

Sarah E. Bledsoe, M.S.W., M.Phil., Ph.D.

Assistant Professor
School of Social Work
University of North Carolina at Chapel Hill
301 Pittsboro Street – CB 3550
Chapel Hill, NC 27599
919-843-6543(voice)
919-962-7557 (fax)
bledsoe@email.unc.edu

EDUCATION

Ph.D., School of Social Work, Columbia University, May 2007

Concentration in Direct Social Work Practice

Dissertation: *Adult Health Care Services and Psychiatric Disorders: The Use and Costs of Health Care Services in a Low Income, Minority Population Coming to an Urban Primary Care Clinic.*

Sponsor: Edward J. Mullen, MSW, DSW

Chair: Katherine Shear, MD

Committee Members: Ellen P. Lukens, MSW, Ph.D.; Mark Olfson, MD, MPH; Myrna M. Weissman, Ph.D.

M. Phil., Social Work, School of Social Work, Columbia University, October 2005

M.S.W., School of Social Work, University of Pittsburgh, April 2001

B.A., Psychology, University of Tennessee at Knoxville, August 1999

GRANTS, AWARDS, AND HONORS

GRANTS

Under Review

Co-Investigator - Feasibility of Screening and Recruitment of Community-Dwelling Mothers for a New Project: Reducing Depressive Symptoms in Low-Income, LEP Latina Mothers. Faculty Summer Research Funds, University of North Carolina School of Nursing. Beeber, Linda S., PI. (\$9,599.00)

Principal Investigator – Better Beginnings: A Feasibility Test of Brief, Culturally Relevant Treatment for Depression in Pregnant Low-Income Adolescents. Research Grant, University Research Council, Office of the Vice Chancellor for Research and Economic Development, University of North Carolina at Chapel Hill. (\$5,000.00)

Co-Investigator - Reducing Depressive Symptoms in Low-Income LEP Latina Mothers. National Institute of Mental Health R-01. Beeber, Linda S., PI. (\$3,693,227.88)

Principal Investigator – Better Beginnings: A Feasibility Test of Brief, Culturally Relevant Treatment for Depression in Pregnant Low-Income Adolescents. ECHO Pilot Grant in Racial/Ethnic Health Disparities, University of North Carolina Program on Ethnicity, Culture, and Health Outcomes. (\$12,000.00).

Principal Investigator - University-Agency Partnerships for Evidence-Based Practices: A National Survey. Silberman Faculty Grant Program (\$40,000).

Adolescent Perinatal Depression: Improving Mental and Behavioral Health Outcomes for Adolescent Mothers and their Children through Culturally Relevant, Evidence-Based Intervention. National Institute of Health Loan Repayment Program for Clinical Research (NIH 2674-9). Beeber, Linda S., Research Supervisor.

Funded Research

Principal Investigator - Better Beginnings: A Feasibility Test of Brief, Culturally Relevant Treatment for Depression in Pregnant Low-Income Adolescents. Armfield-Reeves Innovation Fund, School of Social Work, University of North Carolina (\$25,000).

Principal Investigator – Better Beginnings: A Pilot Study Testing the Feasibility of Providing Brief, Culturally Relevant Treatment for Perinatal Depression to Low-Income Adolescents. Jane H. Pfouts Research Grant, School of Social Work, University of North Carolina (\$4,000). January 2008- December 2008.

AWARDS, SCHOLARSHIPS AND FELLOWSHIPS

Dean's Recognition of Teaching Excellence, The University of North Carolina at Chapel Hill School of Social Work (2006-2007).

Elected by the doctoral program committee to speak at the School of Social Work Commencement Ceremony as representative of the graduating doctoral class. School of Social Work, Columbia University (May 2007).

National Institute of Mental Health, Pre-Doctoral Training Fellowship, Training Program in Mental Health Services Research, School of Social Work, Columbia University (2003-2006).

Travel Award, School of Social Work, Columbia University (2006, 2005, 2004, 2003).

Graduate Student Research Assistantship, National Institute of Mental Health Center for Mental Health Services Research, University of Pittsburgh (2000-2001).

Travel Award, School of Social Work, University of Pittsburgh, (2000).

