

Mellicent O'Brien Blythe, LCSW

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Personal

N.C. Social Work License #C005201

Education

1996 M.S.W. New York University, New York, NY

1992 B.A. with Honors University of Pennsylvania, Philadelphia, PA

Professional Experience

Feb. 2016- **Implementation Specialist**, North Carolina Child Treatment Program

Present Center for Child and Family Health, Durham, NC

2012-Present **Clinical Assistant Professor**, School of Social Work, University of North Carolina, Chapel Hill, NC

2008-2011 **Clinical Instructor**, School of Social Work, University of North Carolina, Chapel Hill, NC

2006-2008 **Lecturer**, School of Social Work, University of North Carolina, Chapel Hill, NC

2004-2005 **Service Coordinator Supervisor**, Personal Touch Early Intervention Program
White Plains, NY

2003 **Ongoing Service Coordinator**, Personal Touch Early Intervention Program,
White Plains, NY

2002 **Lead Therapist**, Charlottesville League of Therapists, Charlottesville, VA

1999-2001 **Clinical Social Worker**, Pediatric Hematology/Oncology, University of Virginia
Health Sciences Center, Charlottesville, VA

1998-1999 **Juvenile Corrections Clinician**, District 19 Community Services Board
Petersburg, VA

1996-1998 **Social Worker**, Pediatric AIDS Day Care Program and Children's Health
Services, Jacobi Medical Center, Bronx, NY

Bibliography and Products of Scholarship

Refereed Papers

Dopp, A. R., Gilbert, M., Silovsky, J., Ringel, J. S., Schmidt, S., Funderburk, B., Jorgensen, A., Powell, B. J., Luke, D. A., Mandell, D., Edwards, D., Blythe, M., & Hagele, D. (2022). Coordination of sustainable financing for evidence-based youth mental health treatments: Protocol for development and evaluation of the Fiscal Mapping Process. Implementation Science Communications.

Powell, B.J., Haley, A.D., Patel, S.V., Amaya-Jackson, L, Glienke, B., Blythe, M. et al. Improving the implementation and sustainment of evidence-based practices in community mental health organizations: a study protocol for a matched-pair cluster randomized pilot study of the Collaborative Organizational Approach to Selecting and Tailoring Implementation Strategies (COAST-IS). *Implement Sci Commun* **1**, 9 (2020). <https://doi.org/10.1186/s43058-020-00009-5>

Engaged Scholarship

Hagele D, Pane-Siefert H, Potter, D, Blythe M., and Knox, J (2020). North Carolina Child Treatment Program Evidence-Based Treatment Service Delivery Time Model Series. Available at: <https://www.NCChildTreatmentProgram.org>

Blythe, M. and Payne-Siefert, H. (2020). *NC Child Treatment Program Readiness Assessment*. Available at <https://www.ncchildtreatmentprogram.org/wp-content/uploads/2020/08/NC-CTP-Readiness-Assessment.pdf>

Curricula

Phipps, L., Blythe, M., Chambers, M., Coble, C., & Levine, A. (2017). *Child Welfare Online Certificate Courses: Parenting and Adult Development, Advanced Practice Skills with Child-Welfare Involved Families, and Collaborative Case Planning*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Deese, T., Phipps, L., Little, R., McMahon, J., and Blythe, M.. (2016). *Understanding Secondary Traumatic Stress and Promoting Resilience*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Blythe, M., McMahon, J., & Balke, K. (2015). *Fostering Connections: Partnering to Improve the Health and Well-being of Children in Foster Care*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Blythe, M. & Phipps, L. (2015). *Qualitative Data Skills*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Phipps L. & Blythe, M. (2014). *Child Development and the Effects of Trauma*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Blythe, M., Williams, A., & Little, R. (2014). *Assessing and Strengthening Attachment*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Phipps, L. & Blythe, M. (2013). *Becoming Achievement-Focused I: Readiness & Implementation*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Phipps, L. & Blythe, M. (2013). *Becoming Achievement-Focused II: Using Data Effectively*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Blythe, M., McMahon, J., Balke, K., Armfield, P., Little, R., & Burbank, B. (2012). *Reasonable Efforts: What Supervisors Need to Know*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Blythe, M., McMahon, J., Hensley, B., Ammons, R., Jensen, N., Balke, K., Armfield, P. & Burbank, B. (2011). *Foster Home Licensing: The Keys To Success*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

- Blythe, M., McMahon, J., Hensley, B., Spencer, A., Waite, L., Balke, K., Armfield, P. & Burbank, B. (2010). *Train-the-trainer for Becoming a Therapeutic Foster Parent*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.
- Bumgarner, T., Blythe, M., McMahon, J., Balke, K., Armfield, P. & Burbank, B. (2010). *Money Matters: Foster Care Funding Basics*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.
- Blythe, M. & McMahon, J. (2009). *Introduction to The Monthly Foster Care Contact Record*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.
- Little, R. & Blythe, M. (2008). *The Effect Of Separation And Loss On Attachment (Revised)*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.
- Blythe, M. & McMahon, J. (2007). *Enhancing Foster Home Visits In North Carolina*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

