

# Deborah Barrett

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## CONTACT INFORMATION

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## EDUCATION

M.S.W. 2004	University of North Carolina at Chapel Hill Concentration: Direct practice, adult mental health (elective courses included: brief treatment, group work, couples therapy, grief and bereavement, and psychodrama)
Post-Doctoral Training 1995-1997	University of North Carolina at Chapel Hill Carolina Population Center International social movements and reproductive policy
Ph.D. 1995	Stanford University Major: Sociology
M.S. 1988	University of Pennsylvania Major: Criminology
B.A. 1987	University of Pennsylvania Major: Sociology

## TEACHING EXPERIENCE

2004 - present	Clinical Assistant Professor School of Social Work, University of North Carolina at Chapel Hill Graduate instruction: Research methods for social work (lead instructor); Family and individual development; Independent study.
1988-2001	University Instructor University of Pennsylvania (1988), Pennsylvania State University (1990), Stanford University (1989-1993), Emory University (1997), University of North Carolina at Chapel Hill School of Social Work (2001). Graduate and undergraduate instruction in: sociology of health and illness, medical anthropology, criminology, social psychology, sociology of the body, interpersonal relations, sociology of the family, and social work research methods.

## CLINICAL EXPERIENCE AND TRAINING

Jan 2007- present	Provide individual and group psychotherapy in private practice.
Sept 2006- June 2007	Participated in insight-oriented process group for mental health professionals.
Oct - Dec 2006	Training in group therapy for anxiety disorders.

- Aug 2005- June 2006 Wake County Department of Human Services  
Provided individual and group dialectical behavioral therapy (DBT) through a contract with DD Consulting and Psychological Services.
- Aug 2003- May 2004 Department of Psychiatry, University of North Carolina at Chapel Hill  
Conducted individual, family, and group therapy.
- Sept 2002 - June 2003 Psychodrama Training Associates, Princeton, NJ  
Participated in weekly experiential and didactic group for mental health professionals in sociometry, psychodrama, spontaneity-creativity theory, and role theory.
- Aug 2001- May 2002 Orange County Rape Crisis Center, Chapel Hill, NC  
Conducted individual psychotherapy and co-facilitated support groups for survivors of sexual violence; expanded outreach efforts to the developmentally disabled community, including the development of training protocols for staff and volunteers.
- Aug 2000- May 2001 Center for Development and Learning, Chapel Hill, NC  
Conducted weekly psychotherapy sessions with individuals with intellectual disabilities.
- Aug 2000- May 2001 UNC-CH Rehabilitation Psychology and Counseling, Chapel Hill, NC  
Coursework in psychotherapy theory and counseling skills, including a two-semester counseling skills lab.

### **EXPERIENCE ORGANIZING LECTURE SERIES**

- 2004-present Founder and Organizer, Clinical Lecture Series  
School of Social Work, University of North Carolina at Chapel Hill  
Description: The Clinical Lecture Series (CLS) enhances the clinical curriculum for students, provides continuing education for alumni and other practitioners, and seeks to strengthen the relationships among area practitioners, students, faculty and alumni. In addition to offering monthly trainings by local clinicians, the CLS co-sponsors Advocacy events (Mental Health Reform 2006; Mental Health Parity 2007; Legislative Update 2008) and workshops with national experts (e.g., Irvin Yalom, 2005; Judith Viorst 2006; Peter Fonagy 2007; Salman Aktar 2008; Marsha Linehan, planned, 2009). Duties include: inviting speakers, collaborating on event agenda, publicity, creating materials, soliciting and evaluating participant feedback, and coordinating with co-sponsors.
- 1998-2000 Mellon-Sawyer Fellow, Seminar on Globalization and Equity and Democratic Governance; Center for International Studies, Duke University  
Description: Helped launch bi-monthly lecture series on issues of globalization and equity. Lectures were by academics and activists, concerned with issues of global justice, including Nobel Prize laureate Amarte Sen. Duties included: inviting speakers; acting as liaison with participating faculty, staff, and students from Duke and UNC-CH; organizing post-lecture events; moderating discussions; and conducting and presenting independent research on related topics.
- 1997 Rockefeller Fellow, Emergent Illness, Public Scholarship  
Center for the Study of Public Scholarship, Emory University  
Description: Helped launch collaborative project to bring together academic, medical, and patient communities to address emergent illnesses and promote a

more inclusive public scholarship. My project sought to build communities around disabling illnesses that are seemingly invisible (chronic pain and fatigue syndromes), yet significantly impact the lives of sufferers, their families, and larger society. Duties included: organizing workshops; inviting speakers; arranging publicity; and networking with support groups (live and virtual), patient advocate organizations, medical practitioners and organizations (e.g., Center for Disease Control), and academics, to increase knowledge and dialogue around poorly understood categories of illness. Researched, presented, and published on these topics as well.

