

## **Curriculum Vitae**

**Melissa D. Grady, Ph.D., M.S.W., L.C.S.W.**

**University of North Carolina at Chapel Hill School of Social Work**

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### **EDUCATION**

#### **DEGREES**

**Ph.D.** in Social Work, Smith College School of Social Work. Northampton, MA. 1999-2004.

**Master of Social Work.** Smith College School of Social Work. Northampton, MA, 1994-1996.

**Bachelor of Arts in Psychology.** University of Vermont. Burlington, VT. 1988-1992.

#### **HONORS AND AWARDS**

**Most Supportive Faculty Member,** School of Social Work, University of North Carolina, 2008.

**Overall Outstanding Professor,** School of Social Work, University of North Carolina, 2006.

**Dean's Recognition of Teaching Excellence,** School of Social Work, University of North Carolina at Chapel Hill, 2005, 2006, 2007.

### **EMPLOYMENT**

**Clinical Assistant Professor.** School of Social Work, University of North Carolina at Chapel Hill. August 2005 to present.

**Adjunct Instructor.** School of Social Work, University of North Carolina at Chapel Hill. August 2000 to April 2005.

**Adjunct Research Instructor.** Smith College School of Social Work. August 2003 to present.

**Clinical Social Worker.** Private practice clinician, Durham, NC. January 2000 to present.

**Clinical Social Worker.** Orange Person Chatham Area Program, Chapel Hill, NC. October 1996 to May 2001.

## TEACHING

### Courses Taught at the School of Social Work, University of North Carolina - Chapel Hill

*Course Title:* **(SOWO 855) Treatment of Trauma and Violence.** 2008.

*Course Description:* Developed and created this course to teach students how to use Cognitive-Behavioral Therapy in the treatment of individuals diagnosed with PTSD. It is an advanced practice course with a strong emphasis on the application of theory to practice.

*Course Title:* **(SOWO 227/540) Practice with Individuals and Families.** 2002, 2004, 2007.

*Course Description:* This course provides the foundation for social work practice with groups, individuals and their families. It emphasizes basic knowledge, analytic and practice skill, and social work values necessary for practice.

*Course Title:* **(SOWO 230/800) Adult Health and Mental Health,** 2002, 2003, 2004, 2005, 2006, 2008.

*Course Description:* This course examines adult health and mental health conditions and focuses on the impact these have on individual and family functioning.

*Course Title:* **(SOWO 244/853) Brief Treatment,** 2004, 2005, 2006, 2008.

*Course Description:* This course reviews time-limited intervention models within the context of managed care. It is an advanced practice course that focuses on helping students with a beginning mastery of some of the major models of direct practice interventions.

*Course Title:* **(SOWO 840) Advanced Practice with Adults,** 2000, 2005, 2006, 2007, 2008.

*Course Description:* This is an advanced practice course that deepens students' knowledge of practice theory, skills and evaluation of practice. It challenges students to think critically about social work interventions and their impact on individuals.

### Teaching at Smith College School of Social Work

- **Research Advisor.** Master's Thesis project, 2003-2004, 2004-2005, 2005-2006, 2006-present.

### Lectures for Program at the School of Social Work, University of North Carolina – Chapel Hill

- **Foundation Field Education Program:** Advanced Mental Health Assessment. August 2007, 2008.
- **Foundation Field Education Program:** Beginning interviewing skills. August 2005 and 2006.
- **Social Work Field Education Workshop:** Divorce and separation: Their impact and options. May, 2005.

### Other Teaching Experiences

- *Faculty for Independent Study for MSW Student.* School of Social Work, University of North Carolina at Chapel Hill, 2005, 2006, 2007.
- *Supervising Faculty for Doctoral Student Teaching Practicum.* School of Social Work, University of North Carolina at Chapel Hill, 2005, 2006.
- *Field Instructor for MSW Student.* School of Social Work, University of North Carolina at Chapel Hill, 2000-2001 and 2005- 2006.