Manuals and Guides

- Treat Them Like Gold: A Best Practice Guide to Partnering with Resource Families*. (2009). Raleigh: NC Division of Social Services.
http://www.ncdhhs.gov/dss/publications/docs/Partnering_with_Resource_Families.pdf
- A Supplemental Guide to Foster Home Licensing*. (2007). Raleigh: NC Division of Social Services. <http://www.ncdhhs.gov/dss/licensing/docs/Supplemental%20Guide%2010-10.pdf>

Reports/Briefs

- Ake, G., Donisch, K., Tise, N., Agosti, J., Blythe, M., & Houston, F. (2021). *2020 Implementation Summit Brief: Train-the-Trainer Considerations and Recommendations for Agency Leaders, Trainers, and Intervention Developers*. Los Angeles, CA & Durham, NC: National Center for Child Traumatic Stress.
- Hagele, D., White, D., Maid, R., & Blythe, M. (2019). *Development of a Treatment Program to Address Problematic Sexual Behaviors (PSB) Among Children Ages 3-18 Across North Carolina*. Durham, NC: NC Child Treatment Program/Center for Child and Family Health.
- Painter, J., Gimenez, V., McMahon, J., Blythe, M., & Phipps, L. (2015). *Evaluation of the Course Child Development and the Effects of Trauma*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.
- Painter, J., Gimenez, V., McMahon, J., Blythe, M., & Phipps, L. (2014). *Evaluation of the Course Staying Power! A Supervisor's Guide to Coaching and Developing Child Welfare Staff*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.
- McMahon, J. & Blythe, M. (2013). *Recommendations for Building a Resource Parent Learning System for North Carolina: NC Resource Parent Assessment and Training Workgroup Report*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.
- Salmon, MA, Stewart, J., Oran, G., Blythe, M., & McMahon, J. (2011). *Examining Racial Disproportionality in CPS Reporting in Pitt County, NC: Preliminary Report*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.
- Blythe, M., McMahon, J., & Gimenez, V. (2011). *Developing Regional Collaboration Models for Resource Family Recruitment and Retention: Final Report*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.
- McMahon, J., Blythe, M., Gimenez, V., and Price, T. (2011). *An Assessment of Foster Parent Training in North Carolina*. Raleigh: NC Division of Social Services.
<http://www.ncdhhs.gov/dss/licensing/docs/An%20Assessment%20of%20Foster%20Parent%20Training%20in%20NC%20Feb%202011.pdf>

McMahon, J. & Blythe, M. (2008) *Update on North Carolina's Statewide Campaign to Recruit and Retain Foster Parents*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Social Work.

McMahon, J. & Blythe, M. (2008). *The Development and Pilot Testing of the Monthly Foster Care Contact Record: Final Report*. Raleigh: NC Division of Social Services.

Newsletters

From 2008-2016 I served as Assistant Editor and written articles for *Children's Services Practice Notes* and *Fostering Perspectives*, which are produced by the UNC-Chapel Hill School of Social Work under contract to the NC Division of Social Services.

<http://www.practicenotes.org>

<http://www.fosteringperspectives.org>

Selected Presentations

Blythe, M., Potter, D., and White, D. (Jan. 13, 2021). *Partnering for Evidence-Based Mental Health Treatment*. Presented to the NC DSS Children's Services Committee.

Blythe, M. & Potter, D. (Nov. 18, 2020). *Child Development for Judges: Impact of Abuse and Neglect on Development*. Presented at the NC Judicial College. Chapel Hill, NC.

Blythe, M. (Nov. 6, 2020). *Building a Statewide Platform for Evidence-Based Treatment Dissemination*. Presented to the Society of Implementation Research Collaboration (SIRC) Intermediary Network.

Blythe, M. & Hagele, D. (Nov. 14, 2019). *Developing and Sustaining Your Evidence-Based Treatment Array*. Presented at the Children's Advocacy Centers of NC Directors Meeting. Asheville, NC.

Blythe, M. & Coble, C. (Nov. 16, 2018). *Child Development for Judges: Impact of Abuse and Neglect on Development*. Presented at the NC Judicial College. Chapel Hill, NC.

White, D., Maid, R., Hagele, D., & Blythe, M. (May 3, 2018). *Statewide Leadership Summit on Problematic Sexual Behaviors in Children Ages 3 – 18*. Raleigh, NC.

