Chapel Hill has received a $1 million gift from philanthropists Prudence F. and Peter J. Meehan of Chapel Hill, longtime supporters of the school.

The gift will support student scholarships, assist in the recruitment and retention of promising junior faculty, and fund new innovation initiatives to meet emerging needs in the field.

“Receiving a gift of this size will make a lasting impact on the School of Social Work,” said Jack Richman, dean of the school. “We are honored that the Meehans chose us to benefit from their generosity. This gift is a testament to their ongoing support and commitment to our school and the important work in which our faculty and students are engaged.”

The gift, among the largest in the school’s history, will enable Carolina to further its focus on solving some of the world’s most pressing problems among some of the most forgotten in society, starting in North Carolina.

At least $150,000 of the gift will expand scholarship offerings for master of social work (MSW) students as part of an existing Meehan Scholarship Endowment. The endowment, which the Meehans established in 2005, has provided nearly $51,000 in financial assistance to 20 student scholars over the last decade. The additional funding ensures that the school can continue to assist many students in need with increasing tuition expenses.

“Given that our MSW graduates typically get jobs with starting salaries in the $40,000 to $45,000 range, anything we can do to help ease their debt is meaningful,” Richman said.

Another $500,000 of the gift will endow the Prudence F. and Peter J. Meehan Early Career Professorship to support assistant and associate professors. The school plans to award $12,500 each to two junior faculty members. These early career term professorships, which will enhance salaries and support research and scholarly interests, will be available to recipients annually until they are promoted or for up to five years, whichever comes first.

“These funds are critical, not only for attracting new assistant and associate professors, but for helping us to retain them,” Richman said. “Our junior faculty have an incredible experience here in terms of mentoring, research, teaching and service. These professorships will demonstrate how much we support and care about our faculty. We want to do the best by them and be more competitive in the marketplace of faculty recruitment and retention. Thanks to the Meehans’ generosity, we are in a much better position on both fronts.”

Although the school has flexibility with how the remaining $350,000 will be spent, Richman wants to pursue innovative projects or partnerships that align with the school’s strategic goals. These include advancing its faculty’s expertise in developing practice and policy solutions to today’s most pressing issues, such as substance abuse, eldercare, interpersonal violence, child welfare, mental health care, international social work, and support for military families.

“This funding really strengthens our hand as a school,” Richman said, “and enables us to retain superior faculty, attract the brightest students, and maintain a strong program as we move forward to meet the social and health challenges of the 21st century.”

Prudence and Peter Meehan grew up and attended college in Connecticut. In 1984, they joined with partners to purchase a business in North Carolina and relocated to Chapel Hill. The Meehans support several educational and health and human service endeavors in North Carolina, where they have made significant philanthropic contributions to assist a variety of programs in the Triangle. Their interests span problems and issues in the areas of substance abuse, learning disabilities, at-risk youth, homelessness and mental illness. The Meehans received the Association of Fundraising Professionals Triangle 2010 Excellence in Philanthropy Award and continue to be community leaders and advocates for positive social change.

Although the Chapel Hill residents are not UNC graduates, the Meehans attributed part of their motivation to give to a deep desire to strengthen higher education efforts.

“State colleges and universities are facing more and more budget cuts, making it difficult to support their endeavors,” Prudence Meehan said. But more important, she added, “the gift is an opportunity to honor the School of Social Work’s dean, faculty, staff, students and alumni.”

“We’ve lived in different parts of the country, and we’ve had affiliations with a wide variety of colleges and universities, but there’s just something about the School of Social Work,” said Meehan, a longtime member of the school’s Board of Advisors. “It’s just an exceptional place, and the graduates, by and large, tend to stay in North Carolina. I’ve said it before, but I really like that they go on to share their knowledge and skills with communities across the state, which creates this ripple effect. They truly are problem solvers, and they add to the quality of life in North Carolina.”

The Meehans made their first gift to the School of Social Work in 1987, establishing a loyal and long-lasting relationship.

“Prue and Peter have been strong supporters of the school for such a long time,” Richman said. “They remain very interested in what we teach our students and the impactful research that our faculty conduct. Supporters such as the Meehans are what allow us to continue to be successful. So I am excited and extremely grateful for their generosity.”
Why Giving Matters

Pansy Morton

My involvement with the School of Social Work began 24 years ago when Jack Tate and Dean John Turner contacted my husband, Hugh, to help raise funds to build the current building. From that moment on, I began to learn of all of the various and critical ways that social workers contribute to our society. As a member of the School’s Board of Advisors, I also know that the School must offer financial help in the form of scholarships, grants and salaries to continue to attract the best and brightest students and to retain and recruit the highest caliber faculty. For those reasons and more, I give to the School because I know that every dollar matters—today and tomorrow.

Morton Scholar Claire Bates with donor Pansy Morton

Gifts can be made using the enclosed envelope or online at giving.unc.edu/gift/ssw

Thank you for your support
Researchers receive $3.4 million grant to study inappropriate and excessive use of antipsychotic medications

By Susan White

National Institute on Aging study targets use of medications in assisted living communities

Researchers in aging at the University of North Carolina at Chapel Hill have been awarded a nearly $3.4 million federal grant to examine the inappropriate and excessive use of antipsychotic medications in assisted living communities.

Funded by the National Institute on Aging, the five-year study focuses on older adults with dementia who are prescribed off-label medications to manage and control behavior—a growing and dangerous trend that was first observed in nursing homes several years ago. The study will explore the reasons behind the inappropriate and excessive use of drugs and potential alternate practices.

Researchers say similar prescribing practices also occur within the nation's assisted living residences, which provide care to an estimated 733,000 older adults. Although these communities generally attract individuals eager to live out their retirement years as independently as possible, assisted living residences have become a primary provider for an aging population in need of additional assistance and care.

A first-ever National Survey of Residential Care Facilities recently found that as many as seven out of 10 adults in assisted living have some form of cognitive impairment, such as dementia, as well as other limitations that affect their ability to eat, dress, bathe and take medications. Perhaps more troubling, almost 70 percent of these communities regularly dispense antipsychotic and other drugs to control residents' behaviors, said UNC-Chapel Hill study principal investigator Sheryl Zimmerman, a Kenan Distinguished Professor in Carolina’s School of Social Work.

"Many of these drugs have serious
side effects, and there’s little evidence that they help people with dementia,” said Zimmerman, who is also the co-director of the Program on Aging, Disability, and Long-Term Care at the Cecil G. Sheps Center for Health Services Research at UNC-Chapel Hill.

Zimmerman is collaborating on the study with Philip Sloane, a Sheps Center program co-director and distinguished professor at UNC Family Medicine; Daniel Kaufer, a neurologist and director of the UNC-Chapel Hill Memory Disorders Program and co-director of the Carolina Alzheimer’s Network; and John Preisser, a biostatistics research professor at Carolina’s Gillings School of Global Public Health.

Because assisted living communities are not federally regulated, requirements related to dementia care generally vary from state to state. While federal oversight is not necessarily needed, additional training is, according to Zimmerman, particularly for staff members who dispense antipsychotics, many of which carry black box warnings from the Food and Drug Administration.

“These warnings are used to convey the FDA’s strongest caution—that these drugs carry a significant risk of serious or life-threatening adverse effects, including risk of a heart attack or stroke,” Zimmerman said. “In fact, the only step more stringent than a black box warning is to remove the medication from distribution altogether. It’s imperative that these communities not only better understand what they’re prescribing, but that they also consider other alternatives before prescribing antipsychotics.”

The UNC-Chapel Hill study, which aims to address some of this education, will target 280 assisted living communities, housing nearly 12,000 residents, across seven states: Arkansas, Louisiana, New Jersey, New York, Oklahoma, Pennsylvania and Texas. As part of the investigation, Zimmerman and her colleagues hope to learn more about non-pharmacological solutions that study communities have tried and why others might be quick to prescribe medications to manage behaviors.

“In the same way that a crying infant communicates a need to a parent, people with dementia are also generally telling us something with their behavior,” Zimmerman explained. “Maybe they’re in pain. Maybe they’re in an environment that’s too noisy or where there’s too much stimulation. The fact is, you don’t consider drugs as a first choice for stopping a child’s crying without investigating what else may be going on. We need staff in assisted living communities to be just as sensitive to residents with dementia and to be aware of alternative practices.”

Four years ago, following national reports that as many as 24 percent of nursing home residents with dementia were being prescribed antipsychotics, the Centers for Medicare and Medicaid Services launched a campaign to reduce the overuse of such medications, Zimmerman said. By the end of 2015, that percentage had decreased to 17 percent.

UNC researchers are optimistic their study will motivate similar conversations in assisted living residences, largely because they will be working closely with leaders from across the country from numerous organizations involved in aging care and oversight. Such partnerships are critical for improving policies and practices that enhance the safety of residents in assisted living communities.

“All of the things that we used to talk about in nursing homes are the things that we should be talking about in assisted living today,” Zimmerman said. “Ultimately, older adults, especially older adults with dementia, deserve the best care, and our hope is that over the next five years, our work will lead to changes that improve their chances of having the best quality of life.”
Chowa planning interdisciplinary global research center

By Susan White

Gina Chowa, Ph.D.

UNC School of Social Work Associate Professor Gina Chowa is proposing to launch a global research center. The center, known as Global Social Development Innovations (GSDI), will focus on enhancing the lives of marginalized populations around the world by creating innovative social development interventions, building knowledge, generating new evidence, and impacting policies that ensure economic justice for the poor.

The UNC Board of Trustees has approved plans for the new center and is expected to vote on the center’s establishment this fall. Known as Global Social Development Innovations (GSDI), the center will be housed at UNC’s School of Social Work and will bring together a team of interdisciplinary scholars focused on social change in communities with limited economic, social and health resources, said Chowa, GSDI director. The center also will work with researchers and partners from across the globe to collaborate and leverage local expertise, while also offering an environment for junior scholars to learn the techniques and skills of impactful research.

“At its core, the GSDI team will focus on training the next generation of researchers and practitioners so that we’re building the research capacity needed for rigorous scientific inquiry into social development practices,” said Chowa, whose scholarship centers around creating holistic interventions that positively affect the root causes of poverty and health disparities around the globe.

Chowa and her team — Assistant Professors Rainier Masa, Latoya Small and David Ansong — will use GSDI’s new data hub as a primary source for strengthening research and for networking with social development scholars from around the world. The data hub, which is being developed in collaboration with UNC’s Renaissance Computing Institute (RENCI), will serve as a one-stop resource site for storing and sharing “information relevant to tackling the challenges that marginalized and disenfranchised populations living in resource-limited settings face,” Chowa said. Such challenges can include a lack of access to higher education, inadequate opportunities for employment or for generating income, and barriers to financial inclusion, among other issues.

“If you think about resource-limited countries, there is limited rigorous, and impactful research that currently exists,” Chowa said. “And most of what is there is observational research rather than interventional research that would begin to provide solutions to economic security issues that our target populations face. So we’re excited because this really will be an innovative, first-of-its-kind center.”

GSDI will focus on the following core research areas, each of which Chowa and her team members have been exploring for years: economic security, workforce development, financial inclusion, social protection, health and mental health, and education. The team also intends to collaborate with national and international partners that members have worked closely with, including the UNC Center for AIDS Research Social and Behavioral Science Research Core; the Centre for Social Development in Africa at the University of Johannesburg; the Institute for Statistical, Social and Economic Research at the University of Ghana; the Center for Studies in Rural Development, University of Pune, Ahmednegar; and the Center for Social Development at Washington University in St. Louis.

“We’re not just bringing all of these people together to collect data and research for the sake of it,” Chowa said. “We want to bring about social change. Our mission is to collaborate and build capacity for our partners and for scholars so that we’re improving opportunities for rolling out services, based on evidence, to ultra poor people who need them.”

Such a center also enables the School of Social Work to continue to build upon its work globally, said Dean Jack M. Richman, who praised Chowa’s efforts in launching the venture.

“It really is a feather in the cap for the School,” he said.
School faculty to examine the impact of community programs in India

By Susan White

UNC School of Social Work faculty are collaborating with partners in India to examine whether community programs that promote hygienic behavior and financial savings, gender equality, and enhanced mental health are having a positive impact on some of the country’s poorest residents.

Over the next year, Associate Professor Gina Chowa and Assistant Professors Latoya Small and Rainier Masa will turn their research toward the work of Samagra, a nonprofit that encourages improved sanitation through accessible and affordable public toilets; and the Comprehensive Rural Health Project, which promotes community-based healthcare, mental health, and the empowerment of girls and young women.

“With these projects, we hope to generate rigorous evidence and inform practitioners and policymakers on what works to improve the well-being of the poor in India,” Masa explained.

The faculty members, along with Dean Jack M. Richman, traveled to India in November to discuss the work and to meet with research partners, including Suresh Pathare, a professor and director of the Centre for Studies in Rural Development, Institute of Social Work and Research in Ahmednagar, India. The School has a five-year memorandum of understanding (MOU) with the Centre, which is affiliated with the University of Pune. Pathare, a former visiting scholar at UNC, has been helping the School of Social Work explore ideas that foster collaboration.

Although Chowa has focused most of her interest in Africa, she’s excited about the opportunity to expand her research to India.