PUBLICATIONS

PEER REVIEWED JOURNAL ARTICLES

- Betts, K., Weissman, M.M., Verdeli, H., Gameraff, M., Bledsoe, S.E., Mufson, L., Fitterling, H., & Wickramaratne, P. (under review). A national survey of structured diagnostic assessment training in psychiatry, psychology and social work. *Psychiatry Research*.
- Bledsoe, S.E., Manuel, J., Bellamy, J.L., Fang, L., & Mullen, E. for the BEST Team. (under review). Implementing Evidence Based Practice in Social Agencies: An Overview of the BEST Training with Practitioner Responses. *Social Work Research*.
- Collins, K.S., Bledsoe, S.E., & Bruce, E.A. (under review). Children's explanations of violence. *Violence and Victims*.
- Ison, D., Saltzburg, S., & Bledsoe, S.E. (under review). A Nietzschean perspective on church affiliation and self-esteem among same-sex attracted members of the Mormon church. *Smith College Studies in Social Work*.
- Manuel, J., Mullen, E., Fang, L., Bellamy, J. & Bledsoe, S.E. for the BEST Team. (under review). Preparing social work practitioners to use evidence-based practice: A comparison of experiences from an implementation project. *Research on Social Work Practice*.
- Mullen, E. J., Shlonsky, A., Bledsoe, S. E., & Bellamy, J. L. (under review). From concept to implementation: Challenges facing evidence-based social work. *Journal of Social Work Education*.
- Bellamy, J., Bledsoe, S.E., Mullen, E.J., Fang, L., & Manuel, J. (in press). Learning from agency-university partnership for evidence based practice in social work: Participant voices from the BEST project. *Journal of Social Work Education*.
- Bledsoe, S.E. (in press). Barriers and promoters of mental health services utilization in a Latino context: A literature review and recommendations from an ecosystems perspective. *Journal of Human Behavior in the Social Environment*.
- Bledsoe, S.E., Lukens, E.P., Onken, S., Bellamy, J., & Cardillo-Geller, L. (in press). Mental illness, evidence-based practice, and recovery: Is there compatibility between service user identified recovery facilitating and hindering factors and empirically supported interventions? *Best Practice in Mental Health: An International Journal*.
- Mullen, E.J., Bledsoe, S.E., & Bellamy, J.L. (in press). Implementing evidence-based social work practice. *Research on Social Work Practice*.
- Grote, N.K., Bledsoe, S.E., Larkin, J., & Brown, C. (in press). Depression in African American and white women with low incomes: The role of chronic stress. *Journal of Health and Social Policy*, 23 (2).

- Bledsoe, S.E., Weissman, M.M., Mullen, E.J., Ponniah, K., Gameroff, M., Verdeli, H., Mufson, L., Fitterling, H., & Wickramaratne, P. (2007). Empirically supported psychotherapy in social work training programs: Does the definition of evidence matter? *Research on Social Work Practice, 17*, 449-455.
- Grote, N.K., & Bledsoe, S.E. (2007). Predicting postpartum depressive symptoms in new mothers: The role of optimism and stress frequency during pregnancy. *Health and Social Work, 32*, 107-118.
- Grote, N.K., Bledsoe, S.E., Larkin, J., Lemay, E.P., Jr., & Brown, C. (2007). Stress exposure and depression in disadvantaged women: The protective effects of optimism and perceived control. *Social Work Research, 31*, 19-34.
- Grote, N.K., Zuckoff, A., Swartz, H.A., Bledsoe, S.E., & Geibel, S.L. (2007). Engaging women who are depressed and economically disadvantaged in mental health treatment. *Social Work, 52*, 295-308.
- Mullen, E.J., Bellamy, J.L., Bledsoe, S.E., & Francois, J.J. (2007). Teaching evidence-based practice. *Research on Social Work Practice, 17*, 574-582.
- Swartz, H.A., Zuckoff, A., Grote, N.K., Spielvogel, H., Bledsoe, S.E., Shear, M.K., & Frank, E. (2007). Engaging depressed patients in psychotherapy: integrating techniques from motivational interviewing and ethnographic interviewing to improve treatment participation. *Professional Psychology, 38*, 430-439.
- Bellamy, J., Bledsoe, S.E., & Traube, D. (2006). The current state of evidence based practice in social work: A review of the literature and qualitative analysis of expert interviews. *Journal of Evidence-Based Social Work, 3*, 23-48.
- Bledsoe, S.E. & Grote, N.K. (2006). Treating depression during pregnancy and in the postpartum: A preliminary meta-analysis. *Research on Social Work Practice, 2*, 109-120.
- Weissman, M., Verdeli, H., Gameroff, M., Bledsoe, S.E., Betts, K., Mufson, L., Fitterling, H., & Wickramaratne, P. (2006). A national survey of psychotherapy training programs in psychiatry, psychology, and social work. *Archives of General Psychiatry, 63*, 925-934.
- Mullen, E. J., Shlonsky, A., Bledsoe, S. E., & Bellamy, J. L. (2005). From concept to implementation: Challenges facing evidence-based social work. *Evidence and Policy, 1*, 61-84.
- Grote, N.K., Bledsoe, S. E., Swartz, H., & Frank, E. (2004). Culturally relevant psychotherapy for perinatal depression in low-income ob/gyn patients. *Clinical Social Work, 32*, 327-347.

Grote, N.K., Bledsoe, S.E., Swartz, H., & Frank, E. (2004). Feasibility of providing culturally relevant, brief interpersonal psychotherapy for antenatal depression in an obstetrics clinic: A pilot study. *Research on Social Work Practice, 14*, 397-406.