### Professional Presentations

- **Mental Health Assessments.** Prevent Child Abuse North Carolina's 26<sup>th</sup> Statewide Conference on Child Abuse and Neglect, Winston-Salem, NC, March 2008.
- **Adolescent sex offenders: Assessment and treatment.** Area Health Education Center, September 2008, Greensboro, NC. Fayetteville, NC, February, 2008. Greenville, NC, December 2007. Charlotte, NC. Feb. 2006, and Greensboro, Feb. 2006 and Mountain Area Health Education Center, March, 2006.
- **Ethical Issues in the Treatment of Sexual Offenders.** UNC School of Social Work Clinical Lecture Series, February 2008.
- **Research Update for Clinicians who Treat Sexual Offenders.** North Carolina Association for the Management and Treatment of Sex Offenders, Greensboro, NC, September, 2007.
- **Introduction to cognitive behavioral therapy.** Area Health Education Center, Greensboro, NC. March 2007.
- **Creative approaches to providing mental health services in schools.** Leadership Conference, Raleigh, NC. March, 1999.

## RESEARCH

### PUBLICATIONS IN PEER-REVIEWED SCHOLARLY JOURNALS

#### In press

1. **Grady, M.D.** (in press). Sex offenders part I: Theories and models of etiology, assessment and intervention. *Social Work in Mental Health.*
2. **Grady, M.D.** (in press). Sex offenders part II: Policies that address sex offenders. *Social Work in Mental Health.*
3. Werkmeister Rozas, L. & **Grady, M.D.** (in press). Making room for dynamics in evidence-based practice: The role of psychodynamic theory in client centered approaches. *Journal of Teaching in Social Work Education.*

#### Under review

1. **Grady, M.D.** (under review). Gatekeeping in social work education.
2. **Grady, M.D.** & Rose, R.A. (under review) The Empathy Index: Initial evaluation of reliability and validity.
3. **Grady, M.D.** & Brodersen, M. (expected submission in June 2008) Sex offenders' experiences of treatment: A qualitative study.

In preparation

1. **Grady, M.D.** Effects of an empathy enhancement program for incarcerated sex offenders.
2. **Grady, M.D.** & Brodersen, M. (expected submission in August 2008) The state of assessment for sex offenders.

**OTHER PUBLICATIONS**

Book Reviews

1. **Grady, M.D.** (2007). Treating self-injury: A practical guide. *Clinical Social Work Journal*, 35(1), 69-70.
2. **Grady, M.D.** (2005). Invisible heroes: Survivors of trauma and how they heal. *Clinical Social Work Journal*, 33(3), 369-371.

Contributor

Darity, W.A. (Ed.). (2008). *International encyclopedia of social sciences* (2<sup>nd</sup> ed.). Detroit, MI: Macmillan Reference.

**GRANTS**

Jane H. Pfouts Grant, School of Social Work, University of North Carolina at Chapel Hill. PI: **Melissa D. Grady** (\$1000) March 2006-June 2007.

**SERVICE**

REVIEWER

1. *Social Work*, Consulting Editor, 2006-present
2. *Clinical Social Work Journal*, Book Reviewer, 2005-present
3. *Judith Holm Memorial Student Award* sponsored by the American Board of Examiners in Clinical Social Work (ABE), 2006

SERVICE TO THE UNIVERSITY OF NORTH CAROLINA

**School of Social Work Service**

Practice 3 Committee, **Co-Lead Teacher**. 2008

Practice 3 Committee, **Member**. 2007-present.

Direct Practice Work Group, **Chair**. 2007.

Direct Practice Investment Team, **Co-Leader**. 2006-2007.

Curriculum Committee, **Member**. 2005-present.

**Faculty Liaison** for Student Government Body. 2005-present.

**Faculty Liaison** for Student Health Alliance Clinic (SHAC). 2005.

**University Service**

Health Sciences Interdisciplinary Case Conference Event, **Facilitator**. 2006, 2008.

**Community Service**

**Board Member** for Center for Cooperative Parenting. 2006-Present.

**PROFESSIONAL CREDENTIALS AND AFFILIATIONS**

Council for Social Work Education

Licensed Clinical Social Work, North Carolina Social Work Licensure Board

National Association of Social Workers

North Carolina Society for Clinical Social Work