“The continent of Asia is very similar to Africa in that we have similar contexts, and there are certain themes that you can see across the developing world,” she said. “That makes me optimistic that our work will have impact.”

In fact, the faculty members’ partnership with Samagra will focus on an issue that Chowa has explored extensively in Ghana—the impact of financial savings on an individual’s well-being. Specifically, the researchers intend to examine how the program’s offering of financial services, including savings accounts and other financial products, have increased the use of public toilets.

Samagra, which was started by Swapnil Chaturvedi and has gained support from the Bill and Melinda Gates Foundation, is working to improve sanitation in India, where well over 50 percent of the population, mainly in urban slums, defecate in the open. Such a practice not only increases sanitation-related diseases and death, but Samagra estimates that the urban poor lose at least 10 percent of their income due to health-related costs.

Although community restrooms have existed for years, many avoid them because they are unclean, unsafe—especially for women at night—and not easily accessible to the elderly and disabled, Chowa said.

Chaturvedi’s organization partners with municipal agencies and local businesses to renovate and improve the conditions of these restrooms. But he has been especially innovative, Chowa noted, by offering individuals incentives to use the public toilets, including on-site access to financial services, such as savings accounts, and rewards, such as discounts on washing and sanitation products. The discounts and rewards target users who can afford a small membership fee to use the restrooms, although the community toilets are still open to all, she said.

“What Chaturvedi is pursuing is behavioral economics,” Chowa said of how Samagra’s founder is attempting to change sanitation habits. “He has said that if people feel they own the place and if they are nudged and incentivized, they will use (the restrooms).”

The fees also help to maintain the facilities and keep them clean. But Samagra is also helping to “bank the unbanked,” Chowa said.

“This program has made life easier for the blue collar workers,” she said. “Most of them leave very early in the morning for work and get home really late. So if they need to go to the bank, it just doesn’t happen during the day because if they leave their workplace, they lose their job. But with the community toilets, they usually visit them early in the morning and late at night. So to find somebody who can do all of this for them and help them have access to all of these services is really convenient.”

The program truly embraces the triple bottom line, Richman added. “It’s health related, environmentally related, and economically beneficial for the community.”

Chowa and her colleagues hope to roll out an impact study with Samagra at the end of 2016 or by early 2017.

Continued on p. 15
School’s new Consortium offers training on statistical research methods

By Michelle Rogers

The School of Social Work has launched a new initiative to promote the development of statistical and methodological skills among faculty, doctoral and MSW students in the School of Social Work and elsewhere.

The Consortium for Statistical Development and Consultation (CSDC) was developed with an understanding that rigorous research methods are necessary in the pursuit of knowledge to improve the well-being of people in North Carolina, the nation, and around the world. By design, the CSDC will serve as a hub of innovative learning and as a showcase for faculty and students’ methodological and research contributions.

Spearheaded by Professor Din Chen and the CSDC Steering Committee (David Ansong, Mark Fraser, Kirsten Kainz, Jack Richman, Rod Rose and Sheryl Zimmerman), the consortium was organized in fall 2015 to acknowledge, foster, and enhance capacity for social intervention research. CSDC activities will promote an active and compelling research culture, where faculty and students build and share research skills. To that end, the CSDC will organize training, consultation, partnership, and development activities that promote the conception, design, adoption, and translation of research evidence that confers measurable benefits to society.

The CSDC has offered individualized statistical consultation to faculty and students since fall 2015. The consortium has also offered multiple other learning and training opportunities for students and faculty in the school and university, including two on-site workshops that were held this spring and aimed at advanced doctoral students, faculty and professional researchers. The CSDC has also offered a 13-week online workshop on causal inference and a similar online workshop on structural equation modeling. The consortium eventually plans to host monthly sessions, including presentations, discussions and tutorials, to address relevant topics that students identify.

To learn more about the CSDC, go to http://csdc.web.unc.edu.

Visit the new website at csdc.web.unc.edu to register for upcoming workshops.
Federal grant enables School to provide Mental Health First Aid training at UNC

By Michelle Rogers

The Behavioral Healthcare Resource Program (BHRP) at the UNC School of Social Work was awarded a $373,388 grant to provide Mental Health First Aid training to UNC-Chapel Hill faculty and staff. Free training sessions began in February and will continue through summer 2018.

Mental Health First Aid is a public education evidence-based program that introduces participants to the risk factors and warning signs of mental health and addiction problems, builds an understanding of the importance of early intervention, and overviews common supports. This eight-hour course uses role-playing and simulations to demonstrate how to offer initial help in a mental health or substance use crisis through a five-step action plan, with the ultimate goal to connect persons to appropriate professional, peer, social, and self-help care. The program also teaches the common risk factors and warning signs of specific types of illnesses such as anxiety, depression, substance use, bipolar disorder, eating disorders, and schizophrenia. Participants are introduced to local mental health resources, national organizations, support groups, and online tools for mental health and addictions’ treatment and support.

Peer-reviewed studies published in Australia, where the program originated, show that individuals trained in the program:

- Grow their knowledge of signs, symptoms and risk factors of mental illnesses and addictions.
- Can identify multiple types of professional and self-help resources for individuals with a mental illness or addiction.
- Increase their confidence in and likelihood to help an individual in distress.
- Show increased mental wellness themselves.
- Studies also show that the program reduces the social distance created by negative attitudes and perceptions of individuals with mental illnesses.

Training options for the UNC sessions include a full day, two half-days, or Saturdays. To find a convenient date and time, and to register, UNC employees may visit: http://ssw.unc.edu/sswevents. To request training for your specific group, contact the Behavioral Healthcare Resource Program at bhrp-support@listserv.unc.edu.

For more information, contact Tara Bohley, BHRP program coordinator, at tbohley@email.unc.edu.

With the Comprehensive Rural Health Project (CRHP), School faculty will focus on some of India’s poorest villages and on the impact of the organization’s gender equality program, which discourages discrimination and violence against women and teaches all adolescents to value girls and education early in life.

“Although there are adolescent programs for girls and boys, CRHP’s approach really focuses on changing the minds of boys and teaching them the importance of treating women as human beings,” Chowa explained. Faculty will also work with CRHP to examine the effectiveness of its mental health program, which trains community volunteers to become mental health workers. These workers—mainly uneducated women who live within the villages that CRHP serves—help to diagnose the symptoms and the behaviors of mental illness, including schizophrenia, bipolar and anxiety disorders, and refer individuals for services where needed.”

The training is very comprehensive and intense,” Chowa said. “They are also trying to change behaviors toward people with mental illness, so it’s quite holistic and really an amazing program. But they don’t have any evidence of impact. Our goal will be to look at the outcomes. Currently, all they have is anecdotal, but that has been very, very positive.”

Chowa hopes to get the study off the ground by early 2017. Ultimately, the projects should not only benefit the agencies and the communities they serve but also give research partners an opportunity to work alongside School faculty to strengthen their intervention research skills, Richman said.

“It will also help us to continue to build our research presence internationally, so it’s really a win-win-win all around,” he said.

Photos courtesy Dr. Gina Chowa
“At any given time in North Carolina, about 15 percent to 20 percent of the approximately 100,000 individuals on probation have a mental illness.”
— Gary Cuddeback, Ph.D.

School to partner with state to train probation officers to better understand mental illness

By Susan White

The UNC School of Social Work is partnering with the North Carolina departments of Public Safety and Health and Human Services to expand a program that aims to provide support to probation officers who are supervising offenders with mental illness.

The "specialty mental health probation program" is an extension of a project that Associate Professor Gary Cuddeback initiated several years ago to train probation officers across the state and to develop specialty mental health probation pilot programs in Wake and Sampson counties. The goal: to help probation officers better understand and recognize severe mental illness.

Last spring, additional specialty mental health probation programs were developed in Brunswick, Durham, Guilford, McDowell, Mecklenburg and Orange counties. The project was funded by a $679,000 grant from the federal Bureau of Justice Assistance.

“At any given time in North Carolina, about 15 percent to 20 percent of the approximately 100,000 individuals on probation have a mental illness,” Cuddeback said. “Ultimately, our goal is to improve mental health outcomes and to improve criminal justice outcomes for offenders with mental illness. We hope to see lower revocation and recidivism rates and better connection to mental health services among the offenders who receive specialty mental health probation.”

Thus far, Cuddeback’s team has provided mental health training to 2,100 officers and other stakeholders across the state, including education around psychiatric medica-

Gary Cuddeback, Ph.D.
Soon, social work students will have a new collaborative space to pursue ideas for creating change.

This fall, UNC’s School of Social Work will launch the Social Entrepreneurship and Innovation Clinic at Durham’s American Underground, a Google-supported hub that houses nearly 250 companies, mainly tech startups. School leaders are partnering with UNC’s Campus Y and its innovation hub, The Cube, to develop the creative space. The site will serve as a field placement for experimental learning in social entrepreneurship and social innovation and support new enterprises. The clinic will also prepare students to serve as consultants for community programs engaged in social entrepreneurship and innovation.

Distinguished Professor Gary Nelson, who has long been interested in community change, social entrepreneurship and sustainable development, is helping to develop the initiative and will focus on creating and launching new ventures through the clinic. Clinical Instructor Robin Sansing with the School’s Field Education office will serve as the clinic’s field instructor for student interns. Sarah Marsh, a social research associate with the Jordan Institute for Families, will help to develop the clinic’s consultation component and Clinical Instructor Michael Owen and Professor Noel Mazade, will use the site to launch a community nonprofit leadership program.

Most important, the innovative clinic will support social work students who are eager to explore new ways of making a meaningful impact on a changing health and human services environment, including through the use of technology, Nelson said. Moreover, students will have the opportunity to tap the tech-savvy brainpower of a network of young professionals from various disciplines who share American Underground’s co-working space and who are equally committed to entrepreneurship.

"Part of our intent is to try to create an innovative space that is not a siloed space," Nelson explained to about 20 students who gathered on Feb. 2 for an information session on the innovation clinic. "So the idea is that our social work students can go to the American Underground and meet somebody from business or somebody from law or government and work together with those interdisciplinary perspectives to create something together.”

Such collaborative opportunities may also encourage social work students to think more broadly about how best to create sustainable change, Nelson added. For example, how might a for-profit, mission-driven business help solve some of society’s most pressing problems, such as poverty, addiction, and homelessness?

“In many ways, we divide up the world into these kind of camps: non-profit, for-profit and public, as if they were somehow so totally distinct,” he said. “And I think what’s going on is a kind of convergence. There are organizations now that are hybrids that are finding out how you can use profit, which is not a dirty word, to bring about innovation and change.”

Furthermore, a clinic focused on entrepreneurship within the social work field can better prepare social workers for how technology will likely change their own profession, Nelson said. Technology has disrupted so many other industries already, he said.

For example, over the past 20 years, the Internet has transformed journalism and how people access the news. The now-defunct Napster and current music-streaming sites, such as Pandora and Spotify, and even YouTube have altered how people listen to music and how independent musicians introduce their art to the greater public. More recently, Uber’s ride-sharing service has threatened the taxi industry.

“So what we know in social work now, in five to 10 years from now, it’s going to change a lot,” Nelson said. “So what does an ‘Uberized’ social work look like? There is a technology revolution going on, so if you are trying to achieve a purpose and improve the welfare of a kid who is at risk, how might you use technology to do that?”

Although UNC’s 1789 Venture Lab and The Cube are helping undergraduates and grad students connect with social innovators and explore how cutting-edge initiatives can solve modern problems, social workers are not often at the table, students attending the information session agreed.

“As social workers, we have an invaluable voice to contribute to the discussion of what the future should look like and how we should get there,” said Abbie Heffelfinger, a student in the dual degree social work and public health program who attended the information session. “If we want our voices at the table, then we need to make a space for ourselves and practice speaking up.”

At the same time, students must also be willing to pursue creative and critical approaches that don’t necessarily embrace traditional social work models, Nelson added.

“If we thought that our approach to solving problems is so good, then why do we have more people in poverty now in this country than when I started (in social work), which was during the ‘War on Poverty,’ ” he said. “That kind of suggests that something is not working. That suggests that we have to reinvent the way we solve problems.”
Four honored with 2016 Distinguished Alumni Awards

By Michelle Rogers

Each year at graduation, the School of Social Work presents the Distinguished Alumni Award as our way of honoring alumni who embody social work values and carry our mission of service into the world. Alumni can be nominated by peers, faculty members, fellow alumni or students and are chosen by a committee.

This year, the School presented four distinguished alumni awards, representing four different decades here at the UNC School of Social Work. They are: Gary Bowen, MSW ’76, Ph.D.; Desdemona Faison, MSW ’85; Justin Perry, MSW ’09; and Stephen Douglas Trantham, MSW ’92.

Professor Gary Bowen, MSW ’76, Ph.D., of Cary, N.C., has been a UNC School of Social Work faculty member since 1985, and holds the Kenan Distinguished Professorship. In his 31 years at the School, he has held many administrative and teaching roles, including co-directing the development of the doctoral program until 1994.

Bowen is a leader in developing intervention research that benefits vulnerable families within the context of their communities. He co-directs the School Success Profile project, producing student-level assessments administered to nearly 100,000 students in almost 2,000 schools and youth-serving agencies. Bowen also has extensive experience working with all branches of the military services – consulting with military policymakers, researchers and practitioners across a range of mental health, family dynamic and social service issues worldwide.

