

The University of North Carolina at Chapel Hill
School of Social Work
Fall Semester, 2001

Course Number: SOWO 227

Course Title: Social Work Practice with Individuals and Families

Room: TTK 114

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Office Hours: Mondays 12:15 until class time and after class until 5 p.m. & otherwise by appointment. I am generally in the office on Wednesday afternoons, Thursday and Friday mornings. Please feel free to drop in if these are convenient times for you. Ariana is available by email and is in the building most days of the week.

Course Description: This course provides the foundation for social work practice with individuals and their families. It emphasizes basic knowledge, analytic and practice skills, and values necessary for practice.

Course Objectives: Upon completion of the course the student will be able to demonstrate:

1. Understanding of families, within the context of community and culture, as a primary nexus for self-definition, growth and change, and the environmental forces that affect a client's potential for growth and change.
2. Understanding of professional social work roles, values, and ethics associated with social work services to individuals, families, and small groups.
3. Knowledge of several theoretical frameworks for social work practice from a family perspective including biopsychosocial, developmental, systems, and the strengths and limitations of each.
4. Knowledge of the pivotal importance of the worker-client relationship, and skill in establishing respectful, mutual, empowering professional relationships with clients.
5. Ability in basic interviewing skills, such as listening, empathy, genuineness, pacing, confrontation, and focusing.
6. Ability to assess client strengths and problems, and the capacity to identify and understand the impact of diversity, including issues of difference such as race, gender, socioeconomic status, disability, sexual orientation, and the influence of social, economic, and political environments on client functioning.
7. Knowledge of and skill in developing mutually-agreed upon goals with clients, and developing appropriate service plans from these goals.
8. Knowledge of and beginning skill in a range of social intervention strategies including environmental and psychosocial interventions/methods for the direct provision of services by the worker, and the ability to match appropriate intervention with client goals.

9. Knowledge of and beginning skill in the monitoring and evaluation of practice, and of the importance of involving clients in this evaluative process.
10. Knowledge of and beginning skill in appropriate termination strategies with clients.
11. The capacity for critical self-awareness and self-examination and the effective use of supervision, feedback from colleagues, and current social work research and literature.

Required Texts: The following texts are available in the health sciences bookstore.

Hepworth, D. H., Rooney, R. H., and Larsen, J. (2002). Direct social work practice: Theory and skills. Pacific Grove, CA: Brookes/Cole Publishing Company.

Lukas, Susan (1993). Where to start and what to ask. New York: W.W. Norton & Company.

Suggested Texts: Murphy, B.C. & Dillon, C. (1998). Interviewing in Action: Process and Practice. New York: Brooks-Cole.

Note: All readings marked with an astrix are available upstairs in the 5th Floor Reading Room. Those from books not required for the class are also on reserve on the second floor of Davis library. Many of them are available in full text format on-line.

Assignments: Please see the accompanying handout.

Grading:

94 and above H

80-93 P

70 - 79 L

69 and below F

Policy on Academic Dishonesty: Please refer to the APA Style Guide, The SSW Manual, and your handout on citations for information on attribution of quotes, plagiarism and appropriate use of assistance in preparing assignments.

In keeping with the UNC Honor Code, if reason exists to believe that academic dishonesty has occurred, a referral will be made to the Office of the Student Attorney General for investigation and further action as required.

Policy on Accommodations for Students with Disabilities: Students with disabilities that affect their participation in the course may notify the instructor if they wish to have special accommodations considered (e.g., instructional format or examination format).

Course Outline

Monday, August 27th Course Overview (Class out at 4pm).

Monday, September 3rd No Class - Labor Day Holiday

Monday, September 10th *Why Social Work? Thinking about our history, philosophy, & purpose.*

Readings: Hepworth, Rooney, & Larsen: pages 1-34.

- *Simon, B.L. (1998). The Profession of Social Work. In M.A. Mattaini, C.T. Lowery, & C.H. Meyer (eds.), *The foundations of social work practice: A graduate text* (2nd editions) (pp.312-326). Washington, D.C.: NASW. (Available on Reserve on the second floor of Davis library.)
- *Abromovitz, M. (1998). Social work and social reform. *Social Work*,43(6), 512-526.

Skills Building for the Helping Process

Monday, September 17th

Ethical Beginnings

Video: Uncertain Journeys

Readings: Hepworth, Rooney, & Larsen: pages 35-84.
 NASW Code of Ethics found on line at
<http://naswdc.org/code/ethics.htm>.
 Lukas: Chapters 1 & 2. pp. 1-31.

Davidson, J.R. & Davidson, T. (1996). Confidentiality and managed care: Ethical and legal concerns. *Health & Social Work*, 21 (3). 208-215.
 (CP)

Monday, September 24th

What Makes Social Work Different: Theoretical Underpinnings.

Readings:

*Meyer, C.H. (1998). The Ecosystems Perspective: Implications for Practice. In M.A. Mattaini, C.T. Lowery, & C.H. Meyer (eds.), *The foundations of social work practice: A graduate text* (2nd edition) (2-19). Washington, D.C.: NASW. (Available on Reserve in the Second floor of Davis library - reserves desk.)