PEER REVIEWED BOOK CHAPTERS

Mullen, E.J., Bellamy, J., & Bledsoe, S.E. (2007). Evidenzbasierte praxis in der sozialen arbeit. In M. Hüttemann & P. Sommerfeld (Eds.), *Evidenzbasierte Soziale Arbeit: Nutzung Forschung de Praxis* (pp. 10-25). Baltmannsweiler, Germany: Schneider Verlag Hohengehren.

BOOK CHAPTERS

Mullen, E.J., Bellamy, J.L., & Bledsoe, S.E. (in press). Limits of evidence in evidence based policy and practice. In I. Bryderup (Ed.), *Diversity of research methods and approaches in production of knowledge in evaluation of social work practice*. Denmark: Aarhus University Press.

Fang, L., Manuel, J., Bledsoe, S.E., & Bellamy, J. (2007). Finding existing evidence. In R. Grinnel & Y. A. Unrau (Eds.), *Social Work Research and Evaluation: Quantitative and Qualitative Approaches* (8th Ed.). New York: Oxford University Press.

Manuel, J., Fang, L., Bellamy, J., Bledsoe, S.E. (2007). Evaluating existing evidence. In R. Grinnel & Y. A. Unrau (Eds.), *Social Work Research and Evaluation: Quantitative and Qualitative Approaches* (8th Ed.). New York: Oxford University Press.

Mullen, E. J., Bledsoe, S. E., & Bellamy, J. L. (2007). Evidence-based Social Work Practice: Implementation Concepts & Issues. In H.U. Otto, A. Polutta & H. Ziegler (Eds.), *What works - Welches wissen braucht die soziale arbeit?* Leverkusen, Germany: Barbara Budrich Publishers.

Mullen, E.J., Bellamy, J., & Bledsoe, S.E. (2007). Best practices. In T. Mizrahi & L. Davis (Eds.), *Encyclopedia of Social Work* (20th Ed.). New York: Oxford University Press.

Mullen, E. J., Bellamy, J., & Bledsoe, S. (2007). The cycle of evidence-based practice. In H.-U. Otto, A. Polutta & H. Ziegler (Eds.), *Evidence-based practice - Modernising the knowledge base of social work?* Leverkusen-Opladen, Germany: Barbara Budrich Publishers.

Mullen, E.J., Bellamy, J., & Bledsoe, S.E. (2007). Evidence based practice. In R. Grinnel & Y. A. Unrau (Eds.), *Social Work Research and Evaluation: Quantitative and Qualitative Approaches* (8th Ed.). New York: Oxford University Press.

Mullen, E., Bellamy, J.L., & Bledsoe, S.E. (2005). Implementing evidence based practice in social work: a pilot study. In P. Sommerfeld (Ed.), *Evidence-based social work – towards a new professionalism?* (pp. 149-174). Bern, Switzerland: Peter Lang.

BOOK REVIEW

Bledsoe, S.E. (under review). *Clinician's Quick Guide to Interpersonal Psychotherapy*. M.M. Weissman, J.C. Markowitz, & G.L. Klerman. (authors). *Research on Social Work Practice*.

TREATMENT MANUALS

Swartz, H.A., Grote, N.K., Frank, E., Bledsoe, S.E., Fleming, M.A.D., Shear, M.K. (2004). *Brief Interpersonal Psychotherapy (IPT-B) Treatment Manual*. Department of Psychiatry, University of Pittsburgh School of Medicine, Western Psychiatric Institute and Clinic, Pittsburgh, PA.

Zuckoff, A., Swartz, H.A., Grote, N.K., Bledsoe, S.E., Spielvogel, H. (2004). *Engagement Session Treatment Manual*. Department of Psychiatry, University of Pittsburgh School of Medicine, Western Psychiatric Institute and Clinic, Pittsburgh, PA.

TRAINING AND ELECTRONIC MATERIALS

Manuel, J., Mullen, E., Fang, L., Bellamy, J. & Bledsoe, S.E. for the BEST Team. (in press). *Preparing social work practitioners to use evidence-based practice: A comparison of experiences from an implementation project*. Swedish National Board of Health and Welfare, Institute of Evidence Based Social Work Practice.

Bellamy, J.L., & Bledsoe, S.E. (2007). Electronic materials chapter 1: An introduction to scientific inquiry in social work. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.

Bellamy, J.L., & Bledsoe, S.E. (2007). Electronic materials chapter 22: Inferential data analysis: part two. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.

Bledsoe, S.E., & Bellamy, J.L. (2007). Electronic materials chapter 2: Evidence-based practice. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.

Bledsoe, S.E., & Bellamy, J.L. (2007). Electronic materials chapter 6: Problem formulation. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.