He is past president of the National Council of Family Relations, which recognized him a Fellow in 2001. In 2013, Bowen was identified as an inaugural Fellow of the Society for Social Work and Research. In 2002, the Social Work Student Organization recognized him with their Most Innovative Professor Award, and he is a six-time recipient of the Dean’s Recognition of Teaching Excellence Award.

Desdemona Faison, MSW ’85, of Durham, N.C., has distinguished herself in a number of ways, both professionally and...
Gary Bowen receives his award from Dean Jack Richman and Alumni Council President Ebon Freeman-James (MSW '02).

Desdemona Faison receives her award.

Justin Perry receives his award.

Stephen Douglas Trantham receives his award.

in the community. In 1989, she became the first African American female United States Probation Officer in the Middle District. Since 2002, she has held the title of supervisory United States probation officer, and was instrumental in creating comprehensive guidelines for the investigation and supervision of sex offenders in the Middle District of North Carolina.

Faison supervises six officers who are responsible for the supervision of nearly 250 federal post-conviction and 30 pre-trial clients living in Alamance, Durham, Orange, Chatham, Person and Caswell Counties. In an additional effort to serve clients in the probation system, she served on the executive board of the N.C. Reentry Action Project, which works for the successful reentry of ex-offenders into their communities.

She is also very active in her local community. She chaired an “Alzheimer’s and Caregivers in the African American Community” conference. Faison is active with the UNC General Alumni Association and is a founding member of the Light on the Hill Scholarship Fund, which provides scholarships to promising students throughout North Carolina.

**Justin Perry**, MSW ’09 of Charlotte, N.C., was nominated by **Sharon Thomas (MSW ’98)**, assistant dean for recruitment, admissions and financial aid. Thomas shared that during his time as a student in the Distance Education program, she was impressed by the way Perry made an impact on the classroom environment and his peers. She said, “His contributions were immense. He thoughtfully engaged in class discussions and produced high quality work. Despite a two-plus hour commute to and from Charlotte every week, Justin always came prepared and was excited for the opportunity to pursue his MSW and to make a difference in the life of families and children in need.”

After graduating, Perry became a therapist specializing in addiction and mental health. He is employed in a behavioral health integration program with the Carolinas Healthcare System. Recently, he became co-chair of OneMeck, an alliance of Mecklenberg County organizations and individuals advocating for fair, equal and excellent educational opportunities for all students attending Charlotte-Mecklenberg schools. Perry’s involvement with the organization was motivated by his concern over the school system’s redistricting plans. The new plan has the potential to resegregate the school system along racial and socio-economic lines. Perry and other OneMeck leaders hope to share research about how current segregation in schools negatively impacts all communities.

Thomas added, “Justin has shared with me that social work informs everything that he does and at different levels. He continues to examine the person-in-environment fit, while considering the family and community level impact that his practice makes. In working as a social justice advocate, Justin knows that he can’t be a strong and effective practitioner without looking at the greater community impact of his work.”

**Stephen Douglas (“Doug”) Trantham**, MSW ’92, of Waynesville, N.C., is the behavioral health director for the Cherokee Indian Hospital Authority of the Eastern Band of Cherokee Indians in Cherokee, N.C. In this position, Trantham worked to expand behavioral health services to the local Cherokee population. This expansion included doubling the number of full-time staff, expansion of services to include programs in the tribal justice, a new recovery center with educational programming, and integrated behavioral health services with primary care providers in the hospital, Cherokee Central Schools and the Cherokee Family Safety Program. These services include intensive in-home targeted case management and a new day treatment program model aimed to serve the Cherokee population.

All of these efforts required Trantham to work closely with Cherokee, consultants and the state to coordinate implementation of the programs. Trantham was instrumental in planning expanded substance use services and planning two halfway houses and a rehabilitation facility to be built on tribal land in Graham County. His nominator and fellow School of Social Work alumnus, **Everett Rol-llins (MSW ’13)**, describes his work in Cherokee as “an unprecedented expansion of behavioral health services and an exemplary demonstration of social work values in serving marginalized populations.”
### 2015-16 MSW Scholarships and Awards

- **Alumni Development Award**
  - Alexandra Whately Balkum
- **Melvarene J. Howard Adair Scholarship**
  - Isabel Helen Chasse, Kristy Lynette Mabe, Brittany Michelle Walker
- **Jane Hall and William Johnston Armfield Scholarship**
  - Lena Christine Brown, Rodolfo Antonio Crooks, Kali Madeline Hackett, Verlissa Melynda Mason, Jazmin Monroe
- **Berg Scholars Award**
  - Quinton LaKeith Smith
- **Annie Kizer Bost Award**
  - Stacy Michelle Dick
- **Amy Louise Brannock, MSW Memorial Scholarship Fund**
  - Olivia Augusteen Bass
- **Kathleen Price Scholarship**
  - Anne Margaret Walker
- **Chaney-Jacobs-Preyer Award**
  - Rebecca Faith Swofford, Samantha Marie Watson
- **Brett Chavis Memorial Scholarship**
  - Alexander D. Danilowicz
- **Robert and Peggy Culbertson Scholarship**
  - Julie Christine Dick
- **Martha Sherrell Dunn Scholarship**
  - Theresa Marie Collosso
- **Bertie Oscar Edwards Scholarship**
  - Star Sullivan
- **Joanna Finkelstein Gorham Scholarship**
  - Sarah Elizabeth Chambers, Richard Scott Luquetanau, Kayce Rebecca Owens, Allison Renee White
- **Kirsten E. Hewitt Scholarship**
  - Kayce Rebecca Owens
- **Alan Keith-Lucas Scholarship**
  - Jessica Lindsey Attucks, Portia Sydney Ganpot
- **Jeffrey Langston Scholarship**
  - Caitlin Avery Klein
- **James and Connie Maynard Scholarship**
  - Vanessa Collette Collier-Robinson, Quinton LaKeith Smith
- **Robert Ernest McClernon Memorial Fund**
  - Maryanne Storey Henderson, Whitney Renee McCollum, Laura Ann Morrison, Brittany Ashley Peters-Barnes
- **Margaret Mebane Parker Scholarship Fund**
  - Sarah Michelle Klemens
- **Meehan Scholarship**
  - Laura Natalia Castro Montanez, Katie C. Savage
- **Betsy Rogers Millar Scholarship**
  - Brittany Teresa Allen, Katelyn Leah Ehle
- **Hugh MacRae Morton, Jr. Memorial Scholarship**
  - Claire Elizabeth Bates, Sarah Michelle Rabiner
- **Jane Curtis Parker Award**
  - Daniel Lee Ball, Candice Noel Locklear, Donald Eugene McDonald
- **Joan Phillips-Trimmer Scholarship**
  - Nora E. Spencer
- **Ellen E. Power Scholarship**
  - Jeffery King Neer
- **Kenneth C. Royall, Jr. Scholarship**
  - Courtney Ann Herford
- **Janice Hough Schopfer Scholarship**
  - Rebecca Hope Brandt, Josephine Peggy Carmona, India DePriese Dunn, Margaret Alley Grant, Emmanuel Javon Jefferson, Clara Elisabeth Sanders Marcus, Christine Noel Northrup, Sable Aurelia Lucretia Sanders, Naomi Ruth Spencer, Jillian Stein-Seroussi, Christi Summerlin Stephenson
- **Dean E. Smith Opening Doors Fund**
  - Daniel Lee Ball, Shivi Ramkissoon Chudasama, Kara Nakia Logan, Nadia Sue Rayyan
- **Social Justice Fund Scholarship**
  - Jasmine Deonna Harvey
- **Florence Soltys Memorial Scholarship**
  - Anne Margaret Walker
- **Springle Memorial Scholarship**
  - Danielle Erin Knutson
- **Linda M. Summer Scholarship**
  - Alexandra Whately Balkum, Rosa Stephanie Toledo
- **Leah Tannenbaum Scholarship**
  - Renee Caldwell Poole, Caroline Mast Pegram
- **Smith P. Theimann Scholarship**
  - Glamarys Eline Acevedo, Katelyn Elizabeth Roberts
- **Walsh-Cioffi Award**
  - Kristan Ryan Rosenthal
- **Ellen Black Winston Scholarship**
  - Carla Violeta Salvo-Lewis

### 2015-16 Doctoral Student Awards

- **APPLES Service-Learning Curriculum Development Grant**
  - Laurie Michelle Graham
- **APPLES Summer Internship Curriculum Fellowship from UNC-Chapel Hill APPLES Service Learning Program**
  - Laurie Michelle Graham
- **APPLES Internship Curriculum Fellowship**
  - Candace Killian-Farrell, Jennifer Elizabeth O’Brien
- **Carolina Consortium on Human Development (CCHD) Predoctoral Fellowship**
  - Todd Michael Jensen
- **Carolina Parents Council Grant for “Stigma Free Carolina: Redefining Mental Health” project**
  - Todd Michael Jensen
- **Department of Physical Medicine & Rehabilitation, Program on Integrative Medicine Predoctoral Fellowship**
  - Jane (Jaime) Moore Hughes
- **Dissertation Completion Fellowship**
  - Wen (Vivien) Li
- **Frank Porter Graham Honor Society Honoree and Inductee**
  - Todd Michael Jensen
- **Graduate and Professional Student Federation Travel Award**
  - Todd Michael Jensen
- **Heath-Webb Doctoral Research Fund Award**
  - Patricia (Tricia) Anne McGovern
- **Outstanding Doctoral Student Award**
  - Jennifer Elizabeth O’Brien
- **Five-Year Royster Society of Fellows Fellowship Award for Doctoral Study**
  - Laurie Michelle Graham, Shiyu Wu, Todd Michael Jensen
- **Sam & Betsy Reeves Doctoral Fellowship**
  - Erum Agha, Britteny Renwick Chesworth, Joseph James Frey, Tamara Keondra Hicks, Christina Elyse Horsford, Jennifer Elizabeth O’Brien, Rhianna Cohen Rakip, Elaina Michele Sabatine, Charity Sneed Watkins, Christopher John Wretman, Shiyu Wu, Angela You Gwaltney
- **UNC Royster Society of Fellows – Jesse Ball Dupont Dissertation Fellowship**
  - Candace Killian-Farrell
Thank You

for your support

Thank you, thank you to our donors who contribute specifically to support research. To make lasting, positive change we have to know what works, for whom, and under what conditions. Your donations for research enable the answers to those questions. When grant funding lapses or the ideas being tested are too new for funding agencies to take a chance on, your donations allow that work to develop and continue.

I am especially grateful to our donors who understand the value of helping junior faculty members jumpstart their research careers. Your funding is critical to my work and enables me to do what I’ve always wanted to do: to develop innovative solutions that address complex global social problems. Thank you for your support.

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O’Brien named Outstanding Doctoral Student

Jennifer O’Brien is the recipient of this year’s Outstanding Doctoral Student Award.

O’Brien received a B.A. in psychology and Spanish, and a B.S. degree in advertising, from the University of Texas at Austin. She earned her MSW from Smith College. She entered our doctoral program in 2012.

O’Brien’s areas of research interest include sexual violence, juvenile delinquency and behavioral addiction.

“Jenny is a very hard working and thoughtful student,” wrote her nominator. “In addition to developing expertise in her area of gender-based violence and human trafficking, Jenny has been actively collaborating with scholars and doctoral students in other areas, and integrated other peoples’ expertise into her own research.”

“Jenny’s CV shows she now has 10 publications, and two more under review,” adds Sheryl Zimmerman, associate dean for doctoral education. “She’s collaborated on 23 paper presentations and poster sessions. This level of dissemination – which is critical in research – has already surpassed the accomplishments of many incoming assistant professors.”

Other students also praised O’Brien, saying:

“Jennifer is a good friend and mentor to other doctoral students. She is unselfish and always has time to help others and provide opportunities to be involved in her work.”

“Jenny has inspired me with her scholarly merit and commitment to social justice.”

“To me, Jenny is someone who truly embodies the values of the social work profession. I can say, unequivocally, that Jenny is one of the best and truest social workers I have ever met.”

Zimmerman notes that faculty also had similar glowing comments, such as, “Her devotion to her scientific and clinical work is surpassed only by her warmth, empathy, and concern for others.”

“And if that’s not enough,” Zimmerman added, “One said, ‘Jenny is outstanding in every aspect of her work.’ She further displayed outstanding work by receiving the UNC Dissertation Completion Fellowship this year.”

O’Brien was presented her award on May 6 at the doctoral program graduation reception.
The UNC School of Social Work held its 95th annual commencement on May 7, 2016. Over 1,200 people packed Memorial Hall to celebrate the 140 MSW and four Ph.D. graduates. Clinical Assistant Professor Laurie Selz Campbell gave the commencement address.
Faculty spotlight

Travis Albritton
Albritton received his Ph.D. in educational studies with a concentration in cultural studies, from the UNC-Greensboro School of Education. His dissertation was entitled, “What Does it Mean to be Smart: Black Male Perspectives on School and Academic Achievement.”