*Goldstien, H. (1983). Starting where the client is. *Social Casework*, 64, 265-275.

Lab: Tools for Ecological Thinking: Ecomaps and Genograms

Monday, October 1 *Complications in the Helping Relationship: Negotiating Difference.*

Video: The Color of Fear

Readings: Hepworth, Rooney, & Larsen: pages 85-139

*Anderson, C.M. & Stewart, S. (1983). Challenges to the therapist's competence. In *Mastering Resistance* (pp. 120-150). New York: Guilford Press.

Green, J.W. (1999). Cultural awareness in the human services: A multiethnic approach. Needham Heights, MA: Allyn & Bacon. pp. 423, 35,43, & 49-71.

Lab: Resistance in the Helping Relationship

Monday, October 8 *Assessment: Gathering Information*

REFLECTIONS ON DIFFERENCE - DUE

Readings: Hepworth, Rooney, & Larsen: pages 139-217.
 Murphy & Dillon: 103-128.
 Lukas: 1-43.

Green, J.W. (1999). Cultural awareness in the human services: A multiethnic approach. Needham Heights, MA: Allyn & Bacon. pp.117-150. (CP)

Lab: Practicing Interview Skills & Communicating Empathy

Monday, October 15**Assessment & Problem Definition: Who Defines the Problem?**

Readings: *Murphy & Dillon: 129-154. (Available on the Second floor of Davis library - reserves desk.)

McQuaide, S. & Ehrenreich, J.J. (1997). Assessing client strengths. *Families in Society: The Journal of Contemporary Human Services*, 201-212. (CP)

Lab: Moving from Information Gathering to common problem definition.

Monday, October 22nd *Goals & Evaluating Practice: How to evaluate Progress.*

Readings: Hepworth, Rooney, & Larsen: 327-356 & 469-476.

Indyk, D., Belville, R. Lachapelle, S., Gordon, G. & Dewart, T. (1993). A Community-based approach to HIV case management: Systematizing the unmanageable. *Social Work*, 38 (4), 380-387. (CP)

Lab: Effective Case Management

Theories & Models for Assessment and Intervention

Monday, October 29**Thinking & Doing Impact Feelings: Cognitive-Behavioral Approaches**

MID-TERM EXAMINATION

Readings: *Murphy & Dillon: 179-198 (Available on Reserve on the Second floor of Davis library - reserves desk.)

*Berlin, S.B. (1982). Cognitive behavioral intervention in social work practice. *Social Work*, 27 (3), 218-225.

Lab: Using Cognitive-Behavioral Techniques

Video: "I'd Hear Laughter."

Monday, November 5**The World of the Unconscious: Psychodynamic Approaches**

Readings: *Goldstein, E.(1996) .Ego psychology theory. In F.J. Turner (ed.) *SocialWork Treatment* (4th Edition). New York: Free Press pp. 191-217.

(Available on Reserve on the Second floor of Davis library - reserves desk.)

Murphy & Dillon: 199-249. (Available on Reserve on the Second floor of Davis library - reserves desk.)

Al-Krenawi, A. (1998). Reconciling western treatment and traditional healing: A social worker walks with the wind. *Reflections*, 4(3), 6-21. (CP)

Hardy, K. (1993). War of the worlds. *The Family Networker*, 51-57. (CP)

Lab: Transference & Countertransference: Understanding Our Responses to Clients

Monday, November 12^h *Crisis: Assessment & Intervention in Special Circumstances*

Readings: Lukas: 58-86 & 101-152.

*Jackson, H., Hess, P. & Van Dalen, A. (1995). Preadolescent suicide: How to ask and how to respond. Families in Society, 76 (5), 267-281.

Lab: What to do when you have concerns about suicide, domestic violence, or child maltreatment.

Practice Methods

Monday, November 19th *Family Work*

Readings: Hepworth, Rooney, & Larsen: 477-578.

Lukas: 44-57.

Wood, J.T. & Inman, C.C. (1993). In a different mode: Masculine styles of communicating closeness. Journal of Applied Communication Research, 279-295. (CP)

Ho, M-K. (1992). Counseling an interracial couple (Case study 7.2). In C. LeCroy (Ed.), Case studies in social work practice. Monterey, CA: Brooks Cole, 224-227. (CP)

Woodman, N.J. (1992). Couple counseling with lesbian women (Case study 7.5). In C. LeCroy (Ed.), Case studies in social work practice.

_____. Monterey, CA: Brooks Cole, 243-250. (CP)

Lab: Process Recording Presentations

Readings: Hepworth, Rooney, & Larsen: 519-542.

*Germain, C.B. & Gitterman, A. (1996). *The Life Model of Social Work Practice: Advances in theory and practice* (2nd ed.). New York: Columbia University Press. Chapter 7, 241-278. (Available on Reserve on the Second floor of Davis library -reserves desk.)

Lab: Process Recording Presentations

Concluding the Helping Relationship

Monday, December 3rd Termination & Endings

Readings: Hepworth, Rooney, & Larsen: 589-600.