Bledsoe, S.E., & Fang, L. (2007). Electronic materials chapter 10: Causal inference and correlational designs. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.

Bledsoe, S.E., & Manuel, J. (2007). Electronic materials chapter 12: Single-case evaluation designs. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.

- Bledsoe, S.E., & Orellana, R. (2007). Electronic materials chapter 11: Experimental designs. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Fang, L., & Bledsoe, S.E. (2007). Electronic materials chapter 8: Measurement. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Fang, L., & Bledsoe, S.E. (2007). Electronic materials chapter 13: Program evaluation. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Manuel, J., & Bledsoe, S.E. (2007). Electronic materials chapter 19: Qualitative data analysis. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Bellamy, J.L., Bledsoe, S.E., Manuel, J., Fang, L. & Mullen, E. J. for the BEST Project Team. (2006). *BEST Training on Evidence-Based Practice*. Columbia University Willma & Albert Musher Program. Willma & Albert Musher Program at Columbia University: Columbia University. <http://www.columbia.edu/cu/musher/>.
- Fang, L., Bellamy, J.L., Bledsoe, S.E., Manuel, J., & Mullen, E. J. for the BEST Project Team. (2006). *Evidence-Based Practice Resources*. Columbia University Willma & Albert Musher Program. Willma & Albert Musher Program at Columbia University: Columbia University. <http://www.columbia.edu/cu/musher/>.

REPORTS

- Weissman, M.M., Betts, K., Fitterling, H., Bledsoe, S.E., Verdeli, H., Mufson, L., Wickramaratne, P., Hollon, S. (2004, 2005, 2006). *Bridging the Gap between Research and Clinical Practice of Modern Psychotherapy: Progress Report to Josiah Macy Jr. Foundation*. Columbia University, New York State Psychiatric Institute, New York, NY.
- Bledsoe, S.E. (1999). *The Influence of Daycare During Infancy and Childhood on Sibling Relationships in Adolescence*. Perceptions of Relationships with Siblings and Parents, Department of Psychology, University of Tennessee at Knoxville, Knoxville, TN.

PRESENTATIONS

PEER REVIEWED

International

- Mullen, E., Bellamy, J., Bledsoe, S.E., Fang, L., & Manuel, J. for the BEST Team. (2007, October). *Preparing Social Work Practitioners to use Evidence-based Practice: A Comparison of Experiences from an Implementation Project*. Paper presented at the Conference on Implementation and Translational Research, Lejongdal Castle, Sweden:

Institute for Evidence-based Social Work Practice, Swedish National Board of Health & Welfare, Stockholm, Sweden.

Weissman, M.M., Verdelli, H., Gameroff, M.J., Bledsoe, S.E., Betts, K., Mufson, L., Fitterling, H., Semple, R.J., Wickramaratne, P. (2006, May). *A national survey in evidenced based psychotherapy training in psychiatry, psychology and social work*. Poster, Annual Meeting of the American Psychiatric Association, Toronto, Canada.

Mullen, E.J., Bellamy, J.L., & Bledsoe, S.E. (2006, September). *Limits of Evidence in Evidence Based Policy & Practice*. Paper, International Inter-Centre Network for the Evaluation of Social Work Practice Workshop 2006: The Diversity of Research Methods, Approaches and Theories in Evaluation of Social Work Practice, Copenhagen, Denmark.

Mullen, E.J., Bellamy, J.L., Bledsoe, S.E., Fang, L. & Manuel, J. (2005, November). *Implementing what works in evidence based practice*. Paper, Bielefeld University International Meeting on What Works in Social Work Practice: Towards Modernizing Social Work's Knowledge-Base, Bielefeld, Germany.

Mullen, E. J., Bellamy, J. L., & Bledsoe, S. E. (2004, October). *Implementing evidence-based practice in social work: A pilot study*. Paper, 7th Annual Meeting of the International Inter-Centre Network for the Evaluation of Social Work Practice: Evidence Based Social Work – New (and old?) Modes of Knowledge Production and Transfer for the Development of Social Work Practice, University of Applied Sciences, Olten Switzerland.

Mullen, E., Shlonsky, A., Bledsoe, S.E., & Bellamy, J.L. (2004, October). *Challenges facing evidence based social work*. Keynote paper, Inaugural Meeting of the National Board of Health and Welfare's Institute for Evidence-based Social Work Practice, Stockholm, Sweden.

Traube, D., Bledsoe, S.E., & Bellamy, J. (2004, May). *Strategies and barriers in sharing knowledge: caring for clients through methods of best practice*. Paper, Fourth International Conference on Social Work in Health and Mental Health, Quebec City, Quebec, Canada.