David Ansong
Ansong co-authored an article with Gina Chowa and Rainer Masa in The Journal of Experimental Education. Ansong co-authored an article with doctoral student Shiyou Wu and Chowa in Children and Youth Services Review. He also co-authored an article for the International Handbook of Financial Literacy.

Deborah Barrett
Barrett continued to engage in activities to provide services to people with chronic pain, including training mental health providers on treating pain at a May 2 workshop by the North Carolina AIDS Training and Education Center at the Friday Center. In January 2015, she also accepted a joint appointment with the School of Medicine, Department of Psychiatry to provide direct services to this population.

Alycia Blackwell-Pittman

Blackwell-Pittman also presented at the National Title IV-E Roundtable in Salt Lake City, Utah on June 2. The IV-E Roundtable is an annual opportunity for child welfare stakeholders to gather and share ideas for education, training, research, and collaboration. Staff and faculty from Title IV-E education and training programs across the country, as well as state, county, and tribal partners participate in this professional conference.


Sarah Bledsoe

Tara Bohley
Bohley co-facilitated Mental Health First Aid Training for N.C. Department of Health and Human Services Secretary Rick Brajer and his leadership team in January. Secretary Brajer has requested that all of DHHS become Mental Health First Aiders, and the Behavioral Health-care Resource Program will continue working with the Division of Mental Health, Developmental Disabilities and Substance Abuse Services on dissemination efforts.

Bohley also presented at the National Council for Behavioral Health annual conference in Las Vegas on “Statewide Implementation of Mental Health First Aid.” She was quoted in a March 31 Daily Tar Heel article, “Substance Use Affects Mental Health—and Prescriptions—in College” and in a Feb. 22 Daily Tar Heel story, “Missing the Signs of Something Wrong.”

Worth Bolton
Bolton received the ATOD Pioneer Award, which is given annually to an individual for their commitment and advocacy for substance use disorder treatment and education programs in North Carolina. Bolton has spent his 40-year career assisting people with substance use problems to find help and health, serving as a treatment provider, clinical supervisor, mentor, trainer, teacher and consultant.

Bolton was also honored by the North Carolina Substance Abuse Professional Practice Board at its meeting on June 12, 2015, in Greensboro with a special recognition for his years of dedicated service to the board and his commitment to the field of alcohol and other drug abuse treatment and prevention. Bolton helped establish the board in 1978 and twice served as chair.

Gary Bowen
Bowen co-authored articles with doctoral student Todd Jensen in Journal of Divorce and Remarriage, American Journal of Community Psychology, and in Military Behavioral Health. He also co-authored an article in Journal of Applied Developmental Psychology.

Rebecca Brigham
Brigham, who held the administrative title of director of field education, was named the assistant dean for field education. Brigham was appointed for three years as chair of the Council on Field Education of the Council on Social Work Education (CSWE). In this capacity, she will also serve on the Commission on Educational Policy.

She and the Field Office also were awarded a Policy Practice in Field Education Initiative grant by the CSWE. The project will support two statewide meetings of social work educators. In fall 2016, the UNC School of Social Work and NASW-NC will sponsor a day-long North Carolina Social Work Policy Educators Summit for social work policy educators from all social work programs in the state. In spring 2017, the School and NASW-NC will sponsor a day-long Social Work Advocacy Day for social work students from all social work programs in the state.
Iris Carlton-LaNey
Carlton-LaNey gave a lecture at the University of Chicago's School of Social Service Administration on April 13, on "A Legacy Ignored: African Americans' Parallel System of Social Work/Welfare during the Progressive Era." In February, she also spoke as part of the University of Texas at San Antonio College of Public Policy's Spring 2016 Distinguished Lecture Series, presenting "African-American Social Welfare Pioneers Responding to Community Needs."


Mimi Chapman
Chowa was promoted to the rank of full professor. She also co-authored an article with Ph.D. graduate Will Hall in the American Journal of Public Health. Chapman was a guest on WUNC Radio's program, "The State of Things," and featured in the June 1, 2015, story, "Meet Mimi Chapman, A Social Work Professor Using Art To Enhance Empathy."

She and co-PIs Emil Kang and Carl Ernst have received a FIRE grant from the UNC Vice Chancellor for Research and the Office of Research Development. Their 18-month collaborative project, "Countering Negative Islamic Stereotype through Performing Arts: Measuring the Impact on Implicit and Explicit Attitudes towards Islam," aims to establish a comprehensive understanding of the potential role of the performing arts in reducing biases.

Din Chen

Selena Childs
Childs was selected to serve as the Catawba County, N.C., site consultant as part of her work with the National Quality Improvement Center for Adoption and Guardianship Support and Preservation. She will work closely with the site for the five years of the Children’s Bureau-supported cooperative agreement to identify and test an evaluable intervention with promise of improving permanency and well-being outcomes for children. Childs also helped to coordinate the 5th Wicked Problems of Child Welfare Institute in Chicago in October 2015.

Gina Chowa

Chowa spoke at a seminar on Oct. 9, 2015, in Washington, D.C., "Pathways to Development: Evidence from YouthSave." She presented at a session on "Findings from YouthSave: Outcome and Impact." The discussion covered new research, including the findings of YouthSave’s Savings Demand Assessment – an analysis of demographic and transaction patterns from 70,000 YouthSave accounts – and the results of the longitudinal experimental impact study in Ghana, which is the largest in the youth asset building field to date.

Chowa also co-authored an article with Masa in Child & Youth Services, and with Masa and David Ansong in International Journal of Educational Development.

Gary Cuddeback
Cuddeback, Amy Wilson, Marilyn Ghezzi and Tonya VanDeinse made three presentations at the American Public Health Association’s 143rd Annual Meeting and Expo, in Chicago, in October 2015. They also presented at the Eastern AHEC 31st Annual Substance Abuse Services State of the Art Conference, in November, on “Persons with Severe Mental Illness and Co-occurring Substance Use Disorders in the Criminal Justice System: Implications for Policy, Practice, and Research.”

Dean Duncan
Duncan’s collaborative Project NO REST was one of 23 different organizations recognized for efforts to stop trafficking in North Carolina, at an event on Jan. 11, in Raleigh. Duncan was quoted in a WNCN-TV news story on the event. Duncan was featured in a June 11, 2015, Time Warner Cable News story, “Children’s Bureau Statewide Grant Helps Communities Fight Human Trafficking.”

Jodi Flick
Flick and the School of Social Work’s Mental Health First Aid Training were featured in the lead story for May in UNC’s Endeavors Magazine, “Stopping the Stigma.” She conducted multiple trainings on suicide prevention.

Flick was honored with an award in June 2015 at the 35th annual symposium of the International Association for Social Work with Groups, and she presented in May 2015 at the Veterans’ Mental Health Summit in Indiana, which focused on curbing military suicide.

Mark Fraser
Fraser co-authored a discussion paper for the Institute of Medicine and National Research Council. Fraser also co-authored an article with Steve Day, Rod Rose, and Ph.D. alumnae Mary Terzian and Jilan Li in Research on Social Work Practice.

Josh Hinson
Hinson was promoted to clinical assistant professor. He was also the winner of UNC’s 2016 Robert E. Bryan Public Service Award for his work on the UNC Global Transmigration – Refugee Mental Health and Wellness Initiative.

He was interviewed in a WNCN-TV news story “Some Muslims in US say they feel backlash after Paris attacks, Syrian refugees,” which aired on Nov. 23, 2015.

Hinson was awarded a Phase II Capacity Building Grant by the Triangle Community Foundation for the Refugee Mental Health and Wellness Initiative. The award funds a one-year project to provide mental health screening and services to refugees in North Carolina in partnership with U.S. Committee for Refugees and Immigrants, a refugee resettlement agency.

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Matthew Howard
Howard and doctoral students Wen Li and Jennifer O’Brien were mentioned in a Feb. 17, Slate.com commentary by former faculty member Susan Snyder about their study, “’Problematic Internet Use’ is now officially a thing.” Howard was mentioned in an Oct. 13, 2015, story on EurekAlert, “Inhalant Use Linked to Head Injuries, Traumatic Experiences and Mental Illness.” Howard co-authored an article with Ph.D. alumnus Eric Garland in Journal of the Society for Social Work and Research. He also co-authored a paper presented at Council on Social Work Education Annual Conference in Denver, Co. in October 2015, with Li and O’Brien, and a separate paper for Journal of Evidence-Based Social Work.

Anne Jones

Kirsten Kainz
Kainz was the February Tate Talk speaker at the School. She discussed the evidence-based policy and practice movement, exploring issues related to types of evidence and uses of evidence, asking challenging questions about whose evidence matters in what circumstances. Kainz co-authored a report featured on the Brookings Institute website, “Why Federal Spending on Disadvantaged Students (Title I) Doesn’t Work.” Kainz also attended a two-week training on quasi-experimental design and analysis at Northwestern University. She also published an article on the importance of evidence-based education practice in EducationNC, an online education magazine.

Michael Lambert

Paul Lanier

He presented at the 23rd annual American Professional Society on the Abuse of Children colloquium, in Boston, July 22-25, 2015. Lanier was the topic expert leading a discussion session on child maltreatment prevention. He also co-presented on separate topics, including with O’Brien, Rizo and Macy.

Melissa Lippold
Lippold co-authored papers in Journal of Youth and Adolescence and in Prevention Science.

Macy and Kim Strom-Gottfried gave keynote speeches and seminars at the University of Applied Sciences Utrecht, Netherlands. They also served on an expert panel, consulting with Dutch colleagues about research designs for examining ethics and professional identity.

Macy’s research on yoga as a treatment for trauma was featured by a number of news outlets, including WCHL Radio, PsychCentral, Tech Times, the Business Standard and MD Magazine. Macy co-authored an article with Ph.D. student Laurie Graham in Trauma, Violence, & Abuse.

Macy also hosted “Visioning Summit: North Carolina’s Children & Domestic Violence,” on Jan. 13 in Chapel Hill. The day-long event brought together key stakeholders from the child welfare, children’s mental health and domestic violence service sectors.

She was appointed to the board of directors for the Center for Child and Family Health, a nonprofit that provides services to children and families, and was established as a program among UNC-Chapel Hill, Duke University and North Carolina Central University. She also was promoted to an associate editor for Psychology of Violence, published by the American Psychological Association.

Ron Mangum
Mangum was a guest on the UNC-TV program, the Black Issues Forum, discussing the topic of “Close Encounters with the Law.” Mangum and a retired police chief discussed what police officers and citizens can do to prevent unsafe situations from developing.

Rainier Masa
Masa presented at the 2015 American Public Health Association Annual Conference in Chicago. Masa also co-authored an article with former faculty member Natasha Bowen in the Journal of the Society for Social Work and Research.
Sherry Mergner

Mergner spoke at the “Evidence-Based Services for ASD and Related Disorders Across the Lifespan” program on April 29. Mergner was quoted in a July 9, 2015, News & Observer story, “Carrboro Charter School Appeals Closing,” and a July 8, 2015, WCBL radio story, “Parent Speaks Up for PACE Academy as Court Decides its Fate.”

Dennis Orthner

Emeritus Professor Orthner’s CareerStart Program, which started in North Carolina, is expanding further in Israel, into more school districts. Orthner traveled to Israel in January to train more administrators and teachers in CareerStart methods and help them create career fairs for their middle schools. He is also working with their evaluation team to begin a formal evaluation of the program to augment their qualitative work.

Theresa Palmer

Palmer was promoted to clinical assistant professor. She was also invited to speak on, “Microaggression in Clinical Settings,” at the Diversity in Action lunch at UNC’s Diversity THINKposium on Aug. 17. Palmer represented North Carolina and the Behavioral Healthcare Resource Program at a train-the-trainer program in Portland, Oregon, in January to support the expansion of Technology Based Clinical Supervision, particularly targeted to clinicians in rural and frontier settings in the substance use disorders field. The National Frontier and Rural Addiction Technology Transfer Center sponsored the training.

Laura Phipps

Phipps was promoted to clinical assistant professor. She has also taken on a number of special projects this year, including working with Duke Endowment, Kate B. Reynolds Charitable Trust, and providing facilitation for both the division and other partners around planning for the NC program improvement plan (PIP) and organizational development.

Wanda Reives

Reives was quoted in a January Associated Press news story, “North Carolina’s Child Protection Programs Get Poor Marks.” Reives accepted a three-year term as a member of the National Child Welfare Workforce Institute (NCWWI) Advisory Committee. The committee is a collaborative and national representative forum for expert consultation to guide the work of NCWWI, which aims to increase child welfare practice effectiveness through diverse partnerships that focus on workforce systems development, organizational interventions, and change leadership, using data-driven capacity building, education, and professional development.

Jack Richman

Richman was quoted in a Nov. 23, 2015, Daily Tar Heel story, “Junior Social Work faculty will benefit from major donation.” Richman also was featured in a June 2, 2015, University Gazette article, “Richman Leads School of Social Work into 95th Year.”

Cynthia Fraga Rizo


Mary Anne Salmon

Salmon was invited to serve on a committee organized by the Administration for Community Living, within the U.S. Department of Health and Human Services’ Center for Policy and Evaluation, Office of Performance and Evaluation. As part of this committee, Salmon was involved in national-level discussion on measuring the effectiveness of Older Americans Act programs.