## COMMUNITY SERVICE

- 2004- present            Pro-bono counseling services  
Working on a variety of initiatives to provide counseling service for individuals with low to moderate incomes, who are not eligible for public services and cannot afford private psychotherapy. Convened on-going brainstorming sessions with stakeholders, researched provision models, sought funding to start pro-bono counseling program.
- 1996- 2004                Durham-Chapel Hill Fibromyalgia and Chronic Fatigue Support Group  
Provided information, news of community events, and outreach and support services for people in community who suffer from pain and fatigue syndromes. Helped facilitate psycho-educational support group. Wrote more than two dozen self-help articles for community newsletter, which have been reprinted, with permission, in more than 30 outlets, including websites, other newsletters, and informational packages distributed by non-profit groups, in seven countries.
- 1991-1994                Golden Gate Elementary School, San Francisco, CA  
Mentored class of elementary students from 3<sup>rd</sup> through 5<sup>th</sup> grade; worked with families and organized after-school tutoring program and extracurricular activities; still maintain relationships with several students, now adults.

## PEER REVIEWED ARTICLES AND BOOK CHAPTERS

- Barrett, D. Kurzman, D., and Shanahan, S. *Coreless Diffusion*. (Under review).
- Barrett, D. (2007). Population. In R. Robertson and J. A. Scholte (Eds.), *Encyclopedia of Globalization* (pp. 976-983). New York: Routledge Press.
- Barrett, D. Kurzman, C. (2004). Globalizing social movement theory: The case of eugenics. *Theory and Society*, 33, pp. 487-527.
- Barrett, D. (2004). Illness movements and the medical classification of pain and fatigue. Pp. 139-170. In Ruth Berkelman, Peter Brown, Howard Frumkin, and Randall Packard (eds.), *Emerging illnesses and society: Negotiating the public health agenda*. Baltimore, MD: Johns Hopkins Press.
- Barrett, D. Frank, D.J. (1999). Population control for national development: From world discourse to national policies. Pp. 198-221 in John Boli and George M. Thomas (eds.), *Constructing world culture: International nongovernmental organizations since 1875*. Stanford, CA: Stanford University Press.
- Barrett, D. Tsui, A.O. (1999). Policy as symbolic statement: International response to national population policies. *Social Forces*, 78(1), pp. 213-234.

## BOOK IN PROGRESS

D. Barrett. *Paintracking: Understanding and Improving Life with Fibromyalgia and Other Chronic Pains*. (a self help book to empower people living with chronic pain). Website: <http://www.paintracking.com>

## BOOK REVIEWS

Simon J. Williams and Gillian Bendelow, *The lived body: Sociological themes, embodied issues* (Routledge, 1998), in *Contemporary Sociology*, 28(5), September 1999, pp. 627-628.

Nelson W. Keith, *Reframing international development: Globalism, postmodernity, and difference* (Sage Publications, 1997), in *Contemporary Sociology*, 27(6), November 1998, pp. 659-660.

Asoka Bandarage, *Women, Population and global crisis: A political-economic analysis* (Zed Books, 1997); and Roger Jeffery and Alaka Basu (eds.), *Girls' schooling, women's autonomy and fertility change in South Asia* (Sage Publications, 1996), in *Contemporary Sociology*, 27(2), March 1998, pp. 180-181.

Martin S. Pernick, *The black stork: Eugenics and the death of defective babies in American medicine and motion pictures since 1915* (Oxford University Press, 1996), in *Social Forces*, 75(3), March 1997, pp. 1136-1138.

## PRESENTATIONS

More than two dozen. List available upon request.

## UNIVERSITY SERVICE

School of Social Work, University of North Carolina at Chapel Hill

- Member, Advanced Curriculum Committee
- Lead instructor, Research Methods, 2007 –
- Member, Ad Hoc Research Group 2007 –
- Member, HBSE Curriculum Committee, 2007 –
- Member, Foundation Committee, 2006 –
- Member, Admissions Committee, 2004 –
- Organizer, Clinical Lecture Series, 2004 –

## HONORS

2006	Star Heels Award, UNC-CH School of Social Work
1998	Arthritis Foundation Community Hero Citation
1998	Mining Co. Chronic Fatigue Syndrome Guide's Best of the Net Award
1997	Mellon Fellowship, Center for International Studies, Duke University
1993, 1994	Dissertation Grants, Morrison Center for Population Studies, Stanford
1991-1992	Research Trainee Fellowship, National Institute of Mental Health
1988-1989	University Fellowship, Department of Sociology, Stanford University

## PROFESSIONAL BOARDS AND AFFILIATIONS

2007	Chair, Screening Committee, NC Psychoanalytic Foundation
2006 -	School of Social Work Representative, NC Psychoanalytic Consortium
2006 -	Member, Board of Directors, NC Psychoanalytic Foundation
2006 -	Member, North Carolina Society for Clinical Social Work

2004 - Member, National Association of Social Work  
1988-1996 Member, American Sociological Association

**PROFESSIONAL LICENSES AND CERTIFICATIONS**

License in Clinical Social Work-Provisional, North Carolina Social Work Licensure Board