National

Bledsoe, S.E. (Organizer), Price, S.K. (Discussant), Grote, N.K., Hans, S., Manuel, J., Swartz, H.A., Geibel, S., Frank, E., Henson, L.G., Thullen, M.J., Martinson, M., Bellamy, J., & Warrick, M. (2008, January). *Understanding the Nature and Treatment of Perinatal Depression: Expanding Research Knowledge to Families, Culture, and Community*. Symposia submitted to Society for Social Work and Research Annual Conference, Washington, DC.

Bledsoe, S.E. & Warrick, M. (2008, January). *Adolescent Perinatal Depression: A Systematic Review and Meta-Analysis of Existing Intervention Studies*. Symposium paper submitted to Society for Social Work and Research Annual Conference, Washington, DC.

- Manuel, J.I., Bellamy, J., Bledsoe, S.E., & Martinson, M. (2008, January). *Estimated effects of family structure on new birth mothers' mental health: An examination of postpartum depression in a nationally representative sample*. Paper, Society for Social Work and Research Annual Meeting, San Francisco, CA.
- Bledsoe, S.E., Bellamy, J.L., Fang, L., Manuel, J., Crumpley, J., Jean-François, J., & Mullen, E. (2007, October). *Implementing Evidence Based Practice in Social Agencies: An Overview of the BEST Training with Practitioner Responses*. Paper presented at the Counsel on Social Work Education 53rd Annual Program Meeting, San Francisco, CA.
- Manuel, J., Bledsoe, S.E., Bellamy, J.L., Fang, L., Coppolino, C.F., Crumpley, J., Jean-Francois, J., Chen, T., Mullen, E.J. (2007, January). *Implementing evidence-based practice in social service agencies through a university-agency partnership*. Paper presented at the Society for Social Work Research Eleventh Annual Conference, San Francisco, CA.
- Manuel, J.I., Martinson, M., Bellamy, J., & Bledsoe, S.E. (2007, January). *Chronic Stress, Social Support, and Depression Among New Birth Mothers in Urban Cities*. Paper, Society for Social Work and Research Annual Meeting, San Francisco, CA.
- Mullen, E.J., Bellamy, J.L., Bledsoe, S.E., & Francois, J.J. (2006, October). *Teaching Evidence-based Practice*. Paper, Improving the Teaching of Evidence-Based Practice Symposium, Austin, TX.
- Betts, K., Weissman, M. M., Verdeli, H., Gameroff, M.J., Bledsoe, S.E., Mufson, L., Fitterling, H., & Wickramaratne, P. (2006, May). *Structured Diagnostic Assessment and Neuropsychological Testing in Psychiatry, Psychology, and Social Work*. Poster, Annual Convention for Psychological Science, New York, NY.
- Weissman, M.M., Verdeli, H., Gameroff, M.J., Bledsoe, S.E., Betts, K., Mufson, L., Fitterling, H., Wickramaratne, P. (2006, March). *Problems in dissemination of evidence-based psychotherapy*. Paper, 9th Annual Satellite Research Symposium of the Anxiety Disorders Association of America, Miami, FL.
- Bledsoe, S.E., Bellamy, J., Fang, L., Coppolino, C., Crumpley, J., Jean-François, J., & Mullen E. J. (2006, February). *Collaborative dissemination and implementation of evidence based practice in social work agencies*. Paper, Counsel on Social Work Education 52nd Annual Program Meeting, Chicago, IL.
- Bledsoe, S.E., Verdeli, H., Mufson, L., Mullen, E., Weissman, M. M., Betts, K., Gameroff, M.J., Fitterling, H., & Wickramaratne, P. (2006, February). *A national survey of training in evidence-based psychotherapy: implications for social work*. Paper, Counsel on Social Work Education 52nd Annual Program Meeting, Chicago, IL.
- Bellamy, J., Bledsoe, S.E., Fang, L., Coppolino, C., Crumpley, J., Jean-François, J., & Mullen E. J. (2006, January). *Implementing evidence based practice: from research to the front line*. Poster, Society for Social Work Research Annual Meeting, San Antonio, TX.