Latoya Small

Small received a $150,000 grant to support research in South Africa aimed at empowering HIV-infected youth to maintain their medicine regime, avoid risky behaviors, and encourage family members to fully participate in their healthcare.

She presented at the 11th Annual Women as the Face of AIDS Summit in New York City. She also presented at the 2016 International Conference on HIV Treatment and Prevention Adherence, in Fort Lauderdale, Fla. Small co-authored articles in Journal of Public Mental Health, Child Abuse and Neglect, Global Mental Health, and in Research on Social Work Practice; and a book chapter in “Global Youth: Understanding Challenges, Identifying Solutions, Offering Hope,” by Cambridge Scholars Publishing.

She also received the Junior Faculty Development Award, which is presented by the UNC Committee on Faculty Research and Study Leaves.

C. Joy Stewart

Stewart is the co-principal investigator of the Management Assistance for Child Welfare, Work First, and Food & Nutrition Services in North Carolina project. Along with Research Professor Dean Duncan, principal investigator, Stewart will help lead this partnership of over 15 years between the Jordan Institute for Families and the North Carolina Division of Social Services that provides information on child and family outcomes to social services managers to guide policy and practice. Stewart is also serving as principal investigator of a project with the North Carolina Administrative Office of the Courts to assist the North Carolina Court Improvement Program in measuring and improving juvenile court outcomes, a partnership that began in July 2014 and was recently renewed.

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Kim Strom-Gottfried
Strom-Gottfried presented a workshop on “Ethical Practice in Supervision,” for the Greensboro AHEC in June. Strom-Gottfried spoke on “Courage as a Cornerstone of Leadership” at Flyleaf Books in Chapel Hill. This program was part of UNC’s “Humanities in Action” series. She also published two chapters in “Social Workers Desk Reference” by Oxford University Press.

Strom-Gottfried provided a keynote on moral courage to the annual national conference of the American Association of Social Work Coordinators, in Nashville, on Aug. 22, 2015. She also presented two sessions at the European Conference for Social Work Research in Ljubljana, Slovenia in April 2015. She did a preconference institute on ethics and presented a paper with Melinda Manning (MSW ’15) on “Accountability Strategies for Professional Misconduct.” Last spring, she was also a keynote speaker at the NASW-NJ Annual Conference in Atlantic City. Strom-Gottfried continued to serve as associate director of UNC’s Institute of Arts and Humanities, director of the Academic Leadership Program, for the 2015-16 academic year.

Mark Testa
Testa was a featured speaker at UNC’s Analytics for Better Policymaking Seminar on March 17. The two-day seminar focused on child welfare and juvenile justice.

Testa has been serving on an expert panel for the Illinois Department of Children and Family Services. The panel released their report, which was published as a story in the Chicago Tribune on Nov. 30, “DCFS Plagued by Problems, Needs Total Overhaul.”

Testa and Selena Childs led the fifth child welfare-focused Wicked Problems Institute, in Chicago, on Oct. 20-21. The Institute was attended by 80 people representing 18 states affiliated with the Children’s Home Society of America.

He also delivered the keynote address last year at a North Carolina Family Impact Seminar sponsored by the Duke Center for Child and Family Policy.

Sarah Verbiest
Verbiest gave the keynote address at the 3rd European Congress on Preconception Health and Health Care in Sweden, Feb. 16-19.

She is the principal investigator of a Patient Centered Outcomes Research Institute grant entitled, “Defining Unmet Patient-centered Health Care Needs in the 4th Trimester.” The project focuses on bringing together mothers, health care providers, and other stakeholders to define what families need most during the 4th trimester, which refers to the weeks following delivery when a woman must recover from childbirth, adapt to changing hormones and learn to feed and care for her newborn.


Marie Weil

Amy Wilson
Wilson received UNC’s C. Felix Harvey Award to Advance Institutional Priorities. The award recognizes “applied innovation of humanities and social sciences scholarly expertise.” Wilson will use the funds to work with a team of University and community partners to build “tiny homes” for people with serious mental illnesses. The homes will be built at The Farm at Penny Lane in Chatham County, operated by the UNC Center for Excellence in Community Mental Health, and will provide residents access to healthy food, meaningful daily activities and physical- and behavioral-health services.

Lisa de Saxe Zerden
Zerden was promoted to clinical associate professor. Zerden also gave a plenary talk at the annual meeting for the American Association for Medical Colleges in Chicago in May. She was a keynote speaker at an interprofessional education summit on April 27, sponsored by the Henrietta Schmoll School of Health at St. Catherine’s University in St. Paul, Minn.


She was a panelist at a Carolina seminar on closing the gap in healthcare education, “Building Collaborations: Lessons Learned from a Pilot Interprofessional Course on Population Health” on Dec. 7.

Zerden was also among four faculty from the Schools of Social Work, Global Public Health, Nursing, and Medicine who received approval to create a new problem-based Carolina seminar, “Closing the Gap in Healthcare Education.” The seminar is being hosted over three academic years.

Sheryl Zimmerman
Zimmerman was interviewed on UNC’s Carolina Connections radio program in November and discussed how anti-psychotic drugs may be overused in assisted living communities. She and her research were also featured in three other media publications in November: McKnight’s Senior Living, “Study Will Examine Use of Antipsychotics in Assisted Living;” the Triangle Business Journal, “UNC Targets 12,000 Patients in Seven States to Study Use of Antipsychotics;” and the Raleigh News & Observer, “UNC-CH Wins $3.4M Grant to Study Overuse of Antipsychotic Drugs among Older People.” She also co-authored a letter to the editor in the Journal of the American Geriatrics Society on Sept. 21, 2015, “Addressing Antipsychotic Use in Assisted Living Residents with Dementia.”

Zimmerman’s paper in The Gerontologist, published by Oxford Journals, was their most widely cited paper in 2014. Zimmerman was also a co-author on three of the five most widely cited papers also published that year. She also co-authored articles as a member of the THRIVE Research Collaborative in Health Services Research.

Ronni Zuckerman
Zuckerman was promoted to clinical assistant professor. She was also an invited presenter at the CSWE conference in November, where she spoke on advanced field instructor training.
Eight garner School of Social Work faculty and staff awards

By Michelle Rogers

Seven faculty members and one staff member were honored with 2016 UNC School of Social Work recognition awards. They were nominated by colleagues and students in the School of Social Work, and the awards were presented April 28 at the last faculty meeting of the academic year.

The awards program was established by the School in 2013 as a formal mechanism for recognizing the high quality work that is being done by faculty and staff. Winners receive a cash award, a personal plaque, and inclusion on a perpetual plaque located in the lobby of the School.

The recipients are:

- Professor Sheryl Zimmerman, Excellence in Faculty Mentoring Award
- Clinical Assistant Professor Marty Weems, Excellence in Teaching Award
- Assistant Professor Professor David Ansong, Excellence in Research Award
- Professor Gary Bowen, Excellence in Doctoral Student Mentoring Award
- Graphic Designer Rich Stewart, Excellence in Staff Performance Award
- Professor Mimi Chapman, Excellence in Public Service and Engagement Award
- Clinical Assistant Professor Travis Albritton, Excellence in MSW Student Advising Award
- Clinical Assistant Professor Sharon Thomas, Excellence in School and University Service Award

Carlton-LaNey

honored by alumni

By Michelle Rogers

Professor Iris Carlton-LaNey is the winner of the 2015 Hortense K. McClintock Outstanding Faculty Staff Award. This award, presented by the UNC General Alumni Association’s Black Alumni Reunion, honors a faculty or staff member who has made outstanding strides in educating and developing Carolina’s undergraduate, graduate or professional students. She was honored at the Light on the Hill Society Scholarship Awards Gala on Nov. 6, 2015.

Carlton-LaNey is a full professor in the UNC School of Social Work and has taught in the UNC system for over 35 years, the last 20 at Carolina. Throughout her career, she has advocated for social justice and has served as a mentor to social work scholars throughout the country.

Hortense McClintock was the first black professor at the University of North Carolina at Chapel Hill. She is an emerita faculty member of the UNC School of Social Work.

Strom-Gottfried

receives NASW award

By Michelle Rogers

Professor Kim Strom-Gottfried is the recipient of the Excellence in Ethics Award, from the National Association of Social Workers’ Office of Ethics and Professional Review. She was a guest of honor at the 55th Anniversary of the NASW Code of Ethics luncheon on Oct. 23, 2015, in Washington, D.C. It was held in conjunction with the NASW 60th Anniversary event, where she was presented the award.

Strom-Gottfried is the Smith P. Theimann Distinguished Professor for Ethics and Professional Practice at the UNC School of Social Work. She teaches in the areas of direct practice, education, and human resource management. Her scholarly interests involve ethics, moral courage, and social work education, and she has written over 60 articles, monographs and chapters on ethics and practice.
Three faculty members named Wallace Kuralt Early Career Professors

By Susan White

A ssociate Professors Gina Chowa, Ph.D.; Trenette Clark Goings, Ph.D.; and Gary Cuddeback, Ph.D., have been selected to receive the School of Social Work’s newly established Wallace Kuralt Early Career Professorship.

The awards, which were approved by the UNC Board of Trustees, were created late last year to help enhance junior faculty salaries and support research and scholarly interests.

The professorships, which come with a combined stipend and research fund of $12,500 each, will be available to recipients annually for five years or until the faculty members are promoted to the rank of full professor. The awards are supported from private donations from the School of Social Work’s Wallace H. Kuralt Early Professorship Fund.
School Dean Jack M. Richman requested that the University create the professorship to acknowledge a faculty member’s high level of productivity in teaching, publishing, research, and service as well as overall contributions to the School of Social Work community, including through mentoring of other junior faculty and doctoral students. Richman recommended that Chowa, Goings and Cuddeback be the first group of faculty members to receive the honor.

“It was really not a hard choice for me because these are three very productive people who are doing amazing work and who I believe would be looked at seriously at a number of other schools given all that they bring to the table,” Richman said. “So this was just a way to recognize them and hope that it’s enough to keep them here. I really see it as a way of using our private resources to support our faculty.”

Chowa, who came to Carolina in 2008, is considered a rising star within the field of asset building because of her groundbreaking work in examining the effects of asset ownership on youth and families in resource-limited countries. Chowa’s research, which has been supported by the MasterCard Foundation, Ford Foundation, the Chronic Poverty Research Centre in London and the UNC Center for AIDS Research, mainly centers around developing holistic and impactful interventions that positively affect the root causes of poverty and health disparities around the globe.

Last year, she was one of four highly promising Carolina faculty members awarded the 2014 Phillip and Ruth Hettleman Prizes for Artistic and Scholarly Achievement by Young Faculty. Since joining the School, she has also received the Excellence in Doctoral Students Mentoring Award, the Dean’s Recognition of Teaching Excellence Award and the Most Innovative HIV/AIDS Research award.

“I am honored to receive this award, which recognizes the value of my work and research, and appreciate the continued support of Dean Richman,” Chowa said.

Goings, who joined the School in 2010, has gained recognition for her achievements as a young scholar in the substance use field. Her work, which has been funded by the National Institutes of Health, focuses broadly on reducing health disparities among racial and ethnic minorities. To achieve this goal, Goings studies the epidemiology and etiology of health-risk behaviors, primarily substance use, among African American, Afro-Caribbean and biracial adolescents. Her research targets groups disproportionately affected by substance misuse and HIV but for whom few evidence-based programs are available.

Since arriving at the School, Goings has received the Society for Social Work and Research Deborah K. Padgett Early Career Achievement Award and the National Institutes of Health/National Institute on Minority Health and Health Disparities Scholar award.

“This award is not only a reflection of my accomplishments but of my supportive environment that includes Dean Richman, Matthew Howard, and so many others here at UNC and at other universities,” Goings said. “I hope to build on this award by using the most rigorous research methods available to conduct science with the goal of identifying and preventing social and health disparities.”

Cuddeback, who joined the School faculty in 2008, is considered a leading national expert in examining the connection between mental illness and the criminal justice system. His research agenda focuses on growing the evidence-base for interventions that have the potential to improve the lives of persons with severe mental illness and making these interventions accessible to those who are on the front lines of direct service. His research is vitally important to the profession of social work as it addresses critical issues that are of major public health significance.

Over the years, Cuddeback’s work has been supported by the National Institute of Mental Health, the Substance Abuse and Mental Health Services Administration, the Health Resources and Services Administration, and the Kate B. Reynolds Foundation. His research is focused on interventions for persons with severe mental illness, especially those who are involved with the justice system and who have chronic physical health conditions.

Most recently, he has worked closely with the North Carolina Departments of Public Safety and Health and Human Services to expand a program that aims to provide support to probation officers who are supervising offenders with mental illness.

Cuddeback said he is “honored and humbled” to be selected for the early career professorship award. “I am thankful for the excellent mentorship I have received throughout my career, and I have benefited greatly from the support of Dean Richman here at the School of Social Work.”
The School of Social Work thanks the many alumni, friends, foundations and corporations who made financial contributions as gifts or grants for sponsored research between July 1, 2015 and June 30, 2016. Thanks to your generous support, our School has become one of the best in the country. We produce leaders in social work education, research, direct practice and community service. Your generosity enhances everything we do. We have made every effort to ensure the accuracy of the listing below. If an error or omission has occurred, please accept our apology and notify Jackie Pierce at japierce@email.unc.edu or (919) 962-6469.