Blythe, M. (Nov. 21, 2016; Nov. 27, 2017; Nov. 26, 2018). *Evidence-Based Treatment: Successes and Lessons in NC*. Presented at UNC School of Social Work Class 860: Child Welfare Perspectives. Chapel Hill, NC.

Blythe, M., Wise, M., & White, D. (Oct. 11, 2017). *Evidence-Based Trauma Treatments for Children*. Presented at NC DHHS State Consumer and Family Advisory Committee. Raleigh, NC.

White, D., Maid, R., Hagele, D., & Blythe, M. (Sept. 13, 2017). *Clinical Consensus Panel Meeting on Evidence-Based and Evidence-Informed Treatments for Problematic Sexual Behaviors in Children Ages 3 – 18*. Raleigh, NC.

Blythe, M. & Phipps, L. (Aug. 28, 2014 & Aug. 5, 2016). *Child Development for Judges*. Presented at the NC Judicial College. Chapel Hill, NC.

Teaching Activities

Teaching and Implementation Facilitation

Trauma-Focused CBT Learning Collaborative Cohorts 14-27. February 2016-Present. Provide seven days of face-to-face training and monthly consultation calls during a year-long program to approximately 40 agency senior leaders per year. This "senior leader track" includes a mixture of didactic, experiential, and coaching interventions to support implementation and sustainability of this evidence-based treatment in community mental health, residential, school, and DJJ settings across NC.

SPARCS (Structured Psychotherapy for Adolescents Responding to Chronic Stress) Learning Collaborative Cohorts 4-9. February 2016-Present. Provide seven days of face-to-face training and monthly consultation calls over a 12-month Collaborative to approximately 10 agency senior leaders per year.

Durham DSS Safety-Focused Practice Model. 2014-2016. Provided quarterly staff training and monthly coaching to supervisors and managers at Durham DSS on implementation of a new practice model for child welfare.

The Partnership & Performance Toolkit. 2012-2016. Co-wrote toolkit for public agencies to select and partner with private agency partners based on quality standards and outcomes. Provided training, coaching, and technical assistance for two rounds of a learning community to implement the toolkit with selected teams of public and private child placing agencies.

Reaching for Excellence and Accountability in Practice (REAP). 2011-2016. Provided curriculum development, training, coaching, and technical assistance to state and county staff on the development and implementation of a Continuous Quality Improvement model.

Grants/Service Agreements/State Allocations

2016-Present NC General Assembly. \$1.8 million. NC Child Treatment Program annually recurring funds. Contracted through the North Carolina Division of Mental Health, Development, and Substance Abuse Services. Implementation Specialist.

2015-2017 The Duke Endowment. *The Partnership and Performance Toolkit: Implementing a Guide for Public Child Welfare Agencies to Build Effective Partnerships with Private Child-Placing Agencies*. \$140,613. Project Coordinator, curriculum developer, and implementation coach.

2014-2015 NC Pediatric Society. \$18,500. Development of On-Line Training Modules for Fostering Health NC Implementation. Project Coordinator and curriculum developer.

2014-2015 Durham County (NC) Department of Social Services. Training and Implementation of a Safety-Focused Practice Model. \$66,696. Curriculum developer and implementation coach.

2011-2012 Pitt County (NC) Department of Social Services. *Examining Disproportionality in CPS Reporting*. \$50,000. Project Coordinator.

2010-2012 Atlantic Coast Child Welfare Implementation Center (ACCWIC). North Carolina Division of Social Services Technical Assistance On-line Gateway and Users' Manual. \$86,000. Project team member.

2010-2012 Wisconsin Southern Child Welfare Training Partnership. Training and Technical Assistance Agreements. \$111,000. Curriculum developer and trainer.

2010-2011 Pitt County (NC) Department of Social Services. Training and Technical Assistance Agreement. \$10,000. Project Coordinator.

Professional Service

January 2021-Present Board Member, Pee Wee Homes (affordable housing)

October 2020-Present National Child Traumatic Stress Network (NCTSN) EBT Implementation Advisory Committee

March 2020-Present UNC-Chapel Hill School of Social Work Field Advisor
Blythe
July 2022

Sept. 2018-Present	UNC-Chapel Hill School of Social Work Scholarship Committee
July 2017-Present	National Child Traumatic Stress Network (NCTSN) Implementation Sub-Committee
May 2016-2022	Mental Health Liaison, Chapel Hill High School PTSA, Chapel Hill, NC
Aug. 2015-Sept. 2017	Faculty Advisor, Beyond Clinic Walls/Student Health Action Committee, UNC-Chapel Hill
July 2015-Present	Support Group Facilitator, Compass Center for Women and Children, Chapel Hill, NC
2014-2016	Steering Committee Member, Child Well-being Task Force, NC DHHS/Benchmarks/The Duke Endowment
2010-2016	Standing Committee on Indian Child Welfare, NC Commission of Indian Affairs