- Bledsoe, S.E., Lukens, E., Onken, S., Bellamy, J., & Cardillo-Geller, L. (2006, January). *Mental illness, evidence-based practice, and recovery: is there compatibility between user identified recovery facilitating and hindering factors and evidence based practices?* Poster, Society for Social Work Research Annual Meeting, San Antonio, TX.
- Bledsoe, S.E. (2005, June). *Treating depression during pregnancy and in the postpartum: a meta-analysis.* Poster, Academy Health 2005 Annual Research Meeting, Boston, MA.
- Bledsoe, S.E. (2005, January). *Treating depression during pregnancy and in the postpartum: a meta-analysis.* Poster, Society for Social Work and Research Annual Meeting, Miami, FL.
- Grote, N.K., Bledsoe, S.E., Larkin, J., & Brown, C. (2005, January). *Depression in low-income African-American and white women: the role of chronic stress.* Paper, Society for Social Work and Research Annual Meeting, Miami, FL.
- Weissman, M., Fitterling, H., Stutman, Z., Bledsoe, S., Mufson, L., & Verdelli, H. (2004, October). *Training in evidence-based psychotherapy: a preliminary look.* Paper, American Academy of Child & Adolescent Psychiatry Fifty-First Annual Meeting, Washington DC.
- Bellamy, J., Bledsoe, S.E., Traube, D. (2004, June). *Strategies and barriers in sharing knowledge: caring for clients through methods of best practice.* Poster, Academy Health 2004 Annual Research Meeting, San Diego, CA.
- Bledsoe, S.E. (2004, June). *Treating depression during pregnancy and in the postpartum: a meta-analysis.* Paper, National Service Research Award (NSRA) Trainee Conference, San Diego, CA.
- Bledsoe, S.E., Bellamy, J.L., Traube, D. (2004, June). *Strategies and barriers in sharing knowledge: caring for clients through methods of best practice.* Poster, National Service Research Award (NSRA) Trainee Conference, San Diego, CA.
- Frank, E., Cyranowski, J., Olshansky, E., Swartz, H.A., Grote, N.K., & Bledsoe, S.E. (2004, May). *Individualizing interpersonal psychotherapy for mood disorders.* Symposium, American Psychiatric Association 157th annual meeting, New York, NY.
- Maguire, L., Koeske, G.F., Grote, N.K., Stewart, C., Sales, E., Koeske, R.D., & Bledsoe, S.E. (2004, January). *Social support in social work practice: conceptual and empirical.* Symposia, Society for Social Work and Research Annual Meeting, New Orleans, LA.
- Grote, N.K., Swartz, H., & Bledsoe, B. (2002, April). *Feasibility of using brief interpersonal psychotherapy for depression in low-income ob/gyn patients.* Poster, Eli Lilly and Biological Psychiatry "Difficult to Treat Depression" conference, San Francisco, CA.

Regional

Betts, K., Weissman, M. M., Verdelli, H., Gameroff, M.J., Bledsoe, S.E., Mufson, L., Fitterling, H., & Wickramaratne, P. (2005, October). *Psychotherapy training in the U.S.: a national survey of psychiatry, psychology and social work programs*. Paper, Mid-Atlantic Regional Group Meeting of the Society for Psychotherapy Research, St. Mary's College, MD.

State

Beeber, L., & Bledsoe, S.E. (2008, March). *Mothers and very young children at risk: Recognizing and treating maternal depression*. Workshop submitted to Prevent Child Abuse North Carolina's 26th Statewide Conference on Child Abuse and Neglect, Winston-Salem, NC.

Grady, M., & Bledsoe, S.E. (2008, March). *Introduction to mental health assessment*. Workshop submitted to Prevent Child Abuse North Carolina's 26th Statewide Conference on Child Abuse and Neglect, Winston-Salem, NC.

Local

Grote, N.K., Bledsoe, S.E., Larkin, J., & Brown, B. (2005, June). *Stress frequency and depression in disadvantaged women: the protective effects of optimism and perceived control*. Poster, Western Psychiatric Institute and Clinic Research Day, Department of Psychiatry, University of Pittsburgh Medical Center, Pittsburgh, PA.

Grote, N.K., Swartz, H., & Bledsoe, B. (2002, June). *Feasibility of using brief interpersonal psychotherapy for depression in low-income ob/gyn patients*. Poster, Western Psychiatric Institute and Clinic "Research Day", University of Pittsburgh School of Medicine, Pittsburgh, PA.

Grote, N.K., Swartz, H., & Bledsoe, B. (2002, May). *Feasibility of using brief interpersonal psychotherapy for depression in low-income ob/gyn patients*. Paper, University of Pittsburgh School of Medicine, Mental Health Intervention Research Center (MHIRC) Lecture Series, Pittsburgh, PA.

Grote, N.K., Swartz, H., & Bledsoe, B. (2002, April). *Feasibility of using brief interpersonal psychotherapy for depression in low-income ob/gyn patients*. Paper, University of Pittsburgh School of Medicine, MHIRC, Treatment Development and Assessment Core Lecture Series, Pittsburgh, PA.

INVITED

Bledsoe, S.E. (2008, May). *Introduction to interpersonal psychotherapy (IPT) for depression*. Workshop, Greensboro Area Health Education Center, Greenboro, NC.

Bledsoe, S.E. (2007, October). *Introduction to interpersonal psychotherapy (IPT) for depression*. Workshop, Eastern Area Health Education Center, Greenville, NC.

Bledsoe, S.E. (2007, September). *Perinatal depression: recognizing and treating depression during pregnancy and postpartum*. Workshop, Southern Regional Area Health Education Center, Fayetteville, NC.