**Chancellor’s Club**

$2,000 or more

Todd W. Barr
Jessica S. Barr
Being Human Foundation
Nancy Boyd
Bobby K. Boyd
Lane G. Cooke
Duke Energy Foundation Matching Gifts
David A. Edelman
Edelman Foundation
Foundation for the Carolinas
Maeda J. Galinsky
Jill S. Gammon
G. Roland Gammon III
Kathryn Heath
Anita M. McClernon
Daniel R. McClernon
Miriam F. McFadden
Prudence F. Meehan
Peter J. Meehan
Sandra G. Niegel'sky
Leon S. Niegel'sky
Margaret P. Parker
Courtney K. Pflaum
Andy Pflaum
Elizabeth Webb Reeves
Samuel T. Reeves
Renaissance Charitable Foundation

John L. Schwarz
Stephanie L. Schwarz
The Marilyn J. Preyer Trust
The Reveas Foundation
Triangle Community Foundation
Bright T. Vandervoet
Alice J. Washington
H. Thomas Webb

Mary Ten Harsmel
Matthew T. West
Sheryl Zimmerman

**Dean’s Club**

$500–$999

Judy Atchley-Benson
McCray V. Benson
William J. Blanton
Holly B. Blanton
Bobby D. Cagle
Community Foundation of Henderson County
Dana N. Courtney
Heather B. Craige
Burton Craige
Peggy B. Culbertson
Robert D. Culbertson
Jane W. Curran
H. Allen Curran
Susan B. Dawson
Stephen R. Dawson
Christopher R. Edwards
Michael Ferone
Susan W. Ferone
Dara K. Garner-Edwards
Robert S. Goodale
J. Mark Leggett
Lee C. Leggett

**Howard Odum Founder’s Circle**

$1,000–$1,999

Mary L. Babb
James G. Babb
Susan H. Baumann
Carl A. Baumann
Louise W. Coggins
Stephen D. Coggins
Patricia B. Edwards
William K. Edwards
Carroll B. Heins
Miles L. Highsmith
Megan L. Highsmith
Thomas B. Hines
Mary Laraine Y. Hines
Jane F. Pope
Richard & Wilhelmina Pelon Joint Living Trust
Philip D. Sloane

**Cornerstone Club**

$200–$499

Robert M. Auman
Nancy W. Aycock
Suzanne S. Bentley
Mellicent O. Blythe
John A. Blythe
Tara Bohley
L. Worth Bolton
James H. Bradley
Sloane B. Brooks

Marilyn P. Maxwell
Linda G. McGuire
Janice D. McNeely
Patrick M. McNeely
F. Wayne Morris
Pansy M. Morton
DeWitt L. Myers
Alice C. Myers
Margaret B. Reid
Carol R. Richman
Jack M. Richman
Carolyn C. Rizza
John J. Soltys
Robert R. Stump
Leona P. Whichard
Willis P. Whichard
Marcia L. White
Carey M. Ziemer

Friends

$1-$99

Mary Alice P. Adams
Zumrat M. Ahmedjanova
Tashuna D. Albritton
Patricia B. Allen
George W. Alwon
Caroline W. Armstrong
Ashley N. Ausley
Bridgett D. Autry
William L. Barney
Charles H. Bateman
Anne Bell
Ann E. Berry
Stephanie E. Berry
Joseph B. Bixler
Sherley J. Blackburn
Louise F. Bockman
Doranne N. Bowman
Elizabeth H. Brandes
Charles M. Brescia
Margaret A. Brescia
Gini Bright
Virginia Bristol
Paula B. Browder
William H. Browder
Mary S. Brown
Kristin E. Brown
William O. Brown
Leah Denise W. Brown
Louisa H. Browne
Beverly J. Broyles
Paul M. Brunner
Karen Burns
Kathleen S. Burrus
Jay Burrus
Charles E. Butler
Jeffrey V. Caiola
Courtney E. Caiola
Kathleen H. Caldwell
Virginia W. Calhoun
Raleigh Campbell
Rae G. Campbell
Dorothy A. Canipe
Jeannie M. Cantrell
Michael C. Cantrell
Mary Ann Carr
Deborah B. Carroll
Donald W. Carroll
Curtis A. Cash
Jane Cauthen
Ralph B. Cauthen

William H. Chafe
Lorna W. Chafe
Selena B. Childs
Holly H. Clark
Ellen R. Clemmer
Charles B. Cleveland
Barbara E. Cleveland
Laura S. Cline
Clorox Company Matching Gifts
Meta W. Coaxum
Robert B. Cochran
Linda O. Cole
Laura S. Comer
Aaron V. Cook
Lisa H. Cook
Cheryl C. Coppedge
Harry M. Core
Robert J. Coulter
Dale S. Cox
William C. Crawford
Sara S. Curtis
Ria D. Dancel
Margery Daniel
Anita A. Daniels
Karim E. Dawes
Kathleen S. Day
Peter M. Day
Marina S. Dean
Lisa T. DeCesaris
Tonia J. Deese
Glenn A. Deese
Amy M. Deshler
Karen C. DeVane
Regina S. Dickens
Katie M. Dight
Rebecca J. DuBois
Dean F. Duncan
John B. Edwards
Melissa L. Ellison
Charles R. Ellison
Peter K. Enns
Melissa O. Enns
Brenda K. Evans
Jolee M. Faison
LeCount D. Fantroy
Catherine R. Farrar
Julian W. Farrar
Robert D. Field
Jayne G. Field
Catherine C. Fieselman
Charles D. Fieselman
Lorraine R. Forris
Danny T. Francis
Stephanie N. Francis
Diane M. Frank
Jennette M. Franklin
Mary C. Freas

John M. Freas
Livis J. Freeman
Anzor Gachechiladze
Manuel E. Garcia
Anne L. Garren
Sarah N. Gedney
Alfreda P. Gee
Juliana Geren
Richard B. Gerrish
Elizabeth B. Gibson
Dorene S. Goodfriend
Michele T. Gore
Patricia W. Graham
Linda A. Graney
Marshall G. Gravelly
Francie D. Gravely
Kimberly L. Griffin
Mary B. Grillo
Juliana Gyves
Chris Gyves
Martin T. Hall
Jennifer L. Hardison Walters
Chiquila T. Hargrove
Carolyn K. Harmon
Brandon C. Harrison
Mary Catherine S. Hartley
Robert P. Hartsell
George T. Haskett
Virginia B. Haskett
Brenda G. Hawks
Wilburn Hayden
Lindsay A. Hays
R. Kent Haywood
Sara O. Henry
Richard L. Hester
Beverly R. Hester
Maureen R. Hill
Jan W. Hoagland
Cindy M. Hoirup
Joanne S. Holcomb
Alexandria A. Hollern
Lisa Holmes
Charlotte M. Hughes
J. Thomas Hughes Jr
Michelle Hughes
Sally W. Hunter
Christopher Ivy
Myra S. Jackson
Cornelia E. Jaeger
Shilpa Jaggii
Richard R. Jefferson
Laura R. Jefferson
Martha W. Johnson
Lee S. Johnson
Jennifer T. Johnson
Malcolm C. Johnson
Mary E. Johnson Rocks
Jerry Jones
Gary C. Jones
Gail H. Joyner
Susan H. Kern
Lee S. Kern
Nicole A. Kiefer
Gail M. Kirkwood
Katherine G. Knecht
Ronald R. Knopf
Edwin E. Koontz
Arlene C. Kozyra
Justin R. Kretzschmar
Rebecca A. Kyle
Donna B. Lail
Gladys C. Langdon
Valerie R. Lanier
Lydia E. Lavelle
Courtney A. Lawrence
Constance Lazakis
Chervonne C. Leader
Caroline B. Levi
Joy C. Lineback
Gerald W. Lineberger
Charlotte B. Lloyd
William A. Lofquist
Thomas H. Logan
Shaun T. Love
Linda S. Lucas
Micki L. Luck
Barbara V. Lupton
Adam C. Luther
Anna P. Luther
Victoria Magee
Richard T. Marchetti
Susan J. Marchetti
Betsy C. Massey
Shannon F. Mathis
Peggy R. Matthews
Mitchell W. Matthews
Roberta B. Mayerson
Virginia S. McClure
Albert B. McClure
R. Bartholomew McCormick
Peggy R. McCormick
Susan L. McIntyre
Lura D. McMurray
Claire C. Millar
Alice F. Mitchell
Nicole D. Moore
Charlotte F. Moore
Donna V. Morgan
George E. Morgan
Mark C. Morgan
Christina L. Morgan
Douglas G. Murphy
R Ann Myers
Frances G. Newman
Charles M. Newton-Ward
Noel E. Nickle
Shirley M. Nystrom
Vickie B. Ogunlade
G. Michael Orndoff
Lois P. Ostrow
Barry Ostrow
Mary Owens
Mary E. Page
Bruce D. Palmer
Mary Jo E. Parnell
W. Christopher Parnell
Donna S. Parrish
Cynthia K. Pedersen
M. Noel Pellish
Eugene L. Perrotta
Rosann R. Perrotta
Michael E. Pesant
Jo Ann M. Pettiford
Cynthia J. Phillips
Kathryn A. Pippin
Caryl A. Polk
Alice K. Pollard
Elizabeth C. Powell
John Y. Powell
Fennell Preddy
Mary Ann T. Preddy
Donna J. Rabiner
Beverly T. Reeb
Karen Rhyme
Jack W. Rhyme
Penne Richardson
Henry Richardson
Nelson L. Richardson
Patricia S. Rickenbaker
Nita P. Rienhart
Kim E. Roberts
Isaac A. Robinson
John W. Rockers
Eric A. Rodgman
Sandra K. Rodriguez
Robert N. Rodriguez
David S. Ross
Carrie B. Ross
Judith S. Rothenberg
Elizabeth S. Rupp
Charles A. Schoenheit
Jillian A. Schonfeld
Ivan C. Schonfeld
Limor B. Schwartz
Jack G. Scruggs
Susan Scully
Charlon I. Seegar
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Cora H. Taylor
Suzan M. Teague
Mary A. Terzian
The Cox-Carr Living Trust
Wimberly B. Thompson
Debra D. Todd
Truist
TTE Lura Deaton McMurray
Living Trust
Juan E. Tuset
Monique E. Tuset
Rebecca R. Tyrrell
Sally F. Umbdenstock
Charles L. Usher
Janan Usher
Teresa E. Valliere
Suzanne C. Van Pelt
Barbara F. Vietzke
Beverly L. Wagner
Elaine Walker
Belti S. Walker
Shannon M. Wallace
Roberta M. Wallace
Taylor W. Warren
Savanah B. Warren
Tiffany R. Washington
Sandra J. West
Deni L. White
Katherine N. White
Ann A. White
Nell G. Wiggins
Elizabeth T. Wilson
Ginger W. Wilson-Gines
Sallie C. Woodard
Gwendolyn D. Woodmansee
Stacy H. Wright
Sarah V. Young
Dylan J. Young
Robin Zalkin-Brown
Geoffrey C. Zeger
Matthew Zerden
Lisa D. Zerden
Ronni Zuckerman

Thank You

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1970s

Robin Bilazarian, MSW ’78, launched her new book, “Emotional Smarts: 60 Stress Management and Communication Techniques for Emotional Freedom,” which is available on Amazon.com. Bilazarian is an employee assistance counselor in a regional trauma hospital and in private practice in New Jersey. The book captures her career work of integrative therapies, which includes using standard brief counseling techniques of active listening, problem solving, therapeutic metaphors, conflict tools and others. To these, she adds her experience using techniques based on Chinese and Asian meridians.

Dana Courtney, MSW ’74, received the 2016 Myrna Miller Wellons Advocacy Award from the National Association of Social Workers-North Carolina Chapter. According to NASW-NC, Courtney “epitomizes social work advocacy by frequently talking to legislators about women’s rights, voting rights, racial equality, and support for the social work profession.” Courtney is a member of the School of Social Work’s Board of Advisors.


Donald Strauss, MSW ’70, Ph.D., of Towson, Md., is the chief of psychotherapeutic services at MPA, Inc. His practice for the past 45 years has been focused on intensive work with individuals with catastrophic deteriorative disorders such as MS and ALS, non-geriatric end-of-life issues and life-altering extensive burns. In addition, he has taught part-time in four universities. Strauss published three articles and a poem in the Journal of Supportive and Palliative Care. He writes on the genuine conduct of patient care.

Rankin Whittington, MSW ’77, is a graduate of the Management and Planning Track that the School of Social Work offered. His first job after graduation was as director of the Anson County Department of Social Services. After 12 years there, he moved to Lenoir where he was the assistant director of the DSS. In 1993, he founded HomeCare Management Corporation, in Lenoir, N.C. In 2015, HomeCare was acquired by Community Based Care, LLC (CBC). Whittington, the former president of HomeCare, retired from the company and will continue to operate his LLC, leasing commercial office space in North Carolina.

1980s

Molly Barker, MSW ’89, was featured in Runner’s World magazine’s “The 50 Most Influential People in Running.” Barker is the founder of Girls on the Run, an international program for girls, ages 8-13, that employs running and sports as an intervention platform to enhance the self-esteem, social support, and well-being of young women.

