Resources for Worker Safety, Self Care and Secondary Trauma

Compiled by: The National Child Welfare Workforce Institute

Worker Safety

- Connecticut DSS Worker Safety Training
- NASW Guidelines for Social Worker Safety
- Safety First: Dealing with the Daily Challenges of Child Welfare
- Social Worker Safety Tips (New York)
- The CPS Worker: Making the Case for Safety
- Worker Safety - Supporting Staff in the Delivery of Services

Self-care

- Fostering Perspectives - Self Care
- Managing Stress as a Child Welfare Caseworker: Caseworker Readiness Activity
- Social Worker Self-Care - The Overlooked Core Competency
- Self-care Starter Kit

Secondary Trauma

- Addressing Secondary Traumatic Stress Among Child Welfare Staff: A Practice Brief
- Organizational Prevention of Vicarious Trauma
- Planning for Emotional Labor and Secondary Traumatic Stress in Child Welfare Organizations
- Promoting Resilience and Reducing Secondary Trauma Among Child Welfare Staff: Participant Handbook
- Secondary Traumatic Stress: NCWWI 1-page Summary
- Secondary Traumatic Stress: A Fact Sheet for Child-Serving Professionals
- Secondary Trauma & the Child Welfare Workforce