Bledsoe, S.E. (2007, August). *Evidence-based social work practice*. Presentation, Orientation to the Field and Triangle Service Delivery System for Entering Students, University of North Carolina School of Social Work, Chapel Hill, NC.

Bledsoe, S.E. (2006, October). *Adult health care services and psychiatric disorders: the use and costs of health care services in a low income, minority population coming to an urban primary care clinic*. Paper, Columbia University School of Social Work Mental Health Services Research Training Seminar, New York, NY.

MANUSCRIPT REVIEWER

2007-Present *Social Work*

2007-Present *Children and Youth Services Review*

2007 *Clinical Evidence*

2008 *Women's Health Issues*

TEACHING

School of Social Work, University of North Carolina at Chapel Hill

“Adult Health and Mental Health.” Spring 2008, 2007; Fall, 2007, Master’s level course.

“Family and Individual Development.” (HBSE). Fall 2007, 2006, Master’s level course.

School of Social Work, Columbia University

“Social Work Research.” Spring 2006, Master’s level course. Teaching Assistant.

“Proseminar on Professional Identity.” Fall 2005, Master’s level course. (2 Sections).

Wurzweiler School of Social Work, Yeshiva University

“Psychosocial Pathology.” Fall 2005, Master’s level course.

“Social Casework Practice II.” Summer 2005, Master’s level course.

School of Social Work, University of Pittsburgh

Guest lecture: “Feminist Social Work Practice with Women and Children Who Are Homeless.”, January 2001, April 2001, Master’s level course.

Guest lecture: “Responding to Victims and Survivors of Domestic Violence”, September 2001, Master’s level course.

PROFESSIONAL EXPERIENCE

Assistant Professor, School of Social Work, University of North Carolina at Chapel Hill, 2007-present.

Instructor, School of Social Work, University of North Carolina at Chapel Hill, 2006.

Teaching Assistant, School of Social Work, Columbia University, 2006.

- Edward J. Mullen, DSW
- “Introduction to Research Methods.” Master’s level course.

Project Coordinator, Musher Dissemination Project, School of Social Work, Columbia University, 2004-2006.

- Project management and coordination among research personnel, consultants, and agencies
- Participate in the development and implementation of a dissemination strategy for evidence based social work practice in community agencies and focus groups and trainings for agency practitioners
- Lead focus groups and trainings for agency stakeholders and practitioners
- Meet with university and agency executives and stakeholders to determine project course
- Contribute to the production of research reports, presentations, articles, and training manuals
- Contribute to protocol, instruments, intervention development, and engagement strategy conceptualization and design
- Data acquisition, data management, and data analysis

National Institute of Mental Health Trainee in Mental Health Services Research, School of Social Work, Columbia University, 2003-2006.

- Practicum Fall 2003 directed by Edward Mullen, Ph.D., Social Work
- Practicum Spring 2004 – Summer 2005 directed by Myrna Weissman, Ph.D., Clinical and Genetic Epidemiology

Preceptor, School of Social Work, Columbia University, 2005.

Adjunct Faculty, Wurzweiler School of Social Work, Yeshiva University, 2005.

Project Coordinator/Therapist, Promoting Healthy Families Project, School of Social Work, University of Pittsburgh, 2001-2003.

- Daily management of NIMH sponsored project and coordination among research personnel, consultants, funders, and institutional review boards
- Conduct individual therapy sessions with pregnant women diagnosed with affective disorders using brief interpersonal psychotherapy for depression (IPT-B)
- Participant recruitment, engagement, diagnosis and quantitative and qualitative interviewing
- Contribute to the production of research reports, presentations, articles, and training manuals
- Contribute to protocol, instrument, treatment development, and engagement strategy conceptualization and design
- Data acquisition, data management, and data analysis
- Participate on research teams for the following projects; “Feasibility of Using Brief Interpersonal Psychotherapy in an Ob/Gyn Setting”, “Engaging Depressed Women in Treatment: Combining Motivational Interviewing and Ethnographic Strategies”, and “Depression in Low-Income African American and White Ob/Gyn Patients: The Role of Chronic Stress”
- Trained in Interpersonal Psychotherapy for Depression, Brief Interpersonal Psychotherapy for Depression, Motivational Interviewing, Diagnostic Interview Schedule, Computerized

Diagnostic Interview Schedule, Hamilton Rating Scale for Depression, and other clinical scales and measures

- Interview, train and supervise student research assistant and other study personnel

Transitional Housing Program Coordinator and Case Manager, Womanspace East, Inc., Transitional Housing Program, Pittsburgh, PA, 2001-2002.

- Design and implement direct services component of transitional housing program
- Case management and individual counseling with women and families who are homeless
- Brief family therapy with families who are homeless
- Plan, design, and facilitate therapeutic, educational, and psychoeducational groups for women who are homeless
- Interview, assess, and evaluate program applicants
- Participate in creation and implementation of new programs and activities at the agency
- Monthly reports to county, funders, and board of directors
- Assist in the design, implementation, and analysis of agency wide program evaluation
- Oversee daily operations of the transitional housing program
- Participate in team meetings and assist in milieu of agency

Interviewer, Women's Relationship Study, Magee-Women's Hospital of UPMC Health System, 2001.