Mike Newton-Ward, MSW ’84, was featured in the N.C. Dept. of Health and Human Services newsletter on May 27, 2015, in a story entitled, “Newton-Ward Honored by UNC School of Social Work.”

Anna Scheyett, MSW ’89, Ph.D., a dean at the University of South Carolina, was named dean of the University of Georgia School of Social Work. Scheyett, who had led the USC College of Social Work since 2011, assumed her new role at UGA on July 1. Prior to joining the University of South Carolina, she was a faculty member of the UNC School of Social Work.

Lauren Sharpe, MSW ’81, was honored by The National Association of Professional Women (NAPW) as a 2015-2016 inductee into its VIP Woman of the Year Circle. On Dec. 31, 2014, Sharpe retired from her position as executive assistant at the Federal Bureau of Prisons, after 23 years of service. During that time, she received numerous awards and accolades for her demonstrated professionalism and exemplary executive leadership qualities. Sharpe plans to continue her work with hospice and becoming certified with the courts as a mediator. She is an avid supporter of charitable organizations such as Bon Secours Hospice and AsercaCare Hospice as well as the Central Virginia Food Bank and Big Brothers Big Sisters. She also serves on the advisory board for the School of Social Work at East Carolina University.

Cudore Snell, MSW ’81, DSW, was named the assistant provost for International Programs at Howard University. He retired as dean of the School of Social Work at Howard University in 2013 but continues his work as a professor there. Snell is also an NASW Social Work Pioneer.

1990s

Andrea Bazan, MSW/MPH ’95, recently became the CEO of PUENTE Learning Center in Los Angeles, taking over the position from Sister Jennie Lechtenberg, who founded the organization 30 years ago. PUENTE serves the neighborhoods East of LA and houses a charter school, and provides after-school job training and a variety of classes for people ages 3-80+, mainly immigrants.

Bobby Cagle, MSW ’98, was selected for the 10th class of the Annie E. Casey Foundation Children and Families Fellowship. The class includes 16 leaders from 13 states. These men and women — accomplished leaders from the public, nonprofit and academic sectors — will use the 16-month Fellowship to work within their agencies, organizations and communities toward specific, measurable improvements for children and families.

He also was honored by the Georgia Chapter of the National Association of Social Workers at its annual conference with a 2015 Distinguished Public Sector Social Work Award. For the second consecutive year, he was named as a 2016 Notable Georgian by Georgia Trend Magazine. He was featured in a June 17, 2015, Athens Banner-Herald news story, “Director Rolling Out New Plan for Georgia’s Child Welfare Agency.” Cagle is the director for the Georgia Division of Family and Children Services and a member of the School of Social Work’s Board of Advisors.
Mathieu Despard, MSW ’94, Ph.D. ’15, assistant professor at the University of Michigan School of Social Work, was named a faculty associate with the Center for Social Development at the George Warren Brown School of Social Work at Washington University in St. Louis. He is currently conducting research on the outcomes of a large-scale tax-time savings experiment and on the promise of employer-based financial wellness programs in partnership with the Center for Social Development. Prior to joining the University of Michigan, he was a faculty member at the UNC School of Social Work. Despard was also named a faculty associate with the Center on Assets, Education, and Inclusion, School of Social Welfare, University of Kansas. Along with colleague Terri Friedline at University of Kansas, he received a $240,000 grant from the MetLife Foundation for Mapping Financial Opportunity, a project in partnership with New America to examine the spatial distribution of different types of financial services in the United States and the relationship between financial services and household financial well-being. With Friedline, Despard had a related opinion piece picked up by The Atlantic, “Life in a Banking Desert.”

Katherine Loflin, MSW ’96, Ph.D. ’03, released her first book in November 2015. “Place Match: The City Doctor’s Guide to Finding Where You Belong” combines research, place stories from her work around the world, and her personal journey in a guide on finding your Place Match, by showing how the search for where you belong mirrors the search for a right partner to share your life. Loflin is an internationally recognized, award-winning consultant in placemaking — the creation of quality of life places through growing resident attachment and optimizing person and environment fit.

Nina Mackta, MSW ’90, has worked as a school social worker and director for the past 16 years of an in-school mentoring program for at-risk youths, ages 5 to 18 called “The Strategic Support Mentoring Program.” The program has won statewide and national awards for being a progressive intervention showing positive outcomes. Although she has lived in Rhode Island for the past 20 years, she misses North Carolina.

Karen Randolph, Ph.D. ’98, a professor in the Florida State University College of Social Work, was named a member of the 2016 class of Fellows of the Society for Social Work and Research.

Georgi Yonuschot, MSW ’99, was featured in an Oct. 16, 2015, Triad Business Journal article, “Passion for pro bono fuels Triad attorney’s new leadership role with Legal Aid of North Carolina.”

2000s

Phyllis Grimes Bennett, MSW ’05, published two new books under the pen name Bunny Bennett. The first is “Grow Like a Sunflower: Helping Children Understand Grief.” As a social worker in the field of grief and bereavement, Bennett is amazed by the wisdom and insight children possess and hopes that this book will uplift and encourage children as they process their grief and loss. The second book is “God Thinks I’m Beautiful,” which is written from a Christian perspective, as well as a social work perspective to help adolescents and women turn away from cultural definitions of beauty.

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Continued on p. 38
Julia Wacker, MSW/MSPH ‘07, a maternal and child health alumna, manages the Mobile Medication Program for the N.C. Hospital Association. She was featured in the Aug. 16, 2015, News & Observer story and video, “Rural programs help spread mental health care from door to door.”

2010s

Katie Bonanno, MSW ’10, was named Buncombe County Schools’ 2015-16 Social Worker of the Year. She works with Valley Springs Middle and Koontz Intermediate Schools in Asheville. As an MSW student, she completed her internship in Buncombe County Schools. After graduation, she began her career at Buncombe County DSS and then transitioned to Buncombe County Schools, where she has worked for four years.

Maria Crossman, MSW, ’12, received her licensure in June 2014 and completed her first year as a Military and Family Life Counselor (MFLC) at a middle school in Harnett County, where she helped middle school children who were military connected manage issues related to deployment, moving and reintegration. She and her husband, Jason French, welcomed their first child, Gabriel Jason French, on March 18, 2015. He weighed 8 lbs., 10 oz. and was 21 inches long.

Angela You Gwaltney, MSW ’12, and current doctoral student welcomed daughter Claire Anne Gwaltney on May 7, 2015. She weighed 5 lbs. 6 oz.

Will Hall, Ph.D. ’15, received a Graduate Education Advancement Board Impact Award for his dissertation research, “The Implementation and Effectiveness of Policy Interventions for School Bullying.” The Impact Award, which is a very competitive award given by the UNC Graduate School, recognizes outstanding graduate student research of particular benefit to the citizens of North Carolina. Hall was honored at the Graduate School’s annual Graduate Student Recognition Celebration in April.

Angela M. MacDonald, MSW/M.Div. ’10, relocated to Denver, Colo., and is a behavioral health manager in the Community Health department of Centura Health, a 16-hospital system that is one of the largest employers in Colorado. Her primary charge is the system wide rollout of Mental Health First Aid, a national 8-hour mental health curriculum through the National Council for Behavioral Health. MacDonald was recently interviewed by Colorado Public Radio about this effort.

Darshan Mundada, MSW ‘11, joined Sterlite on Aug. 1, 2015, as the head of Corporate and Social Responsibility. He is based at the GMO Office in Pune, India, and reports to the global head of the telecom products business. Mundada brings over 15 years of experience in designing and implementing self-sustainable social impact programs, independently or in collaboration with large corporations, governments, universities and international agencies. Most recently, he was with Ashoka Innovators where he worked as a consultant for venture and fellowship and strategic partnership. He was also associated with Innovaid Advisory Services Private Limited, World Peach Center, Friends Society, UNESCO Youth Forum Advisory Committee, and Pune Municipal Corporation.

Lindsay Penny Prizer, MSW ’10, Ph.D., earned her doctoral degree from the University of Georgia. Prizer has been employed as the clinical social worker for Emory’s new outpatient palliative care program for the past year while finishing her degree. She is also a part-time instructor at Georgia State University.

Carrie Pettus-Davis, Ph.D. ’11, an assistant professor at the Brown School of Social Work at Washington University in St. Louis, was a featured speaker at a symposium hosted by the School, “Innovations for Social and Health Impact.” Faculty discussed their social innovations to address important local, national and global challenges. Pettus-Davis is the director of the Concordance Institute for Advancing Social Justice, a Brown School research center that partners with an independent service provider, the Concordance Academy of Leadership, to invent, implement, test and disseminate the best reentry practices and policies to support incarcerated individuals returning to the community.

Allison Oxford Rilkin, MSW ‘13, relocated to Sydney, Australia, with her husband after graduation. She now works as a paediatric haematology/oncology social worker in the Kids Cancer Centre at Sydney Children’s Hospital.

Kristen Stefureac, MSW ’13, and Randy Smith, MSW ’13, were engaged on August 24, 2015. Both attended UNC for their undergraduate and graduate school careers but didn’t officially meet until JumpStart orientation in the fall of 2011. Stefureac works as a social worker with the Integrated Pediatric Mental Health Initiative at Duke, and Smith is the youth sports director for the Chapel Hill-Carrboro YMCA. They were planning a spring 2016 wedding in Chapel Hill.

Arianna Taboada, MSW/MSPH ’12, was selected for the Trainee Ambassador Program (TAG) of The Maternal and Child Health Bureau’s (MCHB) Division of MCH Workforce Development. TAG is a group of former trainees who mentor and support current trainees in their graduate and undergraduate programs.

Aaron Thompson, Ph.D. ’12, received a $3.5 million grant from the U.S. Department of Education, for his study, “Evaluation of a Self-Monitoring Training Program for Elementary School Students.” Thompson is the PI on the intervention study and is working with his co-investigators in the College of Education to test the efficacy of the Self-Monitoring Training and Regulation Strategy (STARS), which he developed as a doctoral student. STARS is a selective intervention program for 5th grade students who exhibit signs of disruptive and challenging classroom behaviors. Thompson is an assistant professor at the University of Missouri School of Social Work.

Laura Wenzel, MSW ’14, had a letter published in the North Carolina Medical Journal, “Beyond Climate Change: Why Medical Institutions Should Divest From Fossil Fuels.” Wenzel is the manager of Medical Advocates for Healthy Air, a group of health professionals who educate their patients and other practitioners about the connection between poor air quality and disease. MAHA members also advocate for stronger policies that will restore clean and healthy air to North Carolina.
In Memoriam

1960s

Dr. Linner Ward Griffin, MSW ’69, emeritus professor of social work at East Carolina University, died unexpectedly on July 5, 2015. She was a faculty member at ECU from 1990 until her retirement in 2013.

Anne Gerth Logan, MSW ’68, age 72, died at home on May 18, 2015, in Grand Rapids, Mich., under hospice care. She had been diagnosed with cancer 18 months earlier. While working as a medical social worker at Blodgett Memorial Medical Center and then Spectrum Health, she also was an active volunteer with the neighborhood association, among the first docents at the Meyer May House, represented the League of Women Voters as a board member of Kent Community Action Program and the Kent Community Coordinated Child Care (4C), and served on the Child Death Review Committee as a social work representative.

1970s

Linda Schell Burgin, MSW ’75, of Asheville, died on April 28, 2015, at age 65. She worked as a school social worker at South French Broad Middle School and later as a therapist at the Blue Ridge Mental Health Center in Asheville. She went into private practice as a partner at Asheville Marriage, Family and Psychotherapy Associates in 1989.

Cynthia L. Davis, MSW ’77, recently of Allentown, Pa., and newly moved to Chapel Hill, died on June 18, 2015, at the Duke University hospice facility in Durham. A quadriplegic since a car accident in 1969, she led a fulfilling life, and had a 26-year career as a social worker in Veterans Administration Hospitals in the Boston area and in Augusta, Georgia.

John T. Tanner, MSW ’73, died at home in Raleigh on June 21, 2015, after a short battle with cancer. His life’s work was serving as an advocate for abused and neglected children and for elderly and disabled adults. He spent 30 years of his career in social work administration working for North Carolina, primarily with the Department of Health and Human Services, where he served as the chief of Adult & Family Services for many years and as the deputy director of the Division of Aging. In 2003, he was awarded The Order of the Long Leaf Pine, the State of North Carolina’s highest civilian honor, for his service to the state. He spent several years as the director of the Chatham County Department of Social Services. He retired from the Wake County Department of Social Services.

1980s

Karen Cornell Young, MSW ’80, of Salisbury, died on June 3, 2015, unexpectedly in Vermont where she spent her summers for over 20 years. Young was very active in the community. She was Salisbury’s first city councilwoman and later worked with disadvantaged young women facing teenage motherhood. She worked later as a guidance counselor at Knox Middle and East Rowan High School.

1990s

James Nash, MSW ’90, Ph.D. ’99, age 59, of Portland, Ore., died peacefully at his home on Aug. 4, 2015, after a battle with cancer. He was an associate professor at the Portland State University School of Social Work.

