

# NCFAS

## North Carolina Family Assessment Scale

### for Intensive Family Preservation Services (IFPS) Programs

#### Version 2.0

|                   |  |
|-------------------|--|
| IFPS System ID#:  | Date Intake Assessment Completed     /     /       |
| IFPS Worker:      | Date Case Closure Assessment Completed     /     / |
| Other Agency ID#: | Family Name:                                       |

### Introduction

Each of the following scales is used to determine how a family is functioning. They also may be important to the level of imminent risk of out-of-home placement for this family in the context of family strengths and problems. For each scale, rate its influence as a strength or problem for the family along a 6-point continuum, using the following schema: +2 = Clear Strength, +1 = Mild Strength, 0 = Baseline/Adequate, -1 = Mild Problem, -2 = Moderate Problem, and -3 = Serious Problem. To rate each scale, circle the appropriate number. “I” represents the rating given at intake, and “C” represents the rating at service or case closure. The “overall” ratings (the ones in the shaded areas) should indicate your overall, composite rating in each of the five domains. The subscales represent areas of interest relating to the domain under which they appear (e.g., Housing Stability appears under domain A. Environment). The reliability and validity study of the NCFAS revealed that it is essential to rate each of the subscales before rating the overall domain scale. Use the definitions in the Definitions Manual to the NCFAS (Version 2.0 or higher) to make your ratings.

Complete each of the ratings within 1-2 weeks of intake (I) and again within 1-2 weeks of service or case closure (C).

Many questions and issues of concern to practitioners are addressed in the User’s Guide to the NCFAS (Version 2.0). Please also see the User’s Guide for a discussion of the development and use of the Scale. The psychometric properties (reliability and validity) of the scale are also discussed in the User’s Guide.

## A. Environment

|                            | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |
|----------------------------|-----------------|----------------|--------------------|----------------|--------------------|-------------------|
| 1. Overall environment     | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |
| <br>                       |                 |                |                    |                |                    |                   |
|                            | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |
| 2. Housing stability       | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |
| <br>                       |                 |                |                    |                |                    |                   |
| 3. Safety in the community | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |
| <br>                       |                 |                |                    |                |                    |                   |
| 4. Habitability of housing | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |
| <br>                       |                 |                |                    |                |                    |                   |
| 5. Income/employment       | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |
| <br>                       |                 |                |                    |                |                    |                   |
| 6. Financial management    | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |
| <br>                       |                 |                |                    |                |                    |                   |
| 7. Food and nutrition      | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |
| <br>                       |                 |                |                    |                |                    |                   |
| 8. Personal hygiene        | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |
| <br>                       |                 |                |                    |                |                    |                   |
| 9. Transportation          | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |
| <br>                       |                 |                |                    |                |                    |                   |
| 10. Learning environment   | (I) +2          | +1             | 0                  | -1             | -2                 | -3                |
|                            | (C) +2          | +1             | 0                  | -1             | -2                 | -3                |

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(\* Re: asterisked items, theoretical and empirical support exists in the literature for the Parental Capabilities domain and the associated subscales, and several other subscales that either were not supported or examined independently in the 1997 reliability and validity study of the NCFAS. These items will be tested during future studies. See User's Guide to the NCFAS, Version 2.0, for additional information on scale construction and psychometrics.

## B. Parental Capabilities\*

Note: This section refers to biological parent(s), if present, or current caregiver(s)

|                                      | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |
|--------------------------------------|-----------------|----------------|--------------------|----------------|--------------------|-------------------|
| 1. Overall parental capabilities (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| (C)                                  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |

|  | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |
|--|-----------------|----------------|--------------------|----------------|--------------------|-------------------|
| 2. Supervision of child(ren)                               |                 |                |                    |                |                    |                   |
| (I)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| (C)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| 3. Disciplinary practices                                  |                 |                |                    |                |                    |                   |
| (I)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| (C)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| 4. Provision of developmental/<br>enrichment opportunities |                 |                |                    |                |                    |                   |
| (I)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| (C)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| 5. Parent(s)/caregiver(s)<br>mental health                 |                 |                |                    |                |                    |                   |
| (I)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| (C)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| 6. Parent(s)/caregiver(s)<br>physical health               |                 |                |                    |                |                    |                   |
| (I)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| (C)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| 7. Parent(s)/caregiver(s)<br>use of drugs/alcohol          |                 |                |                    |                |                    |                   |
| (I)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |
| (C)  | + 2             | + 1            | 0                  | -1             | -2                 | -3                |

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### C. Family Interactions

Note: This section refers to family members living in the same or different households

|   |     | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |    |
|---|-----|-----------------|----------------|--------------------|----------------|--------------------|-------------------|----|
| 1. Overall family interactions              | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
| 2. Bonding with child(ren)                  | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
| 3. Expectations of the child(ren)           | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
| 4. Mutual support within the family         | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
| 5. Relationship between parents/caregivers* | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |

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## D. Family Safety

Note: This section refers to family members living in the same or different households.

|   |     | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |    |
|---|-----|-----------------|----------------|--------------------|----------------|--------------------|-------------------|----|
| 1. Overall family safety  | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   |     |                 |                |                    |                |                    |                   |    |
| 2. Absence/presence of physical abuse of child(ren)*                |     | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |    |
|   | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   |     |                 |                |                    |                |                    |                   |    |
| 3. Absence/presence of sexual abuse of child(ren)                   |     | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |    |
|   | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   |     |                 |                |                    |                |                    |                   |    |
| 4. Absence/presence of emotional abuse of child(ren)                |     | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |    |
|   | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   |     |                 |                |                    |                |                    |                   |    |
| 5. Absence/presence of neglect of child(ren)*                       |     | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |    |
|   | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|   |     |                 |                |                    |                |                    |                   |    |
| 6. Absence/presence of domestic violence between parents/caregivers |     | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |    |
|   | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |
|   | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |

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### E. Child Well-Being

Note: This section pertains to the **imminent risk child(ren)**.

|                             |     | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |  |
|-----------------------------|-----|-----------------|----------------|--------------------|----------------|--------------------|-------------------|--|
| 1. Overall child well-being | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |  |
|                             | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |  |

|  |     | <b>Clear S.</b> | <b>Mild S.</b> | <b>Baseline A.</b> | <b>Mild P.</b> | <b>Moderate P.</b> | <b>Serious P.</b> |    |
|--|-----|-----------------|----------------|--------------------|----------------|--------------------|-------------------|----|
| 2. Child(ren's) mental health                    | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|  | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
| 3. Child(ren's) behavior                         | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|  | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
| 4. School performance                            | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |
|  | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |
| 5. Relationship with parent(s)/caregiver(s)      | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|  | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
| 6. Relationship with sibling(s)                  | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |
|  | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |
| 7. Relationship with peers                       | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |
|  | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                | NA |
| 8. Cooperation/motivation to maintain the family | (I) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |
|  | (C) | + 2             | + 1            | 0                  | -1             | -2                 | -3                |    |

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