- Conduct qualitative interviews with women experiencing intimate partner violence
- Participate on research team

Ethnographic Interviewer, Engaging Distressed Mothers of Disturbed Children – A Research Study Funded by the National Institute of Mental Health, Western Psychiatric Institute and Clinic, 2001.

- Conduct ethnographic interviews with distressed mothers of disturbed children
- Trained in ethnographic interviewing

Adult Mental Health Therapist, Turtle Creek Valley Mental Health, Turtle Creek, PA, 2000-2001.

- Initial diagnostic assessment of adult mental health outpatient services clients
- Provide individual and couples therapy for adult mental health outpatient clients
- Participate in team meetings and assist in milieu of clinic

Research Specialist/Research Assistant, Center for Mental Health Services Research, University of Pittsburgh, 1999-2001.

- Facilitate the scholarly and administrative research efforts of the Center research fellows
- Enter, code, and manage data
- Develop literature search strategies
- Perform literature searches, procure articles, collect and review instruments for center collection, and write literature reviews
- Contribute to center newsletter, research reports, grant proposals, books, and articles
- Train and supervise student research assistants

Case Manager, Womanspace East, Inc., Pittsburgh, PA, 2000.

- Case management and individual counseling with women and families who are homeless
- Emergency shelter hotline counselor
- Assist agency co-director with agency reports and milieu of shelter

Research Assistant, Perceptions of Relationships with Siblings and Parents, Department of Psychology, University of Tennessee at Knoxville, 1998-1999.

- Assist with research project
- Administration of questionnaires and tests
- Literature review and data management
- Training of new personnel

UNIVERSITY, PROFESSIONAL, COMMUNITY, AND INTERNATIONAL SERVICE

SERVICE TO THE SCHOOL OF SOCIAL WORK

Lead Teacher, SOWO 500, Family and Individual Development, 2007- Present.

Chair, Foundation Committee, School of Social Work, 2007-Present.

Member, Direct Practice Concentration Committee, 2007-Present.

Member, Curriculum Committee, 2007-Present.

Member, Anne Linda Furstenberg Fellowship Committee, 2007-Present.

Member, Advanced Curriculum Investment Team, 2007-Present.

Member, Human Behavior in the Social Environment Investment Team, 2006-Present.

Member, Teaching Circle, 2006-Present.

Supervision of Doctoral Students

- Daniel Ison, Research Assistant, 2007.

Supervision of MSW Students

- Jennifer Williams, Research Assistant, 2007-Present
- Melike Warrick, Research Assistant, 2006-2007.

Liaison for New and Part-Time Teaching Faculty

- Dayna Guido, Family and Individual Development, Fall 2007.

ADDITIONAL SERVICE TO THE UNIVERSITY OF NORTH CAROLINA

Grant Reviewer, UNC Injury Prevention Research Center, 2008.

Mentor, Womentoring Program, Carolina Leadership and Development, 2006-2007.

SERVICE TO THE PROFESSION

Consulting Editor, *Social Work*, 2007-2010.

Reviewer, *Children and Youth Services Review*, 2007-Present.

Member, Scientific Program Committee for the International Society of Interpersonal Psychotherapy biennial meeting, 2007- 2008.

Methodological Consultation, Nancy K. Grote, Ph.D., MSW, University of Washington School of Social Work, 2007.

Abstract Reviewer, Society of Social Work and Research Annual Conference, 2007.

Reviewer, *Clinical Evidence*, 2007.

Application Evaluator for Masters Applicants, School of Social Work, Columbia University, 2004-2006.

Member of Affirmative Action Committee, School of Social Work, University of Pittsburgh, 2002-2003.

SERVICE TO THE COMMUNITY

Mental Health Services Consultant, Our Children's Place, 2007-Present.

Co-Chair, Maternal Depression Workgroup, Prevent Child Abuse North Carolina, 2007-Present.

Program Evaluation and Consultation, Womanspace East, Inc., Pittsburgh, PA, 2002-2003.

Reader, Getting By, Getting Ahead: Women's Stories of Welfare and Work: A Community Literacy Project, University of Pittsburgh, Women's Studies Program, Department of English, and Sociology Department, Pittsburgh, PA, 2001.

INTERNATIONAL SERVICE

Needs Assessment of Mission Program, Health Clinic, and Schools in Five Villages and Humanitarian Work, Le Croix, Haiti, 2000.

PROFESSIONAL AFFILIATIONS

Council for Social Work Education

International Society for Interpersonal Psychotherapy

National Association of Social Workers

Society for Social Work and Research