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Clinical Lecture Series offers valuable continuing education opportunities

By Michelle Rogers

The UNC School of Social Work’s Clinical Lecture Series offers lectures on mental health topics to enhance the clinical curriculum for students, and continuing education for graduates and practitioners. It also aims to foster and strengthen relationships among students, faculty, and the wider clinical community.

Chapel Hill series

The Chapel Hill clinical lectures are held monthly on Mondays from noon-2 p.m. in the School’s auditorium, beginning in September. Registration and a catered meet-and-greet reception open at 11:15 in the lobby. The 2016-17 dates and working titles are:

- Oct. 17 – “DBT for Adolescents: Working with Suicidal, Self-Harming, and Emotionally Sensitive Youth,” Lorie Ritschel, Ph.D.
- Nov. 7 – “Gender Responsive Substance Use Treatment,” Andrea Winkler, LCSW, LCAS
- Jan. 23 – “Problem Solving Depression: An Evidenced Based Practice,” Diane Dolan-Soto, LCSW
- Feb. 13 – “Trauma Work and Marginalized Populations: Ethical Practice with Gender Non-Conforming individuals,” Tavi Hancock, LCSW
- March 6 – “Perinatal Mood and Anxiety Disorders: Identifiable, Treatable Conditions with Collaboration,” Samantha Meltzer-Brody, M.D. and Mary Kimmel, M.D.
- April 10 – “A Mindful Approach to Finding Meaning: Using ACT to Advance Therapy,” Crystal Schiller, Ph.D.

See cls.unc.edu for descriptions of each lecture. If you have questions, or would like to be added to the CLS email list, contact Deborah Barrett at dbarrett@email.unc.edu.

Winston-Salem series

The School’s Winston-Salem 3-Year MSW Program hosts a Clinical Lecture Series in Winston-Salem. Their successful partnership with Northwest AHEC continues to meet the needs of professionals in the Triad and surrounding area.

The School and Northwest AHEC have scheduled four lectures for the 2016-17 academic year. All are on a Wednesday from 10:00 a.m. to noon at Northwest AHEC, and registration is required.

- Sept. 14 – “Cognitive Behavioral Therapy with Substance Use Disorders,” Marty Weems, LCSW, LCAS
- Feb. 8 – “The Ethical Super Shrink: Maximize Effectiveness through Feedback Informed Therapy,” Thomas L. Murray, Jr., PhD, LMFT, LPC-S, AASECT CST, CFMHE, NBCCH
- April 5 – “The Five Love Languages and Marriage Counseling Through the Lifespan,” Edward G. Shaw, M.D., MA

A description of each lecture is available at cls.unc.edu. If you have questions, contact Theresa Palmer at palmermt@email.unc.edu.

Clinical Lecture Institutes

This series offers day-long and multi-day training in evidence-based practice. Each Institute is held at the UNC School of Social Work in Chapel Hill and focuses on providing theoretical grounding and practical skills through a combination of didactic, experiential, and hands-on practices.

See cls.unc.edu for the upcoming schedule. If you have questions, contact Deborah Barrett at dbarrett@email.unc.edu.

Focus on Family and Disability series

The Family Support Program at the UNC School of Social Work will host the third annual Focus on Family and Disability seminar series in conjunction with the Clinical Lecture Series. This series provides a forum for experts from a range of disciplines and perspectives to share their research, practice, policy, and personal experience about disability and family support issues.

This lunchtime series is designed for a diverse audience including graduate students and faculty in such fields as social work, education, nursing, occupational therapy, speech and hearing, psychology, and public health; service providers; community stakeholders; and families.

The upcoming Focus on Family and Disability 2016-17 Seminar Series will include timely issues related to disability and families such as early intervention, early child development, child and family well-being; best practice in family support; and promoting well-being and positive outcomes for children with disabilities and their families.

Lectures are held on the second Tuesday of the month, from noon-2 p.m., beginning in September. A catered meet-and-greet lunch opens at 11:15 a.m. in the lobby of the Tate-Turner-Kuralt Building.

See cls.unc.edu for the program schedule and to register. If you have questions, contact Barbara Leach at leach@email.unc.edu.

Register online at cls.unc.edu
Nearly six years ago, Glamarys Acevedo was certain she had chosen the career path that was right for her. A graduate of Campbell University with a degree in kinesiology, she was eager to put her new skills to use in the physical therapy field. She'd even landed a job as a physical therapy aide with a clinic where she had previously interned.

“But after a year there, I just didn't feel the way I wanted to help people was being fulfilled in that role and in that capacity,” said Acevedo, a Theimann and Dean’s Scholar and final year student in the Master of Social Work/Master of Public Health dual degree program. “I needed more.”

Soon after, Acevedo applied for and was selected for a year of service with AmeriCorps. Although she had hoped to nail down a position in a community health center, she was eventually placed with the Maternity Care Coalition, a nonprofit in Philadelphia that offers early childhood resources and parenting programs to families and individuals in neighborhoods with high rates of poverty, infant mortality, health disparities, and changing immigration patterns.

The placement was somewhat of a leap of faith for Acevedo. She had been adamant that she wasn’t interested in working with mothers and young children. But an official with AmeriCorps encouraged her to apply for the position anyway.

“The nonprofit was led by social workers, and I was so impressed and interested in the work that they were doing,” she said. “So I soon realized that yes, this is my passion, and this is the population I want to work with and the particular topic I care about. This is what I’ve been seeking.”

After spending several years mainly in low-resource communities of color performing community outreach, education workshops and home visiting around topics such as birth and lactation support, Acevedo said she was even more convinced that she was where she was supposed to be. She felt comfortable in the work because it combined the language and skills of social work and public health, and it was critically important because it challenged community inequities.

Nevertheless, Acevedo, who identifies as Afro Latina, said she struggled with the fact that the leadership within the organization was not representative of the clients they were serving.

“That really was the turning point for me in wanting to pursue my dual degree,” she said. “I recognized that our leadership wasn’t diverse. When leadership looks like the community they’re serving, decisions and the way leading is conducted will be different because of the variety of perspectives and lived experiences voiced in the room. I realized that the only way I was going to get to sit at the table and play a role in leadership was to go back and get my degree.”

Acevedo, who will graduate in December, is confident that she made the right decision to return to school and that the dual degree program has prepared her for work and perhaps for a leadership role, especially within communities serving women of color.

“One of the things that I’ve learned from both the social work and public health side is about approaching communities from a strengths-based place and finding a solution within that framework,” she said. “It’s about working with people and not coming to them from above and finding solutions for them.”

Acevedo is particularly interested in focusing attention on advocacy and racial equity around prenatal and post-partum care, and birth and lactation support in lower-resourced neighborhoods. To that end, she enrolled this past fall in The Mary Rose Tully Training Initiative, a year-long lactation training program offered through the Carolina Global Breastfeeding Institute—a opportunity that probably would not have been available to her if not for the scholarships she received through the School of Social Work, she said.

“I'm really grateful for the scholarships because they freed up funds for me to pursue other training initiatives within the university,” she said. “In the long run, I think this training will really help me with the work that I’m doing and hopefully help me to better serve the community that I want to serve.”

Glamarys Acevedo

By Susan White
Reeves family’s support helps recruit top doctoral students

By Susan White

Over the last seven years, the UNC School of Social Work has received more than $1.5 million from philanthropists, Sam and Betsy Reeves of Palm Beach, Fla. — enough to financially supplement the education of 33 students in the School’s doctoral program. With their latest gift of $250,000, the Reeves continue to ensure that the School attracts the nation’s top social work scholars.

The School’s doctoral program admits between four and six new students annually and has a total enrollment of about 30. This year’s gift enables the School to offer four doctoral students two years of financial support. The fellowships cover the cost of in-state tuition, health insurance and a nine-month academic stipend. Faculty grants help fund years three and four. In exchange, students assist with teaching and research and develop their related skills in these activities.

For graduates such as Sarah Dababnah, Ph.D., ’14, the Reeves’ investment in her education made it possible for her to pursue a career focused on the health and well-being of individuals with disabilities—a group that comprises at least 13 percent of the U.S. population—and their families.

“They are relatively few social work professionals concentrated in disability studies in general, particularly developmental disabilities,” said Dababnah, now an assistant professor at the University of Maryland, School of Social Work in Baltimore. “The fellowship afforded me the time to develop critical relationships within the social work field, as well as with individuals in other fields and in the community. The Reeves Fellowship was the reason I was able to complete my degree and begin my professional career in a timely manner.”

Prior to the Reeves’ annual support, the School often struggled to recruit top applicants because UNC was unable to guarantee students continued financial support, said Associate Dean for Doctoral Education Sheryl Zimmerman. With tuition costs rising across the country, programs must have the ability to offer multi-year funding to remain competitive, she said.

“There are a handful of top doctoral programs in social work, and ours is among them,” Zimmerman said. “That said, without financial support for tuition and research assistantships, we couldn’t attract the most promising students. The Reeves’ contributions over the years have allowed us to recruit and graduate some of the most promising new scholars in social work.”

A 1956 alumnus of Carolina, Reeves is the owner of Pinnacle Trading. In 2007, the couple donated $1 million to the UNC School of Social Work to establish the Sandra Reeves Spears and John B. Turner Distinguished Professorship and the Armfield-Reeves Innovations Fund.

Meet our new Associate Dean for Advancement

By Michelle Rogers

Jackie Leach Pierce has joined the UNC School of Social Work as the associate dean for advancement, bringing with her 18 years of experience as a fundraiser in the university and nonprofit sectors.

For the last seven years, she served as a major gifts officer with UNC’s Office of University Advancement, working to galvanize select constituencies and encourage their involvement and support and to develop and implement major gift strategies. Among her accomplishments, she led an effort to establish a national model for minority fundraising in higher education and developed creative ways to access and engage alumni for a long-term relationship with the University in order to establish and increase philanthropic giving.

Prior to coming to UNC, Pierce worked in the Newspaper-in-Education Programs at the Greensboro News & Record and the Durham Herald-Sun, served as the associate director of development for annual giving at Durham Academy, and as a regional campaign director for Triangle United Way where she helped to establish a leadership giving recognition program geared toward African American donors. She is a graduate of UNC’s School of Media and Journalism.

She has been involved in numerous University and civic engagement activities, including the UNC Association of Women and Faculty Professionals, the Provost’s Committee on Inclusive Excellence and Diversity, and the Junior League of Durham and Orange Counties.

“I have long admired the mission and the impact of the UNC School of Social Work,” said Pierce. “I’m thrilled to be leading the development effort in partnership with Dean Jack Richman and the dedicated faculty members. Their work is making a difference to the people of North Carolina and beyond. I’m particularly excited about my new role because the School will celebrate its centennial in 2020. The University’s capital campaign will facilitate opportunities to engage alumni and donors who wish to recognize the School for 100 years of service.”
Greetings everyone, I am honored and happy to be writing to you again this year as the president of your Alumni Council. This year has been one of significance with transitions, triumphs and challenges. Despite it all, the UNC School of Social Work has remained strong and continued to do outstanding work in our local and global communities.

Normally, this column is reserved for thoughts about how the alumni council can be of assistance to you and how you can engage with us but for this one, I'd like to focus more on personal thoughts and appreciate your indulgence.

This past year has been one in which many poignant issues that are rarely discussed outside of the world of social work and social justice have come to the forefront of national media. This means that more people than ever seem to be discussing equality, disparities and discrimination and have varying thoughts, feelings and behaviors that reflect them. As these are issues that most social workers routinely think about, research and address, that means we have the opportunity to be leaders in the discussions and resolutions around them. As such, it is critically important that we set the tone by acknowledging all views, discussing things with an open mind, not only if we accept them as our own, and follow the Code of Ethics that we agree to as professionals, lest we become intolerant of others in the process of trying to “help.” I am proud to be a social worker and want the profession to reflect the best of the values that we hold dear while also having the ability to affect real change.

Finally, I’d like to take this opportunity to acknowledge the impressive and important work outgoing Dean Jack Richman has done over the course of his tenure at the SSW. Jack was a professor of mine when I attended the school in 2001-03 and was one of my favorites (but don’t tell anyone)! It has been an honor to work with him as a member of the Alumni Council in subsequent years. Not only did he attend every Alumni Council meeting and give detailed reports, he also requested and welcomed input from alumni on some extremely challenging issues, such as increasing school diversity, retaining excellent faculty, dealing with “wicked problems” of the community and school, addressing national issues that current students felt needed more comprehensive attention, and so much more.

Speaking for our council, we have felt--and continue to feel--valued and respected as alumni, and our resolve to grow the council to be a relevant part of the school stems largely from the passion and motivation from the Dean's office. As many of you know, we now have a dynamic new Associate Dean of Advancement, Jackie Pierce, and she has inspired us to be more involved and engaged. The Alumni Council would love for you to join us on this mission as we move toward the 100th year celebration of the UNC School of Social Work in just a few short years. If you are not able to attend bi-annual meetings but would like to contribute financially to the mission of the SSW, you can certainly make a financial contribution and even designate how you’d like it to be used. Please contact me or Jackie to find out how you can be more involved. We'd love to talk to you!

Truly,

Ebon Freeman-James, MSW, LCSW '02

2015-16 Alumni Council

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